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**RECORDS 2023 (090122-083123)**
**LC Meters-Women**

10 & U	50 Free	29.59	<b>24-May-08</b>	CJAC- NJ	Helen Grossman	
	100 Free	1:05.12	<b>31-May-08</b>	CJAC- NJ	Helen Grossman	
	200 Free	2:21.51	<b>6-Aug-03</b>	MYM- NJ	Stephanie Ferrell	
	400 Free	4:53.11	<b>19-Jan-19</b>	SCAR- NJ	Victoria Mori	
	50 Back	34.46	<b>23-Jul-15</b>	SCAR- NJ	Karen Wu	
	100 Back	1:13.55	<b>16-Jan-16</b>	MCSC- NJ	Emily Wang	
	50 Breast	37.16	<b>8-Aug-18</b>	SCAR- NJ	Victoria Mori	
	100 Breast	1:20.32	<b>19-Jan-19</b>	SCAR- NJ	Victoria Mori	
	50 Fly	31.86	<b>8-Aug-18</b>	SCAR- NJ	Victoria Mori	
	100 Fly	1:10.98	<b>8-Aug-18</b>	SCAR- NJ	Victoria Mori	
	200 IM	2:36.69	<b>19-Jan-19</b>	SCAR- NJ	Victoria Mori	
	200 Free Relay	2:10.25	<b>26-Jul-18</b>	SCAR- NJ	Scarlet Aquatic Club	V. Mori, L. Secher, R. Jung, I. Kim
	200 Medley Relay	2:23.85	<b>26-Jul-18</b>	SCAR- NJ	Scarlet Aquatic Club	L. Seche, R. Jung, V. Mori, I. Kim
	11-12	50 Free	27.19	<b>8-Aug-18</b>	SVY- NJ	Emily C. Thompson
100 Free		59.90	<b>11-Aug-10</b>	CJAC- NJ	Helen Grossman	
200 Free		2:09.99	<b>3-Aug-16</b>	SVY- NJ	Catherine Meisner	
400 Free		4:30.10	<b>26-Jul-97</b>	EEX- NJ	Michelle Bright	
800 Free		9:24.35	<b>25-Jul-19</b>	SCAR- NJ	Chloe Kim	
1500 Free		18:05.49	<b>23-Jul-15</b>	SCAR- NJ	Junseo Kim	
50 Back		30.94	<b>8-Aug-18</b>	BAC- NJ	Olivia Chow	
100 Back		1:05.95	<b>8-Aug-18</b>	BAC- NJ	Olivia Chow	
200 Back		2:22.57	<b>8-Aug-18</b>	BAC- NJ	Olivia Chow	
50 Breast		34.31	<b>10-Aug-05</b>	MYM- NJ	Stephanie Ferrell	
100 Breast		1:14.53	<b>30-Jul-93</b>	EEX- NJ	Kaisa Greenburg	
200 Breast		2:45.02	<b>5-Jul-13</b>	MEY- NJ	Jenna Yan	
50 Fly		29.03	<b>8-Aug-18</b>	SVY- NJ	Emily C. Thompson	
100 Fly		1:04.77	<b>11-Aug-10</b>	CJAC- NJ	Helen Grossman	
200 Fly		2:25.46	<b>8-Aug-15</b>	SCAR- NJ	Junseo Kim	
200 IM		2:23.96	<b>7-Aug-14</b>	SCAR- NJ	Danning Hu	
400 IM		5:08.58	<b>15-Jan-05</b>	MYM- NJ	Felicia Lee	
200 Free Relay		1:55.50	<b>27-Jul-17</b>	SCAR- NJ	Scarlet Aquatic Club	K. Wu, F. Jeng, E. Vasquez, L. Kim
400 Free Relay		4:21.03	<b>22-Mar-17</b>	SVY- NJ	Somerset Valley Y	G.Zhou, I Wendland, E Thompson, K Zayle
200 Medley Relay		2:09.33	<b>27-Jul-17</b>	SCAR- NJ	Scarlet Aquatic Club	K. Wu, A. Chui, E. Vasquez, F. Jeng
400 Medley Relay	4:49.86	<b>22-Mar-17</b>	SVY- NJ	Somerset Valley Y	A. Schmnidt, M. Weiland, G. Zhou, K. Zayle	
13-14	50 Free	25.83	<b>15-Feb-20</b>	STAC- NJ	Anna Moesch	
	100 Free	56.86	<b>15-Feb-20</b>	STAC- NJ	Anna Moesch	
	200 Free	2:04.53	<b>13-Aug-88</b>	PAA- NJ	Jane Skillman	
	400 Free	4:18.60	<b>26-Mar-22</b>	SCAR- NJ	Chloe Kim	
	800 Free	8:47.86	<b>19-May-22</b>	SCAR- NJ	Chloe Kim	
	1500 Free	16:36.10	<b>27-Mar-22</b>	SCAR- NJ	Chloe Kim	
	100 Back	1:04.01	<b>3-Dec-21</b>	NJBL- NJ	Sarah Rodrigues	
	200 Back	2:13.99	<b>24-Jun-22</b>	NJBL- NJ	Sarah Rodrigues	
	100 Breast	1:13.23	<b>22-Mar-18</b>	BAC- NJ	Clarissa Sabin	
	200 Breast	2:37.42	<b>27-Jul-01</b>	SAC- NJ	Rebecca Soni	
	100 Fly	1:02.28	<b>4-Aug-15</b>	FSPY- NJ	Monika Burzynski	
	200 Fly	2:16.66	<b>10-Feb-96</b>	PAA- NJ	Elaine Schwartz	
	200 IM	2:18.72	<b>8-Feb-96</b>	PAA- NJ	Elaine Schwartz	
	400 IM	4:51.63	<b>25-Mar-22</b>	SCAR- NJ	Chloe Kim	

**RECORDS 2023 (090122-083123)**

13-14	200 Free Relay	1:50.13	<b>19-Jul-18</b>	MCSC- NJ	Morris County Swim Club	F. Jeng, E. Wang, M. Knoller, M. Webber
	400 Free Relay	4:02.33	<b>18-Jul-19</b>	MCSC- NJ	Morris County Swim Club	E. Wang, F. Jeng, M. Knoller, M. Webber
	800 Free Relay	8:48.17	<b>18-Jul-19</b>	MCSC- NJ	Morris County Swim Club	E. Wang, F. Jeng, K. Wu, M. Webber
	200 Medley Relay	2:03.15	<b>13-Jul-19</b>	JFAC- NJ	Jersey Flyers Aquatic Club	S. Benzija, S. Severini, H. Nowak, A. DiB...
	400 Medley Relay	4:29.16	<b>25-Jul-19</b>	MCSC- NJ	Morris County Swim Club	E. Wang, M. Knoller, M. Webber, F. Jeng
15-18	50 Free	24.87	<b>29-Jul-23</b>	GSCY- NJ	Anna Moesch	NC LC YMCA Nat'l Champs
	100 Free	54.33	<b>19-Jul-22</b>	GSCY- NJ	Anna Moesch	
	200 Free	1:59.57	<b>28-Jun-23</b>	GSCY- NJ	Anna Moesch	Phillips 66 Nationals
	400 Free	4:10.14	<b>6-Aug-09</b>	SAC- NJ	Ashley Steenvoorden	
	800 Free	8:31.95	<b>11-Jul-09</b>	SAC- NJ	Ashley Steenvoorden	
	1500 Free	16:18.55	<b>4-Aug-23</b>	SCAR- NJ	Kate Hurst	Speedo Junior Nationals
	100 Back	1:01.68	<b>17-Aug-06</b>	CAT- NJ	Lauren English	
	200 Back	2:11.37	<b>28-Jun-23</b>	STAC- NJ	Sarah Rodrigues	Phillips 66 Nationals
	100 Breast	1:08.77	<b>17-Aug-05</b>	SAC- NJ	Rebecca Soni	
	200 Breast	2:26.27	<b>4-Aug-05</b>	SAC- NJ	Rebecca Soni	
	100 Fly	1:00.21	<b>27-Jul-23</b>	GSCY- NJ	Emily Thompson	NJ LC YMCA Nat't champs
	200 Fly	2:11.86	<b>5-Aug-01</b>	BAC- NJ	Noelle Bassi	
	200 IM	2:15.63	<b>1-Jul-23</b>	GSCY- NJ	Emily Thompson	Phillips 66 Nationals
	400 IM	4:43.45	<b>2-Aug-22</b>	SAC- NJ	Chloe Kim	
	200 Free Relay	1:45.87	<b>28-Jul-14</b>	SVY- NJ	Somerset Valley Y	L. Temple, K. King, H. Christensen, K. Kuhn
	400 Free Relay	3:51.76	<b>3-Aug-23</b>	SCAR- NJ	2023 SummeJunior Nat'll	K Hurst G Lee C Kim I Kim
	800 Free Relay	8:16.79	<b>1-Aug-23</b>	SCAR- NJ	2023 Summer Jr Nat'l	K Hurst K Turano G Lee I Kim
	200 Medley Relay	1:57.19	<b>30-Jul-18</b>	RBV- NJ	Red Bank YMCA	M. Schobel, E. Shaughnessy, G. Hansen, M. ]
	400 Medley Relay	4:19.81	<b>7-Aug-91</b>	PAA- NJ	Peddie AquaticAssociation	B. Bedford, A, Gaber, R. Slade, J. Skil
	50 Free	24.87	<b>29-Jul-23</b>	GSCY- NJ	Anna Moesch	NC LC YMCA Nat's Champs
	100 Free	54.33	<b>19-Jul-22</b>	GSCY- NJ	Anna Moesch	
	200 Free	1:59.57	<b>28-Jun-23</b>	GSCY- NJ	Anna Moesch	Phillips 66 Nationals
	400 Free	4:10.14	<b>6-Aug-09</b>	SAC- NJ	Ashley Steenvoorden	
	800 Free	8:31.95	<b>11-Jul-09</b>	SAC- NJ	Ashley Steenvoorden	
	1500 Free	16:18.55	<b>4-Aug-23</b>	SCAR- NJ	Kate Hurst	Speedo Junior Nathinals
	100 Back	1:00.46	<b>7-Aug-16</b>	SCAR- NJ	Matea Samardzic	
	200 Back	2:08.77	<b>2-Aug-17</b>	SCAR- NJ	Matea Samardzic	
	100 Breast	1:08.77	<b>17-Aug-05</b>	SAC- NJ	Rebecca Soni	
	200 Breast	2:26.27	<b>4-Aug-05</b>	SAC- NJ	Rebecca Soni	
	100 Fly	59.75	<b>2-Aug-17</b>	PPST- NJ	Francesca Stoppa	
200 Fly	2:10.96	<b>11-Feb-04</b>	BAC- NJ	Noelle Bassi		
200 IM	2:13.92	<b>11-Jan-08</b>	PUST- NJ	Alicia Aemisegger		
400 IM	4:41.65	<b>11-Jan-08</b>	PUST- NJ	Alicia Aemisegger		
200 Free Relay	1:45.87	<b>28-Jul-14</b>	SVY- NJ	Somerset Valley Y	L. Temple, K. King, H. Christensen, K. Kuhn	
400 Free Relay	3:49.92	<b>3-Aug-17</b>	BAC- NJ	Berkeley Aquatic	C. O'Mara, E. Wirth, S. Kudryashova, A. Bog	
800 Free Relay	8:16.79	<b>1-Aug-23</b>	SCAR- NJ	2023 Summer Jr Nat'l	K Hurst K Turano G Lee I Kim	
200 Medley Relay	1:57.19	<b>30-Jul-18</b>	RBV- NJ	Red Bank YMCA	M. Schobel, E. Shaughnessy, G. Hansen, M. ]	
400 Medley Relay	4:18.02	<b>7-Jun-07</b>	SKSC- NJ	Scarlet Knights Swim Club	K. Harrigan, S.Longacre, C. Whetstone,	

**RECORDS 2023 (090122-083123)**

**LC Meters-Men**

10 & U	50 Free	28.27	<b>26-Jul-18</b>	WAVE- NJ	Timothy J Lee	
	100 Free	1:03.24	<b>8-Aug-18</b>	WAVE- NJ	Timothy J. Lee	
	200 Free	2:19.50	<b>26-Jul-18</b>	WAVE- NJ	Timothy Lee	
	400 Free	4:54.25	<b>29-Jul-16</b>	X-CEL- NJ	Daniel Baytin	
	50 Back	32.07	<b>4-May-12</b>	MCSC- NJ	Vinny Marciano	
	100 Back	1:10.33	<b>28-Apr-17</b>	CBGC- NJ	Richard Poplawski	
	50 Breast	37.18	<b>26-Jul-18</b>	WAVE- NJ	Timothy Lee	
	100 Breast	1:21.84	<b>26-Jul-18</b>	WAVE- NJ	Timothy Lee	
	50 Fly	30.32	<b>26-Jul-18</b>	WAVE- NJ	Richard Poplawski	
	100 Fly	1:08.96	<b>26-Jul-18</b>	WAVE- NJ	Timothy Lee	
	200 IM	2:33.91	<b>8-Aug-18</b>	SCAR- NJ	Timothy Lee	
	200 Free Relay	2:02.71	<b>26-Jul-18</b>	WAVE- NJ	Waverunners	J. Lee, T. Moore, T. Lee, K. Lee
	200 Medley Relay	2:19.30	<b>26-Jul-18</b>	WAVE- NJ	Waverunners	J. Lee, T. Moore, T. Lee, K. Lee
	11-12	50 Free	25.53	<b>27-Mar-14</b>	MCSC- NJ	Vinny Marciano
100 Free		56.00	<b>27-Mar-14</b>	MCSC- NJ	Vinny Marciano	
200 Free		2:02.80	<b>6-Aug-15</b>	SCAR- NJ	Dare Rose	
400 Free		4:21.13	<b>5-Aug-83</b>	BAC- NJ	John Bennett	
800 Free		9:09.52	<b>26-Jul-02</b>	MYM- NJ	Peter Park	
1500 Free		17:37.88	<b>24-Jul-08</b>	SAC- NJ	Eric Stobbe	
50 Back		28.59	<b>27-Mar-14</b>	MCSC- NJ	Vinny Marciano	
100 Back		1:00.33	<b>27-Mar-14</b>	MCSC- NJ	Vinny Marciano	National Age Group Record
200 Back		2:14.15	<b>28-Mar-19</b>	SCAR- NJ	Richard Poplawski	
50 Breast		31.86	<b>26-Jul-18</b>	XCEL- NJ	Daniel Baytin	
100 Breast		1:10.11	<b>7-Aug-14</b>	SCAR- NJ	Ian Liu	
200 Breast		2:29.96	<b>7-Aug-14</b>	SCAR- NJ	Paul DeGrado	
50 Fly		27.04	<b>6-Aug-15</b>	SCAR- NJ	Dare Rose	
100 Fly		59.83	<b>9-Jul-15</b>	SCAR- NJ	Dare Rose	
200 Fly		2:11.85	<b>9-Jul-15</b>	SCAR- NJ	Dare Rose	
200 IM		2:13.59	<b>26-Apr-19</b>	SCAR- NJ	Richard Poplawski	
400 IM		4:42.54	<b>28-Mar-19</b>	SCAR- NJ	Richard Poplawski	
200 Free Relay		1:50.73	<b>23-Jul-15</b>	SCAR- NJ	Scarlet Aquatics	D.Rose M. Berkovsky P Ibrahim M. Park
400 Free Relay		4:07.31	<b>16-Jan-17</b>	SCAR- NJ	Scarlet Aquatics	C. Chang, D. Kim, S. Bendoraitis, A Lee
200 Medley Relay		2:03.82	<b>23-Jul-15</b>	SHY- NJ	Somerset Hills Y	T. Russano, M. Fallon, M. Wang, J. Alexy
400 Medley Relay	4:38.64	<b>15-Jan-17</b>	SCAR- NJ	Scarlet Aquatics	D. Kim, A. Lee, C. Chang, S. Bendaoraitis	
13-14	50 Free	23.94	<b>31-Jul-17</b>	SHY- NJ	Jack Alexy	
	100 Free	52.79	<b>7-Jul-17</b>	SCAR- NJ	Dare Rose	
	200 Free	1:53.30	<b>8-Aug-17</b>	SCAR- NJ	Dare Rose	
	400 Free	3:59.02	<b>8-Aug-17</b>	SCAR- NJ	Dare Rose	
	800 Free	8:26.89	<b>4-Aug-17</b>	SVY- NJ	Matthew Fallon	
	1500 Free	16:07.10	<b>10-Jul-14</b>	SCAR- NJ	Johannes Calloni	
	100 Back	57.46	<b>2-Apr-16</b>	MCSC- NJ	Vinny Marciano	
	200 Back	2:06.12	<b>16-May-21</b>	SCAR- NJ	Richard Poplawski	
	100 Breast	1:06.95	<b>18-Jul-19</b>	XCEL- NJ	Daniel Baytin	
	200 Breast	2:19.73	<b>8-Aug-17</b>	SVY- NJ	Matthew Fallon	
	100 Fly	55.68	<b>2-Mar-17</b>	SCAR- NJ	Dare Rose	
	200 Fly	2:01.89	<b>8-Aug-17</b>	SCAR- NJ	Dare Rose	
	200 IM	2:06.42	<b>13-May-21</b>	SCAR- NJ	Richard Poplawski	2021 VA EZ LC Speedo Champs
	400 IM	4:30.31	<b>31-Jul-17</b>	SCAR- NJ	Richard Poplawski	2021 VA EZ LC Speedo Champs

**RECORDS 2023 (090122-083123)**

13-14	200 Free Relay	1:41.89	<b>29-Jul-22</b>	SCAR- NJ	Scarlet Aquatics	T Lee W Lee J Kim B Anand
	400 Free Relay	3:42.22	<b>29-Jul-22</b>	SCAR- NJ	Scarlet Aquatics	T Lee B Anand J Kim W Lee
	800 Free Relay	8:17.19	<b>30-Jul-16</b>	SCAR- NJ	Scarlet Aquatics	D. Rose, G. Orbe, J. Choi, M. Milewski
	200 Medley Relay	1:53.13	<b>29-Jul-22</b>	SCAR- NJ	Scarlet Aquatics	W Kee B Anand M Grzanko T Lee
	400 Medley Relay	4:06.26	<b>29-Jul-22</b>	SCAR- NJ	Scarlet Aquatics	W Lee B Anand M Granko T Lee
15-18	50 Free	21.95	<b>22-Aug-19</b>	HACY- NJ	David A. Curtiss	
	100 Free	49.67	<b>31-Jul-19</b>	SHY- NJ	Jack Alexy	
	200 Free	1:49.26	<b>31-Jul-19</b>	SCAR- NJ	Dare Rose	
	400 Free	3:51.41	<b>25-Jul-18</b>	SCAR- NJ	Dare Rose	
	800 Free	8:01.63	<b>8-Aug-17</b>	SCAR- NJ	Johannes Calloni	
	1500 Free	15:16.62	<b>8-Aug-16</b>	SCAR- NJ	Johannes Calloni	
	100 Back	55.86	<b>28-Jul-23</b>	GSCY- NJ	Kenneth Barnicle	NC LC YMCA Nat'l Champs
	200 Back	1:59.26	<b>6-Aug-91</b>	PAA- NJ	Royce Sharp	
	100 Breast	1:01.14	<b>25-Jun-12</b>	CAT- NJ	Nicolas Fink	
	200 Breast	2:13.36	<b>31-Jul-19</b>	SVY- NJ	Matt Fallon	
	100 Fly	53.97	<b>28-Mar-19</b>	SCAR- NJ	Dare Rose	
	200 Fly	1:58.97	<b>25-Jul-18</b>	SCAR- NJ	Dare Rose	
	200 IM	2:03.69	<b>25-Jun-12</b>	CAT- NJ	Nicolas Fink	
	400 IM	4:22.03	<b>10-Aug-95</b>	EEX- NJ	Andy Potts	
	200 Free Relay	1:34.63	<b>2-Aug-23</b>	SCAR- NJ	2023 Junior Nat'l Ch	T Lee R Poplawski E Lee F Prekop
	400 Free Relay	3:29.80	<b>30-Jul-14</b>	PAA- NJ	Peddie Aquatic Association	P. Park, Z. Han, R. Horoszewski, S. Vita
	800 Free Relay	7:39.85	<b>1-Aug-23</b>	SCAR- NJ	2023 Junior Nat	B Iloglu R Poplawski E Lee A Kiss
	200 Medley Relay	1:44.00	<b>30-Jul-13</b>	SVY- NJ	Somerset Valley Y	D. Sali, Z. Warner, D.Chung, B. Zdroik
	400 Medley Relay	3:49.13	<b>30-Jul-13</b>	SVY- NJ	Somerset Valley Y	D. Sali, Z. Warner, D. Chung, B. Zdroik
	50 Free	21.95	<b>22-Aug-19</b>	HACY- NJ	David A. Curtiss	
	100 Free	49.67	<b>31-Jul-19</b>	SHY- NJ	Jack Alexy	
	200 Free	1:48.12	<b>11-Aug-00</b>	BAC- NJ	Scott Goldblatt	
	400 Free	3:50.92	<b>14-Aug-01</b>	BAC- NJ	Scott Goldblatt	
	800 Free	8:01.63	<b>8-Aug-17</b>	SCAR- NJ	Johannes Calloni	
	1500 Free	15:16.62	<b>8-Aug-16</b>	SCAR- NJ	Johannes Calloni	
	100 Back	55.27	<b>6-Aug-14</b>	LHY- NJ	Luke Papendick	
	200 Back	1:58.66	<b>3-Mar-92</b>	PAA- NJ	Royce Sharp	
	100 Breast	1:00.98	<b>6-Aug-15</b>	SVY- NJ	Zach Warner	
	200 Breast	2:13.36	<b>31-Jul-19</b>	SVY- NJ	Matt Fallon	
	100 Fly	53.87	<b>28-Jul-23</b>	PTAC- NJ	Conor McKenna	TYR Pro Champs
200 Fly	1:56.60	<b>27-Jul-17</b>	SCAR- NJ	Jonathan Gomez		
200 IM	2:01.77	<b>3-Aug-90</b>	JG- NJ	Ron Karnaugh		
400 IM	4:20.80	<b>10-Jul-14</b>	PAA- NJ	Connor Signorin		
200 Free Relay	1:34.63	<b>20-Aug-23</b>	SCAR- NJ	2023 Junior Nationals	T Lee R Poplawski E Lee F Prekop	
400 Free Relay	3:25.60	<b>10-Aug-91</b>	PAA- NJ	Peddie Aquatic Association	J. Miranda, M. Ross, J. Wells, P. Wright	
800 Free Relay	7:28.39	<b>8-Aug-91</b>	PAA- NJ	Peddie Aquatic Association	M. Ross, J. Miranda, P. Wright, J. Wells	
200 Medley Relay	1:44.00	<b>29-Jul-13</b>	SVY- NJ	Somerset Valley Y	D. Sali, Z. Warner, D. Chung, B. Zdroik	
400 Medley Relay	3:45.87	<b>7-Apr-91</b>	PAA- NJ	Peddie Aquatic Association	R. Sharp, N. Diebel, J. Miranda, J. Wells	

**RECORDS 2023 (090122-083123)**

**LC Meters-Mixed**

10 & U	200 Free Relay	2:17.72	<b>21-May-23</b>	LIFE	2023 NJ AP RSA Meters Mania3 C Friends A Startzel E Gjona J Spoo
	400 Free Relay	5:57.05	<b>21-Dec-19</b>		Berkeley Aquatic Club M Hand N Formon D Gleeson J Krawiec
	200 Medley Relay	2:40.09	<b>21-May-23</b>	LIFE	NJ AP RsA Meters Mania 3 C Friends J Spoon A Startzel R Walsh
11-12	200 Free Relay	1:57.77	<b>21-May-23</b>	LIFE	2023 NJ AP RSA Meter B Haywood P Petrovsky K Matlosz CJ Fr
	400 Free Relay	4:41.71	<b>21-Dec-19</b>		Berkeley Aquatic Club B Iloglu K Marion J Cuzzocrea M Crawfor
	200 Medley Relay	2:10.36	<b>24-May-22</b>	LIFE	EEX JSM Summer Sizzle A Jiang K Tran P Petrovsky ABedri
	400 Medley Relay	5:28.92	<b>21-Dec-19</b>		Berkeley Aquatic Club K Marion T Huang M Crawford B Iloglu
13-14	200 Free Relay	1:50.44	<b>24-Jun-22</b>	LIFE	EEX JSM Mem Sum Sizzle G Jeng T Tran H Lin B Matlosz
	400 Free Relay	4:28.09	<b>21-Dec-19</b>		Berkeley aquatic Club L Liu J Kim K CUrnan D Moynihan
	200 Medley Relay	2:04.05	<b>23-Jun-23</b>	SCAR	EEX JSM SUMmer Sizzle XXXI A Looock B Warner R Sakurikar S Wei
	400 Medley Relay	4:51.74	<b>21-Dec-19</b>		Berkeley Aquatic Club D Zwally D Moynihan L Andrea L Liu
15-18	200 Free Relay	1:43.26	<b>21-May-23</b>	LIFE	NJ AP RSA Meters Mania3 D CHeng S Arcella D Carter C Kulp
	400 Free Relay	4:03.74	<b>21-Dec-19</b>		Berkeley Aquatic Club A zhu O Richardson-Bozzo R Baker D Gei
	200 Medley Relay	1:54.71	<b>23-Jun-23</b>	LIFE	EEX JSM Sum Sizzle XXXI O Chow M Meir C Kulp S Arcella
	400 Medley Relay	4:26.27	<b>21-Dec-19</b>		Berkeley Aquatic Club T Kolarov G Formon C Sabin C Fabian