

## WISCONSIN SWIMMING – ATHLETE COMMITTEE MEETING

Wednesday, September 7<sup>th</sup>, 2022

Meeting began at 7:04PM CST

### PRESENT:

Anakin Fischer – WEST/Athlete Rep

Keegan Knott – PX3/Athlete Rep

Aubree Romaine – JAG

Savannah Acker – OCSC

Zoey Rank – J-HK

Eli Wichman – WEST

Emily DiProspero – PX3

Angela Monty – Athlete Liaison/WI Swimming Staff

Jeanne Drzewiecki – WI Swimming Staff

Introduction of athletes present at the meeting.

Athlete Rep List was discussed. Reach out to garner more members and keep them informed.

Angela stressed again this was a committee of the athletes for the athletes. Looking for volunteers to take minutes and get them posted prior to the next meeting.

What/Where/Why - they want to accomplish with this committee.

Anakin agreed to take and transcribe the minutes for the September meeting – he is currently on his phone so unable to write down any minutes.

Anakin suggestion was rotating athlete reps taking minutes and getting them posted on Social Media.

Angela announced that Lucy Thomas (EBSC/Sr. Athlete Rep) was named to the 2022-23 National Team with USA Swimming in her 100 BR which is a huge accomplishment and great representation with WI Swimming.

Angela made a suggestion regarding possible in-person meetings prior to our House of Delegates meeting and especially our Annual Meeting (April). Get to know each other in an informal setting (dinner, social) outside of the pool. Would need to plan ahead.

Upcoming HoD meeting is October 25<sup>th</sup>, 2022 – run something in conjunction with that meeting but

Angela asked our Athlete Reps in charge of social media to make an announcement and see if there is anything interest. Mrs. Fischer (WEST) had some ideas on locations and activities.

Emma Jacobson had volunteered to update WI Swimming's Athlete tab on the website and make it more user friendly. She was not present today.

Board of Directors/USA Swimming at the Wisconsin Club on September 24<sup>th</sup>, 2022 asking for athlete reps to attend the meeting for only part or whole meeting.

BoD/HoD minutes for presentation at our October 25<sup>th</sup>, 2022 meeting which Anakin volunteered to put together.

UPCOMING SOCIAL MEDIA:

October – Lucy

November – Bailey

December – Keegan

January – Anakin

Handbook/Athlete Reps Survival Guide is up and posted on the website. Encouraged to review and see if there were any questions, comments, or suggestions.

Mental Health: Anakin was asked about where this should go – he will be approaching Monna Arvinen-Barrow (WSI Safe Sport Chair) as she has a wealth of knowledge in sports psychology. He will talk to her about an effective way to reach out to our athletes and more resources to our athletes with easier access to athletes with mental health issues.

Keegan will reach out again with one of her Paralympian coaches and will talk to her while she is in Mexico on a training trip. They also have a sports psychologist on the team and Keegan was planning on speaking with this person.

Stressed again the importance of having athletes joining some of our committees, especially with athletes moving onto college and no longer participating. Athletes are encouraged simply join a committee meeting without having to commit and then join is this is their jam!

Anakin questioned Little Fish/Big Fish and the progress of this event (better planning). Looking at getting interest and then the event solidified before Thanksgiving with a goal of holding this event the same weekend as the WI Swimming's Single Age Champ meeting (December).

Keegan had been talking with Steve Frye but now that he is gone.

Jeanne encouraged some of the reps to see if their respective clubs would be interesting hosting something at their venues.

Angela talked about Athlete Rep tshirts which are now available and trying to figure out how to get this distributed to our current reps.

Next meeting: October 5<sup>th</sup>, 2022 (pushing to 7:30PM CST especially with athletes getting home from practice).

Meeting adjourned: 7:35PM