### 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 March 31-April 3, 2016

### **Unofficial Time Line for Prelim Sessions**

#### Thursday, March 31, 2016

	W 1000 Free M 1650 Free	3 5	4:30 PM 5:04 PM
Thursday Events End			6:31 PM
<u>Fri</u>	<u>day, April 1,2016</u>		
3	W 200 Free	9	8:30 AM
4	M 200 Free	13	8:50 AM
5	W 100 Breast	12	9:17 AM
	M 100 Breast		
7	W 100 Fly	14	9:54 AM
8	M 100 Fly	15	10:12 AM
9	W 400 IM	6	10:31 AM
10	M 400 IM	7	11:01 AM
	5 Min. Break		11:33 AM
11	W 800 Free Rela	2	11:38 AM
12	M 800 Free Rela	2	11:54 AM
Friday Prelims End 12:10 PM			

13	W 200 Medley Relay	3	8:30 AM
14	M 200 Medley Relay	3	8:37 AM
15	W 200 Fly	7	8:43 AM
16	M 200 Fly	9	9:01 AM
17	W 50 Free	12	9:22 AM
18	M 50 Free	12	9:31 AM
19	W 200 Breast	8	9:40 AM
20	M 200 Breast	8	10:02 AM
21	W 100 Back	10	10:23 AM
22	M 100 Back	10	10:38 AM
23	W 500 Free	5	10:52 AM
24	M 500 Free	5	11:19 AM
	5 Min. Break		11:45 AM
25	W 400 Free Relay	3	11:50 AM
26	M 400 Free Relay	2	12:02 AM
Satu	rday Prelims End		12:10 AM

#### Sunday, April 3, 2016

Saturday, April 2, 2016

27	W 200 Free Relay	5	8:30 AM
28	M 200 Free Relay	4	8:40 AM
31	W 200 Back	12	8:47 AM
32	M 200 Back	12	9:19 AM
33	W 100 Free	14	9:49 AM
34	M 100 Free	17	10:06 AM
35	W 200 IM	14	10:25 AM
36	M 200 IM	13	11:01 AM
	5 Min. Break		11:31 AM
37	W 400 Medley Relay	5	11:36 AM
38	M 400 Medley Relay	4	11:56 PM
Sunc	lay Prelims End		12:11 AM

Sunday, April 3, 2016 Afternoon Distance Free Heats

29 & 30 W/M 1650/1000\* 3:09 PM Slowest to fastest, alternating W/M as required Last heat ends @ 4:30 PM

The top 2 heats of Events 29 & 30 will be swum in Sunday's Finals Session



updated: 3/27/16

## 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Thursday, March 31, 2016 Time Line

		No. of Heats	<u>Start Time</u>
Event #1	Women's 1000 Yard Freestyle	3	4:30 PM
Event #2	Men's 1650 Yard Freestyle	5	5:04 PM
	End of Session		6:31 PM

\*\*\* REMINDER -- Scratch box for Friday's events closes tonight at 5:00 PM \*\*\*

# 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Friday, April 1,2016

## Estimated Prelim Time Line

		No. of Heats	<u>Est. Start Time</u>
Event #3	Women's 200 Yard Freestyle	9	8:30 AM
Event #4	Men's 200 Yard Freestyle	13	8:50 AM
Event #5	Women's 100 Yard Breaststroke	12	9:17 AM
Event #6	Men's 100 Yard Breaststroke	14	9:35 AM
Event #7	Women's 100 Yard Butterfly	14	9:54 AM
Event #8	Men's 100 Yard Butterfly	15	10:12 AM
Event #9	Women's 400 Yard Individual Medl	ey 6	10:31 AM
Event #10	Men's 400 Yard Individual Medley	7	11:01 AM
	Relay Warm-up Break (5 Min.)		11:33 AM
Event #11	Women's 800 Yard Freestyle Relay	y 2	11:38 AM
Event #12	Men's 800 Yard Freestyle Relay	2	11:54 AM
	End of Session		12:10 PM

800 Freestyle Relay Cards are due at Clerk of Course by 10:00 AM

Fastest two heats of events #11 (W 800Y FR) and #12 (M 800Y FR) will be swum in Friday night's Finals session.

### 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Friday, April 1,2016 Finals Time Line

Awards	Anthem Event #1 Women's 1000 Yard Freestyle Event #2 Men's 1650 Yard Freestyle Women's 200 Yard Freestyle	Bonus Consols Finals	5:24 PM 5:26 PM 5:28 PM 5:30 PM 5:32 PM 5:37 PM
<i>Awards</i> Event #4	Event #3 Women's 200 Yard Freestyle Men's 200 Yard Freestyle	Bonus Consols Finals	5:39 PM 5:41 PM 5:44 PM 5:48 PM
<i>Awards</i> Event #5	Event #4 Men's 200 Yard Freestyle Women's 100 Yard Breaststroke	Bonus Consols Finals	5:51 PM 5:53 PM 5:54 PM 5:58 PM
<i>Awards</i> Event #6		Bonus Consols Finals	6:00 PM 6:02 PM 6:04 PM 6:07 PM
<b>Awards</b> Event #7	Event #6 Men's 100 Yard Breaststroke Women's 100 Yard Butterfly	Bonus Consols Finals	6:09 PM 6:11 PM 6:13 PM 6:16 PM
<i>Awards</i> Event #8	,	Bonus Consols	6:18 PM 6:20 PM 6:22 PM
<i>Awards</i> Event #9	Event #8 Men's 100 Yard Butterfly Women's 400 Yard Individual Medley	Finals Bonus Consols Finals	6:25 PM 6:27 PM 6:29 PM 6:34 PM 6:41 PM
<i>Awards</i> Event #10	Event #9 Women's 400 Yard Individual Mec DMen's 400 Yard Individual Medley		6:47 PM 6:49 PM 6:54 PM 7:00 PM
Awards	Event #10 Women's 400 Yard Individual Med		7:05 PM
Fastest tv	Relay Warm-up Break (5 Min.) wo heats of events #13 (W 200M MR) and #3	14 (M 200M	7:07 PM <b>1 MR)</b>
	I Women's 800 Yard Freestyle Relay	2nd Fastest astest Hea	7:12 PM
<i>Awards</i> Event #12	5 5	ay 2nd Fastest astest Hea	
Awards	Event #12 Men's 800 Yard Freestyle Relay		7:48 PM
	End of Session		7:50 PM

800Y Freestyle Relay cards due by 6:15 pm at the Admin Table

## 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Saturday, April 2, 2016

### Estimated Prelim Time Line (12 LANES)

	No. of Heats	<u>Est. Start Time</u>
Event #13 Women's 200 Yard Medley Relay	3	8:30 AM
Event #14 Men's 200 Yard Medley Relay	3	8:37 AM
Event #15 Women's 200 Yard Butterfly	7	8:43 AM
Event #16 Men's 200 Yard Butterfly	9	9:01 AM
Event #17 Women's 50 Yard Freestyle	12	9:22 AM
Event #18 Men's 50 Yard Freestyle	12	9:31 AM
Event #19 Women's 200 Yard Breaststroke	8	9:40 AM
Event #20 Men's 200 Yard Breaststroke	8	10:02 AM
Event #21 Women's 100 Yard Backstroke	10	10:23 AM
Event #22 Men's 100 Yard Backstroke	10	10:38 AM
Event #23 Women's 500 Yard Freestyle	5	10:52 AM
Event #24 Men's 500 Yard Freestyle	5	11:19 AM
Relay Warm-up Break (5 Min.)		11:45 AM
Event #25 Women's 400 Yard Freestyle Rela	ay 3	11:50 AM
Event #26 Men's 400 Yard Freestyle Relay	2	12:02 AM
End of Session		12:10 AM

Fastest two heats of events #13 (W 200Y MR) and #14 (M 200Y MR) and events #25 (W 400Y FR) and #26 (M 400Y FR) will will be swum in Saturday night's Finals session.

200 Medley Relay cards due by 7:45 AM at the Admin Table

400 Free Relay cards due by 11:00 AM at the Admin Table

### 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Saturday, April 2, 2016 Finals Time Line

National A	nthem		5:27 PM
	Women's 200 Yard Medley Relay	2nd Fastest	5:30 PM
20000000000		Fastest Hea	5:32 PM
Awards	Event #13 Women's 200 Yard Medley Relay		5:35 PM
	Men's 200 Yard Medley Relay	, 2nd Fastest	5:37 PM
Evolic #11		Fastest Hea	5:40 PM
Awards	Event #14 Men's 200 Yard Medley Relay	lastost nou	5:42 PM
	Women's 200 Yard Butterfly	Bonus	5:44 PM
20000000000		Consols	5:47 PM
		Finals	5:52 PM
Awards	Event #15 Women's 200 Yard Butterfly	T interio	5:55 PM
	Men's 200 Yard Butterfly	Bonus	5:57 PM
		Consols	6:00 PM
		Finals	6:04 PM
Awards	Event #16 Men's 200 Yard Butterfly		6:07 PM
	Women's 50 Yard Freestyle	Bonus	6:09 PM
		Consols	6:10 PM
		Finals	6:13 PM
Awards	Event #17 Women's 50 Yard Freestyle		6:14 PM
Event #18	Men's 50 Yard Freestyle	Bonus	6:16 PM
	\$	Consols	6:17 PM
		Finals	6:20 PM
Awards	Event #18 Men's 50 Yard Freestyle		6:21 PM
	Women's 200 Yard Breaststroke	Bonus	6:23 PM
		Consols	6:27 PM
		Finals	6:32 PM
Awards	Event #19 Women's 200 Yard Breaststroke	e	6:35 PM
Event #20	Men's 200 Yard Breaststroke	Bonus	6:37 PM
		Consols	6:40 PM
		Finals	6:45 PM
Awards	Event #20 Men's 200 Yard Breaststroke		6:48 PM
Event #21	Women's 100 Yard Backstroke	Bonus	6:50 PM
		Consols	6:51 PM
		Finals	6:55 PM
Awards	Event #21 Women's 100 Yard Backstroke		6:57 PM
Event #22	Men's 100 Yard Backstroke	Bonus	6:59 PM
		Consols	7:00 PM
	o heats of events #13 (W 200M MR) and #1	4 Finals	7:04 PM
Awards	Event #22 Men's 100 Yard Backstroke		7:05 PM
Event #23	Women's 500 Yard Freestyle	Bonus	7:07 PM
		Consols	7:13 PM
		Finals	7:21 PM
Awards	· · · · · · · · · · · · · · · · · · ·		7:27 PM
Event #24	Men's 500 Yard Freestyle	Bonus	7:29 PM
		Consols	7:34 PM
Annanda	Front #24 Marile FOO Varia Front da	Finals	7:42 PM
Awards	Event #24 Men's 500 Yard Freestyle		7:47 PM
	Relay Warm-up Break (5 Min.)		7:49 PM
Event #25	Women's 400 Yard Freestyle Relay	2nd Fastest	7:54 PM
		Fastest Hea	7:59 AM
Awards	Event #25 Women's 500 Yard Freestyle		8:03 PM
Event #26	Men's 400 Yard Freestyle Relay	2nd Fastest	8:05 PM
		Fastest Hea	
Awards	Event #26 Men's 400 Yard Freestyle Relay		8:13 PM
	End of Session		8:15 PM

200M Medley Relay cards due by 5:00 pm at the Admin Table 400M Freestyle Relay cards due by 7:30 pm at the Admin Table

<u>REMINDER - Scratch Box for Sunday's events and check-in for the Sunday</u> <u>distance events closes tonight at 6:00 PM</u>

# 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Sunday, April 3, 2016

## Estimated Prelim Time Line

		No. of Heats	<u>Est. Start Time</u>
Event #27	Women's 200 Yard Freestyle Relay	5	8:30 AM
Event #28	Men's 200 Yard Freestyle Relay	4	8:40 AM
Event #31	Women's 200 Yard Backstroke	12	8:47 AM
Event #32	Men's 200 Yard Backstroke	12	9:19 AM
Event #33	Women's 100 Yard Freestyle	14	9:49 AM
Event #34	Men's 100 Yard Freestyle	17	10:06 AM
Event #35	Women's 200 Yard Individual Medle	ey 14	10:25 AM
Event #36	Men's 200 Yard Individual Medley	13	11:01 AM
	Relay Warm-up Break (5 Min.)		11:31 AM
Event #37	Women's 400 Yard Medley Relay	5	11:36 AM
Event #38	Men's 400 Yard Medley Relay	4	11:56 PM
	End of Session		12:11 AM

Fastest two heats of events #27 (W 200Y FR) and #28 (M 200Y FR) and events #37 (W 400Y FR) and #38 (M 400Y FR) will will be swum in Sunday night's Finals session.

The Distance	Session will be	egin at 3:09 PM

# 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Sunday, April 3, 2016 Afternoon Distance Free Time Line

Event #30 Men's 1000 Yard Freestyle	Heat 1	Est. Start Time 3:09 PM
Event #30 Men's 1000 Yard Freestyle	2	3:20 PM
Event #29 Women's 1650 Yard Freestyle	1	3:31 PM
Event #30 Men's 1000 Yard Freestyle	3	3:49 PM
Event #29 Women's 1650 Yard Freestyle	2	4:00 PM
Event #30 Men's 1000 Yard Freestyle	4	4:19 PM

End of session.

4:30 PM

The fastest heat of Events #29 and #30 will swim in finals.

### 2016 Eastern Zone Speedo SC Sectionals Regions 1 & 2 Sunday, April 3, 2016 Finals Time Line

National A	Anthem		5:27 PM
	7 Women's 200 Yard Freestyle Relay	2nd Fastest	5:30 PM
		Fastest Heat	5:32 PM
Awards	Event #27 Women's 200 Yard Freestyle R	elay	5:34 PM
	8 Men's 200 Yard Freestyle Relay	2nd Fastest	5:36 PM
		Fastest Heat	5:39 PM
Awards	Event #28 Men's 200 Yard Freestyle Relay	1	5:41 PM
Event #2	9 Women's 1650 Yard Freestyle	Fastest Heat	5:43 PM
Awards	Event #29 Women's 1650 Yard Freestyle		6:02 PM
Event #3	0 Men's 1000 Yard Freestyle	Fastest Heat	6:04 PM
Awards	Event #30 Men's 1000 Yard Freestyle		6:15 PM
Event #3	1 Women's 200 Yard Backstroke	Bonus	6:17 PM
		Consols	6:20 PM
		Finals	6:24 PM
Awards	Event #31 Women's 200 Yard Backstroke		6:27 PM
Event #3	2 Men's 200 Yard Backstroke	Bonus	6:29 PM
		Consols	6:32 PM
		Finals	6:36 PM
Awards	Event #32 Men's 200 Yard Backstroke		6:39 PM
Event #3	3 Women's 100 Yard Freestyle	Bonus	6:41 PM
	,	Consols	6:43 PM
		Finals	6:46 PM
Awards	Event #33 Women's 100 Yard Freestyle		6:48 PM
	4 Men's 100 Yard Freestyle	Bonus	6:50 PM
	,	Consols	6:51 PM
		Finals	6:55 PM
Awards	Event #34 Men's 100 Yard Freestyle		6:56 PM
Event #3	5 Women's 200 Yard Individual Medley	Bonus	6:58 PM
	2	Consols	7:01 PM
		Finals	7:06 PM
Awards	Event #35 Women's 200 Yard Individual M	edlev	7:09 PM
Event #3	6 Men's 200 Yard Individual Medley	Bonus	7:11 PM
	, ,	Consols	7:13 PM
		Finals	7:18 PM
Awards	Event #36 Men's 200 Yard Individual Medle		7:21 PM
		- 5	
	Relay Warm-up Break (5 Min.)		7:23 PM
Fastest t	wo heats of events #13 (W 200M MR) and #1	4 (M 200M MR)	
	7 Women's 400 Yard Medley Relay	2nd Fastest	7:28 PM
		Fastest Heat	7:33 PM
Awards	Event #37 Women's 400 Yard Medley Rela		7:38 PM
Event #3	8 Men's 400 Yard Medley Relay	2nd Fastest	7:40 PM
	<b>-</b> , - <del>-</del> -,	Fastest Heat	7:45 PM
Awards	Event #38 Men's 400 Yard Medley Relay		7:49 PM
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	Individual Awards		7:51 PM
	Team Awards		7:55 PM
	End of Session		7:59 PM

200M Freestyle Relay cards due by 5:00 pm at the Clerk of Course 400M Medley Relay cards due by 7:00 pm at the Clerk of Course