

LOCATION: Takoma Aquatic and Community Center -Washington, DC (Change in location) DATE: February 4-6, 2011 FOR MEET INFORMATION CONTACT: Bill Marlin coach bill@verizon.net

LSCs PARTICIPATING IN THE NORTHEAST REGION MEET

Adirondack, Allegheny Mountain, Connecticut, Maine, Maryland, Metropolitan, Middle Atlantic, New England, New Jersey, Niagara, Potomac Valley, Virginia, West Virginia

Ages: 11-14 Boys and Girls Athletes will compete in all IMX events specified for each age category Single Age Groups (Award Top 16 in each age group & gender) 25 Yard Course for competition-with separate warm-up/cool-down pool Team Awards: 1st - 3rd place at each site

QUALIFICATION STANDARD & QUALIFYING PERIOD

- Follow IMX program guidelines (Qualifying standards are the same for SCY & LCM)
- The Qualifying standard will be minimum of 1800 pts for all locations, ages & genders
- Qualifying Period : Sept 1, 2009 up to the entry Deadline

Age of the athlete will be the first day of the competition

Any swimmer that is 11-14 yrs old is eligible for the meet who has achieved the minimum qualifying score in any age during the qualifying period .

(i.e. A swimmer who has achieved a minimum qualifying score as a 10 yr. old and ages up to 11 prior to the start of the meet will be eligible to enter the meet. A 12 yr. old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13 yr. old.)

> For more information on the IM Xtreme Games visit the USA Swimming Website at: WWW.USASWIMMING.ORG or contact Tony Young at tony@inswimming.org