

# Cumberland Valley SWIMMING Holiday Invite 2023 At CUMBERLAND VALLERY HIGH SCHOOL NATATORIUM

DATE: Wednesday, December 27, 2023

## INVITED TEAMS:

- Cumberland Valley
- Emmaus
- Chambersburg
- Souderton
- Boiling Springs
- Upper St Clair
- Hatboro-Horsham



TIMELINE: **Meet Start 12 noon**

## Warmups

- Boiling Springs 9:30am-9:50am
- Chambersburg: 9:50-10:10am
- Emmaus – 10:15am-10:35am
- Souderton – 10:40am-11am
- Hatboro-Horsham – 11:05am-11:25am
- Upper St. Clair – 11:30-11:50am

The 5-lane warm-up pool will always be open. Teams can use the entire 8 lane competition pool for their 20-minute warmup. 11:50-12 noon we will have the 8-lane competition course open for starts. During this time, we will have a captains meeting

**SPECTATOR ADMISSION:** Adults: \$5.00, senior citizens and students: \$2.00

**USA SWIMMING OBSERVED MEET:** Please list your USA Swimming ID numbers in your entry file as this meet will be USA Swimming observed and times will be submitted to USA Swimming

**OFFICIALS:** We will provide PIAA registered officials to conduct the meet. We may ask teams to provide a timer.



- 1 Women 200 Medley Relay
- 2 Men 200 Medley Relay
- 3 Women 200 Freestyle
- 4 Men 200 Freestyle
- 5 Women 200 IM
- 6 Men 200 IM
- 7 Women 50 Freestyle
- 8 Men 50 Freestyle
- 9 Women 100 Butterfly
- 10 Men 100 Butterfly
- 11 Women 200 Freestyle Relay
- 12 Men 200 Freestyle Relay
- 13 Women 100 Freestyle
- 14 Men 100 Freestyle
- 15 Women 500 Freestyle
- 16 Men 500 Freestyle
- 17 Women 100 Backstroke
- 18 Men 100 Backstroke
- 19 Women 100 Breaststroke
- 20 Men 100 Breaststroke
- 21 Women 400 Freestyle Relay
- 22 Men 400 Freestyle Relay

**EVENTS:** We will swim the entire list of high school events in championship order, with the 200 freestyle relay after the 100 butterfly. ***We will take short breaks before the 200 free relay and a longer break after the 200 free relay and prior to the 400 free relay***

**ENTRY RESTRICTIONS:** Each team may enter up to four relays in each of the 3 relay events and a maximum of four entrants per school in each individual event.

**AWARDS:** We will have custom awards for the event winner (4 for relays) of each of the 22 events

**ENTRY FEE :** \$200.00 per school which includes all girls and boys swimming and girls and boys diving entries. Checks are to be made payable to “**Cumberland Valley Swimming and Diving Boosters**”

**ENTRY INFORMATION:** entries are due no later than Friday, December 22, 2023. The meet entry file for team manager/team unify will be emailed to each head coach. Email your entry to [mike@cvswimdive.com](mailto:mike@cvswimdive.com)

**OTHER INFORMATION:**

1. Parking: We will have plenty of parking for cars and busses on campus
2. All students, coaches and spectators are expected to conduct themselves as respectful visitors to Cumberland Valley and its staff.
3. All swimmers must be always supervised by their coaches and inappropriate behavior will not be tolerated.
4. Teams should enter CV High School through the front doors of Eagle Lobby by the tennis courts.
5. There is no postponement date. Meet will go on unless weather is extremely bad, and a call will be made and posted by 5:00 AM in the event we must cancel.

