



USASWIMMING
REQUEST FOR OBSERVATION—
SEASON CULMINATING CHAMPIONSHIP MEET



Form B

Requests for observers for certification of times from championship meets must be made on Local Swim Committee on - Form B to the host LSC in accordance with LSC procedures at least 30 days prior to the meet. A list of all LSC observed meets for the current swim year shall be posted on the LSC website. Acceptance of verification requests from the meet is subject to proof that conditions at the meet were in conformance with the required procedures and pertinent USA Swimming Rules and Regulations.

Name of Meet: _____ Name of Facility: _____

Date(s) of Meet: _____ Meet Director: _____

Name of person filing this request: _____ Phone: _____

Email address: _____

Is this meet on the regular, published calendar? ☐ Yes ☐ No

Type of Meet: ☐ High School ☐ Masters ☐ Other

Course: ☐ Long Course Meters ☐ Short Course Yards ☐ Short Course Meters

Approx. number of teams participating _____ Approx. number of swimmers participating _____

- ☐ Timing systems will conform to the conditions specified in 102.24 USA Swimming Rules & Regulations.
- ☐ The number of Association officials must meet the minimum requirements. There must be a referee, starter and two stroke and turn officials as provided in Article 102.10 – USA Swimming Rules & Regulations. A minimum of two additional USA Swimming Certified stroke & turn officials shall be assigned as observers for the purpose of verifying conformance with USA Swimming technical rules. Observers shall be permitted access to the pool deck. If at least two of the association meet officials are dually certified by USA Swimming, additional observers are not necessary. Where the technical rules listed in Article 101 are the same as the host organization, the judgment of the organization officials shall be sufficient.
- ☐ USA-S disqualifications from observed meets shall be reported to the LSC NTV Officer
- ☐ The meet referee, or LSC designee, will provide swimmers and coaches with information about the observation program and the procedures to be used to request observation. Requests may be submitted prior to the swim for which observation is desired, or all swims may be observed.
- ☐ A copy of the meet information is attached.
- ☐ The reason & explanation for this request is attached.

Names and phone numbers of USA Swimming officials who will serve as observers at this meet or the dually certified officials:

1) _____ 2) _____

3) _____ 4) _____

Name of Meet Referee _____ Email _____

This form must be submitted and accepted by the LSC NTV Official

Accepted by:

LSC NTV Official

Date: _____

This completed form and an electronic copy of the meet information must be sent at least 30 days prior to the event to the Middle Atlantic Director of Competition (MikeSeip@maswim.org) for review.

CENTRAL LEAGUE SWIMMING AND DIVING



2025 SWIMMING CHAMPIONSHIPS

FRIDAY, FEBRUARY 7TH & SATURDAY, FEBRUARY 8TH

RIDLEY HIGH SCHOOL

Entries: Due to Tom Robinson (ctrobinson1@verizon.net) by **10:00 PM, January 25, 2025**
 *TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

MEET SCHEDULE

FRIDAY, FEBRUARY 7, 2025

SESSION 1: GIRLS

2:00 PM // Warm-Up

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
2:00 – 2:25 PM						
2:25 – 2:50 PM						
2:50 – 3:15 PM						
3:15 – 3:25 PM	ONE-WAY SPRINTS					

3:30 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Break / Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly
- **10:00 Break**
- 200 Freestyle Relay
- Awards
 - Central League Sportsmanship Award
 - 50 Free, 100 Fly, 200 Free Relay

Spectator Admission: \$5.00

FRIDAY, FEBRUARY 7, 2025

SESSION 2: BOYS

6:00 PM // Warm-Up

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00 – 6:25 PM						
6:25 – 6:50 PM						
6:50 – 7:15 PM						
7:15 – 7:25 PM	ONE-WAY SPRINTS					

7:30 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Break / Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly
- **10:00 Break**
- 200 Freestyle Relay
- Awards
 - Central League Sportsmanship Award
 - 50 Free, 100 Fly, 200 Free Relay

Spectator Admission: \$5.00

SATURDAY, FEBRUARY 8, 2025

SESSION 1: GIRLS

12:00 PM // Warm-Up

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
12:00 – 12:25 PM						
12:25 – 12:50 PM						
12:50 – 1:15 PM						
1:15 – 1:25 PM	ONE-WAY SPRINTS					

1:30 PM // Competition Start Time

- Central League Senior Recognition
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay
 - League Champions

Spectator Admission: \$5.00

SATURDAY, FEBRUARY 8, 2025

SESSION 2: BOYS

4:30 PM // Warm-Up

TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
4:30 – 4:55 PM						
4:55 – 5:20 PM						
5:20 – 5:45 PM						
5:45 – 5:55 PM	ONE-WAY SPRINTS					

6:00 PM // Competition Start Time

- Central League Senior Recognition
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay
 - League Champions

Spectator Admission: \$5.00

CENTRAL LEAGUE SWIMMING AND DIVING



INDIVIDUAL ENTRY GUIDELINES

- All schools are entitled to two (2) entries per event, regardless of the swimmer/diver meeting the qualifying time/score
- If a school's number of entries for an event exceeds their entitled two (2) events, all entrants must have the qualifying time/ score; each school is permitted an unlimited number of participants in an event provided each entrant meets the qualifying time/score
- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers/divers can do a maximum of two (2) individual events
- If a swimmer qualifies for Central League Champs in an individual event, **they cannot swim at the Silver Meet**
- No event shall exceed 60 total entries; if an event has more than 60 entries, only the Top 60 times shall qualify for the event
- If a swimmer qualifies for Centrals in only one (1) individual event during the regular dual meet season, he/she can enter a 2nd bonus event at Centrals (regardless of having a qualifying time in that event)
- Swimmers/divers who have multiple qualifying times can only enter events for which they have a qualifying time/score
- Coaches need to enter the divers who will compete in Centrals in their entry file (Event #12)

RELAY ENTRY GUIDELINES

- There are no qualifying times for relays
- All teams can enter a maximum of two (2) relays per relay event
- **Silver Meet** swimmers *can* swim relays **ONLY** at Centrals
- Entry times for "A" Relays should be your team's BEST time from the season (do not use a composite time unless you are entering a relay **slower** than your season's best time)
- All "B" Relays must have an entry time; coaches need to use their best judgement if compiling a "composite" time that would reflect the four swimmers who will compete in the relay
- Relay cards must be submitted prior the start of Heat 1 of the Relay Event (if they are different than what is listed in the program)

SENIOR EXEMPTIONS FOR CENTRAL LEAGUE CHAMPIONSHIPS

- If a senior member of a team does not have a qualifying time for Central League Champs, coaches can enter that senior member into one (1) of the following:
 - Two (2) individual events at the Silver Meet
 - OR**
 - One (1) individual event at the Central League Championship Meet

SCORING FOR CENTRAL LEAGUE CHAMPIONSHIPS

- A maximum of four (4) swimmers/divers per school can score in an individual event
- The Top Sixteen (16) finishers in each event, including relays, will score in the meet
- Scoring for Relay events will be as follows: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
- Scoring for Individual events will be as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
- The Top Eight (8) finishers in each event will be recognized with a certificate from the Central League
- The Central League will compile the following two scores to determine the overall league championship and final team rankings for the season:
 - 20 points per dual meet victory during the season
 - Central League Championship Meet Score



2025 CENTRAL ATHLETIC LEAGUE CHAMPIONSHIPS

REASON / EXPLANATION FOR THIS REQUEST

The reason for the request for USA-Observance for the 2025 Central Athletic League Swimming Championships is to give our student-athletes a chance to have their season-ending meet times observed for entry into the SWIMS database. Our student-athletes work hard to achieve these times, and we as a league hope to provide our swimmers a chance to have their times observed for USA Swimming.

Our championships have a highly competitive atmosphere, and our student-athletes have greatly appreciated the chance to have their times observed for USA Swimming in the past at this meet.