

Applying for a Sanction:

If your club is interested in hosting a meet during the period of May 1st through August 31st, your Sanction Application, sanction fee, meet packet and a copy of the Meet Director's USA Swimming card must be received by September 28, 2015. Forward the documents and club check to the Meet Sanction Chair:

Eric Stimson 1185 Doebler Drive North Tonawanda, NY 14120 sanctions@niagaraswim.org

Before bidding for any meet, please make sure to follow all the guidelines and instructions found in the sanction application (posted on the website). Only submit bids for meets that you are certain that you have the logistical and technical ability to host. Once the calendar is approved, the meet becomes part of the competitive calendar and integral to the overall programmatic direction of the LSC.

Niagara LSC meets are under the guidance of the Technical Planning Committee. Clubs selected to host these meets must agree to run a format designed by the Committee. The meet host does not have the authority to alter any meet details specified by the Technical Planning Committee without prior approval of the Committee.

Clubs bidding for meets on open dates need to be aware that you may have to change your date if something unforeseen occurs, or if there are conflicts with Niagara, Eastern Zone or Speedo Champions series meets within the geographical area of Niagara Swimming.

If you are bidding on more than one open date meet, please prioritize them.

Per Niagara Policies and Procedures 202.2: Up to eight sanctions [two per geographic region: Buffalo, Rochester, Southern Tier and Syracuse] will be permitted on the 'spring-summer' calendar for any given date. No application shall be considered and no sanctions shall be issued for meets proposed to be held on 'closed' dates on which a Niagara LSC meet is scheduled, as designated by the Executive Committee.

When designing your meet formats you must to adhere to the USA Swimming 4 hour rule 205.3 F: "With the exception of championship meets, the program in all other age group competition shall be planned to allow the events for swimmers 12 years and younger to be completed in 4 hours or less for a timed finals session or in a total of 8 hours or less per day for a preliminaries and finals meet." Ensure that your Order of Events and age category detail does not allow swimmers aged 12 or less to swim in more than one session, as this would likely exceed 4 hours.

In order to receive a sanction, the Meet Director must have attended the Meet Director Training on or after 5/3/2014. Attending the training at the October 11, 2015 HOD is acceptable.

Any questions about the bidding process should be directed to sanctions@niagaraswim.org.



Niagara Meets:

Dates in which Niagara designated meets are held are closed to other meets within the LSC. This restriction <u>does not</u> apply to the Super Circuit meets.

Niagara Super Circuit - Open bids accepted.

This Niagara program is a series of long-course meets over a 6-week period. The meets will be single session LCM meets consisting of 8-12 events and lasting less than 4 hours.

The Super Circuit meets are designed for either Saturday or Sunday during the three weekends noted above and on the calendar. Selected meets/hosts will receive a \$1,500 stipend from Niagara Swimming for hosting these meets to assist with facility rental costs. Meet venue will be awarded based on programmatic needs of the LSC.

Niagara Long Course Classic - Open bids accepted.

This meet will be a 3-day championship long course format meet. Prelims/Time Trials/Finals split into 3 sessions per day. An 8 lane 50-meter facility with separate warm-up/warm-down pool required. The meet host will receive a \$2,000 stipend from Niagara Swimming for hosting this meet to assist with facility rental costs. Technical Planning will work with meet host to implement format.

Niagara Long Course Championships - Open bids accepted.

This meet will be a 3-day championship long course format meet. Prelims/Finals split into 2-3 session per day. A 6-8 (preferred) lane 50-meter facility. The meet host will receive a \$2,000 stipend from Niagara Swimming for hosting this meet to assist with facility rental costs. Technical Planning will work with meet host to implement format.

Niagara Open Water Championship - Open bids accepted.

This is a single day meet. We are linking this meet to the weekend of the Niagara LC Championship to help promote attendance to this meet. Although there is a tie-in, there are no restrictions as to where the two meets can be held (one meet may be in Buffalo, the other in Syracuse). USA Swimming has initiated rigid requirements for hosting Open Water meets. Host clubs submitting bids need to ensure they have thoroughly reviewed the requirements for hosting the event and include in their bid package confirmation that they will be able to meet the requirements.

Niagara Sizzler - Open bids accepted.

This is a 2-day short course format meet to be held in any 6+ lane facility. Format and event list to be determined at a later time. Technical Planning will work with meet host to implement the format.



2016 Schedule Overview

Date	Meet/Event	Location
April 16-17	USAS Coaching Clinic	Syracuse, NY
May 7-8	Eastern Zone Meeting	Atlantic City
May 14	Niagara Spring HOD	Rochester, NY
June 25**	Eastern Zone Open Water Championship	TBD
June 26 – July 3	US Olympic Trials	Omaha
July 7-10/14-17**	Speedo Super Sectionals LC	TBD
July 28-31	Niagara LC Championship	TBD
August 2 – 7	US Open	Minneapolis
August 3-6	Eastern Zone Age Group Championships	East Meadow, NY
August 4-7**	Long Course Senior Zone Championship	TBD
August 10-13	Speedo Junior Nationals	Minneapolis

^{**} Eastern Zone meet dates will be determined at the Eastern Zone Meeting in September Niagara Open Water Championship will be determined based on course availability



			April 2016	April 2016								
S	M	T	· w	T	F	S						
					1	2						
3	4	5	6	7	8	9						
10	11	12	13	14	15 USAS Coaching Clinic - Syracuse	16 USAS Coaching Clinic - Syracuse						
17 USAS Coaching Clinic - Syracuse	18	19	20	21	22	23						
24	25	26	27	28	29	30						
	T	<u> </u>	May 2016									
S	M 2	T	W	T 5	F	S 7						
	2	3	4	5	6	EZ Meeting – Atlantic City						
8 EZ Meeting – Atlantic City	9	10	11	12	13	14 Niagara HOD Meeting - MCC						
15	16	17	18	19	20	21						
22	23	24	25	26	27	28						
29	30	31										
			June 2016									
S	M	T	W	T	F	S						
			1	2	3 Niagara Classic	4 Niagara Classic						
5 Niagara Classic	6	7	8	9	10	11						
12	13	14	15	16	17	18						
19	20	21	22	23	24	25						
26 Olympic Trials	27 Olympic Trials	28 Olympic Trials	29 Olympic Trials	30 Olympic Trials								



July 2016							
S	M	T	W	T	F	S	
					1 Olympic Trials	2 Olympic Trials	
3 Olympic Trials	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28 LSC LC Championships	29 LSC LC Championships	30 LSC LC Championships	
31 LSC LC Championships							
			August 2015				
S	M	T	W	T	F	S	
	1	2	3 EZ Age Group Championships	4 EZ Age Group Championships	5 EZ Age Group Championships	6 EZ Age Group Championships	
7	8	9	10 Junior Nationals	11 Junior Nationals	12 Junior Nationals	13 Junior Nationals	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

Yellow – Niagara Swimming designated meets, closed dates for additional Sanctioned meets in the LSC

EZ Meets (No firm dates for Speedo Super Sectionals, Senior and Open Water Champs)

Although shown on both Saturday and Sunday the Super Circuit meets are single day – select Sat or Sun