



**USA Swimming Speedo Champions Series Meet
Region I Sectional Meet– Hosted by: STAR Swimming
Burt Flickinger Athletic Center - Erie Community College
21 Oak Street
Buffalo, NY 14203
March 24-27, 2011**

STAR Swimming would like to welcome you to the 2011 USA Swimming Speedo Champions Series meet. The 2011 Speedo Champions Series meet will be held under the Sanction of USA Swimming, through Niagara Swimming Sanction Number NI1011-076S. Time Trial Sanction Number NI1011-092S.

Meet Directors

Brad Boyle
716-851-1217
boyleb@ecc.edu

Karyn Bimber
716-868-6611
kkbimber@buffalo.edu

Meet Referee

Michael Downs
2368 Litchfield Way
Virginia Beach, VA 23453-5560
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LSC Officials Chairman

Sue Seiler
6526 Tonawanda Creek Rd.
Lockport, NY 14094-7955
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Meet Marshals shall be provided by STAR Swimming in accordance with the requirements of Niagara Swimming. The Head Marshal for this meet will be Renee Wolf.

LOCATION

Burt Flickinger Athletic Center
Erie Community College
21 Oak Street
Buffalo, NY 14203

The **Burt Flickinger Center** is a venue located in downtown Buffalo, New York. It was originally constructed for the 1993 World University Games and is now used full-time by Erie Community College. Containing a gymnasium that seats 3,200 and an Olympic-sized regulation swimming pool, events hosted in the past include the World University Games, ECW shows, and professional boxing cards.



FACILITY

Eight lane 25-yard pool with continuous flow through gutters and Kieffer-McNeil lane dividers. Two 25 yard eight lane pools and separate 25 yard six lane pool for continuous warm-up and cool-down. Colorado 6000 Electronic timing System with gutter mounted touchpads, horn starts and scoreboard readouts at each end of pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Pool depth at start end is 7' at turn end pool is 9'6" in depth.

SCHEDULE (tentative)

	Warm-Up	Prelims		Warm-Up	Finals
Thursday	General Meeting 2:00pm			9:00am	5:00pm
Friday	7:00a-8:50a	9:00a		4:30p-5:45p	6:00pm
Saturday	7:00a-8:50a	9:00a		4:30p-5:45p	6:00pm
Sunday	7:00a-8:50a	9:00a		3:30p-4:45p	5:00pm

RULES

USA Swimming Rules will govern this competition. This includes the current national Championship rules including scratch rules (Section 207.12.6).

ELIGIBILITY

The Eastern Zone Northern Region Speedo Championship Series Meet is open to any registered USA Swimming athlete with a meet qualifying time, except swimmers in Region 2 (South), Eastern Zone. Qualifying times must have been achieved in USA Swimming sanctioned, approved, observed competition from 1 January 2010 through the meet entry deadline.

TIME STANDARDS

See enclosed order of events with qualifying times included.

ONLINE MEET ENTRY

Except for qualifying times achieved for the first time between March 16, 2011 and March 20, 2011, all entries must be submitted through USA Swimming's website using OME (Online Meet Entry). All coaches planning on attending the meet MUST be included with the entry for the confirmation of coach credentials prior to receiving coach's packet or deck credentials. Any coach not on the original entry MUST show proof of current credentials proper to receiving the coach's packet or deck credentials (no exceptions).

ENTRY DEADLINE

Entry deadline is Tuesday March 15, 2011 at 11:59pm (EST).

OME will open for this meet on February 5, 2011 at

www.usaswimming.org/ome



TIMES ACHIEVED AFTER MARCH 15, 2011

Additional entries from meets occurring between March 16, 2011 and March 20, 2011 are due by 10:00pm (EST) on Monday March 21, 2011. These entries must be submitted to the host club via email only, using a Hy-Tek entry file. These entries should be emailed directly to boyleb@ecc.edu. This is for first time cuts achieved in this specific time period. All other entries must use the on-line entry procedure. For those entry times achieved between March 16, 2011 and March 20, 2011 coaches shall be required to produce official meet results to prove their entry times.

Payment for the entries must be received at the pre-meet coaches meeting (no exceptions) on Thursday, March 24, 2011. If payment is not received at this time, these entries will be scratched from the meet. Please remember that this "late entry period" is for **new** qualifying times that occur between March 16, 2011 and March 20, 2011. Once the OME deadline passes no time updates are permitted.

QUESTIONS REGARDING OME

USA Swimming On-Line Meet Entry Questions contact:

Susan Woessner Office: 719-866-3589 Cell: 719-332-0184 www.usaswimming.org/ome

ENTRY INSTRUCTIONS

Payment for entries using OME is accepted using Visa, MasterCard, American Express, or Discover. After you complete your online entry, you will be sent confirmation via e-mail. Bring all communications with you to the meet. You can return to your entry to modify entry times through the initial March 15, 2011 entry deadline. Once you have paid for your entry, you may add events to your entry but you cannot delete events. Entries will not be considered accepted until entry fees are received. Entry times, under OME, are taken from the SWIMS national database. Times must be entered in the proper course in which achieved, converted times will not be accepted. Times other than Short Course Yards will be treated as "non-conforming" and will be seeded according to USA Swimming procedures. *Do not convert times before entering them.* Entries that have NOT used the OME entry process will not be accepted, except for those times achieved during the extended entry period (March 16-20, 2011). These times must be submitted using Hy-Tek Team Manager. No fax entries will be accepted at any time. No email scratches for events. Email scratch from the entire meet will be allowed.

ENTRY FEES

\$10 per individual event, \$10 per bonus event, \$25 per relay, there is also a \$2 per swimmer Swimming Surcharge, and a \$5 per team surcharge.

EVENT LIMITATIONS

Swimmers may enter any number of events in which he/she has qualified, but may not compete in more than three (3) individual events per day, and a total of seven (7) for the meet. Each team is allowed to enter up to two (2) relays in each event.

A/B Flight Format: Dependent on the number of entries, and at the discretion of the Meet Referee, the preliminary sessions may be conducted in an "A/B Flight" format. If adopted, details of the procedure, including the number of heats of each event swum in the "A Flight" session, will be announced at the General Meeting. Additionally in the event the meet becomes too full, meet management reserves the right to utilize two courses for competition.



BONUS EVENTS

Swimmers making 1 Qualifying Time	1 Bonus Event
Swimmers making 2 Qualifying Times	2 Bonus Events
Swimmers making 3 Qualifying Times	1 Bonus Event
Swimmers making 4 or more	0 Bonus Events

Limits on daily individual events three (3) and total meet events (7) will still apply.

FINES

The Eastern Zone Policy for No Shows in Sunday's finals will be observed. Any Swimmer in the initially announced top 24 that does not show up to compete (without properly scratching) will be subjected to a \$50 fine. Checks will be made out to the Eastern Zone.

GENERAL MEETING

A General Meeting will be held on Thursday at 2:00pm. If necessary, additional coach's meetings will be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all coach's meetings. Coaches are responsible for all information from these meetings including changes in the meet conduct.

OFFICIALS CERTIFICATION

Certified officials wishing to work the meet should submit applications to the Eastern Zone Officials Chairman by March 1, 2011 for assigned positions and by March 23, 2011 for all other positions. The application form can be found at: [Application to Officiate](#)

The meet is approved as an Officials Qualifying Meet for all positions under the National Officials Certification Program. Those officials desiring initial certification or re-certification evaluations above the LSC level should designate the request on the Application to Officiate.

CONDUCT OF THE MEET

All events, except the 1000 and 1650 Freestyle and relay events, will be conducted with preliminary and C, B, and A (Bonus, Consolation, and Championship) final heats. The 1000 Free, 1650 Free and all relays are timed final events requiring positive check-in.

All distance swims MUST positively check-in and declare their intent to swim by the scratch deadline for that day's events TO BE SEEDED.

All relays MUST positively check-in and declare their intent to swim by the scratch deadline for that day's events TO BE SEEDED. **When checking in Sunday's relays, coaches shall declare whether they wish those relays to swim in prelims or finals. Those relays wishing to swim in finals (up to 16 fastest) will be so seeded. All other relays will be seeded in prelims according to their seed time. (aka "Sunday Relay Rule")**

SEEDING ORDER

SC Yards, SC Meters, LC Meters



DISTANCE EVENTS

Thursday-Women's 1650 Free and Men's 1000 Free will be conducted as timed finals on Thursday Evening. The heats will be swum in normal order slowest to fastest.

Sunday-The fastest heat of the Women's 1000 Free, and the fastest heat of the Men's 1650 Free will be swum at the beginning of the evening finals session. The remaining heats will swim on Sunday afternoon, such that the last heat finishes at 3:30pm. The heats will be swum alternating women and men such that the second fastest men's heat swims last, the second fastest women's heat swims next-to-last, etc. The heat order will be published after the scratch deadline. These events are timed finals.

RELAYS

Relays are timed final events. The fastest two heats will swim with finals during the evening session. The Sunday Relay Rule will be in effect for Sunday Relays. Remaining heats will swim with preliminaries during the morning sessions. All relays must be positively checked-in by the appropriate scratch deadline. In order to be eligible, all relays must have at least one swimmer who is entered in a non-bonus individual event. Relay participants must be declared to the Clerk of Course one hour before the relay swims, but may be changed up to the time of the swim. 200 Yard Medley Relay entry times must be provable 400 Medley Relay times.

SCRATCH AND POSITIVE CHECK-IN PROCEDURES

The USA Swimming Scratch Policy Rule 207.12.6 A-E will apply through the meet.

Scratches from finals shall be made with the Administrative Referee. All other scratches shall be made in the Scratch Box, which shall be located at the meet check-in table until the General Meeting, at the General Meeting, then at the Clerk-of-Course.

All relays and distance events (1000 Free, 1650 Free) **must** be checked in with the Clerk of Course.

Both the Scratch Deadlines and Positive Check-In Deadlines for all events will be as follows:

Thursday Events: 15 minutes following the conclusion of the General Meeting.
Friday Events: 5:30pm Thursday Evening
Saturday Events: 6:30pm Friday Evening
Sunday Events: 6:30pm Saturday Evening

SCORING

Place

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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Individual Scores

20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
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Relay Scores

40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2
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TEAM AWARDS

The top 3 teams in Combined scoring, and the top 3 teams in Women's and Men's Scoring will receive awards.

INDIVIDUAL AND RELAY AWARDS

Medals: Individual 1st-8th, Relays 1st-3rd

AWARDS CEREMONIES AND READY ROOM

Swimmers competing in the A final events are expected to report to the Ready Room area no more than 10 minutes prior to their event. The A finalists are expected to remain in the Ready Room until the march-out for their event. Awards will be presented during the evening finals. A full sequencing of awards will be published with the heat sheet for each finals session. Awards for the Thursday distance events will be presented during the Friday evening finals.

WARM-UP PROCEDURE

Current Niagara Swimming and USA Swimming rules govern all aspects of the warm-up. No diving, and feet first entry is required, except in designated lanes and times.

Warm-up Format: Competition Pool (tentative)

Thursday Timed Finals

9:00am-3:00pm	Circle Swim all lanes		
3:00pm-4:15pm	Pace: Lanes 1 & 8		Circle Swim: Lanes 2-7
4:15pm-4:45pm	Pace: Lanes 1 & 8	Sprint: Lane 7	Circle Swim: Lanes 2-6
4:45pm	Clear Pool		

Friday, Saturday, Sunday Prelims

7:00am-8:00am	Circle Swim all lanes		
8:00am-8:30am	Pace: Lanes 1 & 8		Circle Swim: Lanes 2-7
8:30am-8:50am	Pace: Lanes 1 & 8	Sprint: Lanes 2 & 7	Circle Swim: Lanes 3-6
8:50am	Clear Pool		

Friday, Saturday, Sunday* Finals

4:30pm-5:00pm	Circle Swim all lanes		
5:00pm-5:20pm	Pace: Lanes 1 & 8		
5:20pm-5:45pm	Pace: Lanes 1 & 8	Sprint: Lanes 2 & 7	Circle Swim: Lanes 3-6
5:45pm	Clear Pool		

The Deep End of the pool will be available for continuous warm-up/cool-down, as well as the small pool if necessary.

**Sunday Warm-ups for finals will begin one hour earlier (3:30-4:45)*



USA Swimming Membership

All swimmers, coaches, and officials must be current 2011 members of USA Swimming. Any team or individual entering a swimmer without a current USA Swimming membership may be subject to a \$100 per swimmer fine. There will be NO deck registration.

DECK ADMITTANCE

All participating swimmers, coaches, and working officials will be issued deck credentials. These must be worn at all times. Please use designated pool entry areas.

REGISTRATION AND CREDENTIALS

Coach packets and credentials for athletes, coaches and officials will be available in the entrance area. Credentials must be visible at all times when on deck.

MEET JURIES

The Meet Juries shall be announced by the Meet Referee at the General Meeting. Written protests involving eligibility or technical rules, except disqualification due to judgment decisions of the deck officials, shall be made to the Meet Referee within 30 minutes of the protested act or occurrence. Any protest filed will be referred to the appropriate jury. There is a \$50 fee for a protest made by anyone other than registration personnel. The fee is refundable if the protest is upheld. (207.12.8 & 207.12.9)

TIME TRIALS

Time trials will be offered, time permitting, and at the discretion of the Meet Referee, 15 minutes after the completion of each preliminary session and after Thursday events. Swimmers must be entered in at least one individual or relay event in order to participate in time trials. Swimmers must sign up for time trials by 5:00pm Thursday and 60 minutes prior to the scheduled end of each day's preliminary events. The entry fee is \$10 for individual events and \$25 for relays. Checks should be made payable to STAR Swimming. Time trials will be swum in the following order:

Thursday Time Trials	Only 1000 Free and 1650 Free will be offered
Friday Time Trials:	Friday/Saturday/Sunday events in that order
Saturday Time Trials:	Saturday/Sunday/Friday events in that order
Sunday Time Trials (Time Permitting):	Sunday/Friday/Saturday events in that order
<i>The 1000 and 1650 will also be offered as the last event on either Friday or Saturday (time permitting). The day will be announced at the General Meeting.</i>	

ADMISSIONS AND PROGRAMS

Meet Program	\$15 (Psych Sheet for Prelim and Timed Final events, and a voucher for a heat sheet for each day's finals).
Thursday Admission	\$5
Friday-Sunday Admission	\$6 per day (prelims & finals)
All Sessions Pass	\$20 (does not include program)
Finals Heat Sheets	\$3

CONCESSIONS

Concessions will be available throughout the meet.



PARKING

Parking is available at Mike’s parking at the corner of Elm & Swan Streets and at the Adam’s parking Ramp at the corner of Washington and North Division. Mike’s parking has attendants supervising parking from ½ before the start of warm-ups through the last session of the day. The Adam’s Parking Ramp offers free parking on weekends, but is unsupervised.

MEET RESULTS

Printed copies of the meet results will be available for a \$10 fee. Live results will be posted on the Eastern Zone Swimming’s website and at www.starswimming.org.

2011 Speedo Champions Series Eastern Zone Northern Sectional



Order of Events
Thursday, March 24, 2011

Women				Timed Finals: 5:00 Start			Men		
LCM	SCM	SCY	#	Event	#	SCY	SCM	LCM	
18:16.79	17:43.29	17:54.39	1	1650 Yard Freestyle*					
				1000 Yard Freestyle*	2	10:01.99	8:52.99	9:08.79	

Friday, March 25, 2011

Women				Prelims: 9:00a Start Finals: 6:00p Start			Men		
LCM	SCM	SCY	#	Event	#	SCY	SCM	LCM	
2:11.49	2:08.19	1:55.99	3	200 Yard Freestyle	4	1:46.49	1:58.09	2:01.49	
1:18.29	1:15.89	1:08.29	5	100 Yard Breaststroke	6	1:02.19	1:09.19	1:10.39	
1:06.99	1:05.79	59.19	7	100 Yard Butterfly	8	53.89	59.59	1:00.89	
5:18.79	5:07.29	4:36.79	9	400 Yard IM	10	4:15.09	4:43.19	4:49.89	
9:06.69	8:58.89	8:05.39	11	800 Yard Free Relay*	12	7:22.39	8:06.69	8:14.79	

Saturday, March 26, 2011

Women				Prelims: 9:00a Start Finals: 6:00p Start			Men		
LCM	SCM	SCY	#	Event	#	SCY	SCM	LCM	
4:44.09	4:40.29	4:12.29	13	200 Yard Medley Relay*	14	3:46.99	4:15.59	4:19.69	
2:29.49	2:25.99	2:11.49	15	200 Yard Butterfly	16	2:00.89	2:14.19	2:16.29	
28.59	27.29	24.99	17	50 Yard Freestyle	18	22.49	24.99	25.59	
2:49.39	2:44.79	2:28.39	19	200 Yard Breaststroke	20	2:15.39	2:30.29	2:32.99	
1:08.99	1:06.99	1:00.29	21	100 Yard Backstroke	22	55.09	1:01.19	1:02.89	
4:37.19	4:29.89	5:06.99	23	500 Yard Freestyle	24	4:48.39	4:10.89	4:18.59	
4:14.99	4:10.99	3:45.79	25	400 Yard Free Relay*	26	3:21.89	3:44.09	3:48.69	

Sunday, March 27, 2011

Women				Prelims: 9:00a Start Finals: 5:00p Start			Men		
LCM	SCM	SCY	#	Event	#	SCY	SCM	LCM	
1:57.79	1:56.19	1:44.59	27	200 Yard Free Relay*	28	1:32.69	1:42.19	1:45.49	
9:34.99	9:19.99	10:39.19	29	1000 Yard Freestyle					
				1650 Yard Freestyle	30	16:43.99	16:35.19	17:21.99	
2:28.99	2:24.79	2:10.39	31	200 Yard Backstroke	32	1:59.39	2:12.59	2:15.39	
1:01.89	59.99	53.99	33	100 Yard Freestyle	34	48.79	54.19	55.69	
2:29.69	2:25.09	2:10.89	35	200 Yard IM	36	1:59.79	2:12.99	2:16.59	
4:44.09	4:40.29	4:12.29	37	400 Yard Medley Relay*	38	3:46.99	4:15.59	4:19.69	

*Require positive check-in.

