## What is my why?

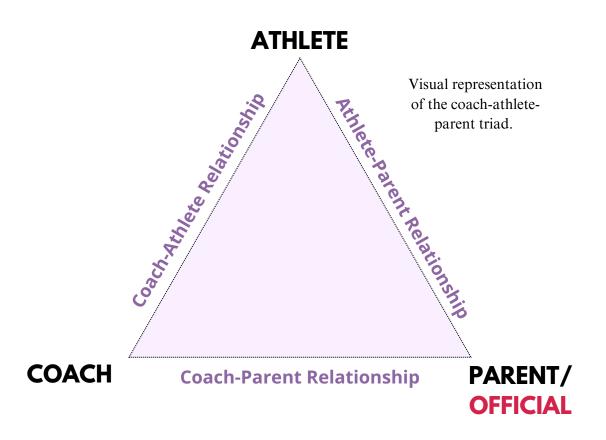
Most officials at the LSC level become officials to fullfil parent volunteering requirements for their swim club. This by default, creates a situation where an official is wearing more than "one hat at the time." It also creates situations where SafeSport MAAPP 2.0 violations might occur unintentionally, particularly as it relates to dual roles.

To ensure you continue to fulfil your two main roles as an official, it is useful to periodically ask yourself: What is my WHY? Why do I officiate? What do I gain from it?

In doing so, your WHY becomes clearer, and that can help you navigate multiple "hats" better. It also creates cleaner lines between various dual roles you may occupy.

#### Reminder:

As an official, you have two main roles: (1) to ensure formal rules and regulations are followed at the swim meet, and in doing so, (2) to create an environment that fosters positive, safe, and healthy environment for peak performance.



### **FOOD FOR THOUGHT:**

As an official, you are considered an Adult Participant. While dual relationship outlines several exceptions to MAAPP 2.0 policy as it relates to Minor Athlete and Adult Participant contact, it is advisable to review the MAAPP 2.0 policy annually to ensure you are complying by its rules.

# **Critical Questions:**

When considering the athletic performance base triangle, ask yourself:

- 1. Why do I officiate?
- 2. How many dual roles do I occupy?
- 3. How can I navigate my WHY and my DUAL ROLES to minimize conflict between roles, and ensuring MAAPP 2.0 compliance?

## The MAAPP 2.0 Policy (Click):

# Minor Athlete Abuse Prevention Policy

**Effective: September 1, 2021** 

https://www.usaswimming.org/docs/default-source/safesportdocuments/maapp 2.0/minor-athlete-abuse-prevention-policy.pdf

