



Great Lakes Open Water Clinic Information:

Start time: 11 AM on Thursday

Location: At Lake Andrea

Arrival: Arrive by 10:45 to check in for the clinic.

Who is welcome to participate? The clinic is for anyone that is participating in the event. All meet participants are automatically enrolled and do not need an additional sign up.

Cost: \$0 (free) to all Great Lakes Open Water Athletes competing in the meet

Swimming the Course: If the course is covered with all safety in mind, the Meet Referee will allow swimmers attending the clinic to swim one lap of the course.