



## Niagara Board of Director's Meeting Agenda

July 31, 2019 9:15PM

1. Call to Order
2. Roll Call
3. Approval of minutes for 6/26/2019 BOD meeting
4. Athletes

Consent Agenda, Items #5, #6 & #7

5. PACK Coach Training Request (J. Stromski) attached
6. Send two coaches to the Mighty Mid Leadership Summit (E. Stimson) attached
7. Approve up to \$3,000 expenditure to bring Samantha Livingstone to Fall HoD (J. Stromski) attached
8. Coach Training Program Status (S. Williams)
9. VIA EMAIL initiated on 8/8/2019 – Send Courtney Christ to USAS HOD as an AG Chair alternate.
10. Reports Questions

Niagara LSC Board of Directors Meeting Minutes for  
July 31, 2019

<b>Position</b>	<b>Incumbent</b>	<b>Present</b>	<b>Absent</b>
<b>General Chair*</b>	Jim Stromski	X	
<b>Admin Vice-Chair*</b>	Colin Adams		X
<b>Senior Vice Chair*</b>	Kim Corby	X	
<b>Age Group Vice Chair*</b>			
<b>Finance Vice Chair*</b>	Peter Koenig		X
<b>Secretary</b>	Colin Adams		X
<b>Treasurer</b>	Adam Zaczkowski	X	
<b>Senior Coach Representative*</b>	Seth Williams	X	
<b>Junior Coach Representative*</b>	Phil Baretella	X	
<b>Junior Athlete Representative*</b>	Molly Brennan	X	
<b>Senior Athlete Representative*</b>	Molly Hewett	X	
<b>Safety Committee Chair</b>	Leo Gibbons	X	
<b>Technical Planning Chair</b>	Will Chidsey	X	
<b>Member/Registration Coordinator</b>	Eric Stimson	X	
<b>General Chairman Appointment</b>	Brooks Howard	X	
<b>General Chairman Appointment</b>	Shawn Parkhurst		
<b>Immediate Past General Chair</b>	Eric Lind		X
<b>Diversity &amp; Inclusion Chair</b>	Mike Switalski	X	
<b>Disability Chair</b>	Courtney Christ	X	
<b>At Large Athlete</b>	Alex LaPointe	X	
<b>At Large Athlete</b>	Maddie Panus		X
	Suzanne Sokolski		X

1. Call to Order – 9:15
2. Roll Call – see attendance list
3. Approval of minutes for June BOD meeting as presented
  - Motion to accept the meeting minutes as presented. No discussion or questions.
  - Seconded. All in favor. Motion carries
4. Athletes – Molly Brennan
  - Working with Samantha Livingston on ways to improvement communication about mental health with athletes through social media.
  - LC Champs athletes really appreciated the hospitality
  - The attendees to the We Lead convention got a lot out of it and posted pictures and videos about their experience.

Consent Agenda, Items 5 through 7

- #6 PULLED
  - K Corby abstained
  - Motion to approve items #5 and #7
  - Seconded. All in favor. Motion carries
5. PACK Coach Training Request (J. Stromski) attached –
    - Approved by Consent Agenda
  6. Send two coaches to the Mighty Mid Leadership Summit (E. Stimson) attached
    - Approved by Consent Agenda
  7. Approve up to \$3,000 expenditure to bring Samantha Livingstone to Fall HoD (J. Stromski) attached
    - Adam Z pulled to understand the scope of the project and the funding requirements after we already set aside \$3000. Reminds us to follow our normal fiscally responsible processes.
    - Jim and Alex L described what she has been doing in preparation for phase 1 to help spread the message about awareness. Basically, she is doing the bulk of the organizational work on this project as well as working with various partnerships within the LSC. Big focus is to destigmatize mental health. The additional request money will be further roll out phase 2.
    - Eric S and Mike S referenced a concern about paying out money without a Statement of Work (SOW) to document what we spent the money on, and did we get what we paid for.
    - Jim S referred to the original AWI and send it out to group for review via email during the meeting.
    - Jim will provide more detail on what has been done so far.
    - Jim S clarified the motion for the group:

- Motion to approve \$3000 to bring Samantha Livingstone to the fall HOD meeting to deliver the speech that she delivered previously at the Aquatics Convention last year.
- Seconded. All in favor. Motion carries

#### 8. Coach Training Program Status (S. Williams)

- Seth is putting together the flyer and working with ASCA on the logistics on how the coaches get access. The tracking of the training will be manually by using the LSC reimbursement request form so that we can keep a running tab of the expenses toward the \$5000.
- Seth promoted the opportunity at the Champs meet included for assistants. It is essentially a first come/first serve until the money gone.
- Set up a coach and athlete performance segment. TJ from STAR is going to putting together Niagara Select Camp for athlete and coaches. Ultimate goal will be a tie into USAS programs.

#### 9. VIA EMAIL initiated on 8/8/2019 – Send Courtney Christ to USAS HOD as an AG Chair alternate.

- Seconded. All in favor via email. Motion carries

#### 10. Reports Questions

- No reports on the reports
- Recruiting allegation response was sent out to the group for review. Respond back to Jim with questions or concerns.
- Eric S talked about the Age Group Committee – will focus on virtual training session with Mike Lawrence for the committee. Will discuss with him on how the LSC can be a bigger initiative. Each committee member has individual responsibility. Phil is researching some elements, formats, locations, etc to put more fun into swimming. Kim C reached out to other LSCs and were willing to discuss after the big summer meets.
- Have a potentials AG Chair and will go through the formal process. Might consider making the Zone Team Manager a separate role under the AG Chair.
- Mike S – Asked when the new By Laws become effective? Eric said that it wasn't decided at the last HOD but it has to be done by 1/2020.
- Jim S add the following motion:
  - Motion to make the newly approved By Laws become effective on 9/1/2019
  - Seconded. All in favor. Motion carries.
  - Eric recommends that the everyone review the P&P to make sure that their committees operate as intended.

Reports of officers, committees and coordinators:

- General Chair – Jim Stromski – Report
- Admin Vice Chair Interim – Colin Adams – No Report
- Senior Vice Chair – Kim Corby – No Report
- Age Group Vice Chair — No Report
- Finance Vice Chair – Peter Koenig – No report
- Treasurer – Adam Zaczkowski – Report Attached
- Sr. Coach Rep – Seth Williams – No Report
- Jr. Coach Rep – Phil Baretel – No Report
- Sr. Athlete Rep – Molly Hewitt – No Report
- Jr. Athlete Rep – Molly Brennan – No Report
- Safety Committee Chair – Leo Gibbons – Report Attached
- Tech Planning Chair – Will Chidsey – No Report
- Member/Registration – Eric Stimson – No Report
- Officials Chair – Brooks Howard – No Report
- Diversity Chair – Mike Switalski – No Report
- Disability Chair – Courtney Christ – No Report
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#### Adjournment

- Motion to adjourn; seconded; all in favor. Meeting adjourned at 10:05.



# Niagara Swimming Club Strengthening Program

## Coach Training Approval Request

Niagara Swimming has implemented a program to help the education and development of our coaches. The program provides financial assistance to help member clubs cover the cost of educating their coaches. During the year (Sept 1<sup>st</sup> – Aug 31<sup>st</sup>) a club is eligible for up to \$500 in matching funds per coach.

### Eligibility Requirements:

- The club has completed at least USA Swimming's Club Recognition Program Level 1.
- The club has received approval from Niagara's Board of Directors.
- Approval was granted prior to attending the training.

Submit this form with a letter of request to the General Chair of Niagara Board of Directors. The letter will include a description of the training that the coach/coaches will attend and the dates of the training.

Club Name Pack Swim Team of Pittsford

Club Recognition Level Level II

Training to be Attended Eastern States Swim Clinic, Cherry Hill, NJ

Date(s) of Training October 5 & 6, 2019

Coach's Name(s)

Marty Keating

Richard Schmitt

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tom Brennan - Pack Treasurer  
Name of Club Representative Submitting Request

  
Signature

7/11/2019  
Date

Jim Stromski  
871 Strong Rd  
Tully, NY 13159-3069  
(315) 238-7124  
generalchair@niagaraswim.org

Board Approval \_\_\_\_\_  
Signature Date

## Motion to Approve Funds for In Person AWI Kickoff

This motion is to approve \$3,000 to bring our AWI consultant, Samantha Livingstone, to the Fall HoD meeting in Rochester for an in person kickoff of the AWI program. The money would cover:

Travel costs

1 night in a hotel room

Speaking fee

Samantha will be in the Oklahome LSC for their HoD on Saturday and is working with USA Swimming to reroute her return to Vermont to include coming to Rochester to speak at our house of delegates. Samantha brings a powerful message from a world class athlete who struggled with mental health eve as she succeeded in the pool and it's the message we want to get out to our athletes, coaches, and parents. The travel costs and hotel room would be a supplement to what USA Swimming is paying for her return travel.



General Chair <generalchair@niagaraswim.org>

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**Fwd: Mighty Mid Leadership Summit Invitation, November 1 - 3, 2019, Colorado Springs**

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Jim Stromski <jrstromski@gmail.com>  
To: General Chair <generalchair@niagaraswim.org>

----- Forwarded message -----

From: Hilary Perez <hperez@usaswimming.org>  
Date: Thu, Jun 27, 2019 at 3:23 PM  
Subject: Mighty Mid Leadership Summit Invitation, November 1 - 3, 2019, Colorado Springs  
To:

**Greetings, LSC Board Members of USA Swimming's *Mighty Mid* LSCs,**

You are receiving this email as a board leader in one of USA Swimming's *Mighty Mid* LSCs, the 20 mid-sized LSCs of USA Swimming. The LSC Development invite 2 coach leaders from your LSC to participate in a unique opportunity coming this fall. You must determine your coach attendees and submit their names by September 1 here: <https://cvent.me/ZY9Gn>.

**What:** 2019 Mighty 2500 LSC Summit: *Leading to Make an Impact in Your LSC*

**Who:** Two (2) Coach Leaders from Your LSC. One coach should be an experienced coach who is a current LSC Board member; the second coach should be a current and potential future LSC board member. All coaches must meet the following requirements PRIOR to their arrival. Coaches who have not met each requirement for any portion of the summit.

Requirements for staying on-site:

- Must be a current 2019 USA Swimming Member in Good Standing
- Completed, and current, Athlete Protection training
- Completed, and current, Background Screening
- All other certifications must be current

**When:** Friday thru Sunday: November 1 - 3, 2019 (Friday afternoon arrival; Sunday morning departure)

**Where:** US Olympic Training Center, Colorado Springs, CO

**Details:** LSC funds travel only to and from Colorado Springs; USA Swimming funds ground transportation, meals, and lodging.

**Keynote:** Roberta Kraus, PhD, President, Center for Sports Psychology

Coach engagement in LSC governance is crucial to athlete success. Engaged coaches on the LSC board impacts athlete development and performance and is an honor to be selected to represent your LSC at this summit. Find creative solutions to overcome any obstacles that stand in the way of sending your two best coaches to the Mighty Mid LSC Summit. Your two honored coaches will come back with leadership skills and ideas to make your LSC better.

*The following LSCs are included in the Mighty Mid: Allegheny Mountain, Arizona, Connecticut, Florida Gold Coast, Hawaiian, Iowa, Lake Erie, Maryland, Michigan, Oregon, Ozark, Pacific Northwest, San Diego Imperial, Sierra Nevada, South Carolina, Utah, and Virginia.*

Have logistical questions? Contact Hilary Perez, Sport Development Administrative Assistant, at: [hperez@usaswimming.org](mailto:hperez@usaswimming.org)

Need more information about the Summit: Contact Jane Grosser, LSC Services Senior Manager at: [jane.grosser@usaswimming.org](mailto:jane.grosser@usaswimming.org)

Thank you!



Hilary A. Perez  
*Sport Development Administrative Assistant*

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**Niagara Swimming LSC + Livingstone High Performance, LLC.**  
**Athlete Wellness Initiative**  
*Updated 3/4/2019*

**Mission of Niagara Swimming:** Supporting strong clubs, building stronger swimmers by providing opportunities from novice to elite.

**Vision of Niagara Swimming:** Inspiring swimming for generations.

**Values of Niagara Swimming:** Safety. Community. Health/Well-being. Confidence. Achievement.

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**Niagara Swimming Athlete Wellness Initiative (what is it?):**

**Long-Term Goal of Athlete Wellness Initiative:** To equip the athletes of Niagara Swimming with the skill set they need to become brave, resilient, mindful athletes. To support the growth of **all** athletes by connecting bridging them to the appropriate resources to help them achieve high-performance, feel fulfilled and positively cope with challenges, i.e. self-doubt, wavering confidence, failure, performance pressure, transition to college, etc. To support coaches, officials, parents and other stakeholders with the resources and tools they need to become an inspired, empowered, aware and equipped village.

**The Niagara Swimming Athlete Wellness Initiative includes the following:**

- I. Growing awareness + education around mental health issues; normalizing struggle and asking for help
- II. Identifying resources to support coaches, athletes and parents; helping to identify warning signs and appropriate language RE mental health issues

- III. Providing opportunities for connection and collaboration within clubs and across Niagara Swimming
  - Hosting in-person events for trainings and workshops; curriculum pulled from pillars of high-performance
  - Creating a virtual platform for coaches, athletes and parents that houses resources, connection to community and virtual trainings
  
- V. Establishing a recognition program for clubs who demonstrate a commitment to AWI
  
- VII. Fostering community // Infusing (embedded into culture) Athlete Wellness into the culture of Niagara Swimming, i.e. presence on social media + at swim meets
  
- VIII. Creating a system for reflection and evaluation RE effectiveness of AWI
  - Survey monkey / qualitative data
  - Retention rates
  - Fulfillment
  - Response to setbacks
  - National / Jr. National team
  - Self-compassion survey
  - MSPE / FAME
  - Generalized Anxiety

## **AWI Priorities**

Task-Force Priorities	Lead	Paint-the-Picture: What does it look like when the AWI is fully implemented?	2019 SMART Goals <i>specific, measurable, achievable, relevant, time-bound</i>
Growing awareness regarding athlete wellness	Jim		
Identifying resources to support athletes, coaches, and parents	Alex		
Creating a virtual portal to share resources and information	Maddie		
Using social media to build open communication /culture within the athlete community	Molly & Molly		
Hosting in-person events/training for coaches, parents, and athletes	Leo	<u>Open communication between Athletes and NI AWI, Clubs gain awareness into recognition and seeking professional mental health assistance. Recognition for Clubs that support AWI/SS</u>	<u>Quarterly session goals, AWI/SS Sessions run together to provide joint support. Semi Annual Program updates at HOD, Quarterly Program Memos sent out to all LSC Club Contacts.</u>

Date – 7/31/19

Subject – Monthly Safety Report / 2019.7

From – Leo Gibbons, Jr. / Operational Risk & Safe Sport Chairperson

To – Niagara BOD & Chairs



1. Reports of Occurrence – (0) (19 YTD)
  - No reports this month
2. Safe Sport Club Coordinators –
  - We currently have 67 actives to date – due to a recent loss of 1 from SHAQ
  - Monthly info letter sent to all SSCC and Op Risk Committee 7/15/19 \*
  - July Safe Sport Newsletter sent to all SSCC on 7/22/19
  - **MERC** had best survey feedback this Month and got the **“Gold Star of the Month”**
3. MAAPP Compliance -
  - Mixed replies from various Officials regarding signed Acknowledgement Forms
  - Outdoor venues present difficulties with ID and deck control of volunteers
  - Acknowledgement process has started slow but getting better
4. Safe Sport Recognized Status –
  - Call from Jeff Allen on 7/15/19 requesting feedback on overall progress
  - Survey sent to SSCC requesting answers on MAAPP, APT, SSRP
  - 12 Clubs have responded as of 7/31/19
5. Safe Sport Issues –
  - 7/19/19 / STAR / CPV 304.1, 305.7 / Complaint from Athletes about an Official
  - This is being handled by the STAR Board of Directors as of 7/30/19

**Niagara Swimming, Inc.**  
**Profit & Loss Budget vs. Actual**  
**September 2018 through August 2019**

Ordinary Income/Expense	Sep '18 - Aug 19	Budget	\$ Over Budget	% of Budget
<b>Income</b>				
4030 · LEAP Funding	0.00	2,500.00	-2,500.00	0.0%
4040 · Investments				
4041 · Brokerage Account	0.00	13,663.50	-13,663.50	0.0%
4042 · Interest-Savings	4.17	17.50	-13.33	23.83%
<b>Total 4040 · Investments</b>	<b>4.17</b>	<b>13,681.00</b>	<b>-13,676.83</b>	<b>0.03%</b>
4060 · Miscellaneous	1,200.00	0.00	1,200.00	100.0%
4070 · USA Swimming Registration	404,022.26	447,155.00	-43,132.74	90.35%
4080 · Meet Sanctions	2,775.00	5,000.00	-2,225.00	55.5%
4090 · Swim Meet Surcharges	49,973.00	43,750.00	6,223.00	114.22%
4110 · Eastern Zone Team Athlete Fees				
4130 · Long Course				
4131 · Team Dues	25,800.00	25,300.00	500.00	101.98%
4132 · Clothing and Cap Sales	250.00	350.00	-100.00	71.43%
<b>Total 4130 · Long Course</b>	<b>26,050.00</b>	<b>25,650.00</b>	<b>400.00</b>	<b>101.56%</b>
<b>Total 4110 · Eastern Zone Team Athlete Fees</b>	<b>26,050.00</b>	<b>25,650.00</b>	<b>400.00</b>	<b>101.56%</b>
<b>Total Income</b>	<b>484,024.43</b>	<b>537,736.00</b>	<b>-53,711.57</b>	<b>90.01%</b>
<b>Expense</b>				
5100 · Administrative Expense				
5101 · Accounting				
5102 · Treasurer Stipend	5,500.00	6,000.00	-500.00	91.67%
5103 · Audit & Tax Prep	1,600.00	1,500.00	100.00	106.67%
5104 · Char 500	100.00	100.00	0.00	100.0%
<b>Total 5101 · Accounting</b>	<b>7,200.00</b>	<b>7,600.00</b>	<b>-400.00</b>	<b>94.74%</b>
5105 · Bank Service Fees	1,066.66	1,550.00	-483.34	68.82%
5115 · Convention	19,130.48	15,000.00	4,130.48	127.54%
5130 · Equipment	40.99	600.00	-559.01	6.83%
5135 · Internet Services	783.68	780.00	3.68	100.47%
5140 · Meetings				
5142 · EZ Spring Meeting	2,156.12	3,500.00	-1,343.88	61.6%
5143 · NI House of Delegates				
5144 · Fall Meeting	1,631.23	3,000.00	-1,368.77	54.37%
5145 · Spring Meeting	1,926.30	3,000.00	-1,073.70	64.21%
<b>Total 5143 · NI House of Delegates</b>	<b>3,557.53</b>	<b>6,000.00</b>	<b>-2,442.47</b>	<b>59.29%</b>
<b>Total 5140 · Meetings</b>	<b>5,713.65</b>	<b>9,500.00</b>	<b>-3,786.35</b>	<b>60.14%</b>
5150 · Postage	34.61	100.00	-65.39	34.61%
5160 · Registrar Stipend				
5161 · Registrar Stipend	6,000.00	6,000.00	0.00	100.0%
<b>Total 5160 · Registrar Stipend</b>	<b>6,000.00</b>	<b>6,000.00</b>	<b>0.00</b>	<b>100.0%</b>
5165 · Supplies	387.52	500.00	-112.48	77.5%
5175 · Travel	9,432.70	4,000.00	5,432.70	235.82%
<b>Total 5100 · Administrative Expense</b>	<b>49,790.29</b>	<b>45,630.00</b>	<b>4,160.29</b>	<b>109.12%</b>
5300 · Club Strengthening				

**Niagara Swimming, Inc.**  
**Profit & Loss Budget vs. Actual**  
**September 2018 through August 2019**

	Sep '18 - Aug 19	Budget	\$ Over Budget	% of Budget
5310 · Club Clinic	0.00	500.00	-500.00	0.0%
5315 · Club Recognition Program	800.00	1,200.00	-400.00	66.67%
5320 · Coach Training	6,044.81	8,000.00	-1,955.19	75.56%
5325 · Coach Mentoring	0.00	1,000.00	-1,000.00	0.0%
5335 · Outreach	500.00	10,000.00	-9,500.00	5.0%
<b>5340 · Athlete Travel Reimbursement</b>				
5341 · Washington IMX	1,575.00	3,000.00	-1,425.00	52.5%
5342 · Adaptive	200.00	250.00	-50.00	80.0%
5343 · Speedo Sectionals	5,200.00	7,000.00	-1,800.00	74.29%
5344 · Futures	0.00	6,000.00	-6,000.00	0.0%
5345 · NSCA Juniors	4,800.00	3,900.00	900.00	123.08%
5346 · ISCA Juniors	2,500.00	1,500.00	1,000.00	166.67%
5347 · EZ SC Age Group Champs	700.00	2,000.00	-1,300.00	35.0%
5348 · EZ Open Water Champs	0.00	500.00	-500.00	0.0%
5349 · Eastern Zone Senior	0.00	1,500.00	-1,500.00	0.0%
5350 · TYR Pro Series	0.00	1,125.00	-1,125.00	0.0%
5351 · Junior Nationals - Summer	0.00	1,350.00	-1,350.00	0.0%
5352 · Junior Nationals - Winter	1,875.00	2,625.00	-750.00	71.43%
5353 · P66 Nationals	0.00	550.00	-550.00	0.0%
5354 · AT&T Winter Nationals	0.00	550.00	-550.00	0.0%
<b>Total 5340 · Athlete Travel Reimbursement</b>	<b>16,850.00</b>	<b>31,850.00</b>	<b>-15,000.00</b>	<b>52.9%</b>
<b>Total 5300 · Club Strengthening</b>	<b>24,194.81</b>	<b>52,550.00</b>	<b>-28,355.19</b>	<b>46.04%</b>
<b>5400 · Eastern Zone Affiliation</b>				
5410 · EZ Per Athlete Fee	0.00	1,500.00	-1,500.00	0.0%
<b>Total 5400 · Eastern Zone Affiliation</b>	<b>0.00</b>	<b>1,500.00</b>	<b>-1,500.00</b>	<b>0.0%</b>
<b>5500 · Eastern Zone Age Group Champs</b>				
<b>5550 · Long Course</b>				
5551 · Lodging	0.00	12,500.00	-12,500.00	0.0%
5552 · Selection Committee	0.00	250.00	-250.00	0.0%
5553 · Coaching	0.00	2,500.00	-2,500.00	0.0%
5554 · Food	0.00	3,500.00	-3,500.00	0.0%
5555 · Transportation	7,428.00	9,000.00	-1,572.00	82.53%
<b>5556 · Clothing</b>				
5557 · Apparel	4,288.60	5,000.00	-711.40	85.77%
5558 · Caps	1,028.00	2,000.00	-972.00	51.4%
<b>Total 5556 · Clothing</b>	<b>5,316.60</b>	<b>7,000.00</b>	<b>-1,683.40</b>	<b>75.95%</b>
5559 · Meet Entry Fees	2,053.00	2,500.00	-447.00	82.12%
5561 · Administrative	0.00	500.00	-500.00	0.0%
5562 · Misc	225.00	250.00	-25.00	90.0%
<b>Total 5550 · Long Course</b>	<b>15,022.60</b>	<b>38,000.00</b>	<b>-22,977.40</b>	<b>39.53%</b>
<b>Total 5500 · Eastern Zone Age Group Champs</b>	<b>15,022.60</b>	<b>38,000.00</b>	<b>-22,977.40</b>	<b>39.53%</b>
<b>5650 · LSC Supported Meets</b>				
5651 · LC Super Circuits	4,000.00	6,000.00	-2,000.00	66.67%
<b>Total 5650 · LSC Supported Meets</b>	<b>4,000.00</b>	<b>6,000.00</b>	<b>-2,000.00</b>	<b>66.67%</b>

**Niagara Swimming, Inc.**  
**Profit & Loss Budget vs. Actual**  
**September 2018 through August 2019**

	<u>Sep '18 - Aug 19</u>	<u>Budget</u>	<u>\$ Over Budget</u>	<u>% of Budget</u>
5700 · Officials	2,460.82	6,000.00	-3,539.18	41.01%
5701 · Officials - Recognition	0.00	1,000.00	-1,000.00	0.0%
5750 · Athlete Committee	3,612.08	2,500.00	1,112.08	144.48%
5800 · Registration				
5801 · USA Swimming Registrations				
5803 · Athlete (Full Year)	270,636.00	301,538.00	-30,902.00	89.75%
5804 · Athlete (Seasonal)	1,710.00	3,503.00	-1,793.00	48.82%
5805 · Athlete (Outreach)	1,475.00	1,740.00	-265.00	84.77%
5806 · Athlete (Single Meet)	120.00	0.00	120.00	100.0%
5807 · Athlete (Flex)	5,590.00	20,520.00	-14,930.00	27.24%
5808 · Non Athlete	46,498.00	44,413.00	2,085.00	104.7%
5810 · Club & Organization	5,390.00	5,286.00	104.00	101.97%
<b>Total 5801 · USA Swimming Registrations</b>	<u>331,419.00</u>	<u>377,000.00</u>	<u>-45,581.00</u>	<u>87.91%</u>
<b>Total 5800 · Registration</b>	331,419.00	377,000.00	-45,581.00	87.91%
5950 · Board Discretionary Fund	1,856.08	5,500.00	-3,643.92	33.75%
6600 · Payroll Expenses	6,994.77	10,000.00	-3,005.23	69.95%
<b>Total Expense</b>	<u>439,350.45</u>	<u>545,680.00</u>	<u>-106,329.55</u>	<u>80.51%</u>
<b>Net Ordinary Income</b>	44,673.98	-7,944.00	52,617.98	-562.36%
<b>Other Income/Expense</b>				
<b>Other Income</b>				
7001 · Returned 2017 2018 Grant Prog	596.00	0.00	596.00	100.0%
7002 · Returned 2017 2018 Reg Deposits	690.00	0.00	690.00	100.0%
<b>Total Other Income</b>	<u>1,286.00</u>	<u>0.00</u>	<u>1,286.00</u>	<u>100.0%</u>
<b>Other Expense</b>				
7101 · 2017 2018 Grant Prog Reissues	596.00	0.00	596.00	100.0%
<b>Total Other Expense</b>	<u>596.00</u>	<u>0.00</u>	<u>596.00</u>	<u>100.0%</u>
<b>Net Other Income</b>	690.00	0.00	690.00	100.0%
<b>Net Income</b>	<u><u>45,363.98</u></u>	<u><u>-7,944.00</u></u>	<u><u>53,307.98</u></u>	<u><u>-571.05%</u></u>



## General Chair Report

Prepared by: Jim Stromski

7/31/19

The AWI program is getting ready for Phase 1 kickoff. Athletes are setting up social media mental health 'nuggets' to randomly post to raise awareness, we have a volunteer to help build the online portal, and we have mentoring partnerships with Nazareth College and Syracuse University.

The Executive Board had a conference call to adjudicate an alleged recruiting violation. We heard from both sides and a decision was reached. I have typed up a formal letter and am awaiting feedback from EB members prior to sending it to those involved.

*Our Mission: Supporting strong clubs, building stronger swimmers by providing opportunities from novice to elite.*

*Our Vision: Inspiring swimming for generations.*