

2023 Eastern Section of the Southern Zone (ESSZ)-Club Members

[ESSZ Memberships valid through December 31, 2023]

For membership information: 919-851-3000 or 01silversurfer@bellsouth.net – Jonathan Watson, Treasurer

GEORGIA LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Aiken-Augusta Swim League [ASL-GA]	PO Box 2896 Augusta, GA 30914-2896	Greg Gillette	(206) 518-1500	coachgreg@swim-asl.com	9615/40 12-28-22
Americus Blue Tide [BT-GA]	144 Columbia Ave. Americus, GA 31709	Tim DeMott	(229) 924-3863	Tim.demott@gmail.com	4114/150Q 03-01-21
Athens Bulldog Swim Club [ABSC-GA]	40 West Lake Drive Athens, GA 30606	Harvey Humphries	(706) 207-8249	harveyh@sports.uga.edu	9795/100Q 11-08-19
Brad Akins YMCA Barracudas [BAY-GA]	50 Brad Akins Drive Winder, GA 30680	Meredith Green	(678) 863-7247	meredith@gapiedmontymca.org	012826/75Q 03-25-21
Carrollton Swimming Assoc. [CBF-GA]	PO Box 532 Carrollton, GA 30112	John Pepper	(678) 390-6603 (770) 832-1134	bluefinswimming@gmail.com	114092/100Q 11-18-19
Chattahoochee Gold [GOLD-GA]	PO Box 387 Woodstock, GA 30188	Mark Schilling	(770) 928-1506	markschilling@goldswim.com	60431/40 12-05-22
City of Atlanta Dolphins [CAD-GA]	2159 Britley Terrace College Park, GA 30349	Tommy Jackson	(404) 285-6585	Jack9687@bellsouth.net Juneram64d299@gmail.com	1243/100Q 12-30-19
Cumming Waves Swim Team [CWGA-GA]	914 Cider Ridge Clarkesville, GA 30523	Teresa Coan	(706) 499-9744	swimcummingwaves@gmail.com	2542/100Q 12-31-19
Dekalb Aquatics [DAQ-GA]	PO Box 2926 Decatur, GA 30031	Melissa Wilborn	(770) 736-3512	daqswim@bellsouth.net	8232/100Q 11-06-19
Douglas County Stingrays [DCS-GA]	4352 Avary Place Douglasville, GA 30135	Jarrod Hunte	(352) 804-2106	jrod.hunte@swimdcsc.com douglascountystingrays@gmail.com	2725/100Q 12-03-19
Fowler Fins [FINS-GA]	5600 W Jones Bridge Rd Peachtree Corners, GA 30092	Nathan Brown	(770) 722-0150 (404) 660-9969	Natebrown5@gmail.com harrisonmurphy@ymail.com	1190/40 03-12-23
Gwinnett Aquatics [GA-GA]	1436 Benning Place NE Atlanta, GA 30307	Lucas Ferreira	(404) 863-6747 (515) 422-0323	lucasedf@hotmail.com	9743/40 11-19-22
Lifetime Swim Georgia [LIFE-GA]	11555 Johns Creek Pkwy Johns Creek, GA 30097	David Sutton	(352) 871-4751	dsutton@lt.life	620/50Q 11-22-21
Low Country Aquatic Club [LCAC-GA]	401 N Cromwell Rd Unit Q6 Savannah, GA 31410	Dennis Lugenwa	(912) 250-9969	dlugenwa@swimlcac.com	9645005009/150 02-03-23
Marietta Jets Swim Team [MJST-GA]	2650 Gordy Pkwy Marietta, GA 30067	Juan Yegros	(678) 800-3859	mariettajets@gmail.com	1081/150 02-22-23
Marietta Marlins [LINS-GA]	250 Brookview Place Woodstock, GA 30188	Yit Aun Lim	(678) 773-8383	yaunlins@bellsouth.net	6090/75Q 12-22-20
Northwest Georgia [NWGA-GA]	355 South River Street Calhoun, GA 30701	Charles Todd	(706) 313-7946 (706) 502-1641	toddc@calhounschools.org davidTB0270@gmail.com	53421/150 03-09-23
Peachtree Aquatic Club [PAC-GA]	405 Lima Ct Woodstock, GA	Mike Wardwell	(678) 575-0333	headcoach@pacswimming.org	Quad Member (former SCAT)
Rountree Recreation [RRT-GA]	172 Shipp Circle Hiram, GA 30141	Cheryl Rountree	(770) 367-0588	Rountree.recreation@gmail.com	1001/150 2-28-23
Savannah Swim Team [SST-GA]	106 Hidden Way Savannah, GA 31419	Joe Witt	(912) 661-3794	wittjoe@gmail.com	8252/100Q 12-29-19
South Fulton Swordfish [SFS-GA]	6870 Lakefield Forrest Dr Riverdale, GA 30296	Elisha Bashir	(404) 379-5078	swimkreations@gmail.com Elisha.bashir@cityofsouthfultonga.gov	122/40 12-08-22
Southern Crescent Aquatic Team [SCAT-GA]	PO Box 2243 Peachtree City, GA 30269	Mike Wardwell	(678) 575-0333	headcoach@scatswim.com	CASH/100Q 10-01-19
Southwest Aquatics of Georgia [SWAG-GA]	332 Lee Road 2203 Phenix City, AL 36870	Cari Best	(910) 689-4265	swimcoachcari@gmail.com	2603109357/150 02-21-23
Spartans Aquatic Club [SPAC-GA]	1575 Indian Trail Rd Norcross, GA 30093	Karl Krug	(404) 372-9588 (909) 844-6857	kkrug@gac.org	9276/150 03-16-23
Stingrays [RAYS-GA]	803 Savona Way Woodstock, GA 30189	Ian Goss	(770) 325-7292 (770) 310-1312	rayscoach@gmail.com	33874193/50Q 10/28/21
Summer Hill Orcas Swim Club [SHOC-GA]	1020 Chestnut Hill Rd. Athens, GA 30606	Chip Holland	(706) 353-9222 (706) 338-6523	summerhillorcas@yahoo.com	1571/100Q 12-31-19
Swim Atlanta [SA-GA]	4850 Sugarloaf Pkwy Suite #702 Lawrenceville, GA 30044	Chris Davis	(678) 442-7946 (770) 378-4666	swimatlantacd@yahoo.com chris@swimatlanta.com	9114/40
Swim Macon [SMAC-GA]	5097 Northside Dr Macon, GA 31210	Jason Swaim	(478) 361-8373	Smac1coach@gmail.com	1142/150Q 03-03-21
US Aquatics Club [USAC-GA]	1803 Queen Anne Ct. Atlanta, GA 30350	Sergiy Useinov	(404) 729-7990	sergiyuseinov@yahoo.com	1568/150 03-10-23
YMCA Barracudas [BAR-GA]	4384 Warm Springs Rd Columbus, GA 31909	Tera Wilkins	(706) 322-8269 (706) 289-3694	twilkins@ymcacolumbusga.com terawilkins05@gmail.com	44511/150 02-15-23

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SOUTHEASTERN LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Atomic City Aquatic Club [ACAC-SE]	PO BOX 4725 Oak Ridge, TN 37331	Sarah Corcoran	(303) 809-2470	Coach.sarah3corcoran.ACAC@gmail.com	4063/50 03-01-23
Auburn Aquatics [AUB-SE]	841 Whittington Street Auburn, AL 36832	Jeff Dellinger	(334) 750-2380	jeffdellinger@msm.com	6600/150 03-03-23
Barracuda Swim Club of NE Tennessee [BSC-SE]	1 Saddlebrook Lane Johnson City, TN 37615	Chris Coraggio	(423) 833-5595	BSCswim@yahoo.com	9439/50Q 10-13-21
Bartlett Xtreme Swim Team [BXST-SE]	7700 Flaherty Place Bartlett, TN 38133	Scott O'Reilly	(901) 385-6470 (901) 481-8625	soreilly@cityofbartlett.org	358882/150Q 03-11-21
Birmingham Swim League [BSL-SE]	400 St. Annes Drive Birmingham, AL 35244	Michael Boltchen	(205) 567-1948	Mboltchen.bsl@gmail.com	5604/150 03-07-23
Birmingham Swim Team [BST-SE]	2235 Retta Dr Birmingham, AL 35214	Stephen Sewell	(205) 222-3172	Stephensewell28@gmail.com	\$ORD/150 02-27-23
Cullman Swim Association [CSA-SE]	PO Box 593 Cullman, AL 35056	Carson Glasscock	(256) 962-0511 (256) 338-2080	wcarsonglasscock@gmail.com	1946/50Q 11-21-21
Ensworth Aquatics [ENSW-SE]	7401 Hwy 100 Nashville, TN 37221	Christian Bahr	(336) 692-4011	bahrc@ensworth.com kitaharan@ensworth.com	1736/100Q 12-30-19
Excel Aquatics [XCEL-SE]	920 Heritage Way Brentwood, TN 37027	Steven Murry	(615) 419-5011	coachsteven@excelaquatics.org	5650/150Q 11/5/2021
Greater Pensacola Aquatic Club [GPAC-SE]	PO Box 30318 Pensacola, FL 32571	Greg Johnson	(850) 484-1312 (540) 266-0769	gpacoachgreg@gmail.com	3964/100Q 12-09-19
Gulf Shores Swim Team [GSST-SE]	PO Box 299 Gulf Shores, AL 36547	Brook Hopkins	(251) 968-2425 (205) 296-2121	bhopkins@gulfshoresal.gov	51108/100Q 11-21-19
Holley by the Sea Stingrays [HBTS-SE]	7017 Flintwood St. Navarre, FL 32566	Julie Cole	(478) 213-5575	hbtsstingrays@gmail.com juliebells81@gmail.com	2107601594Q 150/2/25/21
Huntsville Swim Association [HSA-SE]	PO Box 1102 Huntsville, AL 35807	Matt Webber	(205) 482-2776	coachmatt@swimhsa.org coachben@swimhsa.org	14939/50Q 10-18-21
Kingsport Piranhas [KP-SE]	113 Ashley Drive Mount Carmel, TN 37645	Jorge Blasini	(423) 967-4264	swimkingsport@gmail.com	1262/100Q 12-31-19
Lifetime Swim Southeast [LIFE-SE]	3051 Healthy Way Vestavia Hills, AL 35243	Alex Roberts	(334) 740-0820 (205) 547-3100	Aroberts2@lt.life ablackman@lt.life	108/150 02-23-23
McCallie GPS Aquatics [MCC-SE]	500 Dodds Ave. Chattanooga, TN 37404	Roger Dahlke	(423) 987-7520	Rdahlke1@bellsouth.net	256353/150Q 02-25-21
Madison Swimming Association [MSA-SE]	154 Hunington Chase Drive Madison, AL 35758	Pamela Von Jouanne	(256) 683-1822	pamnrog@knology.net	8756/100Q 12-31-19
Memphis Tiger Swimming [MTS-SE]	620 Echles St Memphis, TN 38152	David Orr	(818) 640-5897	coachdavidorr@gmail.com	9107/40 11-21-22
Middle Tennessee Swim Club [MTSC-SE]	PO Box 2854 Hendersonville, TN 37077	Alex Major	(615) 245-8567 (615) 686-3116	alex.major@lebanontn.org	1061/150Q 03-27-21
Mountain Valley Aquatics [MVA-SE]	918 Chatterson Rd. Huntsville, AL 35802	Barbara Belyea	(256) 652-6631	barbbelyea@gmail.com	675/75Q 01-12-21
Prime Aquatics [PA-SE]	PO Box 398 Alcoa, TN 37701	Cameron Higdon	(865) 310-3769 (865) 278-6339	Cameron.higdon.ch@gmail.com rstanlo@yahoo.com	1785/75Q 01-18-21
Sevier Aquatic Club [SAC-SE]	240 Riverwalk Drive #3205 Sevierville, TN 37862	Scott Mayo	(865) 221-7290	coachscottmayo@gmail.com	1874/100Q 12-30-19
Streamline Aquatic Club [STAC-SE]	461 Meadowlark Lane Lavergne, TN 37086	Gareth Sweetman	(615) 578-2319	Gareth@sweetmanswim.com	1176/150 03-05-23
Tulahoma Swim Club [TSC-SE]	PO Box 118 Tulahoma, TN 37388	Deanna Gipson	(931) 235-2193	deannatipton2526@hotmail.com	6739/40 12-12-22
Winchester Swim Team [WST-SE]	224 Kades Ct Decherd, TN 37324	Melanie Huffhines	(615) 995-2113	Melanie.huffhines@gmail.com	2976/150Q 03-01-21

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SOUTH CAROLINA LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Anderson Area YMCA Makos [AAYM-SC]	201 E. Reed Rd. Anderson, SC 29621	Brian Heaton	(812) 208-8473	makosswimteam@yahoo.com	91630/50Q 10-14-21
Carolina Aquatics Swim Club [CA-SC]	222 Treyburn Circle Irmo, SC 29063	Chris Wolford	(513) 309-2700 (937) 470-0674	cwolford0307@gmail.com jwilkened44@gmail.com	4499/50Q 10-16-21
Clemson Aquatic Team [CAT-SC]	104 Allee Street Clemson, SC 29631	Lindsey Little	(217) 521-2472	coachlindsey	1999/150Q 12-31-19
Coastal Aquatic Club [CAC-SC]	3550 Pampas Dr; UNIT-4 Myrtle Beach, SC 29577	Fabio Silva	(843) 503-3152	Fabiomauro_us@hotmail.com	1579/150 02-27-23
Columbia Swimming [CS-SC]	1510 Charlton St. Columbia, SC 29203	Lori Petrimoulx	(803) 206-7929	loripetrimoulx@gmail.com	1531/50Q 11-17-21
Florence Area Swim Team [FAST-SC]	53 Kings Road Quinby, SC 29506	Dawn Walker	(843) 229-0948 (843) 661-0677	fastswimsc@gmail.com dawn.walker@fsd1.org	1143/100Q 12-31-19
Gamecock Aquatics [GAME-SC]	120 Brown Perch Drive Lexington, SC 29072	James Kuzma	(954) 552-0102	michaelkuzma@sc.edu	1272/150 03-08-23
Greenview Dolphins Swim Team [GVST-SC]	PO Box 4836 Columbia, SC 29240	Stanley McIntosh	(803) 261-2663	smcintosh@greenviewdolphins.com	2484/150 02-24-23
Hilton Head Aquatics [H2A-SC]	PO Box 22735 Hilton Head Island, SC 29925	Mike Lane	(843) 415-2995	Mlaneh2a@gmail.com	3776/100Q 11-07-19
Kroc Swim Academy [KSA-SC]	424 Westfield St. Greenville, SC 29601	Chris Gibbs	(864) 527-5948	chris.gibbs@uss.salvationarmy.org	4659/50Q 11/2/21
Los Leones Aquaticos [LLA-SC]	2646 Dellwood Ave. Charleston, SC 29405-6855	Phoebe Brown de Aragon	(843) 819-4508	pabaLLA@att.net	1311/100Q 11-18-19
McLeod Racing Club [MRC-SC]	2437 Willwood Drive Florence, SC 29501	Dustin McRae	(843) 409-2514	Dustinmcræ1@gmail.com mhfcswim@gmail.com	10584312/ 100Q
Palmetto Aquatics [PALM-SC]	5102 Circle Dr. Columbia, SC 29206	Heath Edwards	(803) 665-8444	coachheath@palmettoaquatics.com	6066/100Q 11-14-19
Riptides Racing Team [MBR-SC]	11024 S Willow Dr Surfside Beach, SC 29575	Mary Churchill	(843) 251-6484	Churchillplus2@yahoo.com	1477/40 12-08-22
South Carolina Swim Club [SCSC-SC]	PO Box 882 Mount Pleasant, SC 29465	Eric Lane	(704) 930-9710	elane@swimscsc.com	20013247 6/ 75Q-12-30-20
Southern Marlins Racing Team [SMRT-SC]	3055 Mairitime Forest Drive Kiawah Island, SC 29455	Michael Stewart	(843) 991-9371	smrtswimming@hotmail.com	5085/40 11-29-22
Sportsclub Swim Club [SSC-SC]	100 Middle Brook Rd Greer, SC 29650	Paul Dean	(864) 787-7031	pdean@sportsclubsc.com pauljdeanjr@gmail.com	1243/40 11-29-22
Summerville Family YMCA [SVY-SC]	140 S Cedar St Summerville, SC 29483	Susan Nesselrode	(843) 486-1495	susann@summervilleyymca.org	28038/40 12-16-22
Team Greenville [TG-SC]	PO Box 3603 Greenville, SC 29608	Karl Kozicki	(864) 901-3028	coachkarl@tgswim.com	5588/75 02-27-21
Wahoo Aquatic Club [HOOS-SC]	280 Molasses Lane Mt. Pleasant, SC 29464	Mary B. Shaw	(843) 834-3334	maryb@wahooaquaticclub.org	1317/50Q 10-12-21
YMCA Columbia Swim Club [YCSC-SC]	1501 Kennealy Rd Irmo, SC 29063	Barry Neville	(563) 343-4665	barryneville@columbiayymca.org	93610/40 12-15-22
YMCA of Upper Palmetto [RAYS-SC]	325 Rawlinson Road Rock Hill, SC 29730	Jon Mengerling	(803) 817-7665	jonathanmengerling@ymcaup.org	97987/150 02-16-23

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NORTH CAROLINA LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Brunswick Aquatic Club [BAC-NC]	786 Marsh Rose Path NW Calabash, NC 28467	Gavin Spake	(336) 596-3181 (843) 582-5033	BenjaminSpake@gmail.com	1739/150 03-07-23
Carolina Aquatic Team [CAT-NC]	PO Box 927 Durham, NC 27702	Josh Weaver	(919) 968-0303 (717) 818-6398	carolinaaquaticteam@gmail.com	2426/25 12-21-20
Club Kick Start [CKS-NC]	924 Pinehurst Dr. Chapel Hill, NC 27517	Sarah Chaires	(919) 593-4974	swim@clubkickstart.org	1372/50Q 10-20-21
East Carolina Aquatics [ECA-NC]	2865 Charles Blvd Greenville, NC 27858	Casey Charles	(252) 341-1044	ecacoachcasey@gmail.com	50030/100Q 11-07-19
Infinity Aquatic Club [EAC-NC]	718 N. Chestnut Street Winston-Salem, NC 27101	Tim Hillen	(336) 782-4282	thillen@infinityfit.com	975030/100Q 11-13-19
Fort Bragg Fighting Fish [FISH-NC]	4-1341 Normandy Dr. Fort Bragg, 28310	Kate LaDelle	(910) 908-0004	fortbraggswimming@gmail.com	176/150 03-09-23
Gaston Gators [GG-NC]	PO Box 550011 Gastonia, NC 28055	Greg Armstrong	(704) 678-1562	ggswimcoach@aol.com ggswimcoach@gmail.com	5103/100Q 12-04-19
Granite Falls Makos [GFSC-NC]	800 Granite Falls Blvd. Rolesville, NC 27571	Brittni Doyle	(518) 810-2319	makosminute@gmail.com bndoyle1@gmail.com	1021/100Q 12-19-19
Greensboro Community YMCA [GCY-NC]	501 W. Market Street Greensboro, NC 27401	Scott Bowser	(336) 858-6844 (336) 478-9631	coachscottbowser@gmail.com scott.bowser@ymcagreensboro.org	149701/40 11-28-22
Helios [HELI-NC]	919 Westmere Ave. Charlotte, NC 28208	Stewart Isaacs	(859) 351-6653	stewart@heliosswim.org	1020/40 03-03-23
High Point Swim Club [HPSC-NC]	PO Box 5815 High Point, NC 27262	Aaron Reeves	(336) 887-4710 (336) 253-3737		975061/50Q
Hillsborough Aquatic Club [HAC-NC]	101 Meadowlands Drive Hillsborough, NC 27278	Mark Franz	(919) 632-1583	mfranz@oc-sportsplex.com	57073/150 02/14/23
Lifetime North Carolina [LT-NC]	11220 Golf Links Drive Charlotte, NC 28277	Terry Fritch	(704) 579-7026	tfritch@lt.life	101/40 12-01-22
Marlins of Raleigh [MOR-NC]	4904 Waters Edge Dr. Suite #295 Raleigh, NC 27606	Paul Silver	(919) 851-3000 (919) 749-1903	morsilver@bellsouth.net	4620/100Q 11-30-19
Mars Hill Aquatic Club [MHAC-NC]	3 Thistlewood Ct Weaverville, NC 28787	Tiffany Dorsey	(828) 273-3879	mhacswimming@gmail.com	1228/40 12-01-22
Mecklenburg Swim Assoc. [MSA-NC]	3928 Pemberton Dr. Charlotte, NC 28210	Peter Perers	(704) 620-2439 (704) 543-8225	headcoach@msaswim.com	1183/100Q 11-19-19
New South Swimming [NSS-NC]	8508 Park Rd. #238 Charlotte, NC 28210	Cara Maxwell	(704) 519-9267	nsscoachcm@gmail.com	2455/150 03-07-23
New Wave Swim Team [WAVE-NC]	PO Box 18012 Raleigh, NC 27619	Jon Roy	(919) 981-0644 (919) 906-7946	coachjohn@bellsouth.net	5090/50Q 10-12-21
North Carolina Aquatic Club [NCAC-NC]	PO Box 1138 Carrboro, NC 27510	Steve Brown	(941) 343-7466	Coachbrown7193@gmail.com	12986/100Q 11-22-19
NSEA Swim Club [NSEA-NC]	PO Box 7261 Wilmington, NC 28406	JP Merchant	(910) 338-6670	JP@nseaswim.com	2251/50Q 12-23-21
O'Neal Pelagics, The [NEAL-NC]	3300 Airport Rd. Southern Pines, NC 28387	Jen Schmitz	(910) 494-2430	jschmitz@onealschool.org	36023/150Q 03-04-21
Piedmont Aquatic Club [PAC-NC]	459 Welch Rd. Mt. Airy, NC 27030	Leah Tunstall	(336) 368-2012 (336) 429-8209	Swim4pac@gmail.com	1218/150Q 03-01-21
Queen City Dolphins [QCD-NC]	11429 Coreopsis Road Charlotte, NC 28213	Rodney Sellars	(980) 900-8537	sellarsrl@aol.com	10970/50Q
Raleigh Swimming Assoc. [RSA-NC]	1013 Jones Franklin Rd. Raleigh, NC 27606	Brent St. Pierre	(919) 859-4881	Brent.stpierre@swimrsa.org	3360/100Q 12-31-19
Rocky Mount Family YMCA [RMY-NC]	1000 Independence Drive Rocky Mount, NC 27804	Yvonne Wilkins	(252) 469-4701 (252) 972-9622	rmycoachyvonne@gmail.com	42149/50Q 10-14-21
Sailfish Aquatics [SAIL-NC]	349-L Copperfield Blvd #243 Concord, NC 28025	Jon Matchette	(704) 360-0604	Coachjon@sailfishaquatics.org	1673/150 02-11-23
Sharks Aquatic Club [SAC-NC]	802 Meadowbrook Rd Kings Mountain, NC 28086	Steve Romito	(704) 562-0457	Smromito1@gmail.com	1700/150Q 02-25-21
Smoky Mountain Aquatic Club [SMAC-NC]	550 Vance Street Waynesville, NC 28786	Dan McGuire	(202) 313-2783	smacwnc@gmail.com	1018/75Q 12-21-20

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NORTH CAROLINA LSC

STAR Aquatics [STAR-NC]	PO Box 16311 High Point, NC 27261	Jay Dodson	(336) 337-0169 (336) 547-8155	jay@staraquatics.net	7427/100Q 12-30-19
Swim Fanatics Swim Club [SFSC]	307 Turnstone Trail Greensboro, NC 27455	Sasha Kuzngzov	(607) 742-8056	sfsccoachsasha@hotmail.com	1338/150 03-01-23
SwimGSA [SGSA-NC]	PO Box 10085 Greensboro, NC 27404		(336) 508-5393		3902/100Q 12-31-19
SwimMAC Carolina [MAC-NC]	9850 Providence Rd. Charlotte, NC 28277	Chuck Batchelor	(704) 846-5335 (319) 333-8030		42535/75Q 01-07-21
Swim Tribe [ST-NC]	3113 Kings Ct. Apt A Raleigh, NC 27606	Gerard Woody	(717) 781-7348	swimtribe@gmail.com	1043/75Q 01-28-21
Team Charlotte [TEAM-NC]	PO Box 31094 Charlotte, NC 28231	Scott Olson	(618) 713-3410 (978) 836-9062	coachscott@teamcharlotteswim.com coachkristina@teamcharlotteswim.com	1207/100Q 12-30-19
Tidal Wave Aquatics [TWA]	107 Windmill Rd. Salisbury, NC 28144	Michael Sever	(401) 439-1441	vmsever@gmail.com masever15@catawba.edu	645/150Q 02-26-21
Triangle Aquatic Center [TAC-NC]	275 Convention Dr Cary, NC 27511	Bruce Marchionda	(919) 238-4857 (919) 459-4045	coachbruce@tactitans.org	23036/40 11-21-22
Watauga Swim Team [WST-NC]	PO Box 2506 Boone, NC 28607	Adaira Brewer	(919) 389-4234	adairacbrewer@gmail.com	2334/50Q 10-12-21
Waves of Wilmington [WOW-NC]	PO Box 16554 Wilmington, NC 28408	David Sokolofsky	(910) 233-3389	davidsokolofsky@yahoo.com	5595/100Q 11-18-19
YMCA of Northwest NC Riptide [TYDE-NC]	775 West End Blvd Winston-Salem, NC 27103	Bob Jennings	(336) 721-2100 (336) 413-5822	coachbob@swimtyde.org	317337/75Q 03-11-21
YMCA of the Triangle Area [YOTA-NC]	801 Corporate Center Dr. Suite 200 Raleigh, NC 27607	Jamie Bloom	(919) 582-9302 (413) 335-4764	Jamie.bloom@ymcatriangle.org	381281/100Q 11-14-19
Wolfpack Elite [WOLF]	3008 Red Grape Drive Raleigh, NC 27607	Braden Holloway	(919) 609-5459	Bchollo2@ncsu.edu	1067/100Q 11-12-19
XCELL Aquatics [XA-NC]	1045 Carswell St SW Valdese, NC 28690	Linda Kidd	(828) 874-0847	kiddswimming@yahoo.com	1705/100Q 12-31-19

KENTUCKY LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Central Kentucky Aquatic Team [CKA-KY]	PO Box 1666 Russell Springs, KY 42642	Sam Gaddie	(901) 484-3859 (859) 516-1214	Ckaquatics.headcoach@gmail.com	897/40 12-10-22
Commonwealth Swim Club [CSC-KY]	336 E Walnut St. Danville, KY 40422	Tasha Singleton	(859) 893-2733	coachtasha@gmail.com	1328/150Q 02-15-21
Lakeside Swim Team [LAK]	1928 Woodbourne Ave. Louisville, KY 40205	Mike DeBoor	(502) 807-5941 (502) 451-4333	Deboor@lakesideseahawks.org	8907/75Q 12-29-20
Lexington Dolphins [LEXD-KY]	PO Box 23231 Lexington, KY 40523	Dave Doolin	(859) 621-8967	coachdave@lexingtondolphins.org ddoolin@transy.edu	414/150 02/06/23
Race Aquatics [RACE-KY]	PO Box 51614 Bowling Green, KY 42102	Mike Ballard	(270) 320-3360	headcoach@raceaquatics.org coach@raceaquatics.org	5436/150 03-08-23
Race Pace Club [RPC-KY]	11802 Ridge Road Louisville, KY 40223	Kenny Smith	(502) 773-7805	ksmithmd@hotmail.com	6839/150Q 02-25-21
Southern Kentucky Swim Club [SKY-KY]	PO BOX 86 Bowling Green, KY 42102	Dee Wilkins	(270) 746-2300 (270) 779-3658	deewilk@twc.com	2557/150 02-28-23
Swimchester Sailfish [SWSF-KY]	2810 Tillybrook Ct Lexington, KY 40511	Kevin Ryan	(513) 780-4866	coachkevinswsf@gm.com	1822/150 03-14-23
Triton Swimming [TS-KY]	9300 Blairwood Road Louisville, KY 40222	Michael Essig	(502) 552-0617	Tritoncoachmike@gmail.com	5628/50Q

2023 Eastern Section of the Southern Zone (ESSZ)-Club Members

[\[ESSZ Memberships valid through December 31, 2023\]](#)

For membership information: 919-851-3000 or 01silversurfer@bellsouth.net – Jonathan Watson, Treasurer

MISSISSIPPI LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Biloxi Elite Swim Team [BEST]	1384 Father Ryan Ave. Biloxi, MS 39530	Jamie Lee	(228) 435-6205 (228) 860-3795	Jlee283@cableone.net jlee@biloxi.ms.us	202/100Q 11-07-19
Mississippi Makos Swim Team [MMST]	PO Box 16331 Jackson, MS 39236	Eddie Ware	(601) 209-3193	mississippimakos@gmail.com edware1@hotmail.com	2498/100Q 11-07-19
Shockwave Aquatics [SWAT-MS]	PO Box 3423 Tupelo, MS 38803	Lucas Smith/ Barbara Aguirre	(662) 213-4457 (662) 401-7550	lsmith@tupeloschools.com aguirre.barbara@gmail.com	2065/75Q 12-28-20
Vicksburg Swim Association [VSAI]	PO Box 820214 Vicksburg, MS 39182	Frank Rapin	(601) 618-7397 (769) 203-1705	frapin@live.com vsaathlete@gmail.com	2159/100Q 12-13-19
YMCA Hub Fins [YHF-MS]	3719 Veterans Memorial Dr. Hattiesburg, MS 39401	Addy Panzram	(601) 550-3695 (601) 583-4000	yhubfins@ymcasems.org yhubfins@gmail.com	51201/50Q 12-20-21

WEST VIRGINIA LSC

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
Club Mountaineer [CM-WV]	218 Poplar Dr. Morgantown, WV 26505	Renee Riggs	(304) 841-4391 (304) 598-0013	reneecriggs@gmail.com	1230/150 02-15-23

ASSOCIATE CLUB MEMBERS

Club	Address	Coach	Phone Number	E-Mail Address	Check/Amt
South Louisiana Swim Team [SLST-LA]	PO Box 231217 New Orleans, LA 70183	Kier Braendel	(504) 256-6554 (504) 473-7979*	Slst.seahorses@gmail.com	3354/50Q 11-29-21

UNATTACHED MEMBERS

Athlete	Address	Coach	Phone Number	E-Mail Address	Check/Amt

WEBSITE FOR THE EASTERN SECTION OF THE SOUTHERN ZONE (ESSZ) – www.teamunify.com/essz