



2024 WISCONSIN 10 & UNDER STATE CHAMPIONSHIPS

February 24-25, 2024

Held under sanction of USA Swimming

Wisconsin Swimming Sanction: **WI2024-067S**

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming shall be free from any liabilities or claims for damages arising by reason to anyone during the conduct of this event.

GENERAL MEET INFORMATION

Meet Host: Ashwaubenon Swim Club (ASC)

Location: Ashwaubenon Community Pool- 2391 S. Ridge Road, Green Bay, WI 54304

Meet Director: Renee Jadin-Rice – reneejadinrice@gmail.com (920-405-0278)

Meet Referee: Mark Kohrell – mkohrell@gmail.com (920-418-1061)

Admin Official: Amy Messamore – amy.messamore@gmail.com

Team Lead CJ: Brenda Roubal – rroubal@new.rr.com

Entry Chair: Aryn Van Laanen – vanlaaar@mail.gvsu.edu (920-639-7962)

Meet Landing Page: <https://www.gomotionapp.com/team/wiasc/page/10--under-state>

General Meeting: The General Meeting will be held virtually on Thursday, February 22nd, 2024 at 6:00 pm. [Here](#) is the link to that meeting. It will be recorded and posted on the host's website and / or emailed to all teams. Additional coaches' meetings may be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all coaches' meetings. Coaches or other team representatives are responsible for all information presented at these meetings including changes to the meet format or conduct. Coaches should check their team mailboxes prior to each session where they pick up heat sheets (admin table).

Facility: The competition pool is an 8-lane, 25-yard pool with a starting depth of 12'6" and turn depth of 4'. This is a timed file meet. The starting blocks are 29" high and are equipped with track-style wedges. There is a 4 lane warm-up/cool down pool adjacent to the competition pool. The meet host will ensure the required course dimensions are met. The pool uses a fully automatic Colorado Timing System with a full video display board, beep starts, and touch pads on the starting end of the pool. One button (plunger) and 2 Dolphin stopwatches will be used for back-up times. 25's will also be run through the Colorado Timing System.

Deck Access: Deck access is restricted to participating athletes, coaches, working officials and other meet personnel (marshalls, timers, etc.) Authorized personnel will be issued a credential tag (wrist band) which must be displayed at all times when on the pool deck. Coaches must be in good standing and show proof of current membership prior to the start of each session. The official mobile application of USA Swimming should be used for proof of USA Swimming membership. Coaches check-in will be held in the coaches' hospitality room off of the pool.

RULES AND PROCEDURES

Official Rules:	Official Current USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Swimmers must be registered USA Swimming athletes. Deck registrations are not allowed. Athlete age will be determined as of February 24, 2024. All Coaches and Officials are required to check in and prove that their USA Swimming Membership is in Good Standing. The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.
Para Athletes:	Para athletes or their representative coach will be expected to provide a written document of the desired accommodations (physical needs maneuvering throughout the venue) and modifications (technical rule changes while swimming) to the meet referee upon arrival. Failure to provide documentation will grant the meet referee complete discretion towards disqualifications, with no protest. Request forms may be found on the WSI website .
Start Certification:	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
MAAPP Acknowledgement:	All applicable adults participating or associated with the respective meet to which this information applies, acknowledge that they are an applicable adult, subject to the provisions of USA Swimming's MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS.
Protests:	For consideration of all protests lodged at the meet, the Meet Referee may appoint a meet jury. The jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete.
Video and Photo:	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.
Conduct:	<p>All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.</p> <p>Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.</p> <p>Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present</p>
First Aid	Report injuries to the lifeguard staff and Meet Director. Please contact the lifeguard on duty for first aid supplies. An AED is available on site. EMS can be contacted if needed via the lifeguard on duty

OFFICIALS INFORMATION

Officials Meetings:	Officials Meetings will be held 60 minutes before the start time of each session in room 156.
Timer's Meeting:	Timer's Meetings will be held 30 minutes before the start time of each session.
Application to Officiate:	Please check the Meet Landing Page for the application to officiate.
Questions:	Please contact the Team Lead CJ with questions or concerns about assignments and/or availability.

WARM-UP AND MEET SCHEDULE

WARMUPS:	<p>Saturday warm-ups start at 9:15AM with the meet starting at 10:30AM. Sunday warm-ups will begin at 7:45AM with the meet starting at 9:00AM. The afternoon warm-up sessions will begin directly after the final awards from the morning session and last 1 hour and 15 minutes. Depending on size of meet and timeline, these warm-up times may be adjusted by meet management and teams will be notified once all entries have been received.</p> <p>Warm-up times and lanes will be assigned unless otherwise noted. Assignments will be posted on the meet landing page and communicated accordingly to the "lead" coach for each team.</p> <p>Circle swimming only, entry into the water shall be feet first three-point entry for all competition, except in designated lanes and times. All entry to pools during open warm-up cool down periods must be from the start end. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. No snorkels, kickboards or other training devices are allowed during warm-ups.</p> <p>Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.</p>
In-Meet Warm-Up:	Once entries are received, a final determination will be made on the number of lanes used for competition and warm-up/warm-down lane space will also be finalized along with warm-up/warm-down breaks.

ENTRY INTO THE MEET

Swimmer Eligibility:	All swimmers must be registered athlete members of USA Swimming and Wisconsin Swimming, and be in good standing. All individual swimmers entered in the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time. Swimmers who cannot verify qualification for the meet with a proof of time will be withdrawn from the meet. Any swimmer who swims in the meet and is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200. There will be no deck entries or registration. The representative submitting entries shall be responsible for verifying that all swimmers satisfy these requirements.
Qualifying Times:	<u>QUALIFYING TIMES MUST BE ACHIEVED AFTER SEPTEMBER 1ST, 2021.</u> Qualifying time standards can be found on www.wisconsinswimming.org - under Events - Championship Meets. Qualifying times will be accepted in Short Course Yards, Short Course Meters, or Long Course Meters.
Seeding:	Non-conforming times will be seeded after SCY times. The order used for seeding will be SCY-SCM-LCM. Bonus entries will be seeded after qualified swims in the same order.
Para Athletes:	<p>Swimmer athletes can enter <u>any</u> event (up to the limit of the meet information) but they must have achieved a Wisconsin Swimming State Time Standard OR the Disability Para Motivational Championship Time Standards (P1, P2, P3). Both sets of time standards can be found on Wisconsin Swimming's website (www.wisconsinswimming.org) Although swimmers with disabilities can enter any event(s) the only events that will be scored and awarded in Para categories are noted on the event page.</p> <p>When entering an athlete with a disability to the designated Disability events or any other events, email the Entry Chair so they can be verified and seeded properly. If coaches have any questions regarding the</p>

Disability inclusion at the State Championship, please email Wisconsin Swimming's Disability Chair. Information can be found on the Wisconsin Website (www.wisconsinswimming.org).

Meet Management may combine entries based on gender and/or age groups.

USA Swimming defines a Disability as a permanent life affecting impairment/disability. This would include everything from a club foot through to children on the spectrum where it affects their reaction times, severe learning disabilities, etc and everything in between. The two key components are that it must be permanent (recovery from surgery, a bad sprain, etc is not acceptable) and it must affect their performance.

Age Groups:	There are two age groups – 8 & Under and 9-10. Athletes MUST swim their conforming age during the duration of the meet. Athletes 8 & Under are allowed to compete in 10&Under relays but can only swim one (1) relay per day
Entry Limits:	A swimmer may compete in not more than six (6) individual events total for the meet, limited to five (5) individual events per day, plus one(1) relay per day.
Bonus Events:	Any swimmer who has entered with one qualifying time may enter three bonus events for which they do not have a qualifying time. Any swimmer entered with two qualifying times may enter two bonus events and any swimmer entered with three qualifying times may enter one bonus event. A swimmer must be qualified, by time and age restrictions, in an age group to earn a bonus swim in that age group.
Relay Events:	A Relays must consist of at least one (1) individual qualifier in that age group & gender. B Relays – eight (8) Qualifiers in that age group and gender. C Relays – twelve (12) Qualifiers in that age group and gender. The other members of a team's only relay entry in each age group/gender may be relay only swimmers. Relay's that are not a team's only relay for an age group & gender must be composed entirely of swimmers who are individually qualified for the meet. Relay-only swimmers must be included in your entry. To add a relay-only swimmer after the entry deadline, the swimmer must be entered in the meet 30-minutes prior to the start of the session in which they will swim.
Entry Fees:	\$7.00 per individual event \$16.00 per relay event \$4.00 Wisconsin Swimming "Splash Fee" \$15.00 Facility Surcharge \$25.00 Admission to cover all sessions / parking / heat sheets

Entry Procedure:

- **INITIAL ENTRY DEADLINE:** MONDAY, FEBRUARY 19th 2024 – will close at 10:00 PM CT.
- Entries missing the deadline may be accepted upon remittance of a \$100 late fee. Entries submitted after 6:00 PM CST on Tuesday, February 20th 2024 will not be accepted.
- Psych Sheet WILL NOT be posted until 5:00pm, Wednesday, February 21st, 2024. **Only changes for administrative errors are allowed after the Psych sheet is posted.**
- PAYMENT: A non-refundable check for entry fees and surcharges must be received before the start of the meet. All payments will be made via check or cash, no credit cards will be accepted. All express mail must be pre-signed, so it will not require a signature for delivery. **Make checks payable to Ashwaubenon Swim Club.**
- When entering an athlete who has qualified with a first-place finish in a qualifying event at the Regional Meet, use a custom time to enter the athlete at the standard and put "REGIONAL WINNER" in the meet name for proof of time. Email the Entry Chair the correct times, so they can be verified and seeded properly.
- When entering a para athlete into the meet, please be sure to include any needed documentation used to determine P1, P2 or P3 designated disability placement. If coaches have any questions regarding the Disability

inclusion at the State Championship, please email Wisconsin Swimming's Disability Chair (Tom Miazga - tommiazga8@gmail.com)

Proof of Time: Reference POLICY 2.7.4 in the Wisconsin Policy manual for Rules and Procedures:

A swimmer, who does not swim equal to or faster than the meet qualifying time standard or is disqualified from an individual event, must prove his/her time, i.e., must provide documentation that he/she has swum at least as fast as the entry qualifying standard, or pay a fine in the amount of two hundred dollars (\$200). Non-Championship meets with qualifying times may establish other proof of time penalties or fines.

Acceptable proof of time includes the USA Swimming SWIMS database and printed or viewable Meet Final Results from any USA Swimming sanctioned, approved or observed meets, high school meets, YMCA closed competition, and NCAA closed competition. Acceptable proof of time identifies the swimmer by name, his/her time, and the meet name and the date on which the swimmer previously achieved the qualifying time. High school meets include any season ending meet (Conference, Sectional, State Championship).

The results of a Time Trial, conducted at or in conjunction with the meet for which the proof is required, is not acceptable.

A team with an unresolved proof of time must prove the time or pay the fine by the conclusion of the meet.

A team owing a proof of time penalty or an unattached swimmer owing a proof of time penalty may not enter an LSC sanctioned or approved meet until the proof of time fine is paid. The Meet Director shall inform the Sanction Coordinator about the team or unattached swimmer owing the outstanding fine and provide contact information. The Sanction Coordinator shall advise the team or the unattached swimmer regarding the fine and inability to participate in another sanctioned or approved meet.

CONDUCT OF THE MEET

Format: All events are pre-seeded, timed finals. No events will be check-in events. All swimmers must report to the blocks for the start of their heat. Fly-over starts will be used if determined necessary by the Meet Referee.

Deck entries for individual events will not be accepted. Relay only swimmers can deck enter no later than 30 minutes before the start of each session. The coach must give the information to the Meet Director and pay the appropriate fee(s). Deck USA Registrations will not be accepted.

Breaks: Breaks may be inserted and removed at the discretion of meet management. The duration of each break will be determined by meet management. The competition pool may or may not be open for warm-ups during these breaks.

AWARDS AND SCORING

Awards: Individual Events: Medals for 1st to 8th Place. Ribbons for 9th to 16th Place

Designated Disability Events: Medals for 1st to 3rd place in each category.

Relays: Medals for 1st to 3rd Place. Ribbons for 4th to 8th Place.

Individual High Point: 1st to 3rd Place for each gender and age group.

Team Champions: The LSC will provide an award for the overall 1st place team in each of the three divisions. 2nd and 3rd place team finishers will have an opportunity to purchase awards if they wish.

State Champion T-Shirts will be available to all winners (one t-shirt per athlete).

Award Presentations: Please refer to the order of events for award presentation times. Awards for the top 8 swimmers will be presented at the podium in the pool area. Staging will take place in the designated area and athletes presented on the podium..

Scoring:	Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 Relay Events: DOUBLE OF INDIVIDUAL EVENTS
Results:	Live Results will be available on Meet Mobile, if technology allows. Results will be posted on the Meet Landing Page and LSC website.
Spectator Admission:	Spectators will be allowed. Heat sheets will be available for free on the meet landing page and Meet Mobile. Restrooms will be available in the pool lobby. The meet will be live streamed. The link will also be posted on the meet landing page.
Concessions:	Concessions are available in the Field House area. (Signs will be posted for directions)
Lost and Found:	Please check the lost and found area, near the Pool Office. The facility and the meet host are not responsible for lost items. Items not picked-up by the end of the meet will be discarded or donated.
Parking:	Free Parking is available in any of the school parking lots, and on the road.

2024 WISCONSIN SWIMMING'S 10 & UNDER AGE GROUP SHORT COURSE STATE CHAMPIONSHIPS

Hosted by Ashwaubenon Swim Club
February 24th-25th
Ashwaubenon Community Pool

ORDER OF EVENTS

Saturday February 24th 2024

BOYS	SATURDAY AM – February 24th, 2024
1	BOYS 10U 200 MEDLEY RELAY
2	BOYS 8U 100 MEDLEY RELAY**
3	BOYS 9-10 100Y BACKSTROKE
4	BOYS 8U 25Y BACKSTROKE
5	BOYS 9-10 50Y BREASTSTROKE\$
6	BOYS 8U 50Y BREASTSTROKE\$**
7	BOYS 9-10 100Y FREESTYLE
8	BOYS 8U 100Y FREESTYLE
9	BOYS 9-10 50Y BUTTERFLY
10	BOYS 8U 50Y BUTTERFLY**
11	BOYS 9-10 100Y INDIVIDUAL MEDLEY
12	BOYS 8U 25Y FREESTYLE**
13	BOYS 9-10 500Y FREESTYLE**
GIRLS	SATURDAY PM – February 24th, 2024
14	GIRLS 10U 200 MEDLEY RELAY
15	GIRLS 8U 100 MEDLEY RELAY**
16	GIRLS 9-10 100Y BACKSTROKE
17	GIRLS 8U 25Y BACKSTROKE
18	GIRLS 9-10 50Y BREASTSTROKE\$
19	GIRLS 8U 50Y BREASTSTROKE\$**
20	GIRLS 9-10 100Y FREESTYLE
21	GIRLS 8U 100Y FREESTYLE
22	GIRLS 9-10 50Y BUTTERFLY
23	GIRLS 8U 50Y BUTTERFLY**
24	GIRLS 9-10 100Y INDIVIDUAL MEDLEY
25	GIRLS 8U 25Y FREESTYLE**
26	GIRLS 9-10 500Y FREESTYLE**

Sunday February 25th 2024

BOYS	SUNDAY AM– February 25 th , 2024
27	BOYS 10U 200Y FREE RELAY
28	BOYS 8U 100Y FREE RELAY**
29	BOYS 9-10 100Y BUTTERFLY
30	BOYS 8U 25Y BUTTERFLY
31	BOYS 9-10 50Y FREESTYLE\$
32	BOYS 8U 50Y FREESTYLE\$**
33	BOYS 9-10 100Y BREASTSTROKE
34	BOYS 8U 25Y BREASTSTROKE
35	BOYS 9-10 200Y INDIVIDUAL MEDLEY
36	BOYS 8U 100Y INDIVIDUAL MEDLEY**
37	BOYS 9-10 50Y BACKSTROKE
38	BOYS 8U 50Y BACKSTROKE
39	BOYS 9-10 200Y FREESTYLE**
GIRLS	SUNDAY PM– February 25 th , 2024
40	GIRLS 10U 200Y FREE RELAY
41	GIRLS 8U 100Y FREE RELAY**
42	GIRLS 9-10 100Y BUTTERFLY
43	GIRLS 8U 25Y BUTTERFLY
44	GIRLS 9-10 50Y FREESTYLE\$
45	GIRLS 8U 50Y FREESTYLE\$**
46	GIRLS 9-10 100Y BREASTSTROKE
47	GIRLS 8U 25Y BREASTSTROKE
48	GIRLS 9-10 200Y INDIVIDUAL MEDLEY
49	GIRLS 8U 100Y INDIVIDUAL MEDLEY**
50	GIRLS 9-10 50Y BACKSTROKE
51	GIRLS 8U 50Y BACKSTROKE
52	GIRLS 9-10 200Y FREESTYLE**

\$ Designated Para Events. See Para Athletes for instructions on how to enter these events.

**Tentative Awards Break will be after event (Chuck-A-Duck will be during one of the awards breaks)

Ashwaubenon Swim Club Feb 24-25th, 2024 Waiver

NAME OF CLUB: _____ USS ALPHA CODE: _____

NUMBER OF: _____ Events @ \$7.00 \$ _____

RELAY EVENTS @\$16/relay \$ _____

Swimmers @ \$44 (Splash Fee 4\$ & Facility Fee \$15 & Admission Fee \$25) \$ _____

TOTAL Make checks payable to "ASC" \$ _____

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against the USAS, WI chapter of USA-S, the Village of Ashwaubenon, Ashwaubenon High School, Ashwaubenon Swim Club, its Coaches and Board of Directors and the meet officials, for injuries and/or expense incurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athlete(s) and eligible to compete in all events I/we have entered.

Signature of Club Official: _____ Position: _____ Address: _____

Phone: _____ City: _____ State: _____ Zip: _____

Contact person regarding this entry: _____

Email: _____ Phone: _____ Address to send awards: _____