



# *FIRE* IN THE *WATER* INVITATIONAL

**Please join us on October 21<sup>st</sup> and 22<sup>nd</sup> at the  
Penfield High School Pool!**

**SDSC FIRE IN THE WATER INVITATIONAL  
Saturday October 21 – Sunday October 22, 2023**

**Held under the sanction of USA Swimming, USA Swimming Sanction # NI-2324-005**



# SDSC Fire in the Water Invitational

Saturday October 21 – Sunday October 22, 2023

Sanction # NI-2324-005

Hosted by:

Sea Dragons Swim Club

<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Brian Baier <a href="mailto:Bsbaier.SDSC@icloud.com">Bsbaier.SDSC@icloud.com</a>	Mike Visconte <a href="mailto:mikevisconte@aol.com">mikevisconte@aol.com</a>	Brian Baier <a href="mailto:Bsbaier.SDSC@icloud.com">Bsbaier.SDSC@icloud.com</a>

<b>SANCTION</b>	Held under the sanction of USA Swimming through Niagara Swimming: <b>NI-2324-005</b> . In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, SDSC, and Penfield High School shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
<b>FACILITY</b>	<p style="text-align: center;"><b>Penfield High School</b> 25 High School Drive Penfield, New York 14526</p> <p>Pool entrance adjacent to Athletic Stadium entrance 6 lanes, 25 yards</p> <p>Water depth range of 108" at 3 feet 3.5 inches 108" at 16 feet 5 inches at the starting end and 42" at 3 feet 3.5 inches to 48" at 16 feet 5 inches at the turning end.</p> <p>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</p> <p>Diving well will be available for continuous warm-up/cool-down during competition. Diving well will be closed during warm-ups.</p> <p>All swimmers are required to stage in the Cafeteria and are not allowed in the stands due to safety regulations. Any special accommodations need to be requested with entry submissions and pre-approved by meet management. Parents, spectators, coaches, and officials are always welcome in the Cafeteria.</p>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Monday October 16<sup>th</sup>, 6pm</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p style="text-align: center;"><b>Saturday October 21<sup>st</sup>,</b> SESSION I: Warm-ups 4:00pm, Start 5:00pm</p> <p style="text-align: center;"><b>Sunday October 22<sup>nd</sup>,</b> SESSION II: Warm-ups 8:00am, Start 9:00am</p> <p style="text-align: center;"><b>Sunday October 22<sup>nd</sup>,</b> SESSION III: <b>Warm-ups 12:00pm, Start 1:00pm</b></p> <p>Swimmers may compete in a maximum of 4 individual events and 2 relay events per session. Swimmers may only enter one session per day.</p> <p><b>Meet Director reserves the right to adjust times/sessions and maximum entry limits after all entries are received. Text in Red has been updated since the previous version of this document.</b></p>

<b>ELIGIBILITY</b>	<p>Open to all registered USA Swimmers.</p> <p>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</p>
<b>DISABILITY SWIMMERS</b>	<p>NI and host clubs along with their meet directors are committed to <a href="#">the Inclusion Policy</a> as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</p>
<b>TIMING SYSTEM</b>	<p>Automatic timing with scoreboard will be used.</p>
<b>RULES</b>	<p>Current USA Swimming rules shall govern this meet.</p> <p>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <p>No on-deck USA-S registration is permitted.</p> <p>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>Deck changes are prohibited.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>Dive-over / Fly-over starts will be used.</p> <p>The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</p>
<b>EVENT RULES</b>	<p>All events are timed finals.</p> <p>25-yard events will start in the water at the shallow end of the pool.</p>
<b>POSITIVE CHECK IN</b>	<p>Positive Check-in is required for 500 and 1000 Freestyle.</p>

<b>WARM-UP</b>	<p>The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</p> <p>Marshals will actively supervise the warm-ups to ensure that proper procedures are followed.</p> <ul style="list-style-type: none"> <li>• General Warm-up Period: First 30 minutes, All lanes <ul style="list-style-type: none"> <li>• There shall be NO DIVING off the blocks or edge of the pool at this time</li> <li>• No sprinting or pace work</li> </ul> </li> <li>• Specific Warm-up Period: Last 20 minutes <ul style="list-style-type: none"> <li>• Specific Warm-up Period will be announced by the Referee or Meet Director</li> <li>• Lanes 2 &amp; 5: Racing Start only. Swim one length only. All swimmers begin at the starting end of the pool.</li> <li>• Lanes 1, 3, 4, &amp; 6: General warm-ups only (as above). NO DIVING.</li> </ul> </li> </ul> <p>Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.</p> <p>Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one will be allowed on the starting block until the backstroker has executed his/her start.</p> <p>When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm-up sessions will be split to provide a safe and adequate warm-up time for all.</p>
<b>SUPERVISION</b>	<p>Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</p> <p>Marshals have the authority through the meet director over the warm-up. A swimmer and/or coach may be removed from the deck for interfering with the marshals.</p>
<b>SEEDING</b>	<p>Entries will be seeded slowest to fastest.</p> <p>All events will be pre-seeded except for the 500 and 1000 Freestyle.</p>
<b>SCORING</b>	<p>There will be no team scoring for this meet.</p>
<b>AWARDS</b>	<p>Awards will be given for 12 &amp; Under swimmers.</p> <p>Awards will not be mailed; it is each team's responsibility to collect their awards.</p> <p>Individual Events:</p> <ul style="list-style-type: none"> <li>• 8 &amp; Under: Medals 1-3; Ribbons 4-12</li> <li>• 9 &amp; 10: Medals 1-3; Ribbons 4-12</li> <li>• 11 &amp; 12: Medals 1-3; Ribbons 4-12</li> </ul> <p>Relay Events:</p> <ul style="list-style-type: none"> <li>• Ribbons 1-3</li> </ul>
<b>PROGRAMS</b>	<p>Programs will be available for purchase at least 30 minutes prior to warm-ups.</p>
<b>CREDENTIALS</b>	<p>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</p>
<b>SPECTATOR ENTRY FEE</b>	<p>None.</p>

<b>OFFICIALS</b>	<p>Officials interested in volunteering please contact Brian Baier <a href="mailto:bsbaier.SDSC@icloud.com">bsbaier.SDSC@icloud.com</a> and register via the Stack Team App.</p> <p>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</p>								
<b>TIMERS</b>	<p>Participating clubs may be asked to assist in timing during the meet.</p> <p>Each swimmer must provide their own Counter for the 500 and 1000 Freestyle.</p>								
<b>ENTRY PROCEDURES</b>	<p>Entries should be submitted by email to the Meet Director Brian Baier at <a href="mailto:bsbaier.SDSC@icloud.com">bsbaier.SDSC@icloud.com</a>.</p> <p>Include in the subject of the email, "Fire in the Water 2023 - ****" with the club's initials in place of the asterisks.</p> <p>Include in entry email: Electronic Entry File (<b>Standard SD3</b>) and report of entries by event (PDF). Note: Please send Standard version of SD3 only; the Extended SD3 will cause errors with relays.</p> <p>Entries directly from individual team members will not be accepted unless entering unattached.</p> <p>Entries by phone or fax will not be accepted.</p> <p>Entries must include USA Swimming numbers.</p> <p>On-Deck registration will not be allowed</p> <p>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</p> <p>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.</p>								
<b>ENTRY FEES</b>	<table border="0" style="width: 100%;"> <tr> <td style="width: 40%;">Per Swimmer Surcharge:</td> <td style="width: 20%;">\$7.00</td> <td style="width: 20%;">Relay event fee:</td> <td style="width: 20%;">\$12.00</td> </tr> <tr> <td>Individual event fee:</td> <td>\$5.00</td> <td></td> <td></td> </tr> </table> <p>Make checks payable to Sea Dragons Swim Club. Checks may be mailed to:</p> <p style="text-align: center;">SDSC Fire in the Water 2023 PO Box 112 Penfield, New York 14526</p> <p>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</p> <p>Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.</p>	Per Swimmer Surcharge:	\$7.00	Relay event fee:	\$12.00	Individual event fee:	\$5.00		
Per Swimmer Surcharge:	\$7.00	Relay event fee:	\$12.00						
Individual event fee:	\$5.00								

# SDSC Fire in the Water

Saturday October 21, 2023

<b>SESSION I:</b> 4:00pm Warm-Up, 5:00pm Start		
<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
1	18 & Under 500 Freestyle	2
3	18 & Under 200 Breaststroke	4
5	18 & Under 200 Backstroke	6
7	18 & Under 200 Butterfly	8
9	18 & Under 400 Individual Medley	10
11	18 & Under 1000 Freestyle	12

Sunday October 22, 2023

<b>SESSION II:</b> 8:00am Warm-Up, 9:00am Start		
<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
13	8 & Under 100 Individual Medley	14
15	10 & Under 200 Individual Medley	16
17	8 & Under 25 Freestyle	18
19	9 & 10 50 Freestyle	20
21	8 & Under 25 Breaststroke	22
23	10 & Under 50 Breaststroke	24
25	8 & Under 100 Mixed Medley Relay	25
26	10 & Under 200 Mixed Medley Relay	26
27	8 & Under 25 Butterfly	28
29	10 & Under 50 Butterfly	30
31	8 & Under 25 Backstroke	32
33	10 & Under 50 Backstroke	34
35	8 & Under 50 Freestyle	36
37	9 & 10 100 Freestyle	38
39	8 & Under 100 Mixed Free Relay	39
40	10 & Under 200 Mixed Freestyle Relay	40
41	8 & Under 100 Freestyle	42
43	10 & Under 200 Freestyle	44

<b>SESSION I:</b> 12:30pm Warm-Up, 1:30pm Start		
<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
45	11 & 12 200 Individual Medley	46
47	13 – 18 200 Individual Medley	48
49	11 & 12 50 Freestyle	50
51	13 – 18 50 Freestyle	52
53	11 & 12 50 Breaststroke	54
55	11 – 18 100 Breaststroke	56
57	11 & 12 200 Mixed Medley Relay	57
58	11 – 18 200 Mixed Medley Relay	58
59	11 & 12 50 Butterfly	60
61	11 – 18 100 Butterfly	62
63	11 & 12 50 Backstroke	64
65	11 – 18 100 Backstroke	66
67	11 & 12 100 Freestyle	68
69	13 – 18 100 Freestyle	70
71	11 & 12 200 Mixed Freestyle Relay	71
72	11 – 18 200 Mixed Freestyle Relay	72
73	11 & 12 200 Freestyle	74
75	13 – 18 200 Freestyle	76

Entry and Financial Form Summary
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Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Coaches Name/s: \_\_\_\_\_ Coaches Phone: \_\_\_\_\_

Coaches E-mail: \_\_\_\_\_

Person submitting entries: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Total # of Individual Entries \_\_\_\_\_ x \$5.00/Event = \$ \_\_\_\_\_

Total # of Swimmers \_\_\_\_\_ x \$7.00/Swimmer (Deck Fee) = \$ \_\_\_\_\_

Total #of Relays Entries \_\_\_\_\_ x \$12.00/Entry = \$ \_\_\_\_\_

Total Amount Due= \$ \_\_\_\_\_

I/We hereby for myself/ourselves, my heir administrators and assigns, intending to be legally bound, release and forever discharge, any and all rights and claims for damages against USA Swimming Inc., Niagara Swimming Inc., Sea Dragons Swim Club, Penfield School District, and all officials concerned, their respective officers, agents, successors, and/or assigns, for any and all damages which may be sustained or suffered in connection with or entry in and/or out of my/our traveling to, participating in, and registration and eligible in all events I/We entered.

Signature of Club official, parent or guardian: \_\_\_\_\_ (Form must be signed)

Make checks payable to: <b>Sea Dragons Swim Club</b> Checks only please! Receipt of email entries will be acknowledged by e-mail.	Mail to: SDSC Fire in the Water 2023 P.O. Box 112 Penfield, N.Y. 14526
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