



**FLORIDA
GOLD COAST
SWIMMING**

**2013 FLORIDA SWIMMING vs FLORIDA GOLD COAST
DUAL MEET AT INDIAN RIVER STATE COLLEGE
FORT PIERCE, FLORIDA – April 6 & 7, 2013**

All forms and fees (\$50 cash or check) must be turned in to the All-Star desk by the end of the finals session on Sunday. Any swimmer qualifying on Sunday evening at the JUNIOR OLYMPICS must turn in the application immediately following the finals session on Sunday.

NAME: (legal name including middle initial) _____

SEX: _____

ADDRESS: _____

CITY: _____ ZIP CODE: _____

HOME PHONE: including area code (_____) _____ E-Mail _____

Birthdate including year: _____

AGE AS OF March 26th: _____

TEAM: _____

USA SWIM NUMBER: _____

T-SHIRT SIZE (Circle one): CHILD: M L XL ADULT: S M L XL

Please list your first 6 choices and 2 alternate events. Provide your current best times.

Event Time

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Alternate events

1. _____
2. _____

☒ TIMES LISTED ABOVE MUST BE FROM THE 2012-2013 SHORT COURSE (Yards) SEASON.

CODE OF CONDUCT Florida Gold Coast Swimming
Code of Conduct / Honor Code

1. All team members, team staff, and parents of minors are apprised in writing of this Code of Conduct and the attached USA Swimming Code of Conduct. A signature on this document constitutes unconditional agreement to comply with the stipulations of both documents.
2. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
3. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
4. The possession or use of alcohol or tobacco products by any athlete is prohibited.
5. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
6. Swimmers are to refrain from inappropriate physical contact at team activities and events.
7. Swimmers are to refrain from use of inappropriate language.
8. No "deck" changes are permitted. Athletes are expected to use available change facilities.
9. Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and Florida Gold Coast Swimming. Athlete behavior must positively reflect the high standards of FGC.
10. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
 - a. Dismissal from the trip and immediate return home at the athlete's expense
 - b. Disqualification from one or more events, or all events of competition
 - c. Disqualification from future team travel meets
 - d. Financial penalties
 - e. Dismissal from the team
 - f. Proceedings for a LSC or USA Swimming Board of Review

_____/_____/_____
(Print name of minor) (Signature of minor) (Date)

_____/_____/_____
(Print name of Parent/Guardian) (Signature of Parent/Guardian) (Date)

Medical Release

I, _____, natural parent or guardian of _____, do hereby relieve FLORIDA GOLD COAST SWIMMING, the AGE GROUP VICE-CHAIRMAN, and the COACHING STAFF, from any and all liability in connection with the 2013 FLORIDA SWIMMING-FLORIDA GOLD COAST DUAL MEET AT THE INDIAN RIVER STATE COLLEGE campus on April 6 & 7, 2013.

In the event he/she is incapacitated due illness or injury and it is impossible to contact me for any medical treatment, I then hereby grant permission to the coaches and or chaperones to use their own best judgment in the medical treatment they may secure for my child.

In the event this should be necessary, the above named athletes insurance carrier is _____ and the policy number is _____.

SIGNED BY: _____

ADDRESS: _____

CITY: _____

HOME PHONE: () _____

CELL PHONE: () _____ (must be available at all times!)

E-MAIL: _____