



## Niagara Board of Director's Meeting Agenda

November 1, 2018 9:16 PM

1. Call to Order
2. Roll Call
3. Approval of minutes 9/19/2018 BOD meeting
4. Athletes  
Consent Agenda - Items 5 through 10
5. GRAT Eastern States Swim Clinic Request (R. Jones) attached
6. SYCH Para Clinic Funding Request (A. Zaczkowski) attached
7. Motion to approve Peter Koenig as interim Finance Vice Chair (J. Stromski) bio attached
8. Motion to approve Alex LaPointe as an At Large Athlete BoD member (J. Stromski)
9. Motion to approve Amendment to the Niagara Swimming P&P - Volunteer of the Year Criteria (J. Stromski) previously sent
10. Motion to send Leo Gibbons to the 2019 Safe Sport Leadership Conference 360° (L. Gibbons) Info link:  
<http://www.cvent.com/events/safe-sport-leadership-conference-2019-360-/event-summary-07f4ebd6d3ec40549f06f41abbe85b89.aspx>
11. Motion to deny date change for Niagara Junior Classic (B. Boyle) attached
12. Motion for Early Adoption of Tech Suit Ban (M. Callan) previously sent
13. Road Map discussion (Version 1 attached) updated with Kim Corby's idea
14. Reports – Attached

Niagara LSC Board of Directors Meeting Minutes for  
November 1, 2018

<b>Position</b>	<b>Incumbent</b>	<b>Present</b>	<b>Absent</b>
<b>General Chair*</b>	Jim Stromski	X	
<b>Administrative Vice-Chair*</b>	Brad Boyle	X	
<b>Senior Vice Chair*</b>	Kim Corby	X	
<b>Age Group Vice Chair*</b>	Sara Smith		X
<b>Finance Vice Chair*</b>	Vacant		
<b>Secretary</b>	Colin Adams		X
<b>Treasurer</b>	Adam Zaczkowski	X	
<b>Senior Coach Representative*</b>	Seth Williams	X	
<b>Junior Coach Representative*</b>	Phil Baretela	X	
<b>Junio Athlete Representative*</b>	Molly Brennan	X	
<b>Senior Athlete Representative*</b>	Molly Hewett	X	
<b>Safety Committee Chair</b>	Leo Gibbons	X	
<b>Technical Planning Chair</b>	Will Chidsey	X	
<b>Member/Registration Coordinator</b>	Eric Stimson	X	
<b>General Chairman Appointment</b>	Brooks Howard	X	
<b>General Chairman Appointment</b>	Shawn Parkhurst		X
<b>General Chairman Appointment</b>	Nick Burdo		X
<b>Immediate Past General Chair</b>	Eric Lind	X	
<b>Diversity &amp; Inclusion Chair</b>	Mike Switalski	X	
<b>Disability Chair</b>	Courtney Christ	X	

1. Call to Order – 9:17
2. Roll Call – see attendance list
3. Approval of minutes for 9/19/2018 BOD meeting
  - Motion to accept September meeting minutes as sent out
  - Discussion:
    - Corrections for September
      - Correct the members for the Sr and Jr Coach, Tech Planning, Finance Chair and At Large member C. Jarvis moved out of the LSC
4. Athletes:
  - Molly H discussed hosting an athlete's leadership summit at the Spring HOD meeting based on some referrals from athletes from other LSCs.
  - They want to promote the Spring HOD meeting and club recognition through the Instagram site. More communication.
  - Created a Google form to be selected to participate in the summit April and consider the rep role in March. It will be for athlete 15-18 and will ask questions about years in swimming and what interests them in participating. They plan get it posted within the week until early December.

#### Consent Agenda - Items 5 through 10

- Jim reviewed the items listed above and made a motion to approve items 5-10 as a block.
  - Seconded
  - All in favor. Motion carries.
    - 5. GRAT Eastern States Swim Clinic Request (R. Jones) attached
    - 6. SYCH Para Clinic Funding Request (A. Zaczkowski) attached
    - 7. Motion to approve Peter Koenig as interim Finance Vice Chair (J. Stromski) bio attached
    - 8. Motion to approve Alex LaPointe as an At Large Athlete BoD member (J. Stromski)
    - 9. Motion to approve Amendment to the Niagara Swimming P&P - Volunteer of the Year Criteria (J. Stromski) previously sent
    - 10. Motion to send Leo Gibbons to the 2019 Safe Sport Leadership Conference 360° (L. Gibbons) Info link:  
<http://www.cvent.com/events/safe-sport-leadership-conference-2019-360-/event-summary-07f4ebd6d3ec40549f06f41abbe85b89.aspx>
11. Motion to deny date change for Niagara Junior Classic (B. Boyle) attached
    - Brad reviewed the request to move. 2 open meets in the geographic area, 1 LC and the other SC. Jim mentioned that there might be some history of allowing LC meets during SC season because they attract different audiences.
      - 2 LC meets are allowed in the same area and this is a mixed course meet. There was lots of discussion about the format of both meets and whether

there is a conflict or history.

- This is an executive committee vote.
- Motion is to uphold the current calendar and deny the request to change the date of the meet.
- All in favor and the motion carries.

12. Motion for Early Adoption of Tech Suit Ban (M. Callan) previously sent

- USA Swimming band is scheduled for 2020.
- Discussion – Brad suggested to give it another month to allow us to research other LSCs and enforcement best practice. Might be a problem because of the Zone meet is held in Webster. Adam Z suggested that if that was the case, it should be brought to the Eastern Zone for direction. Times may have been established based on results that were previously swum with tech suits. Suggested that it should be after the SC champs. There was discussion about how this is handled by coaches and officials.
- Motion was postponed pending further investigation by Brooks with Seth and Phil to work through these issues and represent this after SC Champs.
  - Seth and Phil will communicate to the LSC coaches this is change is coming so that it isn't surprise and inadvertent purchases. Coaches should communicate to club membership.

13. Road Map discussion (Version 1 attached) updated with Kim Corby's idea

- Jim discussed the idea list
- Suggests that Colin create an onboarding checklist for new board members

14. Reports – Questions – Does anyone has questions about the submitted reports? This will be in place of people verbal reading the reports.

Reports of officers, committees and coordinators:

- General Chair – Jim Stromski – Report attached
  - Eric questioned Jim's comments about the required number of officials at observed meets to clarify that there are 4 officials. The form says it requires 4 association officials
- Admin Vice Chair – Brad Boyle – No Report
- Senior Vice Chair – Kim Corby – No Report
- Age Group Vice Chair – Sara Smith – No Report
- Finance Vice Chair – Vacant – No Report
- Treasurer – Adam Zaczkowski –
  - Separate report attached
- Sr. Coach Rep – Seth Williams – No Report
- Jr. Coach Rep – Phil Baretela – No Report
- Sr. Athlete Rep – Molly Hewitt – No Report
- Jr. Athlete Rep – Molly Brennan – No Report

- Safety Committee Chair – Leo Gibbons – Attached
  - October Safety Report – up to 51 for Club coordinators. The registration process has made it easier. Safe Sport Monday is still on hold due to audit. Scheduling Safe Sport presentations for a couple of clubs. Leo needs a projector for this presentation. He was instructed to get 3 quotes and present to the finance committee. Leo reminded everyone that each club is responsible to that they are required to comply with the NYS Sexual Harassment training requirement. Leo will send out a reminder to club reps in the morning.
- Tech Planning Chair – Will Chidsey – No Report
  - Working on setting up the committee. It will include more athletes. First meeting will be early November.
- Member/Registration – Eric Stimson –
  - Eric thinks that some of bigger clubs might be holding back some of their registrations to be submitted close to end.
- Officials Chair – Brooks Howard – No Report
- Diversity Chair – Mike Switalski – No Report
- 

#### Adjournment

- Motion to adjourn; seconded; all in favor. Meeting adjourned at 10:21PM.

Although Brad believes, as Admin Vice Chair, he can make this decision unilaterally, he believes that since the Niagara Junior Classic is an LSC meet the Board should discuss the meet host's request.

Received from Randy Naccarella of the BlueFins:

The request is to change the already approved dates of the meet from December 29th and 30th to December 28th and 29th.

Randy indicated that FAST (co-host) was okay with the date change.

JRS comment: Athletes from outside of the Rochester area come to this meet and changing the start date of the meet could cause some to miss the opportunity for a lack of transportation if parents don't have the day off.

Date – 10/31/18

Subject – Monthly Safety Report / 2018.10

From – Leo Gibbons, Jr. / Operational Risk & Safe Sport Chairperson

To – Niagara BOD & Chairs



1. USAS Jacksonville Convention –
  - All Safe Sport related workshops and meetings were attended
  - All Operational Risk related workshops and meetings were attended
  - Info was shared with all SSCC & Committee members on 10/10/18
2. Safe Sport Club Coordinators –
  - We currently have 51 actives to date
  - 3 are in progress / BSSC, CORY, GWST,
  - **KVAC** was proactive this Month and got the **“Gold Star of the Month”**
3. Safe Sport Monday –
  - Remains on hold due to an internal audit at USA Swimming by Praesidium
4. Safe Sport Club Certified Club –
  - Program was introduced during LSC Chairs workshop at Convention
  - Reference document posted on Niagara website under Safe Sport
  - Web link is [www.usaswimming.org/ssrp](http://www.usaswimming.org/ssrp)
5. Reports of Occurrence – (5) (33 YTD)
  - SYCH / M / 12 / Practice / Impact / Face-Eye / Bruise
  - SYCH / M / 10 / Practice / Struck Against / Head-Top / No Symptoms
  - STAR / F / 13 / Dry Land / Lifting-Straining / Knee / Pain
  - HAWK / F / 10 / Practice / Struck Against / Elbow / Scrape
  - VICT / M / 11 / Meet / Impact / Arm-Wrist / Sprain
6. Safe Sport Club Presentations –
  - VELO is scheduled for Saturday 11/3/18 at 12:30 pm
  - GRSC is rescheduling from their original date – info coming
7. Operational Risk –
  - NYS Labor Law 201-g regarding Sexual Harassment has updated requirements
  - Clubs with 15 or more employees are required to provide training annually

8. Operational Risk Continued –

- Minimum Standards for Training are clearly outlined and available online
- <https://www.ny.gov/combating-sexual-harassment-workplace/employers>
- Per George Ward this is the individual Clubs responsibility not the LSC
- This training if desired can be included into Club Safe Sport Presentations

9. Safety Tip for October –

- October is Fire Safety Month – check your portable fire extinguishers
- Change your batteries in all smoke detectors and carbon monoxide alarms





## General Chair Report

10/25/18

Interim Finance Vice Chair search completed, position offered to, and accepted by, Peter Koenig. Thanks to Marci Callan and the Nominating Committee for vetting potential candidates.

Related and with a suggestion from Colin, we need to create some on boarding documentation for when new people come onto the Board. So, I am asking each of you to create a checklist of items that you wish could have been gone through when you first started your position. This could be something like:

- Sign COI form
- Get access to Niagara email account
- Introduction to other Board members
- So on
- And
- So forth

Niagara's investment funds have been transferred to Crossbridge Financial and we're starting the process of creating an Investment Policy document.

Having a little trouble finding a place in Geneva, NY for the Spring HoD. Both Hobart William Smith and Finger Lakes CC declined as the date of the HoD coincides with their finals period. Waiting to hear back from the Ramada Lakefront in Geneva.

In an effort to keep our monthly calls as short and efficient as possible, going forward, please have any reports that you wish to present to the Board sent prior to our monthly call. The last item on the agenda will be 'Report Questions' where anyone with a question about a submitted report can ask it. Verbal reports will not be allowed.

A reminder to all to check your Niagara email regularly as things do come up that require responses.

Update (11/1/18): I'm currently working on an issue here in NYS Section 3 where the Section III Executive Director, John Rathbun, is unwilling to provide 4 Association (Scholastic) Officials (3 are currently scheduled) for the Class A, B, and C meets, putting these meets in violation of one of the requirements for an Observed Meet, specifically 202.8.3.A.

I had a discussion with Clark Hammond (USAS Rules & Regs Chair) yesterday afternoon about the predicament. The only option I may have is to bring the issue to the National Board of Review (which I do not have a problem doing), but Clark was unsure if even the NBoR has the authority/power to overturn/nullify a rule that was passed by the House of Delegates. He is investigating that angle. My main point to Clark was, and this is right out of the USA Swimming rule book, is that the specific rule we're

*Our Mission: Supporting strong clubs, building stronger swimmers by providing opportunities from novice to elite.*

*Our Vision: Inspiring swimming for generations.*

talking about (202.8.3.A - four Association Officials required) actually \*increases\* the burden re the number of required Officials on deck for other Associations than what is required for a run of the mill USAS Invitational. In short, the USA rule book only requires 3 on deck Officials for an Invitational style meet while requiring 4 for an Observed meet. I pointed out to Clark the inherent unfairness of this (and the potential of 50 - 60 athletes being negatively impacted) and he's going to see what, if anything, might be able to be done and will get back to me. To be honest, I'm not holding out much hope, and it may come down to me submitting a rule change for next year's USAS House of Delegates meeting

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## Idea to Implement

### Athlete Wellness

**Summary:** Teens and pre-teens, by definition, go through a lot of changes physically, emotionally, socially, etc. Add to the mix the pressures of practices and competitions and some of our athletes can begin to feel overwhelmed. This even happens at the elite level, with Allison Schmitt being the most visible example. I propose creating or gathering a resource (or resources) that would address the stigma of talking about these issues (from the athlete perspective) and recognizing the warnings signs (from the coach perspective) so that preventative action can be taken. The resources can be in the form of links to web resources from a Niagara webpage or through a series of presentations given by a Psychologist specializing in issues that young athletes face. The goal is to increase awareness and 'If you see something, say something' so that issues can be addressed before they become huge problems for our athletes. As a side benefit, a lot of these resources can be applied to our coaches as well to help avoid burnout, etc. Attached are 4 documents that were used during the presentation along with an article from USA Swimming's Sports Medicine and Science arm.

**Budget:** \$500 - \$1,000

I would like to work into the Niagara Championship and Niagara Championship Qualifier the disability standards that were presented for our disabled membership. I have received the formula and data needed to create our own disability standards for the Niagara Championship Qualifier and use those. My goal with working with Courtney is to implement the standards this year for both meets.

This has a few moving parts and will be working with Courtney on this. We also will be reaching out to Brooks as there is an official's element to the idea as well.

**Budget:** \$0

1. It was encouraging to see how much other LSCs and Zones are doing to promote non-traditional athletes. Through multiple sessions I learned of new informational sheets that are in the works. The one I am most excited about is a flow chart, this flow chart will give both the athlete and the coach a direction and an outline as to the resources and the pathways the swimmer can explore depending on whether they want a more recreational or competitive experience. Once this is released I would like to forward out to the LSC.

**Budget:** \$0

2. While at one of the disability talks I received a "how to" pamphlet for understanding Article 105. Article 105 is the guidelines for officiating swimmers with a disability in USA swimming meets. In this pamphlet they broke down what each section of Article 105 states for the different impairments. For the first part of my proposal I would like to create, print and laminate a DQ slip size paper summarizing Article 105 and the new classifications to give to each of the officials.

**Budget:** getting 2 additional quotes, have received 1 so far at \$600.

3. Lastly, since this meeting I have been in contact with multiple other LSCs about programing and information for all parties in the LSC. At convention I had the pleasure of meeting Char Sorensen who is the Disability Chair for CSI and the regionally officials chair for Western Zone US Paralympics. She has agreed to skype/ conference call with us as an LSC to give information in whatever we are interested in. I propose that we try to link this call with the Para Meet at Ithaca in November 2019. At this meet there will already be multiple clinics offered, I think adding a general coach's clinic would be beneficial.

**Budget:** \$0 additional, for coach's education reimbursement

The first I have begun to work on, which is to create a process for our Referee's (to begin with) the Concussion Awareness Training as the writing is on the wall...NY State as of yet does not require it for us, but with now 20 states jumping on the list, its pretty clear we will need to have it at some point soon.

We will also need to create awareness for any official or coach that wishes to travel to one of the states that already require the training.

**Cost:** \$0

The second is an few ideas to make some of the larger meets show thanks (recognition) but doing some raffle type "give aways" such as pasta, wine and cheese or hickory farms type baskets, gift cards, etc.

**Cost:** 1/3 to 1/2 of Official Recognition budgeted currently (\$300-\$500)

Identify useful programming and efforts to help clubs attract traditionally underrepresented populations. Obviously, we have started to create an awareness of funds but many clubs do not have follow through. Somehow, we need to help the clubs have more follow through with reporting but also educate clubs about populations in their area, they do not pursue. Our clubs rely too much on only "word of mouth" advertising. This type of advertising does not expand their boundaries or attract "different populations".

- (1) We need to develop an incentive for clubs to reach into non-traditional communities in their area and provide opportunities.
- (2) We need to help clubs develop programs that will allow these families to stay in the sport.

While we have a coach mentoring program, a club mentoring program may have greater impact. Listening to coaches and discussing the structure of their organizations, helping clubs develop a sustainable, stable business plan should be a priority in our LSC. Clubs like PACK, FAST, STAR, TWST should be active in mentoring boards of younger organizations or organizations that have proven to be unstable.

I am proposing that we look into how best to teach our female swimmers. This was a topic that many coaches went to this past week and good information was talked about. Coaching now is different than what it was just 10-15 years ago and we should be learning how to best reach these young minds. Items such as teaching young girls to work through emotions, keeping your body language in mind, helping them recognize achievements, making them a teammate, letting them know that you believe in them and much more.

I would suggest that the Age group chair or Senior chair reach out to USA Swimming and possibly bring in a female coach that has had great success with retention in females. This could be done on a yearly basis or maybe once every three years. This would allow our LSC to evaluate how it went and decide if it should continue or grow. This could also lead into the potential of doing it with boys. I am only suggesting the females right now as that was what was offered at the USAS Convention.

**Proposed budget would be \$1,500.00** – To cover flight, hotel, car rental, food and the guest coach's time

(In conjunction with Brooks Howard) Create a process for our Referee's (to begin with) the Concussion Awareness Training as the writing is on the wall...NY State as of yet does not require it for us, but with now 20 states jumping on the list, its pretty clear we will need to have it at some point soon.

We will also need to create awareness for any official or coach that wishes to travel to one of the states that already require the training.

**Cost:** \$0

It was tough for me to pick one single topic, but the more I thought about it, I started gravitating towards the presentation of the topics.

The way we communicate has become increasingly more visual. I was drawn to the infographs/pictograms that quickly and easily educated me on the important facts related to the topic at hand. I've attached examples of the concussion recognition and influenza infographs that USA Swimming has already created. Future plans for infographs include energy drinks and supplements, doping control, allergy and asthma, mental health management and more concussion related topics. Since USA Swimming is making the effort to create these very informative graphics, I think that we should display them on our Niagara website. As we know, the USA Swimming website is difficult to navigate and it did take me a while to find these!

Another graphic that I liked was the USA Swimming competition pyramid. It quickly displayed the hierarchy of the national meets. We could also incorporate that graphic onto our website along with a new graphic of how our Niagara meets flow. New swimming families would gain a quick understanding of how the Gold, Silver, PowerPoint, Super Circuit and invitational meets fit into our LSC.

**Cost:** none



**Niagara Swimming, Inc.**  
**Profit & Loss**  
 September 1 through November 10, 2018  
 Sep 1 - Nov 10, 18

Ordinary Income/Expense

Income

4040 · Investments	0.18
4070 · USA Swimming Registration	177,822.84
4080 · Meet Sanctions	1,125.00
4090 · Swim Meet Surcharges	9,597.70
<b>Total Income</b>	<b>188,545.72</b>

Expense

5100 · Administrative Expense	
5101 · Accounting	
5102 · Treasurer Stipend	1,000.00
<b>Total 5101 · Accounting</b>	<b>1,000.00</b>
5105 · Bank Service Fees	109.25
5115 · Convention	13,036.00
5135 · Internet Services	129.98
5140 · Meetings	
5143 · NI House of Delegates	
5144 · Fall Meeting	1,095.00
<b>Total 5143 · NI House of Delegates</b>	<b>1,095.00</b>
<b>Total 5140 · Meetings</b>	<b>1,095.00</b>
5150 · Postage	18.11
5160 · Registrar Stipend	1,500.00
5165 · Supplies	132.82
5175 · Travel	264.24
<b>Total 5100 · Administrative Expense</b>	<b>17,285.40</b>
5300 · Club Strengthening	
5320 · Coach Training	3,222.39
<b>Total 5300 · Club Strengthening</b>	<b>3,222.39</b>
5500 · Eastern Zone Age Group Champs	
5550 · Long Course	
5556 · Clothing	
5557 · Apparel	58.20
<b>Total 5556 · Clothing</b>	<b>58.20</b>
<b>Total 5550 · Long Course</b>	<b>58.20</b>
<b>Total 5500 · Eastern Zone Age Group Champs</b>	<b>58.20</b>
5700 · Officials	1,095.60
5750 · Athlete Committee	1,045.48
5800 · Registration	
5801 · USA Swimming Registrations	
5803 · Athlete (Full Year)	106,716.00
5804 · Athlete (Seasonal)	30.00
5805 · Athlete (Outreach)	485.00
5806 · Athlete (Single Meet)	110.00
5807 · Athlete (Flex)	2,030.00
5808 · Non Athlete	19,858.00

# Niagara Swimming, Inc. Profit & Loss

September 1 through November 10, 2018

Sep 1 - Nov 10, 18

5809 - Life Member	1,000.00
5810 - Club & Organization	3,850.00
Total 5801 - USA Swimming Registrations	134,079.00
Total 5800 - Registration	134,079.00
5950 - Board Discretionary Fund	698.21
Total Expense	157,484.28
Net Ordinary Income	31,061.44
Net Income	<u>31,061.44</u>

Niagara Swimming, Inc.  
**Profit & Loss**

September 1 through November 10, 2017

Sep 1 - Nov 10, 17

Ordinary Income/Expense	
Income	
4040 · Investments	3.12
4070 · USA Swimming Registration	238,242.00
4080 · Meet Sanctions	1,575.00
4090 · Swim Meet Surcharges	4,699.50
<b>Total Income</b>	<b>244,519.62</b>
Expense	
5100 · Administrative Expense	
5101 · Accounting	9,400.00
5105 · Bank Service Fees	235.50
5115 · Convention	15,362.87
5130 · Equipment	348.00
5135 · Internet Services	107.98
5140 · Meetings	
5143 · NI House of Delegates	
5144 · Fall Meeting	2,665.42
<b>Total 5143 · NI House of Delegates</b>	<b>2,665.42</b>
<b>Total 5140 · Meetings</b>	<b>2,665.42</b>
5150 · Postage	14.01
5160 · Registrar Stipend	1,500.00
5165 · Supplies	170.52
<b>Total 5100 · Administrative Expense</b>	<b>29,804.30</b>
5300 · Club Strengthening	
5310 · Club Clinic	500.00
5315 · Club Recognition Program	800.00
5320 · Coach Training	2,983.53
5340 · Athlete Travel Reimbursement	
5344 · Futures	600.00
<b>Total 5340 · Athlete Travel Reimbursement</b>	<b>600.00</b>
<b>Total 5300 · Club Strengthening</b>	<b>4,883.53</b>
5800 · Registration	
5801 · USA Swimming Registrations	
5803 · Athlete (Full Year)	145,500.00
5804 · Athlete (Seasonal)	60.00
5805 · Athlete (Outreach)	450.00
5808 · Non Athlete	20,358.00
5810 · Club & Organization	4,060.00
<b>Total 5801 · USA Swimming Registrations</b>	<b>170,428.00</b>
<b>Total 5800 · Registration</b>	<b>170,428.00</b>
<b>Total Expense</b>	<b>205,115.83</b>
<b>Net Ordinary Income</b>	<b>39,403.79</b>
<b>Net Income</b>	<b>39,403.79</b>



Consider this my “report” but I’ll keep it very brief. Also, I think I would keep this as a BOD report only. We can mention certain things in the minutes but I would keep specificity of clubs out. Maybe just the top part? I wanted you all to know that I think our pace is consistent with what we have budgeted at this point.

So far in 2019:

2033 Athletes Registered: 1,767 Year Round, 68 Outreach, 198 Flex

33 Non-Athletes

55 Clubs

NI Net - 27,229.00

In 2018:

2590 Athlete Registered: 2500 Year Round, 90 Outreach

351 Non-Athletes

58 Clubs

NI Net - 32,235.00

There’s a few large batches still to come. HAMB, TTSC, FAST, SYCH and VICT were mostly registered by this point last year and have not done so yet. That difference alone would put us on pace or slightly over last year. Also, I’ve been told that a few of the larger clubs are not offering flex. That will help swing some numbers in our favor. I think we will see an uptick with that ratio with the late year renewals (those expiring on 12/31/2018) as well as the “summer” kids that register in May/June. Right now we would be on pace for approximately 600 Flex but again, I think there will be a small uptick.



# Niagara Swimming Club Strengthening Program

## Coach Training Approval Request

Niagara Swimming has implemented a program to help the education and development of our coaches. The program provides financial assistance to help member clubs cover the cost of educating their coaches. During the year (Sept 1<sup>st</sup> – Aug 31<sup>st</sup>) a club is eligible for up to \$500 in matching funds per coach.

### Eligibility Requirements:

- The club has completed at least USA Swimming's Club Recognition Program Level 1.
- The club has received approval from Niagara's Board of Directors.
- Approval was granted prior to attending the training.

Submit this form with a letter of request to the General Chair of Niagara Board of Directors. The letter will include a description of the training that the coach/coaches will attend and the dates of the training.

Club Name Gananda Racing Aquatic Team

Club Recognition Level 1

Training to be Attended Easter States Swim Clinic (ESSC)

Date(s) of Training 10/5 - 10/7/2018

### Coach's Name(s)

Dani Richards

Colleen Conner

Jonathan Schwandt

Kitt Diebold

Robert Jones  
Name of Club Representative Submitting Request

  
Signature

9/23/18  
Date

Jim Stromski  
871 Strong Rd  
Tully, NY 13159-3069  
(315) 238-7124  
[generalchair@niagaraswim.org](mailto:generalchair@niagaraswim.org)

Board Approval \_\_\_\_\_  
Signature Date

**Date:** September 23, 2018

**To:** Jim Stromski

**From:** Bob Jones (GRAT Treasurer)

**Subject:** Coach Training Approval Request

The GRAT Swim Team is requesting pre-approval for reimbursement toward three coaches attending the Eastern States Swim Clinic. The clinic will be a great development opportunity for the coaches to improve and enhance their coaching skills. As a result the coaches will be armed with the latest swimming techniques, which will be passed on to the swimmers so they can be the best they can be.

Sincerely,  
Robert Jones

GRAT Treasurer

A handwritten signature in black ink that reads "Robert Jones". The signature is written in a cursive style with a long horizontal stroke at the end.

## PETER S. KOENIG III, CPA

114 Thistledown Drive • Irondequoit, NY • 14617  
[peter.s.koenig@gmail.com](mailto:peter.s.koenig@gmail.com) • cell: (585) 732-2674

### PROFESSIONAL EXPERIENCE

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**DELOITTE**, Rochester, New York

September 2018-Present

Audit Manager

- Manage the audit to ensure meeting of client, firm and team specific deadlines
- Assist in developing, and furthering, client relationships through audit procedures as well as in other assurance services
- Focused on staff professional development to adhere to regulatory and firm standards

**DELOITTE**, Houston, Texas/Rochester, New York

September 2015-September 2018

Audit Senior

- Led multiple engagements, often concurrently, including a Fortune 500 Company, a major health insurance company, and a business process outsourcer
- Assisted in all phases of the audit: overseeing strategic planning, team development, reporting, evaluations, risk mitigation, and business development
- Coordinated the delegation, and review, of staff work while coaching and managing staff in their professional development
- Maintained a strong client focus, while being responsive to client requests, and develop/maintain productive working relationships with client personnel

**DELOITTE**, Rochester, New York

September 2013-September 2015

Audit Staff

- Operated as a staff auditor on audit clients in multiple industries, including: oil & gas, real estate, retail, and healthcare
- Performed industry specific substantive procedures and testing of internal controls
- Adhered to relevant PCAOB guidance for issuers and AICPA guidance for non-issuers
- Identified accounting and audit issues and resolved discrepancies and irregularities

**ST. BONAVENTURE MEN'S SWIM TEAM**, St. Bonaventure, New York

April 2012-May 2013

Graduate Assistant

- Assisted in coaching athletes in pursuit of winning a conference championship
- Supported the head coach with recruiting to maintain a strong athletic program in the future
- Helped freshmen adjust to college with both academics and athletics to facilitate a successful collegiate experience

### EDUCATION

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**St. Bonaventure University**

St. Bonaventure, New York

BBA/MBA Registered Accounting 5-Year Program

May 2013

Overall GPA: 3.6/4.0 Major GPA: 3.6/4.0

Cum Laude

### COLLEGIATE ACHIEVEMENTS

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**St. Bonaventure Men's NCAA Division I Swim Team**

2008-2012

- 1x A-10 Champion (200-yard Medley Relay)
- Former Varsity (200/400 Medley Relay; 100-yard Backstroke) and Conference Record Holder (200-yard Medley Relay)
- 17x A-10 Finalist
- 2011 Academic All-Conference Team
- Second Team All Conference Member

### MEMBERSHIPS/ASSOCIATIONS

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Deloitte Outstanding Performance Award

March 2017; September 2015

Certified Public Accountant – Licensed in New York

2014-Present

New York State Society of Certified Public Accountants (NYSSCPA)

2009-Present

Eagle Scout

2008



**Proposed by:** Marci Callan

10/25/18

At the 2018 US Aquatics Convention, USA Swimming adopted a ban, with certain exemptions, on the use of tech suits for athletes aged 12 and Under. This ban becomes effective on 9/1/2020. This proposal is for an early adoption of this ban, making it effective as of December 1<sup>st</sup>, 2018.

Until such a time when manufacturer's marks appear on the suits, it will be the responsibility of coaches to bring swimwear violations to the Meet/Deck Referee's attention.

Following is the language adopted by USA Swimming:

R-3 ADOPTED/AMENDED Effective September 1, 2020

Location:

Page 30 – (new) 102.8 Swimwear

Page 63 – 202.6 Requirements for Approval

## 102.8 SWIMWEAR

### .1 Design

A – F [no changes]

G No Technical Suits shall be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

(1) Exceptions to the foregoing restriction are only for Junior Nationals, US Open, National Championships, and Olympic Trials.

(2) A Technical Suit is one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or
- b. Any suit with woven fabric extending past the hips.

(Note: WOVEN FABRIC – A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC – A suit with knit fabric and sewn seams not extending below the knees is permitted.) [re-letter remaining]

Note that this, also, affects the requirements for an Approved meet 202.6.8.C

To Do: Compile a list of banned suits for distribution to coaches?



10/25/18

### **Motion to Approve Reimbursement of USA Swimming Membership Related Fees**

As membership of the Niagara Board of Directors require that an individual be a member in good standing of USA Swimming, this motion is to approve reimbursement of USA Swimming membership related fees:

Membership - \$60

Background Check - \$38

Total - \$98

to Peter Koenig. Unlike the other members of the Board, Peter is not currently a member of USA Swimming and it seems reasonable that the LSC reimburse these fees so that he can volunteer for the position of Finance Vice Chair.