



Cedar Crest Classic Invite 2025

SWIMMING AT PARKLAND HIGH SCHOOL NATATORIUM

2700 N Cedar Crest Blvd, Allentown, PA 18104

DIVING AT EMMAUS HIGH SCHOOL NATATORIUM

500 Macungie Ave, Emmaus, PA 18049

SWIMMING INFORMATION:

Date: Saturday, February 1, 2025

Time: Warmups will be from 8:40-10:30 with the meet starting at 10:30am. Each team will be assigned a 25 minute warm-up period with 4 lanes in the main pool. Please have your warm-up end with athletes getting out at the bulkhead end of the pool as the next warm-up session will start with the next team entering at the starting block end. The pool will be open from 10:20-10:30 for starts. The shallow end warm-up pool will be open throughout warm-ups as well as during the meet.

Teams: Emmaus, Muhlenberg, Southern Lehigh, Upper Dublin, LaSalle, Governor Mifflin, Williamsport, Allentown Central Catholic, Parkland and independent swimmers from Kutztown and Northwestern Lehigh

Entry Fee: \$250 per school which includes all girls and boys swimming entries. Checks are to be made payable to "PHS Swim & Dive Booster Club" and can be mailed to Allison McPeck, 2700 N. Cedar Crest Blvd., Allentown, PA 18104 or handed to her at the meet.

Spectator Admission: \$5

Refreshments: The PHS Booster Club will have a full snack bar with food and drinks in the hallway outside the upstairs seating area of the pool.

Officials: PIAA registered officials will be conducting this meet and this meet will be USA observed. If you have any USA swimmers that would like their times to count towards USA swimming, please make sure their USA ID number and their information is correct with your entries.

Events: We will swim the entire list of high school events in championship order, with the 200 freestyle relay after the 100 butterfly. We will take a short break before the 200 free relay and 400 free relay and a longer break after the 200 free relay.

Entry Information: A TM entry file will be sent right after the winter break for submission of team entries. Each team will be permitted to enter up to 3 relays in each of the 3 relay events. All other individual events will have a maximum of 4 entrants per school, with the exception of the 50 and 100 free, each team may enter up to 6 entrants for those two events. After everyone has submitted entries, we will open all empty lanes, in all events, to coaches on a first-request basis.

Please note that we may ask teams to provide volunteer timers.