

**Middle Atlantic Resident Records  
LCM-Male**

<b>Name(s)</b>	<b>Team</b>	<b>Meet</b>	<b>Event</b>	<b>Time</b>	<b>Swim Date</b>
Destin Lasco	Atlantic City Aquatic Club	2012 MA JW Summer Solstice	50 FR LCM	29.3	6/22/2012
Rory Connell	Swim Quest Swim Club	Unknown	100 FR LCM	1:03.14	Unknown
Rory Connell	Swim Quest Swim Club	Unknown	200 FR LCM	2:16.45	Unknown
Destin Lasco	Atlantic City Aquatic Club	2012 MA NLAC Middle Atlantic Junior Olympics	400 FR LCM	4:52.12	7/26/2012
Matthew Boehme	Unattached	2015 MA DSC Summer Storm	800 FR LCM	10:12.00	6/12/2015
Ivan Puskovitch	Shockwaves Aquatic Club	2011 MA LAC Speedo Classic	1500 FR LCM	21:01.44	7/8/2011
Destin Lasco	Atlantic City Aquatic Club	2012 MA NLAC Middle Atlantic Junior Olympics	50 BK LCM	32.11	7/26/2012
Destin Lasco	Atlantic City Aquatic Club	2012 MA GPAC Long Course Derby	100 BK LCM	1:09.89	5/5/2012
Jonah Rees	York YMCA	2017 MD NBAC Long Course Champion	200 BK LCM	2:46.50	6/10/2017
Atiba Wade	PDR	Unknown	50 BR LCM	36.30	Unknown
Atiba Wade	PDR	Unknown	100 BR LCM	1:22.37	Unknown
Francesco D'Avella	Unattached	2014 NJS SVY July Independence Invitat	200 BR LCM	3:02.76	7/3/2014
Feliks Filimonov	BeFirst Swim Team	2022 MA KA Memorial Day Classic	50 FL LCM	31.27	6/4/2022
Andrew Abruzzo	Penn Charter Aquatic Club	2010 MA NLAC Junior Olympics	100 FL LCM	1:10.93	7/29/2010
Feliks Filimonov	BeFirst Swim Team	2022 MA KA Firecracker Classic	200 FL LCM	2:51.12	7/2/2022
Rory Connell	Swim Quest Swim Club	Unknown	200 IM LCM	2:34.40	Unknown
Woobie Kupsky	Pocono Family YMCA	2016 MA PAAC Firecracker Meet	400 IM LCM	5:33.56	7/8/2016
Alexey Zaitsev, Yan Trashkou, Matthew Eyzips, Feliks Filimonov	BeFirst Swim Team	2022 MA LCM JOs	200 FR-R LCM	2:11.18	7/23/2022
Alexey Zaitsev, Yan Trashkou, Matthew Eyzips, Feliks Filimonov	BeFirst Swim Team	2022 MA LCM JOs	400 FR-R LCM	4:49.95	7/24/2022
Chris Bagley, Atiba Wade, Jamil McEnnis, Danladi Fletcher	PDR	Unknown	200 MED-R LCM	2:25.24	Unknown
Kevin Lewke, Justin Hausler, Sean Santos, Bradford Poole	Delaware Swim Team	2013 AM Long Course Junior Oly	400 MED-R LCM	5:46.32	7/26/2013
Destin Lasco	Pleasantville Aquatics	2014 MA GPAC Middle Atlantic LC Junior Olympics	50 FR LCM	25.91	7/24/2014
Destin Lasco	Pleasantville Aquatics	2014 VA Eastern Zone LC Champi	100 FR LCM	55.04	8/6/2014

Destin Lasco	Pleasantville Aquatics	2014 VA Eastern Zone LC Champi	200 FR LCM	2:02.93	8/6/2014
Ivan Puskovitch	Shockwaves Aquatic Club	2013 Eastern Zone Long Course	400 FR LCM	4:23.40	8/7/2013
Ivan Puskovitch	Shockwaves Aquatic Club	2013 MA LC Sr Champs	800 FR LCM	9:05.65	7/17/2013
Ivan Puskovitch	Shockwaves Aquatic Club	2013 MA LC Sr Champs	1500 FR LCM	17:13.03	7/17/2013
Destin Lasco	Pleasantville Aquatics	2014 VA Eastern Zone LC Champi	50 BK LCM	28.52	8/6/2014
Destin Lasco	Pleasantville Aquatics	2014 MA GPAC Middle Atlantic LC Junior Olympics	100 BK LCM	1:00.52	7/24/2014
Destin Lasco	Pleasantville Aquatics	2014 VA Eastern Zone LC Champi	200 BK LCM	2:10.39	8/6/2014
Reece Whitley	Penn Charter Aquatic Club	2012 Eastern Zone Long Course	50 BR LCM	33.3	8/8/2012
Reece Whitley	Penn Charter Aquatic Club	2012 Eastern Zone Long Course	100 BR LCM	1:12.18	8/8/2012
Eric Degodny	North Penn Aquatic Club	2014 VA Eastern Zone LC Champi	200 BR LCM	2:37.70	8/6/2014
Alexander Chiu	Greater Philadelphia Aquatic Club	2014 VA Eastern Zone LC Champi	50 FL LCM	28.05	8/6/2014
Alex Karahalidis	Delaware Swim Team	2018 MD NBAC Long Course Champ	100 FL LCM	1:01.84	6/9/2018
Derek Estep	Keystone Aquatics	2019 Zone AG Champs - Richmond	200 FL LCM	2:19.79	8/7/2019
Destin Lasco	Pleasantville Aquatics	2014 VA Eastern Zone LC Champi	200 IM LCM	2:15.33	8/6/2014
Destin Lasco	Pleasantville Aquatics	2014 MA GPAC Middle Atlantic LC Junior Olympics	400 IM LCM	4:51.03	7/24/2014
Andrew Abruzzo, Connor Killion, Reece Whitley, Sam Grossi	Penn Charter Aquatic Club	2012 MD NBAC Long Course Champion	200 FR-R LCM	1:56.09	6/9/2012
Jude Winnington, Tyler Wilmore, Chase Bearley, Alex Karahalidis	Delaware Swim Team	2018 MD NBAC Long Course Champ	400 FR-R LCM	4:10.96	6/9/2018
Enrique Obregon, Tyler Christianson, Josh Fong, Mike Treglia	Jersey Wahoos	2014 MA GPAC Middle Atlantic LC Junior Olympics	200 MED-R LCM	2:07.69	7/25/2014
Alex Boratto, Reece Whitley, Andrew Abruzzo, Connor Killion	Penn Charter Aquatic Club	2012 MA Middle Atlantic Senior	400 MED-R LCM	4:22.44	7/18/2012
Marcus Papanikolaou	Unattached	2021 TYR 18&U Spring Cup Richmond	50 FR LCM	23.75	5/1/2021
Destin Lasco	Pleasantville Aquatics	2016 MA JW Summer Solstice	100 FR LCM	52.65	6/19/2016
Andrew Abruzzo	Germantown Academy Aquatic Club	2014 Summer Junior Nats	200 FR LCM	1:55.29	7/30/2014
Andrew Abruzzo	Germantown Academy Aquatic Club	2014 Summer Junior Nats	400 FR LCM	4:00.16	7/30/2014
Andrew Abruzzo	Germantown Academy Aquatic Club	2014 MA Long Course Senior Championship	800 FR LCM	8:15.84	7/16/2014
Andrew Abruzzo	Germantown Academy Aquatic Club	2014 Summer Junior Nats	1500 FR LCM	15:36.03	7/30/2014

Patrick McAllister	Parkland Aquatic Club	2013 MA NLAC Middle Atlantic Junior Olympics	50 BK LCM	27.05	7/28/2013
Destin Lasco	Pleasantville Aquatics	2016 U.S. Open	100 BK LCM	56.84	8/5/2016
Destin Lasco	Pleasantville Aquatics	2016 MA Middle Atlantic LC Senior Championship	200 BK LCM	2:03.28	7/16/2016
Logan Smith	Falcon Swim Club of the Lebanon	2018 PV AP LC Y Nationals	50 BR LCM	30.67	8/1/2018
Reece Whitley	Penn Charter Aquatic Club	2014 Summer Junior Nats	100 BR LCM	1:03.23	7/30/2014
Reece Whitley	Penn Charter Aquatic Club	2014 MA Long Course Senior Championship	200 BR LCM	2:16.48	7/16/2014
Billy Beard	Boyertown YMCA Navy Seals	2012 YMCA National Long Course	50 FL LCM	25.99	7/23/2012
Brendan Burns	Upper Main Line YMCA	2015 LC Y Nationals w TT	100 FL LCM	56.33	8/4/2015
Andrew Abruzzo	Germantown Academy Aquatic Club	2014 Summer Junior Nats	200 FL LCM	2:04.08	7/30/2014
Destin Lasco	Pleasantville Aquatics	2016 MA Middle Atlantic LC Senior Championship	200 IM LCM	2:09.16	7/16/2016
Brennan Morris	Big Cat Aquatics	2005 Summer Nationals	400 IM LCM	4:29.65	8/3/2005
Daniel Han, Connor Killion, Stuart Sumner, Jackson Green	Central Bucks Swim Team	2014 MA GPAC Middle Atlantic LC Junior Olympics	200 FR-R LCM	1:44.12	7/24/2014
Gavin Brooke, Jack Maketa, Sam Kohm, Jay Freeman	Germantown Academy Aquatic Club	2018 MA LAC Middle Atlantic Junior Olympics	400 FR-R LCM	3:47.69	7/21/2018
Brayden Todd, Roman Torres, Jomar Hidalgo, Ethan Spangler	York YMCA	2022 MD NBAC Mid-Summer Classic	800 FR-R LCM	8:37.90	7/7/2022
Schuyler Sices, Reece Whitley, Sam Grossi, Colin Reilly	Penn Charter Aquatic Club	2014 MA GPAC Middle Atlantic LC Junior Olympics	200 MED-R LCM	1:56.48	7/25/2014
Jack Maketa, Gavin Brooke, Sam Kohm, Jay Freeman	Germantown Academy Aquatic Club	2018 MA LAC Middle Atlantic Junior Olympics	400 MED-R LCM	4:12.32	7/22/2018
Destin Lasco	Pleasantville Aquatics	2018 Summer Nationals	50 FR LCM	23.06	7/29/2018
Destin Lasco	Pleasantville Aquatics	2018 Summer Nationals	100 FR LCM	49.4	7/25/2018
Henry McFadden	Jersey Wahoos	2022 Speedo Junior National Ch	200 FR LCM	1:48.27	8/4/2022
Andrew Abruzzo	Plymouth Whitmarsh Aquatics	2016 Jr Pan Pacific Champs	400 FR LCM	3:53.39	8/26/2016
Andrew Abruzzo	Plymouth Whitmarsh Aquatics	2016 Jr Pan Pacific Champs	800 FR LCM	7:59.76	8/27/2016
Arthur Frayler	Germantown Academy Aquatic Club	2010 Summer Nationals	1500 FR LCM	15:07.37	8/3/2010
Destin Lasco	Pleasantville Aquatics	2018 Summer Nationals	50 BK LCM	26.13	7/27/2018
Alex Boratto	Upper Dublin Aquatic Club	2016 Summer Junior Nats	100 BK LCM	55.51	8/11/2016
Tommy Janton	Western YMCA Wahoos	2020 TUSO - Time Trials - Rich	200 BK LCM	2:01.33	11/12/2020

Reece Whitley	Penn Charter Aquatic Club	2016 NCSA Spring Championship	50 BR LCM	28.28	3/17/2016
Reece Whitley	Penn Charter Aquatic Club	2016 Jr Pan Pacific Champs	100 BR LCM	1:00.95	8/25/2016
Reece Whitley	Penn Charter Aquatic Club	2015 Summer Nationals	200 BR LCM	2:11.30	8/10/2015
Brendan Burns	Upper Main Line YMCA	2017 NC AP LC Y Nationals	50 FL LCM	25.04	8/3/2017
David Nolan	Hershey Aquatic Club	2009 U. S. Open	100 FL LCM	54.16	8/4/2009
Henry McFadden	Jersey Wahoos	2022 Speedo Junior National Ch	200 FL LCM	1:59.05	8/1/2022
David Nolan	Hershey Aquatic Club	2009 U. S. Open	200 IM LCM	2:02.19	8/4/2009
Landon D'Ariano	Germantown Academy Aquatic Club	2022 IN NCSA Summer Swimming Championships2	400 IM LCM	4:21.00	7/28/2022
Jake Wang, Charlie Nenchev, Jacob Johnson, Can Yeniay	Suburban Seahawks Club	2022 IN NCSA Summer Swimming Championships	200 FR-R LCM	1:37.78	7/29/2022
Jake Sannem, Wyatt Amdor, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2014 Summer Junior Nats	400 FR-R LCM	3:29.18	7/30/2014
Charlie Nenchev, Jake Wang, Jacob Johnson, Can Yeniay	Suburban Seahawks Club	2022 MA Swimming Meet	200 MED-R LCM	1:46.36	7/9/2022
Charlie Nenchev, Jake Wang, Jacob Johnson, Can Yeniay	Suburban Seahawks Club	2022 IN NCSA Summer Swimming Championships2	400 MED-R LCM	3:54.73	7/31/2022
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	100 FR LCM	48.97	6/27/2023
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	200 FR LCM	1:46.94	6/28/2023
Brian Brennan, Cole Whitsett, Alex Boeckx, Matthew Magness	Suburban Seahawks Club	2019 NCSA Summer Champs	200 FR-R LCM	1:34.28	8/6/2019
Jake Sannem, Wyatt Amdor, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2015 Summer Junior Nats	400 FR-R LCM	3:25.27	7/31/2015
Jake Sannem, Chris Devlin, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2014 Summer Junior Nats	800 FR-R LCM	7:35.82	7/30/2014
Jake Sannem, Chris Devlin, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2014 Summer Junior Nats	800 FR-R LCM	7:35.82	8/1/2014
Zack Oswald, Jake Wang, Jacob Johnson, Charlie Nenchev	Suburban Seahawks Club	2023 IN NCSA Summer Swimming Championships	200 MED-R LCM	1:43.42	7/26/2023
Alex Boratto, Wyatt Amdor, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2015 Summer Junior Nats	400 MED-R LCM	3:44.83	8/3/2015
Chris Guiliano	TOPS Swimming	2020 Olympic Trials Wave I	50 FR LCM	22.65	6/7/2021
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	100 FR LCM	48.97	6/27/2023
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	200 FR LCM	1:46.94	6/28/2023
Andrew Abruzzo	Plymouth Whitemarsh Aquatics	2018 Summer Nationals	400 FR LCM	3:48.58	7/28/2018
Andrew Abruzzo	Plymouth Whitemarsh Aquatics	2018 Pro Series - Atlanta	800 FR LCM	7:54.51	3/1/2018

Arthur Frayler	Germantown Academy Aquatic Club	2012 Olympic Trials	1500 FR LCM	15:04.69	6/25/2012
Nic Graesser	Upper Main Line YMCA	2012 YMCA National Long Course	50 BK LCM	25.47	7/24/2012
Tommy Janton	Western YMCA Wahoos	2022 NC AP LC YMCA Nationals	100 BK LCM	54.9	7/22/2022
Alex Boratto	Upper Dublin Aquatic Club	2017 Summer Nationals	200 BK LCM	2:00.87	6/28/2017
Reece Whitley	Penn Charter Aquatic Club	2018 Summer Nationals	50 BR LCM	27.63	7/27/2018
Reece Whitley	Penn Charter Aquatic Club	2017 World JR Champs	100 BR LCM	1:00.08	8/24/2017
Reece Whitley	Penn Charter Aquatic Club	2017 World JR Champs	200 BR LCM	2:10.82	8/26/2017
Zachary Redding	Western YMCA Wahoos	2023 NC YMCA Long Course Nationals	50 FL LCM	24.62	7/28/2023
David Nolan	Hershey Aquatic Club	2010 Summer Nationals	100 FL LCM	53.05	8/3/2010
Mike Thomas	Unattached	2015 World JR Champs	200 FL LCM	1:57.61	8/30/2015
David Nolan	Hershey Aquatic Club	2010 Jr Pan Pacific Champs	200 IM LCM	2:00.61	8/29/2010
Brian Brennan, Cole Whitsett, Alex Boeckx, Matthew Magness	Suburban Seahawks Club	2019 NCSA Summer Champs	200 FR-R LCM	1:34.28	8/6/2019
Brian Brennan, Cole Whitsett, Alex Boeckx, Matthew Magness	Suburban Seahawks Club	2019 NCSA Summer Champs	400 FR-R LCM	3:27.26	8/8/2019
Zack Oswald, Jake Wang, Jacob Johnson, Charlie Nenchev	Suburban Seahawks Club	2023 IN NCSA Summer Swimming Championships	200 MED-R LCM	1:43.42	7/26/2023
Tommy Janton, Alek Elder, Alex Karahalidis, Liam Simmons	Western YMCA Wahoos	2022 NC AP LC YMCA Nationals	400 MED-R LCM	3:49.14	7/21/2022
Gabe Castano	Unattached	2021 CA Dolphin Fran Crippen SMOG	50 FR LCM	22.01	6/27/2021
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	100 FR LCM	48.97	6/27/2023
Henry McFadden	Jersey Wahoos	2023 Phillips 66 National Championships	200 FR LCM	1:46.94	6/28/2023
Andrew Abruzzo	Plymouth Whitmarsh Aquatics Plymouth	2018 Summer Nationals	400 FR LCM	3:48.58	7/28/2018
Andrew Abruzzo	Whitmarsh Aquatics	2020 Olympic Trials Wave II	800 FR LCM	7:57.03	6/16/2021
Andrew Gemmell	Delaware Swim Team	2012 Olympic Trials	1500 FR LCM	14:52.19	6/25/2012
Shane Ryan	Penn State University	2013 Summer Nationals	50 BK LCM	24.89	6/25/2013
Shane Ryan	Penn State University	2013 Summer Nationals	100 BK LCM	53.84	6/25/2013
Patrick Schirk	Unattached	2009 WUGS	200 BK LCM	1:57.05	7/5/2009
Brendan McHugh	Greater Philadelphia Aquatic Club	2014 Summer Nationals	50 BR LCM	27.1	8/6/2014

Reece Whitley	Penn Charter Aquatic Club	2017 World JR Champs	100 BR LCM	1:00.08	8/24/2017
Reece Whitley	Penn Charter Aquatic Club	2017 World JR Champs	200 BR LCM	2:10.82	8/26/2017
Shane Ryan	Unattached	2014 Summer Nationals	50 FL LCM	24.3	8/6/2014
David Nolan	Hershey Aquatic Club	2010 Summer Nationals	100 FL LCM	53.05	8/3/2010
Mike Thomas	Unattached	2015 World JR Champs	200 FL LCM	1:57.61	8/30/2015
Ian Clark	Suburban Seahawks Club	2009 U. S. Open Time Trials	200 IM LCM	2:00.59	8/4/2009
Andrew Gemmell	Delaware Swim Team	2012 Olympic Trials	400 IM LCM	4:16.07	6/25/2012
Brian Brennan, Cole Whitsett, Alex Boeckx, Matthew Magness	Suburban Seahawks Club	2019 NCSA Summer Champs	200 FR-R LCM	1:34.28	8/6/2019
Jake Sannem, Wyatt Amdor, Mike Thomas, Michael Jensen	Upper Dublin Aquatic Club	2015 Summer Junior Nats	400 FR-R LCM	3:25.27	7/31/2015
Matt Belecanech, Brad Pottieger, Mark Neiman, Ryan Belecanech	Jersey Wahoos	2009 U. S. Open	800 FR-R LCM	7:31.86	8/6/2009
Zack Oswald, Jake Wang, Jacob Johnson, Charlie Nenehev	Suburban Seahawks Club	2023 IN NCSA Summer Swimming Championships	200 MED-R LCM	1:43.42	7/26/2023
John Johnson, Timmy Hayes, Aaron Mahaney, Steve Martucci	Atlantis Aquatic Club	2004 MA JW SUMMER SOLSTICE	400 MED-R LCM	3:34.91	6/18/2004

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