



# Clarence Dog Days of Winter

February 17, 2024

Sanction # NI-2324-043

Hosted by:  
Clarence Swim Club



<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Tom Steuer <a href="mailto:Coachsteuer@gmail.com">Coachsteuer@gmail.com</a>	Hannah Burkett <a href="mailto:throwrock@verizon.net">throwrock@verizon.net</a>	Paul Cary <a href="mailto:pcary@me.com">pcary@me.com</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Niagara Swimming: <b>NI-2324-043.</b></li> <li>In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Clarence Swim Club, and Clarence Central School District shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>FACILITY</b>	<p style="text-align: center;"><b>Clarence High School</b> 9625 Main Street Clarence, NY 14031</p> <ul style="list-style-type: none"> <li>8 lanes, 25 yards</li> <li>Water depth range of 12 feet at the starting end and 4 feet at the turning end.</li> <li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li> </ul>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Friday, February 9, 2024, 11:59pm</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p style="text-align: center;"><b>Saturday, February 17, 2024</b></p> <p><b>Session 1: 12 &amp; Under</b> Warm-Up: 7:45 a.m. Start: 8:45 a.m.</p> <p><b>Session 2: Open</b> Warm-Up 12:30 p.m. or 10 minutes after the conclusion of Session 1 whichever is later. Start: 1:30 p.m. or 60 minutes after warm-up begins.</p> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all registered USA Swimmers.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>NI and host clubs along with their meet directors are committed to <a href="#">the Inclusion Policy</a> as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>

<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>Current USA Swimming rules shall govern this meet.</li> <li>All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</li> <li>No on-deck USA-S registration is permitted.</li> <li>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>Deck changes are prohibited.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>Dive-over starts will be used.</li> <li>The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>All events are timed finals.</li> <li>Maximum of 4 individual events per day.</li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>All events will be pre-seeded.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>All events will be seeded slowest to fastest.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>There will be no team or individual scoring.</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>Ribbons will be awarded as follows for the AM session only. <ul style="list-style-type: none"> <li>1<sup>st</sup> - 8<sup>th</sup> place in each of the following age groups during session 1. <ul style="list-style-type: none"> <li>8 &amp; under</li> <li>9-10</li> <li>11-12</li> <li>Heat Winner ribbons</li> </ul> </li> </ul> </li> <li>Bell Winner prizes for selected heats at both sessions.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>Programs will be available for \$5</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
<b>SPECTATOR ENTRY FEE</b>	<ul style="list-style-type: none"> <li>There is no entry fee.</li> </ul>

<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Officials interested in volunteering should contact Hannah Burkett <a href="mailto:throwrock@verizon.net">throwrock@verizon.net</a> and RSVP on the Niagara Officials TeamApp.</li> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Clarence Swim Club will provide timers</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Entry Coordinator.</li> <li>The entry coordinator is Paul Cary. Please contact him with any questions or concerns regarding your entries; (716) 481-1245 (cell) or <a href="mailto:pcary@me.com">pcary@me.com</a>.</li> <li>Include in the subject of the email, "Dog Days of Winter - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file (Hy-Tek or equivalent), report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Entry Coordinator will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Entry Coordinator.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p style="text-align: center;">Per Swimmer Surcharge: \$7                      Relay event fee: n/a Individual event fee: \$5</p> <ul style="list-style-type: none"> <li>Make checks payable to Clarence Swim Club. Checks may be mailed to: Gina Cartenuto Clarence Swim Club Treasurer 5564 Martha's Vineyard Clarence Center, NY 14032</li> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.</li> </ul>
<b>Available Medical Supervision/Equipment</b>	<p>Medical assistance will be provided at the facility by lifeguards. If you require medical assistance, please see a lifeguard or notify a member of the meet staff. AED, backboard, and first aid supplies are available at the facility. Local EMS will be called if necessary.</p>

# Clarence Dog Days of Winter

**February 17, 2024**

**Session 1: 12 & Under**

Warm-Up: 7:45 a.m.

Start: 8:45 a.m.

**Session 2: Open**

Warm-Up: 12:30 p.m. or 10 minutes after the conclusion of Session 1, whichever is later.

Start: 1:30 p.m. or 60 minutes after warm-up begins.

## Session 1 12 & Under

Girls Event #	Event Description	Boys Event #
1	<b>200 IM</b>	2
3	<b>50 Fly</b>	4
5	<b>100 Back</b>	6
7	<b>50 Breast</b>	8
9	<b>100 Free</b>	10
11	<b>100 IM</b>	12
13	<b>50 Free</b>	14
15	<b>100 Fly</b>	16
17	<b>50 Back</b>	18
19	<b>100 Breast</b>	20
21	<b>200 Free</b>	22

## Session 2 Open

Girls Event #	Event Description	Boys Event #
23	<b>50 Free</b>	24
25	<b>200 IM</b>	26
27	<b>200 Back</b>	28
29	<b>100 Free</b>	30
31	<b>200 Fly</b>	32
33	<b>100 Breast</b>	34
35	<b>200 Free</b>	36
37	<b>100 Back</b>	38
39	<b>200 Breast</b>	40
41	<b>100 Fly</b>	42