



Practice Schedule August 18th – December 19th

Senior III

Monday – Friday	4:00 - 6:00 PM
Monday, Thursday	5:45 - 7:15 AM
Saturday	7:00 - 9:00 AM

Senior II

Monday – Friday	4:00 - 6:00 PM
Monday, Thursday	5:45 - 7:15 AM
Saturday	7:00 - 9:00 AM

Senior I

Monday – Friday	4:00 - 5:30 PM
Saturday	7:00 - 8:30 AM

Junior II

Monday – Friday	4:00 - 5:45 PM
Saturday	7:00 - 8:45 AM

Junior I

Monday – Friday	5:30 - 7:00 PM
Saturday	8:30 - 10:00 AM

Age Group II

Monday – Friday	4:00 - 5:30 PM
Saturday	8:30 - 10:00 AM

Age Group I

Monday – Friday	5:45 - 7:00 PM
Saturday	8:30 - 9:45 AM

Sharks

Monday – Friday	5:30 - 6:45 PM
Saturday	8:30 - 9:45 AM

Dolphins

Monday – Friday	5:30 - 6:30 PM
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Guppy

Tues, Wed, Thursday	4:00 - 4:45 PM -OR-
Tues, Wed, Thursday	4:45 - 5:30 PM