



## New Jersey Swimming ATHLETE Division Reports

<b>ATHLETES DIVISION</b>
<b>SENIOR ATHLETE REPRESENTATIVE - ALESSANDRA ABEIJON</b>
<b>ATHLETE COMMITTEE</b>
<b>RECORDS / TOP TEN</b>

### **ATHLETES: *Alessandra Ageijon / Derek Cheng***

The Athletes' Committee has been hard at work the past couple of months planning the Leadership Summit which took place on December 4, 2022. Approximately thirty athletes attended the in-person event. The goal of the Leadership Summit was to enhance the athletes' knowledge about leadership in and out of the pool, NJ and USA swimming governance structures, and Diversity Equity, and Inclusion. The event incorporated several interactive activities. Some examples included having the athletes create their own agendas for pretend committees, create plans to embrace leadership on their own teams, and reflect on their own personalities to learn which environments best benefit them. Overall the event was a great bonding experience and athletes were able to walk away with new knowledge on leadership, governance and DEI and new friendships and relationships with different athletes. Overall, the event was a success and if requested, I and the Committee are prepared to host a second summit. Until then, I and the Committee are creating new plans for the upcoming months such as DEI-related "movie nights," a DEI speaker, and potentially bringing back SwimJitsu for athletes

### **RECORDS/TOP TEN: *NJ Swim Office, Stephanie Crofton***

Still waiting for records access on the new SWIMS 3.0