

JOHN DEBARBADILLO INVITE  
FEBRUARY 2-4, 2024

MEET HOST	YORK Y - YY		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 2493 CI <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	BRIAN GUNN	E-MAIL: bgunn@accomhs.com	PHONE: 717-676-1335
LOCATION	<b>Pool name</b> GRAHAM AQUATIC CENTER	<b>Street address</b>	<b>City, state and zip</b> <b>Day of meet ONLY</b> <b>emergency phone</b>
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Daktronic timing system with a 8 line scoreboard and 8 lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 400 and spectator seating for 750. Parking yes Hospitality yes Snack bar yes		
POOL CERTIFICATION	The competition course <input checked="" type="checkbox"/> has <input type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 6 feet and at the turn end is 5 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	SEPTEMBER 10, 2022		
ENTRY DEADLINE	JANUARY 18, 2023      at 11:59 PM		
ENTRY FEES	Individual Events: <b>\$10.00</b>	Relay Events: <b>\$20.00</b>	
ENTRY LIMITs	5 Individual Events per day (excluding relays).	Relays per day	<b>MEET ENTRY LIMIT: 11</b>
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to INVITED USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration (athletes only) <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be accepted at this meet.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> <li>• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>• Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded last. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>• Entries must be submitted electronically in a format compatible with Hy-Tek meet management software.</li> <li>• All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>• Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li>• <b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by February 3, 2023. Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
MEET ENTRY CHAIR	BRIAN GUNN	PHONE #: 717-676-1335 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	BGUNN@ACCOMHS.COM		
MAIL CHECKS/ REPORTS	JOHN NELSON GRAHAM AQUATIC CENTER 90 N NEWBERRY ST YORK, PA 17401  PLEASE, MAKE CHECKS PAYABLE TO THE YORK YMCA AQUATICS CLUB		
CHECKS PAYABLE TO	THE YORK YMCA AQUATICS CLUB		
OPERATIONAL RISK DIRECTOR	BRIAN GUNN	E-MAIL: bgunn@accomhs.com	PHONE: 717-676-1335
OFFICIALS CONTACT	ERIC HARNISH	E-MAIL: eharnish1@comcast.net	PHONE:

**Session 1** Friday Evening Distance, Warmups at 3:30pm  
Session starts at 4:30pm

GIRLS	EVENT	BOYS
1A	1650 Freestyle 12&Under	2A
1	Open 1650 Freestyle	2
3	Open 500 Free	4
5	Open 400 IM	6

**Session 2** Saturday Morning, Warmups at 7:00am  
9-12 Session Starts at 8:00am

GIRLS	EVENT	BOYS
7	9-12 50 Butterfly	8
9	9-12 200 Freestyle	10
11	9-12 100 Backstroke	12
13	9-12 50 Breaststroke	14
15	9-12 100 IM	16
17	9-12 50 Freestyle	18
19	9-12 Breaststroke	20

**Session 3** Saturday Afternoon, Warmups at 12:00pm  
13-14 Session Starts at 1:00pm

GIRLS	EVENT	BOYS
21	13-14 50 Backstroke	22
23	13-14 200 Freestyle	24
25	13-14 100 Butterfly	26
27	13-14 200 Backstroke	28
29	13-14 100 Breaststroke	30
31	13-14 50 Butterfly	32
33	13-14 200 IM	34

**Session 4** Saturday Evening, Warmups at 4:00pm  
9-12 Session Starts at 8:00am

GIRLS	EVENT	BOYS
35	Open 50 Backstroke	36
37	Open 200 Freestyle	38
39	Open 100 Butterfly	40
41	Open 100 Breaststroke	42
43	Open 50 Butterfly	44
45	Open 50 Butterfly	46
47	Open 200 IM	48

**Session 5** Sunday Morning, Warmups at 7:00am  
9-12 Session Starts at 8:00am

GIRLS	EVENT	BOYS
49	9-12 200 Backstroke	50
51	9-12 100 Freestyle	52
53	9-12 100 Butterfly	54
55	9-12 50 Backstroke	56
57	9-12 100 Breaststroke	58
59	9-12 200 IM	60
61	9-12 200 Butterfly	62

**Session 6 Sunday Afternoon, Warmups at 12:00pm**  
13-14 Session Starts at 1:00pm

GIRLS	EVENT	BOYS
63	13-14 100 Freestyle	64
65	13-14 50 Breaststroke	66
67	13-14 200 Butterfly	68
69	13-14 100 Backstroke	70
71	13-14 200 Breaststroke	72
73	13-14 100 IM	74
75	13-14 50 Freestyle	76

**Session 7 Sunday Evening, Warmups at 4:00pm**  
Open Session Starts at 5:00pm

GIRLS	EVENT	BOYS
77	Open 100 Freestyle	78
79	Open 50 Breaststroke	80
81	Open 200 Butterfly	82
83	Open 100 Backstroke	84
85	Open 200 Breaststroke	86
87	Open 100 IM	88
89	Open 50 Freestyle	90

<b>DECK ENTRIES</b>	Deck Entries <input checked="" type="checkbox"/> will not be accepted <input type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of 5 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Referee before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be pre-seeded with the exception of the event(s) noted below. Distance Events will be seeded fast to slow alternating sexes. Timers and counters will be the responsibility of the swimmers/coaches
<b>AWARDS</b>	No Awards
<b>SCORING</b>	N/A
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is free. Children under admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
<b>MISCELLANEOUS</b>	

SESSION	WARM-UP TIMES	MEET STARTS
1	Friday at 3:30pm	4:30pm
2	Saturday at 7:00am	8:10am
3	Saturday at 12:00pm	1:00pm
4	Saturday Evening at 4:00pm	5:00pm
5	Sunday Morning at 7:00am	8:00am
6	Sunday Afternoon at 12:00pm	1:00pm
7	Sunday Evening at 4:00pm	5:00pm
<b>WARM-UP INFORMATION</b>	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into	

	<p>each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>
<b>MEDICAL SUPERVISION AVAILABLE</b>	The Graham Aquatic Center operates with a minimum of 3 life guards on duty during competitive swimming events. 1 guard remains on stand at all times. An addition guard is added to the pool when the competition pool has more than 50 swimmers or when the additional warmup/warm down pool is in use. A third guard remains at the lifeguard station in the event of a medical emergency. There is a AED device at the lifeguard station as well as at the front desk.
<b>ATHLETE PROTECTION (MAAPP)</b>	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual’s membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
<b>TECH SUIT POLICY</b>	USA Swimming rule: 102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
<b>RACING START CERTIFICATION</b>	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<b>QUALIFYING TIMES</b>	Qualifying Times (if applicable) are shown on the attached Meet Structure
<b>MEET/DECK REFEREE</b>	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.
<b>MEET MARSHALS</b>	Meet Marshals have full authority through the Meet Referee & Operational Risk Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals’ instructions.
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer’s next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
<b>DISABLED SWIMMERS</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
<b>PROTESTS</b>	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
<b>PHOTOGRAPHY</b>	<b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b> In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of

	<p>taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DRONES</b>	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.</p>
<b>DECK CHANGING</b>	<p>Deck changes are prohibited.</p>
<b>DIRECTIONS</b>	<p>see below</p>
<b>ACCOMMODATIONS</b>	

## Directions to Graham Aquatic Center

**Note:** The following directions will lead you directly to the Graham Aquatic Center, which is where swimmers may be dropped off. However, parking for the facility is located on Parkway Boulevard. There will be additional parking available at Met-Ed, and along the streets. There is easy access to the facility from the parking area via a pedestrian path and bridge. The address of the facility is 543 North Newberry Street, York, PA 17404.

### From northbound Interstate 83:

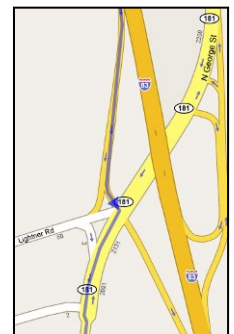
Take Interstate 83 north to PA Exit 21 B (US Route 30 West). At the end of the ramp, merge onto US Route 30. Proceed on Route 30 west to the first traffic signal at North George Street. Turn left onto George and proceed for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

### From southbound Interstate 83:

Take Interstate 83 south to PA Exit 22 (North George Street). At the end of the ramp, turn right onto George Street. **NOTE:** Follow signs for Route 30. The first right towards the end of the ramp will be Lightner Road. Go past Lightner, and turn right at the traffic light onto George. Proceed on George across US Route 30 and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

### From eastbound US Route 30:

Follow US Route 30 east into the light cycle in York. After you pass several Apple car dealerships on the right, you will come to a traffic signal at Roosevelt Avenue. There will be a Denny's on the left corner. Turn right and follow Roosevelt approximately a half mile to Parkway Boulevard. Turn left onto Parkway and continue for about a half mile until you proceed through a traffic signal and pass Kiwanis Lake on the right. Immediately after you pass the lake, turn right onto North Newberry Street. The pool will be on the left; Kiwanis Lake will still be on the right.

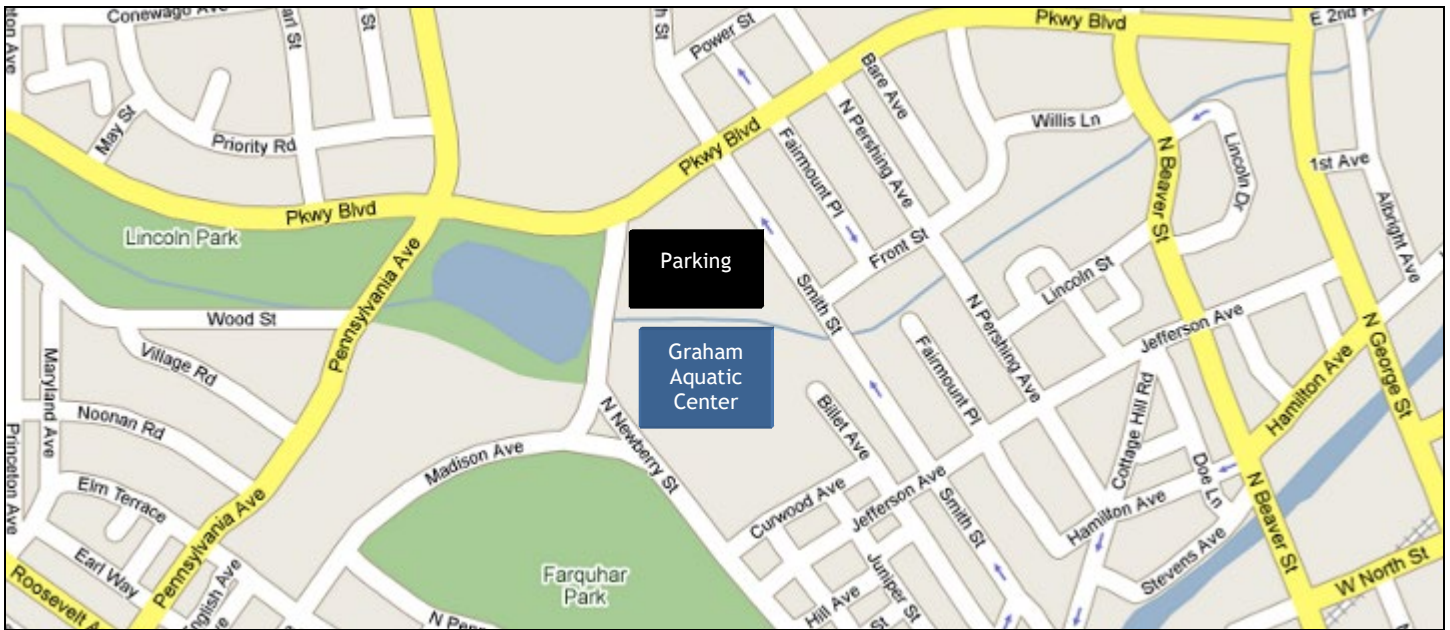


### From westbound US Route 30:

Follow US Route 30 west into the light cycle in York. The first traffic signal after you pass under Interstate 83 will be North George Street. Turn left onto George and continue for approximately a mile. After you pass a cemetery on the right, you will come to a traffic signal at Parkway Boulevard. Turn right and follow Parkway for about a half mile to North Newberry Street. Turn left onto Newberry. The pool will be on the left; Kiwanis Lake will be on the right.

### From southbound PA Route 74:

Follow PA Route 74 south past US Route 30 and continue until you pass the York Fair on the right. At the first traffic signal immediately after the fairgrounds, turn left onto Madison Avenue. Proceed on Madison until it ends at North Newberry Street. Farquhar Park will be to the right of the intersection. Turn left onto Newberry. The pool will be on the right; Kiwanis Lake will be on the left.



Graham Aquatic Center  
543 North Newberry Street  
York, PA 17404

PARKING MAP

Ample parking is available in five general areas within walking distance of the Graham Aquatic Center. Swimmers may be dropped off at the circular entrance located at 543 North Newberry Street. There is also limited handicapped parking at this location. Upon drop-off, cars may proceed to any of the parking areas detailed below. Please secure all valuables when you park.

**PLEASE NOTE: PARKING IN ALL LOTS MUST BE IN LINED SPACES ONLY. PLEASE DO NOT BLOCK FENCES, GARAGES, OR INTRUDE ON PRIVATE PROPERTY IN THESE LOTS. TOWING MAY BE ENFORCED.**



- Graham Aquatic Center/Swimmer Drop-off/Handicap Parking
- P1 Graham Aquatic Center Lot (enter off Parkway Dr. and cross bridge to pool)
- P2 Grace Brethren Church Lot\*\* (enter off N. Newberry St. and cross bridge to pool)  
\*\*No Parking on Sunday, please...
- P3 Met-Ed Visitor Lot (enter off Parkway Dr. and walk up N. Newberry St. to pool)
- P4/P5 Ferguson Elementary – Upper/Lower Visitor Lot  
(enter off N. Newberry St. and walk down N. Newberry St. or down path behind pool)