

2016 May-August Calendar

| Date | Start Date | Host | Region | Open/Closed MEET | Open/ Closed WEEKE ND | Course | Type | Meet/Event Title | Site |
|------------------|------------|---------------------|-----------------|------------------|--------------------------------|--------|------|-------------------------------------------|------------------------|
| May 1 | 5/1/2016 | VICT | Rochester | | Open | SCM | TF | VICT 2016 Keith Shields Invitational | Victor High School |
| May 6 | 5/6/2016 | FAST/GCOM/PACK/WEBS | Rochester | Closed Meet | Open | SCY | TF | 2016 Friday Night at the Races #1 | Fairport High School |
| May 7 | 5/7/2016 | FAST/GCOM/PACK/WEBS | Rochester | | Open | LCM | TF | 2016 Super Circuit Meet #1 (Rochester) | Webster Aquatic Center |
| May 14 | 5/14/2016 | NIAGARA | Rochester | | | | | Niagara HOD Meeting | MCC |
| May 20-22 | 5/20/2016 | TTSC | Buffalo | | Open | LCM | TF | TTSC 2016 Natalie Lewis Spring Invite | Town of Tonawanda AFC |
| May 20 | 5/20/2016 | FAST/GCOM/PACK/WEBS | Rochester | Closed Meet | Open | SCY | TF | 2016 Friday Night at the Races #2 | Pittsford-Mendon |
| May 21 | 5/21/2016 | FAST/GCOM/PACK/WEBS | Rochester | | Open | LCM | TF | 2016 Super Circuit Meet #2 (Rochester) | Webster Aquatic Center |
| June 3-5 | 6/3/2016 | FAST | Buffalo | | Closed | LCM | P/F | 2016 Niagara Classic | ECC |
| June 10-12 | 6/10/2016 | STAR | Buffalo | | Open | LCM | TF | STAR 2016 STAR Kick Off | ECC |
| June 10 | 6/10/2016 | FAST/GCOM/PACK/WEBS | Rochester | Closed Meet | Open | SCY | TF | 2016 Friday Night at the Races #3 | MCC |
| June 11 | 6/11/2016 | FAST/GCOM/PACK/WEBS | Rochester | | Open | LCM | TF | 2016 Super Circuit Meet #3 (Rochester) | Webster Aquatic Center |
| June 11 | 6/11/2016 | SYCH | Syracuse | | Open | LCM | TF | 2016 Super Circuit Meet #1 (Syracuse) | Ithaca College |
| June 11 | 6/11/2016 | SYCH | Syracuse | | Open | LCM | TF | 2016 Chargers Distance Meet #1 | Ithaca College |
| June 24-26 | 6/24/2016 | STAR | Buffalo | | Open | LCM | TF | STAR 2016 STAR LC Open Meet | ECC |
| June 24 | 6/24/2016 | FAST/GCOM/PACK/WEBS | Rochester | Closed Meet | Open | SCY | TF | 2016 Friday Night at the Races #4 | Webster Aquatic Center |
| June 25 | 6/25/2016 | SYCH | Syracuse | | Open | LCM | TF | 2016 Super Circuit Meet #2 (Syracuse) | Burnet Park |
| June 25 | 6/25/2016 | SYCH | Syracuse | | Open | LCM | TF | 2016 Chargers Distance Meet #2 | Burnet Park |
| June 26 - July 3 | 6/26/2016 | NATIONAL | Omaha, NE | | | | | | |
| July 16 | 7/16/2016 | VICT | Rochester | | Open | SCM | TF | VICT 2016 Victor Meter Mania | Victor High School |
| July 28-31 | 7/28/2016 | STAR | Buffalo | | Closed | LCM | TF | 2016 Niagara Championships | ECC |
| Aug. 2-6 | 8/2/2016 | NATIONAL | Minneapolis, MN | | | | | | |
| Aug 3-6 | 8/3/2016 | Metro LSC | | | | | | EZ Age Group Championships | East Meadow, NY |
| Aug. 5-6 | 8/5/2016 | FAST | Rochester | | Closed | SCY | TF | 2016 Niagara Summer Sizzler | Fairport High School |
| Aug. 4-7 | 8/4/2016 | STAR | Buffalo | | Open | LCM | TF | 2016 Eastern Zone Senior Meet | ECC |
| Aug 9-13 | 8/9/2016 | NATIONAL | Minneapolis, MN | | | | | 2016 Speedo Junior National Championships | |
| Aug. 12-13 | 8/12/2016 | TTSC | Buffalo | | Open | SCY | TF | TTSC 2016 End of Summer Swim Meet | Town of Tonawanda AFC |

Dates in Yellow are closed dates for Niagara LSC meets (no sanctions for invitational or league meets).

Dates in Green are National level meets.

Dates in Blue are Eastern Zone meets.

