### 2010 Long Course Calendar

						20
MAY						
S	Μ	Т	W	Т	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2010

JUNE						
S	Μ	Т	W	Т	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JULY						
S	Μ	Т	W	Т	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST						
S	Μ	Т	W	Т	F	S
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22	23	24	25	26	27	28
29	30	31				

## Calendar at a Glance

## **Meet Descriptions**

**\*\*Note\*\*** Meets in **Yellow** are Niagara LSC meets and those dates are closed for invitational sanctions. Meets in Green are National level meets, meets in Red are Eastern Zone meets

Specific programmatic elements and details of each meet follow the table below.

Date	Meet Name	Description (specs)
May 2, 2010	Niagara LSC House of Delegates Mtg.	Closed Date No bids accepted
Held Between - May 3, 2010 & June 28, 2010	Niagara LSC Super Circuit Meets	Open Bids A series of up to 3 LCM meets (6 total) held in specific geographic areas during a 8 week championship qualifying period.

# Niagara District Swimming, Inc.

July 9-11, 2010	Niagara Classic	<b>No Bid</b> (run by Niagara LSC) 3 day, P-F Championship Qualifier Meet. Single Host Site
July 15-17, 2010 (tentative)	Eastern Zone Super- Sectional Meet	Location: TBA
July 23-25, 2010	Niagara LSC LC Junior Olympic Championships	Open Bids Single Host Sites per date 2.5 day, P-F Championship Style meet Meet. Single Host Site. Niagara LC cuts. 6-8 lane 50 M Facility.
August 3-7, 2010	Conoco Phillips National Championships (Pan Pacs)	Location: Irvine, CA
Aug 7-8, 2009	Niagara Short Course "Sizzler"	Open Bids Single Host 2 Day SC facility. P-F format. No cut times
August 9-13, 2010	Junior National Championships	Location: Irvine, CA
August 9-13, 2010	Eastern Zone Senior Championships	Location: TBA
August 11-13, 2010	Eastern Zone All-Star Meet	Location: TBA

No bids will be considered or accepted for any invitational on ANY of the above Niagara Dates (in YELLOW). Those dates are closed for invitational meet. Please remember......

### Niagara LSC Meets/Programs:

<u>Niagara LC Super Circuit</u> - This Niagara LSC program is a series of up to 6 meets over an 8-week qualifying period. These meets will be single session LCM meets consisting of about 8-12 events each and lasting less then 4 hours.

Open bids are accepted for any Saturday or Sunday during the program period (May 8, 2010 to June 27, 2010). Up to two (2) analogues meets per date will be allowed, so long as they are hosted in different regions (Buffalo, Rochester, Syracuse, Southern Tier). Selected meets/hosts will be given a \$300 meet operations credit/stipend by the LSC for hosting these meets. Meet venue will be awarded based on programmatic needs of the LSC. Meets dates are selected by Technical Planning and the host selected and those dates are NOT closed for other Niagara meets occurring that date. All REQUESTS for hosting should be directed through TECHNICAL PLANNING.

<u>Niagara Long Course Classic</u> - This is a closed bid meet as it is hosted and run by Niagara LSC. 3-day Championship format meet.

<u>Niagara Long Course JO Championships</u> - Open bids accepted. This meet will be a 2.5-day championship long course format meet. P-F split into 2-3 session (TBD by Tech Planning) in a 6-8 (preferred) lane 50-meter. Technical Planning to work with meet host to implement format.

<u>Niagara "Short Course" Sizzler</u> - Open bids accepted. This will be a 2 day short course format meet to be held in any 6+ lane facility. Format and event list to be determined at a later time. Technical Planning to work with meet host to implement format.

### Applying for a Sanction (VERY IMPORTANT)

Sanction application, sanction fee, meet packet and Meet Director's USA Swimming card must be received by **August 6, 2009.** Sanction applications should be submitted to the Administrative Vice Chair - **Rich Wisniewski** (123 Dogwood Court, Endwell, New York 13760, (607) 766-9744: rwisniews@stny.rr.com)

- Teams interested in hosting Niagara Super Circuit meets, need to submit "requests to host" directly to Technical Planning Chair: Tim Dubois (tdubois@kdimages.com). Please send proposed team host, meet date(s) & venue with request. Once all bids are received, bids will be awarded based on geographic and programmatic needs of the LSC. Selected hosts with then enter the regular sanction process at that point.
- Before bidding for any meet (Niagara LSC or Invitational), please make sure to follow all the guidelines and instruction found in the sanction application (posted on the website). Only bid for meets that you are certain that you have the logistical and technical ability to host, taking into consideration all club considerations as to the feasibility of running the meet. Once sanctions are issued, that meet becomes part of the competitive calendar and integral to the

overall programmatic direction of the Niagara LSC. Once the sanction is issued, ANY changes to the meet MUST be approved by the Executive Board of the LSC. This includes invitational meets.

- Clubs awarded bids to host Niagara LSC Meets must agree to run format as designed by Technical Planning. Niagara LSC meets are under the full jurisdiction of the Technical Planning Committee of the Niagara LSC. The meet host does not have the authority to alter any meet details specified by the Technical Planning Committee without prior approval of the Committee. Technical Planning is represented in this process by the Technical Planning Committee Chair (unless otherwise specified). The Technical Planning Committee will work with each meet host to run efficient and productive meets.
- Meet packets (Sanction applications) for Niagara LSC Meets need to include following- Host Club, Venue and brief description, Meet Director, Meet Referee, Meet Operations Coordinator, Head Meet Marshal, Meet Entries and what version of Meet Manager (i.e. Meet Manager Standard or Meet Manager Pro version) you will be using. All other information (i.e. Order of Events, format specifics, awards program, bonus eligibility, etc.) will be provided to you by Technical Planning.
- Clubs bidding for meets on open dates need to be aware that you may have to change your date if something unforeseen occurs with a Niagara District Meet.
- If you are bidding on more than one <u>open</u> date meet, please prioritize them.
- Per Niagara Policies and Procedures 202.2- Up to four sanctions [one per geographic region: Buffalo, Rochester, Southern Tier and Rochester] will be permitted on the calendar for any open date. No application shall be considered (and no sanctions shall be issued) for meets proposed to be held on 'closed' dates on which a Niagara LSC meet, as designated by the Executive Committee, is being held in Niagara LSC.
- When designing your meet formats you must to adhere to USA Swimming 4 hour rule 205.3 F- "With the exception of championship meets, the program in all other age group competition shall be planned to allow the events for swimmers 12 years and younger to be completed in 4 hours or less for a timed finals session or in a total of 8 hours or less per day for a preliminaries and finals meet." Ensure that your Order of Events and age category detail does not allow swimmers aged 12 or less to swim in more than one session, as this would likely exceed 4 hours.
- In order to receive a sanction, the Meet Director must attend a mandatory Meet. Directors/Meet Management Meeting at the Spring 2010 HOD Meeting. If you attended in 2009, you are certified for 2 years. You are welcome to attend next year but it isn't mandatory.

Any questions about the bidding process should also be directed to Administrative Vice-Chair. If you have and questions about the requirements, specifications, formats, or anything related to specific LSC meets, please contact the Technical Planning Committee Chairman **Tim Dubois** (<u>tdubois@kdimages.com</u>)