

Central Clemson Rec Center Practice Schedule October 13, 2025-May 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Bronze	3:30-4:30pm		3:30-4:30pm		3:30-4:30pm
Silver	4:30-5:45pm	Swim 3:45-5pm DL 5-5:30pm		Swim 3:45-5pm DL 5-5:30pm	4:30-5:45pm