

East Bay Bat Rays Masters (EBAT)

EBAT offers organized swim workouts, competitions, clinics, and workshops for adults 18+. Whether you're a fitness swimmer, triathlete, competitor, or beginner, EBAT helps improve fitness and fosters camaraderie.

Requirements

- **USMS Membership** (\$75/year) required for insurance. [Register here](#)

Practice Schedule (Fall 2025) *(Subject to change)*

- **Mon-Fri:** 6:00-7:00 AM, 12:00-1:00 PM
- **Sat:** 7:00-8:00 AM

Facility & Parking

- **Location:** Pioneer Pool, Cal State East Bay, 25800 Carlos Bee Blvd, Hayward, CA 94542
- **Parking:** Mon-Fri, 7 AM - 11 PM (\$2/hour at kiosks). No permits needed for AM or weekend workouts.

Registration & Payment

- **Monthly Plan Options:**
 - **Standard Membership:** \$90/month + \$5/month Pool Fee
 - **Lap Swim Membership:** \$65/month + \$5/month Pool Fee
 - **Student Membership:** \$50/month + \$5/month Pool Fee
- **Drop-In Option**
 - **Drop-In Swim:** \$12/session (cash/check; show USMS card)

SIGN UP HERE: [EBAT Masters Team Registration](#)

Contact

- **Head Coach:** Shane Pelton | **Email:** Shane.Pelton@csueastbay.edu | **Phone:** 484-716-5570

Helpful Links

- [USMS Insurance Information](#)
- [Pacific Masters FAQ's](#)
- [Cal State East Bay Women's Swimming](#)