

FAST Falcon Parents List Qualities of a Parent Contributing to a Positive Team Culture

- Encouraging
- Positive
- Supportive of the team
- Understands that all parents are just trying to do their best
- Respect
- Kindness
- Understanding
- Helps new parents because swimming is a confusing sport!
- Engaged
- Committed to learning
- Volunteers
- Supports the coaches
- Helpful to others
- Flexible
- Patient
- Willingness to listen
- Generous
- Inclusive
- Courteous
- Encouraging of their own kids
- Encouraging of other kids
- Has healthy boundaries
- Cheer ALL athletes
- Welcomes new families
- Humorous
- Even tempered/ steadfast
- Good, positive communicator
- Great with children
- Happy
- Fosters positive connections
- Accountable for own actions
- Cheers
- Upbeat
- Generous
- Honest
- Teaches kids to give back
- Has empathy
- Team focused
- Involved
- Cooperative

- Shows up
- Supports other parents
- Offers praise
- Helps new parents understand how to read heat sheets and the ins and outs of swim meets
- Pays bills
- Compliments other swimmers and other team parents
- One Team! One Fight!
- Approachable
- Team building