



**THE CLASSIC
JEWISH COMMUNITY CENTER SAILFISH
MAY 16-18, 2025**

*This meet is held under the Sanction of USA Swimming and Allegheny Mountain Swimming, # AM-051625-01
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

Meet Information			
Facility	HENRY KAUFMAN FAMILY RECREATION CENTER, 261 ROSECREST DRIVE, MONROEVILLE, PA 15146		
Facility Description	8 lane, 50 meter competition pool with Daktronics or Colorado timing system The depth of the water at the start end of the pool is 12 feet and at the turn end of the pool is 3.5 feet.		
Pool Certification	The competition course has not been certified in accordance with Article 104.2.2C (4)		
Entries Open	Tuesday, April 29, 2025 @ 10:00pm	Entries Close	Friday, May 9, 2025 @ 10:00pm
Supplemental Entries	None		
Entry Fees	Individual - \$7.00; Relays - None	Swimmer Surcharge	\$10.00
Event Limit	Four (4) Individual Events per day (excluding relays).		
Meet Director	Rebecca Nugent	Phone:	E-Mail: meetdirector.jccs@gmail.com
Meet Entry Chair	Cynthia Meyer		E-Mail Entries to: jccs-entries@amswim.org
Mail Entry Fees to:	Cynthia Meyer, 5731 Woodmont Street, Pittsburgh, PA 15217		Checks Payable to: JCCS
	Payments shall be made for the entries to the host prior to the start of the meet. No refunds will be given, except for mandatory scratch down of events		
Operational Risk Director	Cindy DiNunzio	Phone:	E-MAIL:
Officials Contact	Donna Beyerl	Phone: 412-977-7036	E-MAIL: donnabeyerl@gmail.com
Referee	Donna Beyerl	Phone: 412-977-7036	E-MAIL: donnabeyerl@gmail.com
Administrative Official	Cynthia Meyer	Phone:	E-MAIL:
Awards	Individual – Medals 1st - 3rd Place and Ribbons 4th - 8th Place for 12 & Unders Relays – None	Scoring	This meet will not be scored.
Session	Warm-Up Times – (Times listed below may be modified based upon entries)		Meet Start Time
Friday Session	4:30PM - 5:25PM		5:30pm
Saturday Session	11:00 AM - 12:00 PM		12:05pm
Sunday Session	11:00 AM - 12:00 PM		12:05pm
Events	This meet will be conducted in accordance with the attached schedule of events, and if applicable, per the Qualifying Times stated. Events will be TIMED FINALS for all events. Fly-over starts WILL be used.		
Relays	None		
Deck Entries	Deck entries are accepted on a standby basis only for any non-LSC Championship meet. An athlete may be deck entered into an event provided that: they are a USA Swimming registered athlete, they or their club are already entered into the meet, they have not exceeded the maximum entry limit for the day/meet, their time for said event is within the qualifying times for the meet, and additional heats are not added. Deck entries cost \$10.00, inclusive of a deck entry surcharge but in addition to any meet-specific surcharges, and close 30 minutes prior to the start of the session. Refer to AMS Operating Procedures for procedure.		
Seeding	DECK SEEDED - Event seeding will be done in accordance with USA Swimming Rule 207.11.7B. The meet will be <u>deck</u> seeded. Upon coach sign in, a scratch packet will be provided for swimmers that will be scratching from an event or from the session. Scratches will be due 35 minutes prior to the start of the session. Individual events that are 400 yards/meters or longer will be swum alternating girls' and boys' heats, seeded fastest to slowest. Any swimmer not scratched from an event will be entered into the meet. Failure to scratch prior to seeding and failure to swim the event will result in the swimmer being barred from their next individual event or relay, unless if the Referee or Administrative Official is notified of a DFS prior to the start of the race.		
Proof of Times	"NT" (No Time) entries are not accepted Proof of Times is not required for this meet. If Proof of Times is Required, all entry times must be proven through the National SWIMS Database. Times not in SWIMS must be proven 30 minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed meet. See Allegheny Mountain Swimming Policy II.4.0.B.4.		

Meet Duration	For sessions with 12&U events, the USA Swimming rule 205.3.1F governs meet duration. Meet session duration may also be subjected to any facility restrictions. Events may be combined to control the length of the meet. Events 400 yards/meters or longer may be limited to the fastest 5 heats per event.
Swimmer Eligibility	<p>All swimmers must be registered athletes of USA Swimming as provided in Article 302. Age as of the first day of the meet shall determine the swimmer's age for the entire meet. On-deck USA Swimming registration is not permitted.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>Swimmers must be under the direct supervision of a USA Swimming member coach at all times, including during warm-up and warm-down. Unattached swimmers and swimmers attending without a coach are responsible for securing a USA Swimming member coach to supervise them prior to the meet. It is recommended that swimmers include this information with their entries. Swimmers must inform the Meet/Deck Referee of their selected coach prior to the start of each session.</p> <p>Allegheny Mountain Swimming and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed in competition and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</p>
Deck Privileges	<p>Only authorized personnel may access the deck. All coaches, officials, and meet personnel must sign-in at the registration table and receive a wristband to be allowed into the pool area. Coaches and officials must show proof of their current, valid USA Swimming registration. USA Swimming Deck Pass is acceptable proof.</p> <p>Prior to entering the deck, unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them during warm-up, warm-down, before, during, and after the meet; the swimmer must notify the Referee of this coach prior to the start of the session. Additionally, these swimmers must register a contact person with the Meet Director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.</p> <p>Coaches and swimmers must remain a minimum of four (4) feet from the pool edge to allow officials to perform their assigned tasks. Coaches and Officials: only competing swimmers, officials and lap counters are permitted within four (4) feet of the pool edge both in the starting and turning areas.</p>
Warm-Up Policies	<p>Warm-up policies are strictly enforced by Meet Marshals and the Meet Referee. See AMS Policies & Procedures. These policies, along with the lane assignments, if applicable shall be posted on the wall at the start end of the pool and at the administrative table.</p> <ul style="list-style-type: none"> • <i>There will be specifically designated lanes during all warm-up sessions for 10 & under swimmers.</i> • <i>Warm-up and warm-down is reserved for meet participants only.</i> • <i>Swimmers will enter the pool feet first at the start end of the pool and shall be under the direct supervision of a certified coach.</i> • <i>No equipment in the competition pools during scheduled warm-ups. (Including but not limited to snorkels, kickboard, fins, or pull buoys.)</i> • <i>Designated lanes will be open for starts and one-way sprints during each warm-up session. The outside lanes will be open throughout warm-ups for continual warm-up.</i> <p>In sessions with distance events 400 yards/meters or longer, the outside lanes shall be reserved for pacing only. Additionally, there shall be a ten (10) minute break before the events when there is not a separate warm-up/warm down pool available or at the discretion of the Referee.</p> <p>In sessions with distance events (1000/800, 1650/1500) offered and at any championship formatted meet (prelims/finals), the outside lane or lanes shall be restricted to pace lanes only at the same time sprint lanes are opened. At any distance only meet or session (1000/800, 1650/1500), only one lane shall be opened for sprinting.</p> <p>Specific warm-up times for each club (if applicable) and/or changes to the warm-up schedule will be posted on the AMS Web Site no later than five (5) days prior to the start of the meet and e-mailed by Entry Chair.</p> <p>The Meet Director reserves the right to adjust warm-ups and start times based on the number of entries (prior to the meet) or the Meet Referee (day of the meet).</p>

Rules	<ul style="list-style-type: none"> • This meet will be governed by current USA Swimming Rules and Current AMS Operating Procedures. • The Meet/Deck Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet/Deck Referee has final judgment for any issues that arise that day during the meet. • Per USA Swimming Rule 202.4.9(I), Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms, • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Allegheny Mountain Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Only Allegheny Mountain Swimming BOD-approved on-deck photographers may take pictures or videos on deck. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes • Flash photography is not permitted at the start of any race • No glass containers are allowed in the meet venue. • Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. • The use and sale of any tobacco products are strictly prohibited in any part of the meet venue.
Minor Athlete Abuse Prevention Policy	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provision of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Meet Marshals	Meet Marshals have full authority through the Meet/Deck Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
Protests	<p>A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet/Deck Referee will act as a mediator</p> <p>A Meet Jury shall be identified and posted at the beginning of each session of the meet.</p>
Racing Start Certification	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <u>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</u>
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
COVID-19 Disclaimer	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the meet, you voluntarily assume all risks related to exposure to COVID-19.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p> <p>For more compliance to USA Swimming's Return to Competition sanctioning requirements, please visit: https://www.usaswimming.org/docs/default-source/governance/2020returntocompetitionlscsanctionreqsv2i-3.pdf</p>
Parental Access & Safe Sport Considerations for Athletes	<p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child.</p> <p>Allegheny Mountain Swimming and the Host teams encourage parents to volunteer during the swim meet to reduce the number of people in the facility</p>
Additional Facility Requirements	<p>In addition, the following general guidelines have been put in place to preserve the Henry Kaufman Community Center health and well-being:</p> <ul style="list-style-type: none"> • Signs will be posted throughout the facilities reminding all of safety responsibilities and requirements to remain welcome on campus

Locker Room Requirements	Anyone coming to compete must arrive and depart wearing their workout clothes including footwear. Changing and Showering on site will not be allowed. Locker rooms are for Restroom use ONLY
Directions & Other Information	SAFETY: ANY TENTS AND/OR CANOPYS MUST BE PROPERLY ANCHORED TO THE GROUND. The meet director, referee, meet marshals along with the pool owner or their representatives, have the authority to have such items removed, if in their opinion the item(s) present a safety problem to the swimmers and/or attendees. The area of concrete surrounding the pool deck will be for swimmers, coaches, officials and meet personnel that have checked in prior to the start of each session of the meet and are wearing a wrist band. Spectators are permitted within the gated pool area to watch their swimmers during the meet.

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Friday Session 1		
Girls		Boys
EVENT #		EVENT #
1	13 & Over 400 Individual Medley	2
3	11-12 400 Individual Medley	4
5	Open 400 Free	6

Swimmers with need to provide their own timers for the Friday night distance session only

Saturday Session 2		
Girls		Boys
EVENT #	EVENT	EVENT #
7	10 & Under 200 Free	8
9	11-12 200 Free	10
11	13-14 200 Free	12
13	15 & Over 200 Free	14
15	10 & Under 50 Back	16
17	11-12 50 Back	18
19	13-14 100 Back	20
21	15 & Over 100 Back	22
23	10 & Under 50 Fly	24
25	11-12 50 Fly	26
27	13-14 50 Fly	28
29	11 & Over 200 Fly	30
31	10 & Under 50 Free	32
33	11-12 50 Free	34
35	13-14 50 Free	36
37	15 & Over 50 Free	38
39	10 & Under 100 Breast	40
41	11-12 100 Breast	42
43	13-14 100 Breast	44
45	15 & Over 100 Breast	46

Sunday Session 3		
Girls		Boys
EVENT #	EVENT	EVENT #
47	11-12 100 Back	48
49	10 & Under 100 Back	50
51	13-14 50 Back	52
53	11 & Over 200 Back	54
55	10 & Under 50 Breast	56
57	11-12 50 Breast	58
59	13-14 50 Breast	60
61	15 & Over 200 I.M.	62
63	10 & Under 100 Fly	64
65	11-12 100 Fly	66
67	13-14 100 Fly	68
69	15 & Over 100 Fly	70
71	10 & Under 200 I.M.	72
73	11-12 200 I.M.	74
75	13-14 200 I.M.	76
77	11 & Over 200 Breast	78
79	10 & Under 100 Free	80
81	11-12 100 Free	82
83	13-14 100 Free	84
85	15 & Over 100 Free	86