

Niagara District Swimming, Inc.

2009-2010 Short Course Calendar

2009

SEPTEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
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NOVEMBER						
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29	30					

DECEMBER						
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2010

JANUARY						
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31						

FEBRUARY						
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28						

MARCH						
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28	29	30	31			

APRIL						
S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	

Calendar at a Glance
(see next page for meet descriptions)

Niagara District Swimming, Inc.

Meet Descriptions

****Note**** Meets in **Yellow** are Niagara LSC meets and those dates are closed for invitational sanctions. Meets in **Green** are National level meets, meets in **Red** are Eastern Zone meets

Date	Meet Name	Description (specs)
October 4, 2009	Niagara LSC House of Delegates Mtg.	Closed Date No bids accepted
November 14-15, 2009	Niagara LSC Single Age PowerPoint Qualifier Meet	Open Bids Two Host Sites 6-8 lane racing course. 4 session, timed final format. Single age qualification, multi-age competition by age group. Awards by single age. Slower than Gold qualifying standards. Team scoring by combined power point scoring.
December 3-5, 2009	ConocoPhillips Short Course Nationals	Location: Federal Way, WA
December 4-6, 2009	Niagara LSC 14 & Under Single Age PowerPoint Championships	Open Bids Single Host Site 8-12 racing lanes in 1 or 2 courses, with warm up/warm down. 7 Session meet with 1 evening TF session. 4 AM prelims sessions & 2 evening final sessions. Potential exists for some multi-age, multi gender events. Minimum qualifying standards: "BB" (Silver) times Scoring and awards by PowerPoint scores. Awards Ceremonies to be held during finals.
December 9-11, 2009	Speedo SC Junior Nationals	Location: Columbus, OH

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January 15-17, 2010	Niagara LSC “BB” (silver) Qualifier Meet	<p style="text-align: center;">Open Bids Up to Three Host Sites</p> <p>8-12 racing lanes in 1 or 2 courses Timed Finals format. Multi-age heats, awards by single age. Maximum of 5 individual events/day. Slower than “BB” (silver) cuts.</p>
January 29-30, 2010	Niagara Go the Distance Meet	<p style="text-align: center;">Open Bids Single Host Sites</p> <p>Ages 9 - 12 only, Timed finals format in 2 sessions, emphasis on distance events. Awards to be given by time. NO QUALIFYING standards to enter meet. Recommended to be held with Senior PP Meet.</p>
January 30-31, 2010	Niagara Senior Power Point Championships	<p style="text-align: center;">Open Bids Single Host Site</p> <p>6-10 racing lanes, with warm up/warm down facility. 3 Session meet Timed Final meet. Potential exists for some multi-age, multi gender PP events. Qualifying standards equal to 13-14 Gold times Alternative awards offered and Olympian to be brought in.</p> <p>Recommended to be held with the GTD Meet above.</p>
February 26- 28, 2010	Niagara Championship Qualifier Meet	<p style="text-align: center;">Open Bids Two Host Sites</p> <p>Championship format, multi-age prelim & final. 10 & Under swim timed finals only. Top 12-16 (depending on course) in all P/F events will be invited back for final events. Slower than Gold standards for this meet</p>
March 11-14, 2010	Eastern Zone Speedo Sectional Championships	Location: TBA

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March 18-21, 2010	Niagara LSC Championships	Open Bids Single Host Site Minimum of 2, 6-8 lane courses or one 10-12 lane course. Championship format meet. 3.5 day, P/F competition for all swimmers 11 & over. 10 & unders TF. Scoring and award to be determine later by Technical Planning. Last meet before zone team determination. "A" (Gold) minimum standards.
April 1-4, 2010	Eastern Zone Championship Meet	Location: TBA

Niagara Meet Descriptions

Niagara LSC Single Age PowerPoint Qualifier Meet: This meet is essentially a combination of the old "Bronze" and "Silver" Single age meet. The format will be a simplified Timed Final format for all swimmers at this level. There will be 2 sets of awards given for the top 8 in each event/single age category. 1 set for Silvers time standards and 1 for Bronze. There will only be a MAXIMUM (slower than) qualifying standards, which will be equal to the Niagara GOLD times (primarily "A" times on the 2009-12 motivational Charts). Up to 2 hosts in different geographic areas.

Niagara LSC 14 & under Single-Age PowerPoint Championships: This meet will be run in a similar fashion to the meet in December of 2008. Multi-age prelims, single-age finals, with the potential for a few POWER events using the multi-gender format (TBD later by Technical Planning). High emphasis on awards and recognition at the finals and his meet is intended to have a "different" feel and format from all the other LSC meets. Single meet host.

Niagara LSC "BB" (silver) Qualifier Meet: This meet will be identical in format to the traditional "Bronze" District meet in all except the name. MAXIMUM (slower than) qualifying standards equal to the "silver" times ("BB" on the 2009-12 motivational Charts). Timed final 4 session meet Up to 3 hosts in different geographic areas.

Niagara LSC Go the Distance Meet: This 12 & under meet, which for the last several years was coupled with the above senior champs and is recommended to be done that way again this year. Same meet format (2 session, timed final) in place for an evening and than morning session.

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Niagara LSC Senior Single-Age PowerPoint Championships: This meet will be identical in format and design as has been done the last few years. 3 session, timed final meet with alternative awards (bell ringer). Potential exists for Power events as well. High emphasis on speed for this meet and an Olympian will be brought in by the host as has been done in the past. Single meet host and recommended to be the same as the Go the distance meet. Qualifying times are equal to 13-14 “A” (gold) Standards.

Niagara LSC Championships Qualifier Meet: This meet will be identical in format to the traditional “Silver” District meet in all except the name. MAXIMUM (slower than) qualifying standards equal to the “gold” times. MINIMUM (faster than) qualifying standards equal the “silver” times (“BB” on the 2009-12 motivational Charts). Prelims/Final format in place and the same event list as the Championship meet. Up to 2 hosts in different geographic areas.

Niagara LSC Championships: This meet will be the championships for the LSC, with an emphasis on performance. 7 Session meet with a minimum of 8-10 lanes in 1-2 courses required (same as past years). This meet will have a MINIMUM (faster than) standards meet, with the minimum cut times equaling the applicable Gold level (Age Group) times.