

	<h1>47th Sertoma Invitational</h1> <p>July 15-16, 2023</p> <p>Sanction # NI-2223-102</p>	<p>Hosted by:</p> <p>UNAC</p>
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<p>MEET DIRECTOR</p> <p>Thomas Cocco HCFR341@gmail.com 607-206-0700</p>	<p>MEET REFEREE</p> <p>Mike Burgess Mike.Burgess@coherent.com</p>	<p>CLUB OFFICIALS CHAIR</p> <p>Thomas Cocco hcf341@gmail.com 607-206-0700</p>
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<p>SANCTION</p>	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Niagara Swimming: NI-2223-102. In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, [host team/organization], and [facility] shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
<p>FACILITY</p>	<p style="text-align: center;">The Z Pool Bermond Ave Endicott, NY 13760 607-206-0700</p> <ul style="list-style-type: none"> 6 lanes, 25 meter Water depth range of 4.8' at the starting end and 3.10' – 4.1' at the turning end. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
<p>ENTRY DEADLINE</p>	<p style="text-align: center;">July 8, 2023 5pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<p>SCHEDULE</p>	<p style="text-align: center;">July 15, 2023</p> <ul style="list-style-type: none"> session 1: Warmups at 8:00am, Start time is 9:00am session 2: Warmups at 11:30am, Start time is 12:30pm session 3: Warmups at 2:00pm, start time is 3:00pm <p style="text-align: center;">July 16, 2023</p> <ul style="list-style-type: none"> session 4: Warmups at 8:00am, Start time is 9:00am session 5: Warmups at 11:30am, Start time is 12:30pm session 6: Warmups at 2:00pm, Start time is 3:00pm Meet Director reserves the right to adjust times/sessions after entries are received.
<p>ELIGIBILITY</p>	<ul style="list-style-type: none"> Open to all registered USA Swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.
<p>DISABILITY SWIMMERS</p>	<ul style="list-style-type: none"> NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.

TIMING SYSTEM	<ul style="list-style-type: none"> • Automatic timing will be used.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • No on-deck USA-S registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals.
POSITIVE CHECK IN	<ul style="list-style-type: none"> • All events will be pre-seeded.
WARM-UP	<ul style="list-style-type: none"> • The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	All events will be swam slowest to fast
SCORING	<ul style="list-style-type: none"> • Scoring will be 1st through 12th position.
AWARDS	<ul style="list-style-type: none"> • Awards will be provided for each event up to 12th place. Medals for first through 3rd for each event. Ribbons for places 4th through 12th for each event. Trophies provided for individual high point and High team 1st through 3rd
PROGRAMS	<ul style="list-style-type: none"> • Programs will be provided
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> • No
OFFICIALS	<ul style="list-style-type: none"> • Officials interested in volunteering should contact Mike Burgess at Mike.Burgess@coherent.com

	<ul style="list-style-type: none"> Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to provide timers.
ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries should be submitted by email to the Meet Director. Included in the subject of the email, 47th Sertoma Invitational with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. Include in entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p style="text-align: center;">Per Swimmer Surcharge: \$10.00 Relay event fee: \$12.00 Individual event fee: \$5.00</p> <ul style="list-style-type: none"> Make checks payable to Union Aquatic Club. Checks may be mailed to: UNAC PO box 115 Endicott NY, 13760 Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.
Available Medical Supervision/Equipment	<ul style="list-style-type: none"> Medical assistance will be provided at the facility. If you require medical assistance, please notify a member of the meet staff. AED, backboard, & First Aid supplies at facility.

47th Sertoma Invitational

July 15-16, 2023

Meet	Saturday July 15,2023	Z Pool	NOTES:
SESSION 1	WARM-UPS 8:00am	MEET START 9:00AM	
EVENTS	EVENTS		
1	GIRLS 11-12 200 FREE RELAY		
2	BOYS 11-12 200 FREE RELAY		
3	MIXED 11-12 200 FREE RELAY		
4	GIRLS 10 & UNDER 200 FREE RELAY		
5	BOYS 10 & UNDER 200 FREE RELAY		
6	MIXED 10 & UNDER 200 FREE RELAY		
7	GIRLS 8 & UNDER 200 FREE RELAY		
8	BOYS 8 & UNDER 200 FREE RELAY		
9	MIXED 8 & UNDER 200 FREE RELAY		
10	GIRLS 11-12 50 FREE		
11	BOYS 11-12 50 FREE		
12	GIRLS 10 & UNDER 50 FREE		
13	BOYS 10 & UNDER 50 FREE		
14	GIRLS 8 & UNDER 50 FREE		
15	BOYS 8 & UNDER 50 FREE		
16	GIRLS 11-12 100 BACK		
17	BOYS 11-12 100 BACK		
18	GIRLS 10 & UNDER 100 BACK		

19	BOYS 10 & UNDER 100 BACK	
20	GIRLS 8 & UNDER 100 BACK	
21	BOYS 8 & UNDER 100 BACK	
22	GIRLS 11-12 50 BREAST	
23	BOYS 11-12 50 BREAST	
24	GIRLS 10 & UNDER 50 BREAST	
25	BOYS 10 & UNDER 50 BREAST	
26	GIRLS 8 & UNDER 50 BREAST	
27	BOYS 8 & UNDER 50 BREAST	
28	GIRLS 11-12 100 FLY	
29	BOYS 11-12 100 FLY	
30	GIRLS 10 & UNDER 100 FLY	
31	BOYS 10 & UNDER 100 FLY	
32	GIRLS 8 & UNDER 100 FLY	
33	BOYS 8 & UNDER 100 FLY	
34	GIRLS 11-12 100 INDIVIDUAL MEDLEY	
35	BOYS 11-12 100 INDIVIDUAL MEDLEY	
36	GIRLS 10 & UNDER 100 INDIVIDUAL MEDLEY	
37	BOYS 10 & UNDER 100 INDIVIDUAL MEDLEY	
38	GIRLS 8 & UNDER 100 INDIVIDUAL MEDLEY	
39	BOYS 8 & UNDER 100 INDIVIDUAL MEDLEY	
40	GIRLS 11-12 200 MEDLEY RELAY	
41	BOYS 11-12 200 MEDLEY RELAY	
42	MIXED 11-12 200 MEDLEY RELAY	
43	GIRLS 10 & UNDER 200 MEDLEY RELAY	

44	BOYS 10 & UNDER 200 MEDLEY RELAY	
45	MIXED 10 & UNDER 200 MEDLEY RELAY	
46	GIRLS 8 & UNDER 200 MEDLEY RELAY	
47	BOYS 8 & UNDER 200 MEDLEY RELAY	
48	MIXED 8 & UNDER 200 MEDLEY RELAY	

Meet	Saturday July 15,2023	Z Pool	NOTES:
SESSION 2	WARM-UPS 11:30 AM	MEET START 12:30 PM	
EVENTS	EVENTS		
49	GIRLS 11-12 200 INDIVIDUAL MEDLEY		
50	BOYS 11-12 200 INDIVIDUAL MEDLEY		
51	GIRLS 10 & UNDER 200 INDIVIDUAL MEDLEY		
52	BOYS 10 & UNDER 200 INDIVIDUAL MEDLEY		
53	GIRLS 8 & UNDER 200 INDIVIDUAL MEDLEY		
54	BOYS 8 & UNDER 200 INDIVIDUAL MEDLEY		
55	GIRLS 13-14 400 FREE		
56	BOYS 13-14 400 FREE		
57	GIRLS OPEN 400 FREE		
58	BOYS OPEN 400 FREE		

Meet	Saturday July 15,2023	Z Pool	NOTES:
SESSION 3	WARM-UPS 2:00 PM	MEET START 3:00 PM	
EVENTS	EVENTS		

59	GIRLS 13-14 200 FREE RELAY	
60	BOYS 13-14 FREE RELAY	
61	MIXED 200 FREE RELAY	
62	GIRLS OPEN 200 FREE RELAY	
63	BOYS OPEN 200 FREE RELAY	
64	MIXED OPEN 200 FREE RELAY	
65	GIRLS 13-14 100 FREE	
66	BOYS 13-14 100 FREE	
67	GIRLS OPEN 100 FREE	
68	BOYS OPEN 100 FREE	
69	GIRLS 13-14 200 BACK	
70	BOYS 13-14 200 BACK	
71	GIRLS OPEN 200 BACK	
72	BOYS OPEN 200 BACK	
73	GIRLS 13-14 100 BREAST	
74	BOYS 13-14 100 BREAST	
75	GIRLS OPEN 100 BREAST	
76	BOYS OPEN 100 BREAST	
77	GIRLS 13-14 200 FLY	
78	BOYS 13-14 200 FLY	
79	GIRLS OPEN 200 FLY	
80	BOYS OPEN 200 FLY	
81	GIRLS 13-14 200 INDIVIDUAL MEDLEY	
82	BOYS 13-14 200 INDIVIDUAL MEDLEY	
83	GIRLS OPEN 200 INDIVIDUAL MEDLEY	

84	BOYS OPEN 200 INDIVIDUAL MEDLEY	
85	GIRLS 13-14 400 MEDLEY RELAY	
86	BOYS 13-14 400 MEDLEY RELAY	
87	MIXED 13-14 400 MEDLEY RELAY	
88	GIRLS OPEN 400 MEDLEY RELAY	
89	BOYS OPEN 400 MEDLEY RELAY	
90	MIXED OPEN 400 MEDLEY RELAY	

Meet	SUNDAY July 16,2023	Z Pool	NOTES:
SESSION 4	WARM-UPS 8:00 AM	MEET START 9:00 AM	
EVENTS	EVENTS		
91	GIRLS 11-12 200 MEDLEY RELAY		
92	BOYS 11-12 200 MEDLEY RELAY		
93	MIXED 11-12 200 MEDLEY RELAY		
94	GIRLS 10 & UNDER 200 MEDLEY RELAY		
95	BOYS 10 & UNDER 200 MEDLEY RELAY		
96	MIXED 10 & UNDER 200 MEDLEY RELAY		
97	GIRLS 8 & UNDER 200 MEDLEY RELAY		
98	BOYS 8 & UNDER 200 MEDLEY RELAY		
99	MIXED 8 & UNDER 200 MEDLEY RELAY		
100	GIRLS 11-12 50 FLY		
101	BOYS 11-12 50 FLY		
102	GIRLS 10 & UNDER 50 FLY		

103	BOYS 10 & UNDER 50 FLY	
104	GIRLS 8 & UNDER 50 FLY	
105	BOYS 8 & UNDER 50 FLY	
106	GIRLS 11-12 100 FREE	
107	BOYS 11-12 100 FREE	
108	GIRLS 10 & UNDER 100 FREE	
109	BOYS 10 & UNDER 100 FREE	
110	GIRLS 8 & UNDER 100 FREE	
111	BOYS 8 & UNDER 100 FREE	
112	GIRLS 11-12 50 BACK	
113	BOYS 11-12 50 BACK	
114	GIRLS 10 & UNDER 50 BACK	
115	BOYS 10 & UNDER 50 BACK	
116	GIRLS 8 & UNDER 50 BACK	
117	BOYS 8 & UNDER 50 BACK	
118	GIRLS 11-12 100 BREAST	
119	BOYS 11-12 100 BREAST	
120	GIRLS 10 & UNDER 100 BREAST	
121	BOYS 10 & UNDER 100 BREAST	
122	GIRLS 8 & UNDER 100 BREAST	
123	BOYS 8 & UNDER 100 BREAST	
124	GIRLS 11-12 400 FREE RELAY	
125	BOYS 11-12 400 FREE RELAY	
126	MIXED 11-12 400 FREE RELAY	
127	GIRLS 10 & UNDER 400 FREE RELAY	

128	BOYS 10 & UNDER 400 FREE RELAY	
129	MIXED 10 & UNDER 400 FREE RELAY	
130	GIRLS 8 & UNDER 400 FREE RELAY	
131	BOYS 8 & UNDER 400 FREE RELAY	
132	MIXED 8 & UNDER 400 FREE RELAY	

SESSION 5	WARM-UPS 11:30 AM	MEET START 12:30 PM	
EVENTS	EVENTS		
133	GIRLS 11-12 200 FREE		
134	BOYS 11-12 200 FREE		
135	GIRLS 10 & UNDER 200 FREE		
136	BOYS 10 & UNDER 200 FREE		
137	GIRLS 8 & UNDER 200 FREE		
138	BOYS 8 & UNDER 200 FREE		
139	GIRLS 13-14 400 INDIVIDUAL MEDLEY		
140	BOYS 13-14 400 INDIVIDUAL MEDLEY		
141	GIRLS OPEN 400 INDIVIDUAL MEDLEY		
142	BOYS OPEN 400 INDIVIDUAL MEDLEY		

Meet	SUNDAY July 16,2023	Z Pool	NOTES:
SESSION 6	WARM-UPS 2:00 PM	MEET START 3:00 PM	
EVENTS	EVENTS		

143	GIRLS 13-14 200 MEDLEY RELAY	
144	BOYS 13-14 200 MEDLEY RELAY	
145	MIXED 13-14 200 MEDLEY RELAY	
146	GIRLS OPEN 200 MEDLEY RELAY	
147	BOYS OPEN 200 MEDLEY RELAY	
148	MIXED OPEN 200 MEDLEY RELAY	
149	GIRLS 13-14 50 FREE	
150	BOYS 13-14 50 FREE	
151	GIRLS OPEN 50 FREE	
152	BOYS OPEN 50 FREE	
153	GIRLS 13-14 200 BREAST	
154	BOYS 13-14 200 BREAST	
155	GIRLS OPEN 200 BREAST	
156	BOYS OPEN 200 BREAST	
157	GIRLS 13-14 100 BACK	
158	BOYS 13-14 100 BACK	
159	GIRLS OPEN 100 BACK	
160	BOYS OPEN 100 BACK	
161	GIRLS 13-14 200 FREE	
162	BOYS 13-14 200 FREE	
163	GIRLS OPEN 200 FREE	
164	BOYS OPEN 200 FREE	
165	GIRLS 13-14 100 FLY	
166	BOYS 13-14 100 FLY	
167	GIRLS OPEN 100 FLY	

168	BOYS OPEN 100 FLY	
169	GIRLS 13-14 400 FREE RELAY	
170	BOYS 13-14 400 FREE RELAY	
171	MIXED 13-14 400 FREE RELAY	
172	GIRLS OPEN 400 FREE RELAY	
173	BOYS OPEN 400 FREE RELAY	
174	MIXED OPEN 400 FREE RELAY	