



Summer Practice Schedule- Starts May 30, 2023

Senior II

Monday- Saturday	7:00- 9:00 AM	
Mon, Tues, Thurs	3:00- 4:45 PM	
Mon, Tues, Thurs	4:45- 5:30 PM	Dryland

Senior I

Monday- Thursday	4:00- 5:30 PM	
Friday, Saturday	7:00- 8:30 AM	
Mon, Tues, Thurs	3:30- 4:00 PM	Dryland

Junior II

Monday- Thursday	4:00- 5:30 PM	
Mon, Wed, Fri	7:00- 8:30 AM	
Saturday	9:00- 10:45 AM	
Mon, Wed, Fri	8:30- 9:00 AM	Dryland

Junior I

Monday- Thursday	5:30- 6:45 PM	
Mon, Tues, Thurs	6:45- 7:00 PM	Dryland
Friday, Saturday	9:00- 10:15 AM	

Blue Falcons

Monday- Thursday	4:00- 5:15 PM	
Friday, Saturday	8:00- 9:15 AM	
Mon, Tues, Thurs	5:15- 5:30 PM	Dryland

White Falcons

Monday- Thursday	5:30- 6:30 PM	
Friday, Saturday	8:30- 9:45 AM	
Mon, Tues, Thursday	6:30- 6:45 PM	Dryland

Red Falcons

Monday- Thursday	5:30- 6:30 PM	
Friday	8:00- 9:00 AM	
Mon, Tues, Thursday	6:30- 6:45 PM	Dryland

Raptors

Mon, Tues, Thurs	5:45- 6:30 PM	
Mon, Tues, Thurs	5:30- 5:45 PM	Dryland

Firecrackers

Tues, Thurs	5:45- 6:30 PM	
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