

Otter's Fall Meet

October 14 & 15, 2023

Sanction # NI -2324-003



MEET DIR	RECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR			
Jenny Kyle		Fred Leff	Mark Drotar			
315-391	-6425	Fleff114@hotmail.com	315-254-7004			
cmmeetdirector@gmail.com			cmmeetentry@gmail.com			
SANCTION	Held under	Held under the sanction of USA Swimming through Niagara Swimming: NI-2324-003				
	[host team/	[host team/organization], and [facility] shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of				
FACILITY	Cato-Meridian Community Recreation Center					
		2851 State Route 3	70			
		Cato, New York 13033				
	315-626-6735					
	• 6 lanes, 25	• 6 lanes, 25 yards				
	The pool de	• The pool depth at 1 meter from the start end is 13 feet; the pool depth at 5 meters from the				
	start end is 13 feet; the pool depth at 1 meter from the turn end is 4 feet. The starting blocks					
	are in the deep end of the pool. All starts from the shallow end will be in the water.					
	• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).					
ENTRY DEADLINE	October 6, 2023, 11:59p.m.					
	IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.					
SCHEDULE	SESSIONS:					
		Session 1 – Open: Saturday October 14, 2023				
		Warm-Up: 3:00p.m. Meet Begins 4:00p.m.				
		For the 500 and 1650 freestyle each swimmer must provide his or her own counter.				
	Positive check in is required for the 1650 Free and must be completed by 3:30p.m.					
	Session 2 – 12 and Under - Sunday October 15, 2023					
	Warm-Up: 8:00a.m. Meet Begins 9:00a.m.					
	Session 3 – 13 and Over - Sunday October 15, 2023					
	Warm-Up: 11:30a.m. (or 15 minutes after the end of session 1, whichever is later) Meet Begins: 12:30p.m. (or after 1-hour warm-up)					
	Meet Direct	Meet Director reserves the right to adjust times/sessions after entries are received.				

No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in USA Swimming Rules and Regulations, Article 302. NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. Automatic timing will be used. Current USA Swimming rules shall govern this meet. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.	
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officials and/or spectators are present.	
Dive-over starts will be used.	
The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.	
All events are timed finals.	
All events will be pre-seeded.	
The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.	
Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.	
All events will be pre-seeded -No Deck Entries	
No Scoring	
12 and Under Only Heat winner ribbons, Medals for 1st Place, Ribbons 1st-12th place	
Programs for the meet will be on sale.	
Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.	

OFFICIALS	Officials interested in volunteering should contact Fred Leff fleff114@hotmail.com		
	• Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.		
TIMERS	•		
ENTRY PROCEDURES	• Entries should be submitted by email to the Admin Official – cmmeetentry@gmail.com		
	Include in the subject of the email, "[meet name] - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.		
	• Include in entry email: entry file, report of entries by name, report of entries by event.		
	In the body of your email provide entry numbers (girls, boys, totals), contact information (email phone, officials contact).		
	• Entries directly from individual team members will not be accepted.		
	Entries by phone or fax will not be accepted.		
	The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.		
	• Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.		
ENTRY FEES			
	Per Swimmer Surcharge: \$6.00 Relay event fee: \$15.00		
	Individual event fee: \$5.00		
	Make checks payable to Cato-Meridian Otter Swim Club. Checks may be mailed to:		
	Cato-Meridian Otter Swim Club		
	c/o Cato-Meridian Recreation Center		
	2851 State Route 370		
	Cato, NY 13033		
	• Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.		
	• Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.		
Available Medical Supervision/Equipment	• Medical assistance will be provided at the facility. If you require medical assistance, please notify a member of the meet staff. AED, backboard, & First Aid supplies at facility.		

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Session 2 – 12 and Under - Sunday October 15, 2023

Warm-Up: 8:00a.m. Meet Begins 9:00a.m.

Session 3 – 13 and Over - Sunday October 15, 2023

Warm-Up: 11:30a.m. (or 15 minutes after the end of session 1, whichever is later) Meet Begins: 12:30p.m. (or after 1-hour warm-up), schedule]

Saturday

	EVENT	
	Mixed Event	
1	200 Freestyle	
2	200 Butterfly	
3	200 Breaststroke	
4	200 Backstroke	
5	500 Freestyle	
	20 Minute Break	
6	1650 Freestyle	
	1	I

Sunday				
GIRLS	EVENT	BOYS		
	Session 2			
7	100 IM	8		
9	25 Freestyle	10		
11	50 Freestyle	12		
13	25 Breaststroke	14		
15	50 Breaststroke	16		
	10 Minute Break			
17	100 Freestyle	18		
19	25 Backstroke	20		
21	50 Backstroke	22		
23	25 Butterfly	24		
25	50 Butterfly	26		
	10 Minute Break			
27	200 Freestyle Relay	28		
29	200 Mixed Freestyle Relay			
	Session 3			
30	200 IM	31		
32	100 Freestyle	33		
34	100 Breaststroke	35		
	10 Minute Break			
36	100 Backstroke	37		
38	50 Freestyle	39		
40	100 Butterfly	41		
	10 Minute Break			
42	200 Freestyle Relay	43		
	200 Mixed Freestyle Relay	44		

Sunday