

THE J-HAWK AQUATIC CLUB PRESENTS THE

8 & Under All-Star Meet

Sunday, January 28, 2024
Single Age 25 Yards
May be limited to 100 swimmers (reservation teams have priority)

Sanction: **WI2024-002A**

In granting this approval, it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: Whitewater Aquatic Center, 580 South Elizabeth Street, Whitewater

Facility: Eight lanes, 25 yards flush deck, non-turbulence lane markers and backstroke flags, with 30" height starting blocks. Pool is 10 feet deep at starting blocks and 4 feet deep on the shallow end. The Competition course has not been certified in accordance with 104.2.2C(4). Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of all 100-Yard relays will start in the water.

Timing: Colorado System with backup watches. All events are timed final. Computerized scoreboard for all lanes.

Head Official: Joseph Domitrz or Eric Rhodes e-mail: josephdomitrz@sbcglobal.net
Admin Official &: Cheri Zimdars e-mail : j_hawkswim@charter.net 608-449-5150
Meet Director Alternate AO : Wendy Koser or Rachelle Elliott

Official Rules: Official 2024 Short Course USA-S Rules shall prevail for this meet. All swimmers are welcome to participate (recreational, YMCA, and USA registered). Age as of January 28, 2024.

Warm-up: Warm-ups will be 8am-9am, with the meet starting at 9:05am. Teams will be assigned lanes (20-25 minutes of warmup time). Sit and slide entry will be enforced during warm-up procedures.

Entry Limit: Swimmers may swim four (4) individual events plus two (2) relays.

Fees: Individual events \$5 per event and \$12.00 per relay. \$4 LSC surcharge per swimmer swimming in at least one individual event. Entry fees must accompany the official entry forms and are not refundable.

Mixed Relays: Relays can be any combination of boys and girls.

Entry Deadline: **Sunday, January 21, 2024**
Please e-mail your entry files (hy-tek or typed, if you do not have hy-tek).

Completed waivers and payments are due before the meet starts. Deck entries will be accepted in open lanes only. **All deck entries are EXHIBITION and will not count toward awards or highpoint.**

Disabled Swimmers: If you have any disabled swimmers, please notify the Meet Director before the start of the meet.

Admissions: \$5 for any 13&Older Spectator. Heat sheets will be posted on-line at www.j-hawks.org.

Final Results: One copy of final results will be sent to each team represented. No awards will be mailed.

Concessions: A concession stand with a wide and delicious variety of food and beverages will be available.

Video/Deck Change: Each team is responsible for the conduct of its' swimmers. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

MAAPP Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. A registered athlete member at a sanctioned/approved meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered “not in good standing” and can be subject to fines under Wisconsin Swimming Policy 11.2.1

Awards: All swimmers will receive a participation gift. A fun raffle will also be held, for all participants.

Heat winner awards will be given in all events.

The top 18 swimmers will score. Highpoint awards will be given in each gender and age group (6&U, 7, and 8 years old). The following scoring system will be used, beginning with the first place score:

1st-6th place points: 23-21-20-19-18-17

7th-12th place points: 15-13-12-11-10-9

13th-18th place points: 7-5-4-3-2-1

Individual Events:

1st - 18th

Ribbons

All relay events:

1st - 3rd

Rosette Ribbons

Unaccompanied Swimmer: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

WAIVER

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the J-Hawk Aquatic Club, the J-Hawk Booster Club, the Whitewater Aquatic Center, and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes currently registered with United States Swimming and in good standing with Wisconsin Swimming, Inc. and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also are aware that it is our responsibility to ensure that every athlete and coach participating in the meet are registered United States members. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Pursuant to Wisconsin Swimming, Inc. mandate, all applicable adults participating or associated with respective meet to which this information applies, acknowledge that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand the compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Club Name: _____ Initials: _____

Signature of Club Official, Parent or Guardian (final results will be mailed to this address)

Name: _____ Phone: _____

Address: _____ E-Mail: _____

City, State, Zip: _____

Name of coach(es) or team representative(s) at meet: _____

| | | | | |
|------------------|-------|-------------------------|---|----------|
| Entry Fee Recap: | _____ | Individual Events x \$5 | = | \$ _____ |
| | _____ | Relay Teams x \$12 | = | \$ _____ |

TOTAL EVENT FEES = \$ _____

LESS RESERVATION = - \$ _____

A: ADDITIONAL OWED A: \$ _____ *

**If reservation amount is more than the event fees, write zero (0) on line A.*

_____ # of Swimmers Entered LSC Surcharge x \$4 B: \$ _____

TOTAL OF LINES A + B = \$ _____

Make checks payable to: **J-HAWK AQUATIC CLUB**

Mail entries to: J-Hawk Aquatic Club c/o Cheri Zimdars
430 Assembly Court
Whitewater, WI 53190

Questions: 608-449-5150 or j_hawkswim@charter.net

8&Under All-Star Meet

Sunday, January 28, 2024
Single Age 25 Yards

| Girls | Order of Events | Boys |
|--------------|--|-------------|
| 1 | 8 & Under 100 yd Mixed Medley Relay | 1 |
| | *Optional 5 minute break* | |
| 2 | 6&Under 25 yd Butterfly | 3 |
| 4 | 7 yr old 25 yd Butterfly | 5 |
| 6 | 8 yr old 25 yd Butterfly | 7 |
| 8 | 6&Under 25 yd Freestyle | 9 |
| 10 | 7 yr old 25 yd Freestyle | 11 |
| 12 | 8 yr old 25 yd Freestyle | 13 |
| 14 | 6&Under 100 yd IM | 15 |
| 16 | 7 yr old 100 yd IM | 17 |
| 18 | 8 yr old 100 yd IM | 19 |
| | * Break - Parade of Champions * | |
| 20 | 6&Under 25 yd Breaststroke | 21 |
| 22 | 7 yr old 25 yd Breaststroke | 23 |
| 24 | 8 yr old 25 yd Breaststroke | 25 |
| 26 | 6&Under 25 yd Backstroke | 27 |
| 28 | 7 yr old 25 yd Backstroke | 29 |
| 30 | 8 yr old 25 yd Backstroke | 31 |
| 32 | 6&Under 50 yd Freestyle | 33 |
| 34 | 7 yr old 50 yd Freestyle | 35 |
| 36 | 8 yr old 50 yd Freestyle | 37 |
| | * Break - Parade of Champions * | |
| 38 | 8 & Under 100 yd Mixed Free Relay | 38 |

8&Under All-Star Meet
Single Age

January 28, 2024
25 Yards

Team Name: _____

Team Code: _____

| LAST NAME | | AGE | EVENT | EVENT | EVENT | EVENT |
|------------|-------|-----|-------|-------|-------|-------|
| FIRST NAME | USA-S | F/M | TIME | TIME | TIME | TIME |
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| 13. | | | | | | |
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| 1. 8&U 100 Yd. M.R. | A | B | C | 38. 8&U 100 Yd. F.R. | A | B | C |
|---------------------|---|---|---|----------------------|---|---|---|