

### 500 Freestyle Approx. Heat Start Times

13-14 Girls	Heat	13-14 Boys
2:00	1	2:00
2:06	2	2:06
2:11	3	2:11
2:17	4	2:16
2:22	5	2:22
2:28	6	2:27
2:34	7	2:32
2:40	8	2:38
2:45	9	2:43
2:51	10	2:49
2:57	11	2:55
3:04	12	3:00
3:09	13	3:06
3:14	14	3:12
3:20	15	3:17
3:26	16	3:23
3:32	17	3:29
3:38	18	3:35
3:44	19	3:41
3:50	20	3:46
3:56	21	3:52
4:02	22	3:58
4:09	23	4:04
4:15	24	4:10
4:21	25	4:16
4:27	26	4:23
4:33	27	4:29
4:40	28	4:35
4:46	29	4:41
4:52	30	
4:59	31	
5:05	32	
5:12	33	
4:47	34	Move to Boys Course
4:53	35	Move to Boys Course
4:59	36	Move to Boys Course
5:05	37	Move to Boys Course
5:11	38	Move to Boys Course

### 500 Freestyle Approx. Heat Start Time

11-12 Girls	Heat	11-12 Boys
5:20	1	5:20
5:26	2	5:26
5:31	3	5:31
5:27	4	5:27
5:33	5	5:33
5:40	6	5:40
5:46	7	5:46
5:52	8	5:52
5:59	9	5:59
6:06	10	6:06
6:13	11	6:13
6:20	12	6:20
6:26	13	6:26
6:33	14	6:33
6:39	15	6:39
6:46	16	6:46
6:52	17	6:52
6:59	18	6:59
7:05	19	7:05
7:12	20	7:12
7:18	21	7:18
7:25	22	7:25
7:32	23	7:32
7:39	24	7:39
7:46	25	7:46
7:53	26	7:53
8:00	27	8:00
8:07	28	8:07
8:14	29	
8:21	30	
8:28	31	
8:35	32	
8:14	33	Move to Boys Course
8:21	34	Move to Boys Course
8:28	35	Move to Boys Course
8:35	36	Move to Boys Course