UPDATED THURS., MARCH 6 – SUNDAY FINAL ORDER OF EVENTS

2025 Florida Swimming Spring Age Group Championships March 6-9, 2025

North: Florida Aquatics Swimming & Training, Ocala, FL South: Sarasota Sharks, Sarasota, FL

COACH MEETING: NORTH - TUESDAY, 3/4 @ 7PM VIA ZOOM

SOUTH - TUESDAY, 3/4 @ 8PM VIA ZOOM

Sanctioned By: Florida Swimming of USA Swimming Sanction #FL-6964-N / #FL-6964-S

"In granting this sanction it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the

conduct of the event."

Conditions of Sanction:

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

Hosted By: North: South

FAST Falcons Sarasota Sharks

Location: Florida Aquatics Swimming & Training Sarasota Sharks

4635 SW 67th Ave Road Selby Aquatic Center, 8501 Potter Park Drive,

Ocala, FL 34476 Sarasota, Florida 34238

Type of Meet: 25yd Short Course

10 & U Timed Finals

11-12, 13-14 Prelims, and Championship Finals. The top 16 qualifiers advance to Finals (A & B Finals)

Date & Time: Thursday, March 6

13-14 & 11-12 Timed Finals 4:30PM

Friday, March 7 - Saturday, March 8

13-14 & 11-12 Prelims, 10&Under Timed Finals 8:30a

11-12 & 13-14 Finals 5:00p

Sunday, March 9

13-14 & 11-12 Prelims, 10&Under Timed Finals 8:30a

11-12 & 13-14 Finals 4:30p

*Finals start time may be adjusted at the discretion of the meet management based on inclement weather and/or timelines.

Identification: Coaches and Officials shall wear their 2025 USA Swimming registration card in a conspicuous location at all

times during the swim meet or show current 2025 USA-S coach membership on the USA Swimming app. USA Swimming Insurance Safety Regulations require the swimming pool deck, during the operation of Florida

Swimming, Inc. sanctioned meets, be closed to all persons except swimmers, coaches, marshalls, officials and meet personnel. Credential tags must be presented to enter the pool deck area.

Pool

Specifications:

North:

Certified 25 yard, 10 lane pool with continuous non-turbulent lane lines, bottom lane markers and backstroke flags.

There is a separate outdoor pool for warm ups and warm downs.

Water depth at starting end is 9'10"

South:

Water depth at the competition starting and turn end is a minimum of 6 feet, 6 inches.

Outdoor, heated, short course yards, certified 25-yard, 27-lane pool

Kiefer, non-turbulent lane lines; KDI Paragon starting blocks

Medical: Lifeguar

Lifeguards on duty at all times with AED on site.

Timing Equipment: North: Colora

North: Colorado Timing System Gen 7 Timing with scoreboard. Manual backup.

South: Daktronics Automatic Timing, pads, buttons, stop watches; Computer scoring & Daktronics Timing Score

Board

Warm-up:

Prelims, Timed Finals, and Finals 1 Hour 30 minutes as determined by meet management.

Eligibility:

All current Florida Swimming athletes who have been registered with the LSC for 60 days prior to the first day of the Florida Age Group Championship Meet, and who have achieved the current Age Group Championship time standards as listed, from February 28, 2024 through the entry deadline, may participate in the Florida Swimming Age Group Championships. On deck registration with USA/Florida Swimming will not be allowed.

Former FL swimmers who are not registered/ re-registered by the 60 day point prior to the Age Group Championship Meet are eligible provided they did not register for any other team outside the LSC during the 60 days prior to the Age Group Championship Meet. They must be re-registered prior to the entry deadline for FLAGS.

In order to accommodate swimmers who transfer into the Florida LSC within the 60 day window, transfer swimmers may apply for an exemption of the 60 day rule provided they petition the Age Group Chairman and provide proof of permanent residence within LSC boundaries by the athlete and their parent/guardian. Proof of residence requires copies of all of the following documents:

- 1. Florida Driver's License
- 2. Florida Vehicle registration
- 3. Notarized statement from the parent/guardian as to the reason for transfer

Petitions must be submitted to Vanessa Brewer no later than two weeks prior to the entry deadline (February 11, 2025) for the Age Group Championship Meet. The petitioner will be notified of the decision no less than one week prior (by February 18, 2025) to the entry deadline for the meet.

Disability Swimming:

Florida Swimming encourages the participation of USA Swimming members with disabilities in this meet. The swimmer's disability must meet the definition of a disability as outlined in USA-Swimming Rules and Regulations: "A permanent physical or mental impairment that substantially limits one or more major life activities." Swimmers with disabilities may compete, earn awards, and score points for their team in the same manner as able-bodied swimmers. Such swimmers need not have achieved the included qualifying times for this meet. Entries for swimmers with disabilities should be submitted via OME, with an e-mail to:

Email: admin@floridaswimming.org PRIOR to submission.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-Swimming Rule 105.4. Any athlete with a disability will be accommodated to the best of meet management's ability. Please contact the Meet Referee at least two weeks prior to the start of the event to allow for preparation.

Entry Limit:

Total of six (6) individual events for the meet, but no more than three (3) per day, plus relays. Teams may enter a maximum of two (2) relay teams per event and they must be designated "A" and "B". In order to enter an A Relay, teams must have 2 individual qualifiers **compete on the relay** in that age and gender. In order to enter a B Relay, teams must have 6 individual qualifiers. The B relay must have 2 individual qualifiers **compete on the relay** in that age and gender. No relay may compete with more than 2 relay only swimmers. Over-entries will be automatically dropped when the limit is met for the meet and/or day. There are no time standards for relays. Do not enter NT.

Over-entries will be automatically dropped when the limit is met for the meet and/or day. No conversions of times are acceptable.

Bonus Events:

The "Bonus Event" rule will be in effect for this meet. The formula is as follows:

Individual event qualifying times	Bonus events permitted
1	2
2	2
3	1
4 or more	0

Swimmers qualified in one or more events may swim up to two (2) bonus events of distances up to and including 200's during the course of the meet, subject to the meet rules on limitations on number of swims. There are no Bonus swim time standards.

Distance:

Swimmers may swim the 1000 free if they have the 1650 cut or they may swim the 1650 if they have the 1000 cut.

1000 free will be swum fast to slow.

109-110

The fastest heat of girls and fastest heat of boys 1650 Free will swim at the start of the Sunday Finals session (4:30 p.m.). All remaining heats will swim after the conclusion of the Sunday Prelims session following a 10 minute break. Seeding will be fast to slow, alternating heats of girls/boys.

Proof of Times:

Times achieved between February 28, 2024 and the entry deadline for swimmers listed in the USA-S National Times Database with qualifying times will be permitted to swim individual events (meet results from non-OTS Block Party events will not be accepted). Swimmers with qualifying times who are not listed in this database must provide proof of time with their OME Age Group Championship entry, providing a copy of the results of an approved, observed or sanctioned meet, including the meet sanction number, name, location, and date of the meet, and results page(s) with the athlete's name and time(s). Conversions may not be used to prove times; the swimmer must have achieved the qualifying time as published, in the type of course used to achieve the qualifying time. No conversions of times are acceptable for entries. All individual entered times must be provable and be faster than or equal to the qualifying time. Override times that cannot be proven by the Entry Coordinator during the entry process will be seeded in the meet, however, will not be allowed to compete unless time is proven with the Meet Referee at least 1 hour prior to that event's session beginning.

d:00p

Saturday, March 8th

Positive Check-In:

Positive Check-III.				
	Event #	Event	Check-In Time	Check-In Date
	1-2	13-14 200 Free Relay	3:30p	Thursday March 6th
	3-4	11-12 200 Free Relay	3:30p	Thursday March 6th
	5-6	13-14 1000 Free	3:30p	Thursday March 6th
	7-8	11-12 1000 Free	3:30p	Thursday March 6th
	9-10	13-14 400 Medley Relay	3:30p	Thursday, March 6th
	11-12	11-12 400 Medley Relay	3:30p	Thursday, March 6th
Scratch Deadline:		•	·	·
	35-36	13-14 400 IM	6:00p	Thursday, March 6th
	41-42	13-14 800 Free Relay	6:00p	Thursday, March 6th
	43-44	10&U 200 Medley Relay	6:00p	Friday, March 7th
	69-70	11-12 500 Free	6:00p	Friday, March 7th
	71-72	13-14 500 Free	6:00p	Friday, March 7th
	73-74	10&U 500 Free	6:00p	Friday March 7th
	75-76	11-12 200 Medley Relay	6:00p	Friday March 7th
	77-78	13-14 200 Medley Relay	6:00p	Friday, March 7th
	79-80	10&Under 200 Free Relay	6:00p	Friday, March 7th
	107-108	11-12 400 Free Relay	6:00p	Saturday, March 8th

13-14 400 Free Relay

111-112 13-14 1650 Free 6:00p Saturday March 8th

Fines: Clubs with swimmers that fail to swim in Finals on Sunday night without Scratching will incur a \$100 club fine

per event.

Scratch Penalty: Preliminary and Timed Final events:

No penalty for scratching on the blocks in prelims with the exception of individual positive check-in deck seeded events. Swimmers entered and checked in for a deck seeded event must swim that event unless he/she notifies the Admin Ref, before seeding begins, that he/she wishes to scratch that event. Failure to do so will result in the swimmer being barred from his/her next individual event on that day or the next, whichever is first. Deck seeded events shall be closed for seeding as listed on the order of events.

- 1. Any swimmer who competes in a preliminary heat and qualifies as one of the original 16 finalists must swim in that final's event; or must notify the Admin Ref that he/she intends to scratch from that final's event within 30 minutes of the announcement of the qualifiers.
- 2. Swimmers may reverse their intention to scratch and choose to be seeded for finals if they do so within 30 minutes of the conclusion of the preliminary session for that day.
- 3. Any swimmer in a championship or consolation final who fails to swim that event will be barred from their next individual event, excluding finals and relays, in which he/she is entered unless excused by the meet referee due to one of the exceptions below.
- 4. A swimmer not originally qualified for the championship or consolation final that is seeded into a final due to a scratch of another swimmer will not be penalized for failing to swim in that final.

No penalty shall apply for failure to withdraw or compete in an individual event if:

- 1. The referee is notified in the event of illness or injury and accepts the proof thereof.
- 2. It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Deck Registration: Deck Registration will not be permitted.

Deck Entry: Deck Entries will not be permitted.

Entry Fee: \$15.00 per individual event

\$20.00 per relay

\$20.00 facility fee per swimmer

\$1.00 per swimmer LSC Swimmer Support. \$3.00 per swimmer Online Heat Sheet Fee

Relay Only swimmers pay the Facility fee and the swimmer LSC Swimmer Support fee.

OME is set up with zero entry fee charges to allow all teams to pay by check.

Checks payable North: South:

to: FAST Falcons Sarasota Sharks

Mailing Address: Florida Aquatics Swimming & Training Sarasota Sharks

Attn: Kevin Milak

4635 SW 67th Ave Road

Sarasota Snarks

8501 Potter Park Drive
Sarasota, FL 34238

Ocala, FL 34474

Entries: ENTRY PROCEDURES - READ CAREFULLY

 On-Line Meet Entry (OME) - Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) accessed through SWIMS. Coach members must be assigned Club OME Access as a staff role to access OME for the club. Paper or Fax entries will not be accepted.

OME OPENS: 12:00 PM (NOON) EST Monday – February 3, 2025 OME CLOSES: 12:00 PM (NOON) EST Tuesday – February 25, 2025

2. NEW Qualifying Swims

Swims achieving the qualifying FLAGS time standard from Friday, February 28th – March 2nd have til NOON, Monday, March 3rd to submit entry.

Entry must be sent to: flome.entries@gmail.com

3. Psych sheet will be published on Monday, March 3rd.

4. LATE ENTRY OPENS – after Psych sheet is published – for 24 hours. Late Entry is for <u>A MISSED ATHLETE</u> OR ADDING AN EVENT.

Late Entry fee will be \$100 per athlete + the entry fee and athlete/facility surcharge.

Entry must be sent to: flome.entries@gmail.com

Seeding:

Non-conforming times will be seeded after long course meter qualifying times. Seeding is as follows:

1. Short Course Yards

2. Long Course Meters

Short Course Meters

All events will be seeded and swum in the preliminaries slowest heats to fastest heats, unless otherwise noted in this meet letter. All 10 & Unders will be swum slowest heats to fastest heats.

All evening Finals events will be swum championship heat followed by consolation heat.

Officials: North South

Meet Referee: Deanna Calderone-Kaufman Meet Referee: Mike Krajewski Admin Referee: Kevin Milak Admin Referee: Gary Sanderson

Chief Judge: John King Chief Judge: Rob Fluck

National Officials Certification:

This meet is seeking designation as an Officials' Qualifying Meet for N2 and N3 certification from USA Swimming.

Any questions can be directed to Gary Sanderson.

Scoring: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Team: High Point 1st - 3rd

Individual: High Point Award for each age group and gender

1-3 Medals, 4-10 Ribbons

Relays: 1-3 Medals, 4-10 Ribbons

Team Representative:

Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. This person must be a current member of USA Swimming/Florida Swimming to represent the team. For each team, the coach and that person only will be

recognized.

Camera Zones:

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end." Etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

For Information: FL Age Group Chair: John Bruenning (JBruenning@Sarasotasharks.org)

FL Swimming Office: Vanessa Brewer, (352)242-5145 or vanessa.brewer@floridaswimming.org

Rules: Current USA Swimming Technical Rules will govern the meet.

Spectator Fees: \$10 per day or \$25 for the meet

Volunteers will receive a FREE "all sessions pass".

Children 12 years and younger attending the meet as non-swimmers will be FREE.

Ticketing link & volunteer signup will be posted on the event landing page

Media: Media Credential requests must be submitted at least 7 days prior to the start of the event (link HERE) and must meet

the Florida Swimming Media Credential Policy (posted on FL website).

Order of Events

Breaks may be added at the discretion of the Meet Referee

Thursday 3/6/25		Friday 3/7/25		Saturday 3/8/25		Sunday 3/9/25		
			s - 8:30a Start	Prelims	Prelims - 8:30a Start		3:30a Start	
#	Event	#	Event	#	Event	#	Event	
		13-14 15-16 17-18 19-20	13-14 200 Free 11-12 200 Free 10&U 200 Free 13-14 200 Breast	43-44 45-46 47-48 49-50	10&U 200 Med Relay 11-12 100 Free 13-14 100 Free 10&U 100 Free	79-80 81-82 83-84 85-86	10&U 200 Free Relay 13-14 50 Back 11-12 50 Back 10&U 50 Back	
		21-22 23-24 25-26 27-28 29-30 31-32 33-34 35-36 37-38 39-40	11-12 200 Breast 10&U 50 Fly 13-14 50 Fly 11-12 50 Fly 13-14 100 Back 11-12 100 Back 10&U 100 Back 13-14 400 IM 11-12 100 IM 10&U 100 IM	51-52 53-54 55-56 57-58 59-60 61-62 63-64 65-66 67-68 69-70 71-72 73-74	11-12 200 IM 13-14 200 IM 10&U 200 IM 11-12 50 Breast 13-14 50 Breast 10&U 50 Breast 11-12 100 Fly 13-14 100 Fly 10&U 100 Fly 11-12 500 Free 13-14 500 Free 10&U 500 Free	87-88 89-90 91-92 93-94 95-96 97-98 99-100 101-102 103-104 105-106 107-108 109-110 111-112	13-14 100 Breast 11-12 100 Breast 10-8 U 100 Breast 13-14 200 Fly 11-12 200 Fly 10-8 U 50 Free 13-14 50 Free 11-12 50 Free 13-14 200 Back 11-12 200 Back 13-14 400 Free Relay 11-12 400 Free	
Timed	Finals - 4:30p Start	Finals-	5:00p Start	Finals-	5:00p Start	Finals - 4:3	30n Start	
#	Event	1111111	S.O OP SWATE				TED ORDER OF EVENTS	
1-2 3-4 5-6 7-8 9-10 11-12	13-14 200 Free Relay 11-12 200 Free Relay 13-14 1000 Free 11-12 1000 Free 13-14 400 Med Relay 11-12 400 Med Relay	13-14 15-16 19-20 25-26 27-28 29-30 31-32 35-36 37-38 41-42	13-14 200 Free 11-12 200 Free 13-14 200 Breast 13-14 50 Fly 11-12 50 Fly 13-14 100 Back 11-12 100 Back 13-14 400 IM 11-12 100 IM 13-14 800 Free Relay	45-46 47-48 51-52 53-54 57-58 59-60 63-64 65-66 69-70 71-72 75-76 77-78	11-12 100 Free 13-14 100 Free 11-12 200 IM 13-14 200 IM 11-12 50 Breast 13-14 50 Breast 11-12 100 Fly 13-14 100 Fly 11-12 500 Free 13-14 500 Free 11-12 200 Med Relay 13-14 200 Med Relay	111-112 81-82 83-84 87-88 89-90 93-94 99-100 101-102 103-104	13-14 1650 Free 13-14 50 Back 11-12 50 Back 13-14 100 Breast 11-12 100 Breast 13-14 200 Fly 13-14 50 Free 11-12 50 Free 13-14 200 Back	

Notes:

- 1. 11-12's 200's of stroke are timed final AM only
- 2. 11-12's 500 Free is Timed Final with the top 16 seeds automatically swimming at night. Everyone else is TF in the AM
- 3. All 11-14 Relays Thu/Fri/Sat swim at night. No relays Sunday night.
- 4. The fastest heat of girls and fastest heat of boys 1650 Free will swim at the start of the Sunday Finals session. All remaining heats will swim after the conclusion of the Sunday Prelims session following a 10 minute break. Seeding will be fast to slow, alternating heats of girls/boys.**

Florida Swimming Age Group Championships - 2025 Time Standards

GIRLS			10 & Under	BOYS			
SCM	LCM	SCY		SCY	LCM	SCM	
35.89	36.69	32.99	50 Free	32.99	36.69	35.89	
1:19.99	1:20.69	1:12.39	100 Free	1:12.39	1:20.69	1:19.99	
2:51.09	2:54.19	2:35.99	200 Free	2:35.99	2:54.19	2:51.09	
5:54.99	6:02.69	6:41.79	500/400 Free	6:41.79	6:02.69	5:54.99	
42.99	43.79	38.39	50 Back	38.39	43.79	42.99	
1:32.69	1:36.99	1:24.09	100 Back	1:24.09	1:36.99	1:32.69	
48.89	49.89	43.79	50 Breast	43.79	49.89	48.89	
1:46.49	1:49.59	1:37.99	100 Breast	1:37.99	1:49.59	1:46.49	
40.99	41.79	37.99	50 Fly	37.99	41.79	40.99	
1:36.99	1:38.79	1:27.19	100 Fly	1:27.19	1:38.79	1:36.99	
1:32.09	XX	1:24.99	100 IM	1:24.99	XX	1:32.09	
3:14.09	3:21.69	2:58.99	200 IM	2:58.99	3:21.69	3:14.09	

GIRLS		GIRLS 11 - 12				BOYS			
SCM	LCM	SCY		SCY	LCM	SCM			
30.69	31.59	28.19	50 Free	28.29	31.89	30.99			
1:06.59	1:08.89	1:00.99	100 Free	1:00.99	1:08.99	1:07.99			
2:25.39	2:28.39	2:12.99	200 Free	2:14.69	2:27.99	2:26.19			
5:03.09	5:09.99	5:50.19	500/400 Free	5:57.09	5:13.99	5:07.89			
10:39.49	10:56.99	12:06.99	1,000/800 Free	12:19.99	11:07.99	10:49.39			
36.59	37.29	32.99	50 Back	33.49	37.49	36.79			
1:19.09	1:21.09	1:10.79	100 Back	1:11.89	1:21.49	1:19.99			
**	**	**	200 Back	**	**	**			
41.39	42.09	37.19	50 Breast	38.09	42.89	42.09			
1:30.29	1:32.19	1:20.79	100 Breast	1:22.09	1:33.49	1:29.19			
**	**	**	200 Breast	**	**	**			
34.09	34.29	31.09	50 Fly	31.99	35.09	34.39			
1:18.19	1:18.99	1:10.99	100 Fly	1:11.69	1:20.99	1:19.09			
**	**	**	200 Fly	**	**	**			
1:18.99	XX	1:10.99	100 IM	1:11.49	XX	1:19.49			
2:49.19	2:52.69	2:32.99	200 IM	2:34.69	2:54.29	2:51.09			
	2:08.99		200 FR Relay %		2:09.99				
	4:40.99		400 FR Relay %		4:40.99				
	2:27.99		200 Medley Relay %		2:31.99				
	5:27.99		400 Medley Relay %		5:27.99				

GIRLS		13-14	BOYS			
SCM	LCM	SCY		SCY	LCM	SCM
28.49	29.09	25.49	50 Free	24.39	28.29	27.69
1:03.09	1:03.79	56.79	100 Free	54.09	1:01.69	1:00.79
2:16.49	2:18.39	2:02.39	200 Free	1:57.59	2:13.79	2:11.49
4:46.09	4:51.29	5:28.29	500/400 Free	5:14.29	4:41.19	4:36.69
9:55.09	10:10.49	11:20.99	1,000/800 Free #	10:59.99	9:59.99	9:40.59
19:02.69	19:39.99	18:59.99	1,650/1,500 Free #	18:29.99	19:05.89	18:30.89
33.09	33.89	29.99	50 Back	28.59	31.99	31.29
1:11.19	1:13.59	1:04.39	100 Back	1:01.99	1:10.99	1:09.49
2:34.79	2:38.49	2:18.79	200 Back	2:16.99	2:35.99	2:32.59
36.49	37.19	33.39	50 Breast	31.19	34.79	34.09
1:23.19	1:25.49	1:14.19	100 Breast	1:12.09	1:21.29	1:19.89
2:59.29	3:02.99	2:40.99	200 Breast	2:35.29	2:58.49	2:53.69
30.79	31.49	28.09	50 Fly	26.09	29.49	28.79
1:10.29	1:11.59	1:03.29	100 Fly	1:00.99	1:08.29	1:06.19
2:40.39	2:44.89	2:23.39	200 Fly	2:20.29	2:39.99	2:36.49
2:33.29	2:38.99	2:20.19	200 IM	2:15.99	2:36.99	2:29.99
5:29.09	5:38.99	4:58.69	400 IM	4:51.99	5:31.99	5:21.59
	2:00.99		200 FR Relay %		1:55.99	
	4:18.99		400 FR Relay %		4:10.99	
	9:28.99		800 FR Relay %		9:08.99	
	2:15.99		200 Medley Relay %		2:06.99	
	4:58.99		400 Medley Relay %		4:49.99	

^{**-} Must have the corresponding 100 time standard to swim this event.

800/1000 Free qualifiers may swim the 1500/1650, 1500/1650 qualifiers may swim the 800/1000 Free.

^{% &}lt;u>SUMMER LONG COURSE ONLY</u>: Relay entries are done with aggregate (add-up) Long Course times. Each team may only enter an "A" Relay.

FLAGS SITE ASSIGNMENTS

NORTH		SOUTH	
ATAC	Area Tallahassee Aquatic Club	AAC	Academy Aquatic Club
BD	Blue Dolfins	BERK	Berkeley Aquatics
BSS	Bolles School Sharks	BMAC	Blue Marlins Aquatic Club
CCST	Celebration Cyclones Swim Team	BRSC	Brevard Swim Club
CS	Club Seminole	BW	Blue Wave Swimming
CST	Columbia Swim Team	CAT	Clearwater Aquatic Team
EAJ	Episcopal AmberJax	CBTS	Cocoa Beach Tsunami Swimmers
FAST	Fast Falcons	CBYC	Carlouel Beach and Yacht Club
FFST	Flagler Fluid Swim Team	CCS	Charlotte County Swimming
FSLA	Fast Lane Aquatics	CVST	Carrollwood Village Swim Team
GOAT	Greater Orlando Aquatic Team	FE	Florida Elite Swimming
GSC	Gator Swim Club	GCST	Gulf Coast Swim Team
HAWKS	Saint Cloud Aquatic Team	GTSA	Greater Tampa Swim Association
HCTY	Haines City Tritons	HHST	Highland Hurricanes Swim Team
HDRA	Hydra Swimming	HSA	Hardee Swim Association
HIGH	Highlander Aquatic Club	HURR	YMCA of Southwest Florida Hurricanes
HSC	Hydro4 Swimming	LRSA	Lakewood Ranch Swim Association
ISC	Isle Swim Club	MELB	Swim Melbourne
KSA	Kissimmee Swim Association	NRG	Swim Energy Aquatics
LA	Loggerhead Aquatics	OSC	Ohana Swim Club
LAKR	Laker Swim	PIA	Pine Island Aquatics
MAKO	Makos Aquatics Club of Gainesville	PS	Pipeline Swimming
MVAC	Montverde Aquatic Club	PYP	PiranhasYMCA of the Suncoast
NBT	Nocatee Bluetide Swim Team	RAD	Radiant Aquatics
NFS	North Florida Swimming, Inc.	RATS	Indian River Aquatics
PA	Patriot Aquatics	RCKT	Rocoa Rockets
PSA	Planet Swim Aquatics	RSC	Racers Swim Club
QUIC	Beaches Quicksilver	SCST	Sun Coast Swim Team
SA	Seminole Aquatics	SDA	Sea Dragon Aquatics
SAST	Saint Augustine Swim Team	SEA	Saint Edwards Aquatics
SC	Stone Crabs Swim Team	SPA	Saint Petersburg Aquatics
SLAC	South Lake Aquatics Club	SRQ	Sarasota Tsunami Swim Team
SPAC	Spartan Aquatics	STA	Swim Tampa Aquatics
SRA	SwimRise Aquatics	SWIM	Swim Florida
STAR	Southwest Stars Swim Club	SYS	Sarasota Sharks
STTB		T2	
TMSC	St. Cloud Thunderbolts Aquatics Tekmasters Swim Club	TBAC	T2 Aquatics
TPA	Trinity Prep Aquatics	TBAY	Tampa Bay Aquatics
	Titan Swim Team		Tampa Bay Aquatics
TTS		TCA	Treasure Coast Swimming Conquistoders
USC	United Swim Club	TCSC	Treasure Coast Swimming Conquistadores
WOJ	Wahoo's of Jax	TEAM	Tampa Elite Aquatics
WVKW	West Volusia Swim Club, Inc.	TIDE	Riptide Aquatics
YCF	YMCA of Central Florida	TST	Titusville Swim Team
YFFC	YMCA of Florida's First Coast	TYS	Tampa Y Swimming
		WCA	West Coast Aquatics
		WFLA	West Florida Lightning Aquatic
		YWCF	YMCA of West Central Florida Barracudas