## RE Aquatic Club

## 2025-2026 Holiday Training Schedule

	Mon 12/22	Tues 12/23	Wednesday- Saturday 12/24-12/27	Sun 12/28	Mon 12/29	Tues 12/30	Weds 12/31	Thurs 1/1	Fri 1/2	Sat 1/3	Sun 1/4
Performance	Dryland 8-9am Swim 9-11am	Swim 8-10am	OFF		Swim 7-9am Dryland 9-10am	Swim 7-9am	Dryland 7-8am Swim 8-10am		Dryland 7-8am Swim 8-10am	OFF	OFF
	Swim 4-6pm	Swim 4-6pm		Swim 4-6pm	Swim 4-6pm	Swim 4-6pm		Swim 4-6pm	Swim 4-6pm		
Raiders	Swim 4-6pm	Swim 4-6pm	OFF	Swim 4-6pm	Swim 4-6pm	Swim 4-6pm	Swim 8-10am	OFF	Swim 8-10am	OFF	OFF
Bandits	Swim 4-6pm	Swim 4-6pm	OFF	Swim 4-6pm	Swim 4-6pm	Swim 4-6pm	Swim 8-10am	OFF	Swim 8-10am	OFF	OFF
Pioneers	Swim 6-7pm	Swim 6-7pm Dryland 7-7:30	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Sailors	Swim 6-7pm	Swim 6-7pm	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Explorers	Swim 6:45-8p	Swim 6:45-8p	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF	OFF