

# 2024 Wisconsin LSC 13&O Long Course Championships

August 1-4, 2024 at Pleasant Prairie RecPlex



| Girls        |          |          | Age 13-14  | Boys         |          |          |
|--------------|----------|----------|------------|--------------|----------|----------|
| LCM          | SCM      | SCY      |            | SCY          | SCM      | LCM      |
| 30.99        | 29.99    | 26.99    | 50 Free    | 25.49        | 27.99    | 28.99    |
| 1:05.99      | 1:03.99  | 57.99    | 100 Free   | 54.99        | 1:00.49  | 1:02.49  |
| 2:22.49      | 2:18.49  | 2:05.99  | 200 Free   | 1:59.99      | 2:11.99  | 2:14.99  |
| 5:11.99      | 4:59.99  | 5:39.99  | 400 Free   | 5:27.99      | 4:48.99  | 5:00.99  |
| 10:48.99     | 10:24.99 | 11:49.99 | 800 Free   | 11:34.99     | 10:11.59 | 10:35.59 |
| 20:29.99     | 19:53.99 | 19:59.99 | 1500 Free  | 19:19.99     | 19:12.99 | 19:49.99 |
| Use 100 Time |          |          | 50 Back    | Use 100 Time |          |          |
| 1:12.99      | 1:11.99  | 1:05.49  | 100 Back   | 1:03.49      | 1:09.99  | 1:11.99  |
| 2:39.99      | 2:35.99  | 2:21.49  | 200 Back   | 2:16.99      | 2:30.99  | 2:34.99  |
| Use 100 Time |          |          | 50 Breast  | Use 100 Time |          |          |
| 1:26.49      | 1:24.49  | 1:16.49  | 100 Breast | 1:11.49      | 1:18.99  | 1:20.99  |
| 3:05.49      | 3:01.49  | 2:44.99  | 200 Breast | 2:36.99      | 2:52.99  | 2:56.99  |
| Use 100 Time |          |          | 50 Fly     | Use 100 Time |          |          |
| 1:13.49      | 1:14.49  | 1:05.99  | 100 Fly    | 1:02.99      | 1:09.49  | 1:11.49  |
| 2:52.49      | 2:48.49  | 2:32.99  | 200 Fly    | 2:27.99      | 2:42.99  | 2:46.99  |
| 2:43.49      | 2:39.49  | 2:24.99  | 200 IM     | 2:16.99      | 2:30.99  | 2:34.99  |
| 5:46.49      | 5:38.49  | 5:07.99  | 400 IM     | 4:57.99      | 5:27.49  | 5:35.49  |

| Girls        |          |          | Senior     | Boys         |          |          |
|--------------|----------|----------|------------|--------------|----------|----------|
| LCM          | SCM      | SCY      |            | SCY          | SCM      | LCM      |
| 29.09        | 28.09    | 25.49    | 50 Free    | 23.29        | 25.69    | 26.69    |
| 1:02.49      | 1:00.49  | 54.99    | 100 Free   | 50.79        | 55.89    | 57.89    |
| 2:15.49      | 2:11.49  | 1:59.49  | 200 Free   | 1:51.49      | 2:02.69  | 2:06.69  |
| 4:53.59      | 4:41.59  | 5:19.99  | 400 Free   | 4:59.99      | 4:23.99  | 4:35.99  |
| 10:16.79     | 9:59.79  | 11:16.99 | 800 Free   | 10:44.99     | 9:27.59  | 9:51.59  |
| 19:29.99     | 19:01.49 | 18:59.99 | 1500 Free  | 18:19.99     | 18:16.99 | 18:49.99 |
| Use 100 Time |          |          | 50 Back    | Use 100 Time |          |          |
| 1:10.19      | 1:08.19  | 1:01.99  | 100 Back   | 58.99        | 1:04.89  | 1:06.89  |
| 2:33.09      | 2:29.09  | 2:15.49  | 200 Back   | 2:08.99      | 2:21.79  | 2:24.99  |
| Use 100 Time |          |          | 50 Breast  | Use 100 Time |          |          |
| 1:21.19      | 1:19.19  | 1:11.99  | 100 Breast | 1:05.99      | 1:12.49  | 1:14.49  |
| 2:57.79      | 2:53.79  | 2:37.99  | 200 Breast | 2:26.99      | 2:41.69  | 2:45.69  |
| Use 100 Time |          |          | 50 Fly     | Use 100 Time |          |          |
| 1:09.99      | 1:07.49  | 1:01.49  | 100 Fly    | 56.99        | 1:02.69  | 1:04.69  |
| 2:40.19      | 2:36.19  | 2:21.99  | 200 Fly    | 2:09.99      | 2:22.99  | 2:26.99  |
| 2:33.59      | 2:29.59  | 2:15.99  | 200 IM     | 2:06.49      | 2:19.19  | 2:23.19  |
| 5:31.39      | 5:23.39  | 4:53.99  | 400 IM     | 4:39.99      | 5:07.99  | 5:15.99  |

Qualifying times must be achieved after April 1st, 2022