

2025 WRS Speedo Sectionals - Mt. Hood
MHCCAC
Gresham, OR



July 17-14, 2025
WELCOME

2025 WRS Speedo Sectionals - Mt. Hood
MHCCAC
Gresham, OR

Meet Referee
Mike Dilli – CO
303 358 2197



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Administrative Referee – Judi Creech - OR

Team Lead Chief Judge - Chad Vassallo - OR

Head Deck Referee/Starter - Derigan Silver – CO

Time Trial Referee - Bill Shreeve – OR

National Evaluators

Kathleen Scandary & Robert Scandary



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Meet Jury

Coach – Darian Townsend - AZ

Athlete – Sungkook Kim – OR

Official – Darcy Smith - OR



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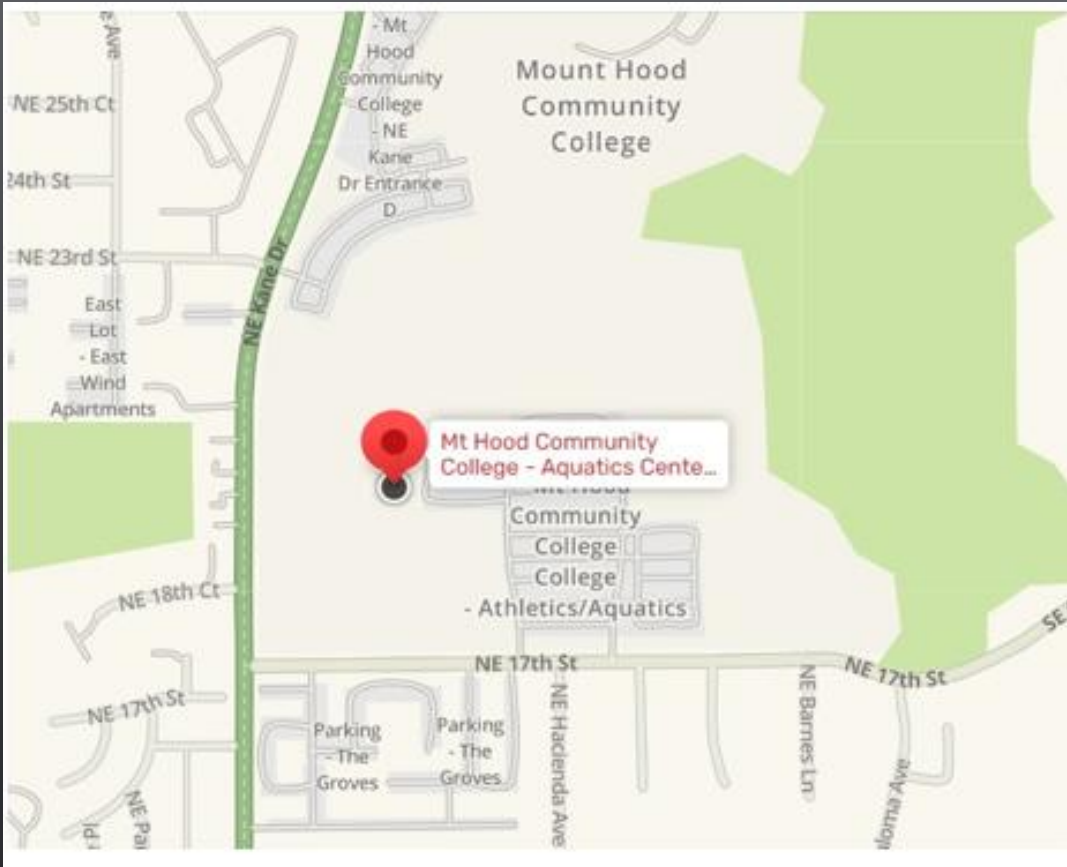
HOST - Mt Hood Aquatics
Dennis Baker – Executive Director

Co - Meet Directors
Christine Logue
Amanda Schmidt

MHCCAC Facilities: Aquatic Manager
Donna Ryan



Aquatic Center
3545 NE 17th St
Gresham, OR 97030



Facility Parking

The entirety of the east lot is available for parking

The turn around is available for bus & vehicle drop off / pick up ***one-way only***

DO NOT PARK IN RESERVED SPOTS

No overnight parking is allowed



Facility layout

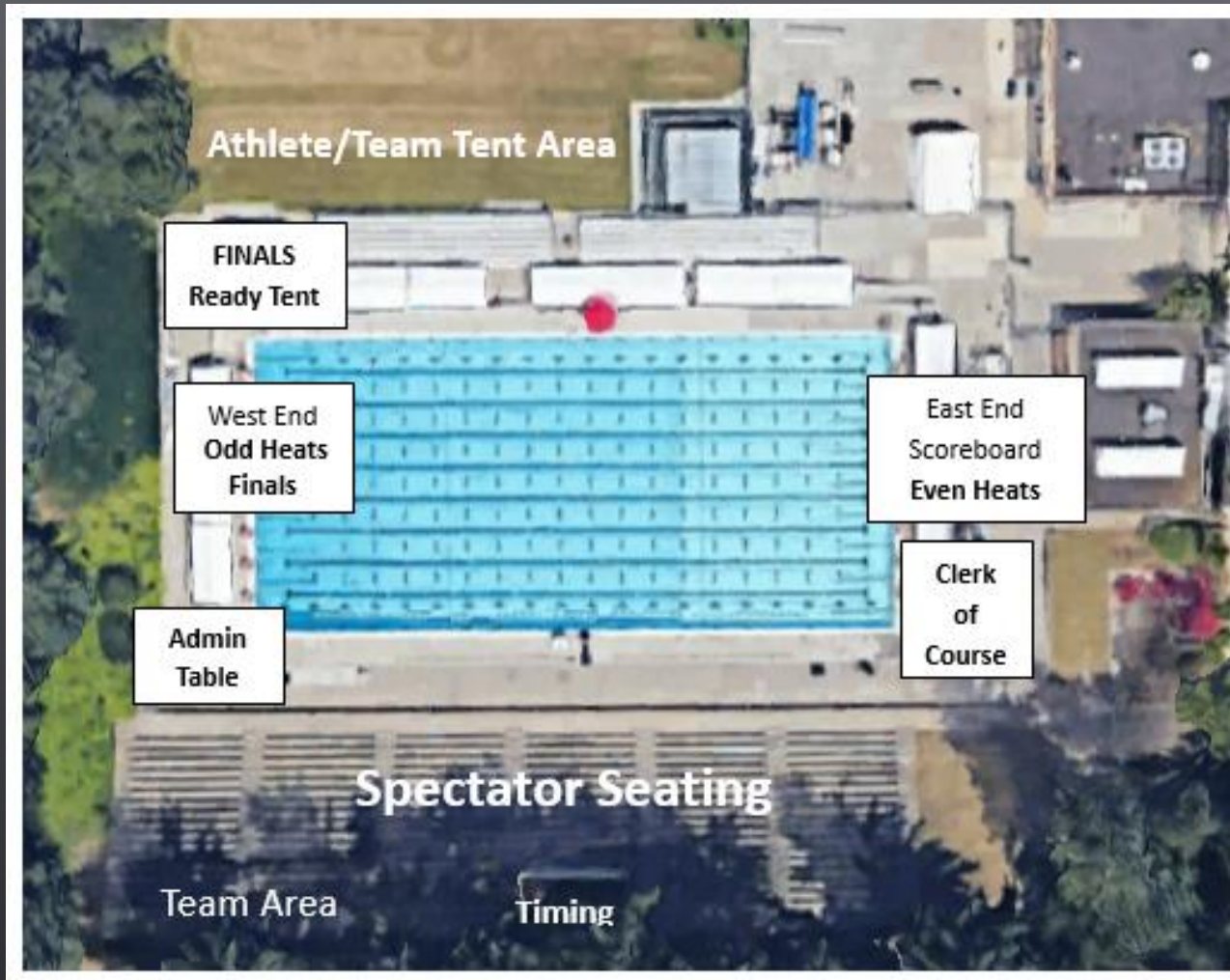


Flow of meet:

Clerk of Course - Coach/Team check in, packets, and Time Trials (Thursday – Sunday)

Admin Table - Scratching / DFS / DQs/ Swim-offs/ Questions

West End - All events including finals will start here (Odd heats) except the 50FR (East End)



Facility

Facility opens 6:30 am – pools/buildings cleared by 8:45 pm

Spectator seating opens 7:00 am

Lifeguards are first responders

- **Do not call 911** – Facility staff has an internal campus system for 911
- Lifeguard station is in the natatorium

Team Seating

- Team tents allowed in designated areas
- May set up Wednesday @ 1:00 pm

Spectators

- Tents allowed on top row only, may not block site line of Timing Office or spectators
- No animals allowed
- Apparel Vendor and concessions located South entrance spectator side
- Lost and Found: Main entrance staff desk



Registration & Check In Start Wednesday at 1:00PM

Wednesday only Check In located in hospitality

- All coaches must check in at Clerk of Course upon arrival & present current coaching credentials (this includes CPT) to receive a meet deck pass & be allowed on deck

*Onsite Coaches – please leave contact cell number for Admin
Pick up team packets*

- Supervised Warm-ups are available starting at 1:00 p.m. – 7:00 p.m. Wednesday July 16th



Coach/Team Check-in

Athletes will not be allowed in the pool until coach/team check-in has been completed. If you have another coach supervising your athletes, athletes must be checked in prior to entering the pool.

Wednesday check-in 1:00pm – 7:00pm

Thursday – Sunday 7:00AM – 8:00PM

Coaches please be prepared to show your credentials

Coaches must have completed Concussion Protocol Training CPT within the last year (July 21, 2024) this is an Oregon State Law requirement for ALL coaches on deck.

An Entry Fee report will also be included in your packet. Payment is due at check-in (check or credit card)

USA Swimming Competitor Waiver and Release Form is required for all athletes, due at check-in

Coach of record has been notified via email about any missing APT for their athlete/s



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MAAPP

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

This is a MAAPP meet. All your interactions with swimmers should be observable and interruptible. If you find yourself in a situation that violates these tenants, even unintentionally, please let me know.



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USA Swimming National Championship scratch procedure and no show rule will be used. (207.11.6)

Prelims:

Competition will start each day at 9:00 AM.

Warm-ups open at 7:00 a.m. and close at 8:50 a.m.

Specific warm-up 8:30 -8:50 am (starts lanes 1 & 8 both ends)

- CHASE STARTS will be used for all events except Distance, Relays and 50s
- 50s will start at East End
- ODD Heats start at West End (trees), EVEN Heats at East End (scoreboard). Pool ends will be labeled ODD/EVEN
- Fastest to Slowest
- SWIM OFFS – do not leave facility unless you are sure you are not involved in a swim off. All swim offs will be resolved before finals are seeded.
- Results posted on Meet Mobil (not official) and Host Team Website and on the wall.





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Finals:

Competition will start at 5:30 p.m.

Warm up open at 4:00 p.m. and close at 5:20 p.m.

Specific Warm-up: 5:00 - 5:20 pm (starts lanes 1 & 8 both ends / push pace lanes 2 & 7)

Please help keep the competition pool open for finals athletes only. The indoor pool will be available for non-final competitors.

Finals Swum Slowest to fastest West End (trees)

Athletes for D, C and B finals will report to the blocks, announced in the water

A finalist will report to the ready tent and be paraded to the blocks.

- Flyovers for D, C, B , clear pool for A final
- Alternates allowed in D and C final heats / D final 18 and Under only

ALTERNATES ARE TO REPORT TO START AREA CJ (lane 1) – AT LEAST 1 EVENT PRIOR TO THEIR SWIM

AWARDS – TBD Discuss: Top 8 with winning coach handing out or Officials,
Top 3 with Officials handing out or no awards. Facility needs cleared



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DISTANCE EVENTS:

- 800s and 1500s will be conducted as timed finals. The fastest heat of women and the the fastest heat of men will swim in finals.
- If you do not wish to swim in finals, you may declare by scratch deadline 6:00 pm.

RELAYS:

- Flyover Starts
- All Relays will be conducted as timed finals
- 200 Medley Relay - all heats will swim at beginning of Prelims
- 200 Free Relay – all heats will swim at the end of finals
- 400 Free Relay – fastest 2 heats of men and women will swim in finals all other heats will swim at the end of prelims
- 800 Free Relay - fastest 2 heats of men and women will swim in finals all other heats will swim at the end of prelims
- 400 Medley Relay - fastest 2 heats of men and women will swim in finals all other heats will swim at the end of prelims
- THERE WILL BE A 10 MINUTE BREAK AFTER RELAYS PRIOR TO PRELIMS



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Timers

Distance Events: Athletes / Teams must provide their own timers (2) and a person to count laps if desired (lap counting devices will be provided)

Time Trials: Athletes / Teams must provide their own timers (2)

Forms are posted on the websites listed on p. 1 of the Announcement following the close of entries on July 13, 2025. Please have your teams go in and provide timers to ensure an on time start to the meet.



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Seeding

- Order of Seeding will be LCM, SCM, SCY, followed by BLCM, BSCM, BSCY
- Preliminary Heats will be swum fastest to slowest except as noted in the Meet Announcement page 3
- Circle Seeding Top 3 heats of preliminary individual events 200 m or less and top 2 of preliminary 400 m or more.
- Distance – Fastest to Slowest alternating women and men



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Scratches

*USA Swimming National Championship scratch procedure and no-show rule will be used.
(207.11.6)*

Scratch Deadline for all preliminary and timed finals events including relays and distance freestyle will be 6:00 p.m. of the day prior to event being swum.

*Scratches must be either be done in person on site or email to Admin Referee Judi Creech
jjjccreech@comcast.net*

Please remember to scratch down if your athlete has entered in more than 6 events

Athletes entered in the 800M and 1500M Freestyles wishing to swim in preliminary heats rather than the finals heat need to declare this intention by the stated scratch deadline for these events

*Thursday Events: **DUE 6:00 PM WEDNESDAY, July 16th***

Finals Scratches and Intent to Scratch Admin desk, within 30 minutes of qualifier announcement

Sunday Finals If your team does not plan to attend Sunday Finals, PLEASE notify admin

Athletes are considered checked in for all individual events unless scratched.



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Declare False Start

Warm ups DFS at the admin table

Competition DFS with the CJ in the start area

No-Shows

For Preliminary events, athlete out of remained of that days events including relays

For Finals, the athlete is out of the rest of the meet.

For Preliminary events, Rule 207.11.E(4) applies to this meet. The re-entry fee will be \$200.00 per preliminary event, cash or check payable to Mt Hood Aquatics at the registration/clerk of course desk.



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Relay Cards

Relay Cards for submitting names will be in coaches' file at Clerk of Course.

Thursday Submit Relay Cards to Clerk of Course by 8:00 am (one hour prior to competition)

Relay forms are due to Clerk of Course no later than one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim at the blocks.



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Proof of Times:

SWIMS: If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times > Individual Times Search) and it was swum in the appropriate qualifying period, it is considered a proven official time.

Official Meet Results: If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, or a recognized foreign competition, and it was swum in the appropriate qualifying period, it is considered a proven official time.

Meet Mobile is NOT acceptable as verification for “Proof of Times”

APT must be completed for the athlete to compete.



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Time Trials

Time Trials will be conducted on a time-available basis and are limited to approximately one hour. Events may be combined.

Entries for Time Trials will be conducted on deck at Clerk of Course 8:00am – 11:00am.

Athletes must be entered in the meet and have paid the athlete surcharge to swim in Time Trials.

Each time trial swim will count toward the daily event limit with a combination of time trials and individual meet events **not** to exceed three (3) per day. Athletes are limited to three (3) time trials total during the meet.

The 800M and 1500M Freestyle Events will only be offered on one day. The Meet Referee will determine the day based on time

Time Trial Entry Fees: \$21.00 per individual event \$41.00 per relay event (cash, check, or credit card)



Entries:

New Qualifying Entries

*Late Entries

All new qualifying and *late entries are due Sunday, July 13, 2025
@ 11:59 pm PDT

*Late entries – penalty applies

Submit entries to mthoodsectionals25@gmail.com



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Questions?

