

Volume 46, Issue 46

August–September 2011



PINE CREST SWIMMING

Pine Crest Lane Lines

August–September Lane Lines Newsletter

A very wet and stormy start to our short course season with limited training days but lots of enthusiasm to attend our September meets:

Sizzler at Pompano:	18 Swimmer's attended from Pine Crest Still waiting for the final results
Martin County	19 Swimmer's Attended from Pine Crest
Developmental:	53 Personal Best Times 3 Swimmer's (9 Events) Achieved a Junior Olympic Time
Coral Springs	18 Swimmer's attended from Pine Crest
Invitational:	35 Personal Best Times

Pine Crest High School Season

Pine Crest High School Swimming started with plenty of wet afternoons and challenging training days, but we have had some successful meets so far:

Sept. 10—Splash Invitational at St. Andrews School. Girls **WON** PC 382.50, SAS 353.50, Suncoast 291, American Heritage-Plantation 263, University 217.50. Boys Boca High 400, PC 344.50, SAS 278.50, American Heritage-Plantation 273, University 176

Sept. 17—Marian Krutulis Invitational at Gulliver Prep. Girls finished 2nd with 215 points and Boys finished 2nd with 193 points.

Sept. 21—Dual Meet against Boca High. Girls **WON**, PC 120—Boca 65. Boys **WON**, PC 105.5—Boca 80.5.

Sept. 21—Dual Meet against Ransom Everglades. Girls **WON**, PC 113—Ransom 72. Boys **WON**, PC 136—Ransom 47.

Sept. 27—Dual Meet against Saint Andrews. Girls **WON**, PC 91—SAS 91. Boys **WON**, PC 127—SAS 59.

August Birthday Month

Ainsley Anderton, Carolyn Chaney, Adam Dear, Rebecca Forrester, Gianna Guzzetta, Alyssa Higgins, Rak Hovart, Judith Murciano, Julia Podkoscielny, Nick Raymond, Alexandra Slusarenko, Ella Talerica, Emily Visconti, Melody Yates

September Birthday Month

Seth Berke, Gotti Eisenberger, Austin Evenson, Maddie Fowler, Gabriella Garlicki, Alex Genck, Anatasia Hediger, Victor Lago, Kyle Mathosian, Crystal Navelier, Alejandro Ramirez

Novice, White and Green Groups

8 & Under Sizzler at Pompano Beach, September 9

The weather held out just in time for the Sizzler at Pompano Beach, with our 18 swimmers.

Congratulations to David Berman, Nikita Dua, Jack Hovart, Abigail June, Maddie MacNeille, Adrian Najarro, Anna and Giancarlo Zaniolo who swam in their first Sizzler with great results.

Daniella Donshik had 2 best times and swam the 25 fly for the first time.

Brian Farias swam 2 best times with an 8th place finish in the 25 backstroke.

Dylan Mathosian had 3 best times with a great 2 second drop and 4th place finish in his 25 backstroke.

Lejla Najarro swam in one of her last Sizzler's before she turns 9 with a best place finish of 3rd in her 25 freestyle.

Elizabeth Nava, aka Elle, wasn't quite sure about racing, but stepped it up right before the butterfly races. Elle finished 3rd in the 25 breaststroke.

Jacqueline Nava, finished 4th in the 25 fly and was part of the exciting relay at the end that finished 1st overall.

Lillian Nava, swam fast with three 1st place finishes and a 2nd place finish and achieving all best times.

Andrew Paton had 3 best times with a best place finish of 8th in the 25 butterfly. Drew was also part of the relay team.

Chloe Reeves came to the meet unsure, but was fired up to swim the 25 freestyle in a best time and placing 8th overall.

Josefine Richter had 3 best times and finished 5th in the backstroke, 3rd in the breaststroke, and 5th in the freestyle. JoJo was also part of the winning relay team.

Area 1 Developmental at Martin County, September 10-11

In our first Age Group meet of the year, we drove north to Martin County Aquatics with 19 swimmers.

Seth Berke swam Saturday with 4 out of 4 best times. He started the short course season off with a first place finish in the 100IM and three 2nd place finishes.

Rachel Blieden swam 3 out of 4 best times in the 100IM, 50 breast and 50 free. She lowered her time in the 50 breast by over 4 seconds to take 5th place.

Karina Charanjiva swam 3 out of 4 best times with a big 5 second drop in her 200IM.

Ethan Flores swam 4 best times and added 2 new events. Ethan dropped a whopping 11 second in his 50 back and finished 3rd overall.

Stephanie Grau swam incredible to record 7 new best times while taking top 10 in all 8 events. She dropped over 4 seconds in the 100IM, 200 free, and the 200IM. Great swimming.

Abby Hart swam in the 10 & Under division, even though she is still 7 years old and had a huge 10 second drop in her 50 free.

Bobby Hart 4 out of 4 best times with a great 10 second drop in his 200 free which placed him 2nd overall.

Jimmy Hart, was not to be outdone by his brother and also swam 4 out of 4 best times with a huge 20 second drop in his 100IM. He finished in the top 4 for all his events.

Nicholas Hediger swam 2 best times with two 3rd place finishes in his 100 breast and 200 free.

Amber Lubie swam 3 events with her best place finish of 3rd in the 100IM.

Corrina Mullen improved her 100IM by over 1 second with top 10 finishes in 4 other events including a 2nd place finish in the 50 back.

Sister Marin Mullen swam just as fast in the 50 and 100 back including a 10 second drop in the 100 back. Marin

had three 1st place finishes in the 50 and 100 back and the 50 fly. Nice swimming.

Matthew Petreski is proving he is the 10 year old to watch this season with 1st place finishes in 6 out of 7 event he swam. His breaststrokes and sprint freestyle is improving at alarming speeds. Great meet Matthew.

Tatiana Radulovic had a great meet with 6 out of 8 best times. She dropped over 3 seconds in the 100 free and swam fast in the 100 back, 100 fly, and 200IM. Great meet Big Toe!

Tesla Radulovic swam in his first non-Sizzler meet with a great 4th place finish in his 50 back.

Julianna Russell "Rusty" swam great times in three events she swam, 100IM, 50 and 100 breaststroke. Her 7th place in the 100IM showed how great her four strokes are looking. Nice meet.

Kaden Shover swam 3 out of 3 best times including a 1st place in the 50 breast. He also dropped over 8 seconds in his 100IM and 100 breast. Great swimming.

Alexandra Slusarenko had another great meet with 3 out of 4 best times with a great 3rd placed finish in the 50 free. Great meet "A-train".

Francesca Smith swam 6 out of 7 best times with a huge 27 second drop in her 100 back and 19 second drop in her 100 free.

Novice, White and Green Groups

Coral Springs Invitational at Coral Springs, September 24-25

18 PC swimmer's attended the "A" Invitational with great results.

Christine Baker attacked all her swims and proved to be the right strategy as she improved her times in 100% of her races. She dropped over 15 seconds in her 200IM which also qualified her for the Winter Championships that take place in November.

Seth Berke had a great Saturday, swimming in the 50 fly and 100 free taking over 2.5 seconds in both races earning 14th overall in the 50 fly. Seth also swam the 50 back, 50 free while placing 19th in the 50 back and 18th in the 100IM.

Brooke Bernstein swam the 200 free only with over a 19 second drop.

Ashley Crouse swam 6 events with an improvement in the 50 fly.

Jamie Flores swam to 2 best times in her 50 back and 50 free.

Stephanie Grau swam incredible in all her events including huge drops in her 50 free and 100IM.

Anton Gueneralov swam Saturday only with improvements in both the 100 free and 100 back where he finished 8th overall.

Rak Hovart swam in 6 events with an improvement in the 50 free and finished 9th overall in the 50 back.

Amber Lubie went into this meet with many day of hard training and swam 6 events. She finished close to her best times and we look forward as we continue training hard for the upcoming Winter Champs.

Marin Mullen swam to a best time in her 200 free and placed 6th in the 50 breaststroke.

Matthew Petreski swam great in all his events including three top 10 finishes, 50 and 100 breast, and the 50 free.

Julianna Russell "Rusty" swam in 4 events with a best place finish of 9th in the 50 free.

Rebecca Sadler swam in 5 events with

best times in the 100 free and 100 back.

Kaden Shover swam to 3 best times in his 100 free, 50 breast and a 19 second drop in the 500 free.

Mia Vota swam in 6 events also coming off some hard training and finishing close to her best times.

Bailey Warren swam to 3 best times in the 200IM, 100 free and the 500 free. Bailey earned a 2nd place finish in the 500 free and a 3rd place in the 100 free.

Noah Zylberberg swam great again with best times in the 50 breast, 200 free and 100IM.

High School Schedule

Sept. 10—Splash Invitational at Saint Andrews

Sept. 17—Marian Krutulis Invitational at Gulliver Prep

Sept. 21—Ransom Everglades & Boca High at Boca High

Sept. 24—University Invitational at Davie

Sept. 29—Dual meet against Saint Andrews at SAS

Oct. 5—Woodson Invitational at Pine Crest, Fort Lauderdale

Oct. 14—Dual meet against Gulliver Prep at PC

Oct. 19—Belen Jesuit & University at PC

Oct. 21—Dual meet against Westminster Academy at PC.

Oct. 29—District Championships

Nov. 4—Regional Championships

Nov. 11—State Championships

PC Varsity Swimmers & Divers:

Women: Brooke Bernstein, Carolyn Chaney, Kylie Cawley, Carolyn Ehrlich, Kaelah Chaney, Jamie Flores, Casey Francis, Miriyam Ghali, Sabrina Gornnisiewicz, **Brittany Hammond**, Anastasia Hediger, Hailey Kelly, Tyla Martin, Leila Mazzone, **Mallory McKeon**, Juliette Pozzuoli, Rebecca Sadler, Lindsey Swartz, Hannah Veale

Men: Marcel Betschart, Christiaan Bijlsma, **Delaney Brock**, Jack Cawley, Adam Dear, Thomas Doolittle, Daniel Dreval, **Gotti Eisenberger**, Alex Evenson, **Austin Evenson**, Niklas Friederici, Connor Gerrits, Ryan Graff, John Graner, Anton Gueneralov, Kent Haeffner, Lyle Hayes-Macalusa, Descartes Holland, Michael Hovart, Sam Korntner, Jack Osborn, Michal Rokita, John Rudnik, Jake Shapiro, Edward Walker, Ryan Walter,

Captains are highlighted.

Coaches: Jay Fitzgerald, Mariusz Podkoscielny, David Rodriguez, Eddie Lovell

Varsity Swimmers & Divers on other High School Teams:

Women: Ainsley Anderton, Windsor Anderton, Jillian Contich, Jade Lubie, Caroline Nava, Jessica Nava, Cara Vota

Men: Hank Contich, Alex Genck

Pine Crest Swimming News

Swim Shop Supplies:

Latex Team Cap	\$6.00
Silicon Team Cap	\$15.00
Nike Goggles	\$17.00
Male Jammers	\$36.00
Female PC Suit	\$54.00
Team T-Shirt	\$12.00
Mesh Bag	\$12.00
PC Mesh Bag	\$30.00
Fins	\$25.00
PC Swim Towel	\$30.00

Congratulations to the following swimmers who have moved up a level in the team.

Boca Raton Campus:

Novice to White Group—Ethan Flores, Lejla Najarro, Tesla Radulovic, Emily & John Visconti.

White Group to Green I Group—Brian Anderson, Seth Berke, Lauren Briggs, Karina Charanjiva, Isabella Fine, and Jacob Silberman.

Green I to Green II Group—Christine Baker, Rachel Blieden, Corrina Mullen, Matthew Petreski, Kaden Shover, and Alexandra Slusarenko.

Fort Lauderdale Campus:

Novice to White Group—Rebecca Forrester, Jackie Nava, Josefine Richter, and Maria Tews.

October Fest Contest

October 3 - 31, 2011

PINE CREST SWIMMING

2700 St. Andrews Boulevard
Boca Raton, FL 33434
561-852-2825
Email: boca.swim@pinecrest.edu

1501 Northeast 62nd Street
Fort Lauderdale, FL 33334
954-492-4173
Email: swimming@pinecrest.edu



The TOP 2 swimmers in the Novice, White and Green I Groups with the most practices in the month of October will be awarded a trophy.

We're on the web:
www.pinecrestswimming.com

October

October 7

8 & Under Sizzler, Tamarac

October 8-9

Area 2 Developmental, FLA

October 15

Age Group Combined Practice &
Bowling Day

October 22-23

FG Invitational, Lake Lytal

****OctoberFest Awards & Pizza Night
at the end of October ****

November

November 4

8 & Under Sizzler, Lauderhill

November 5-6

Area 1 Developmental, North Palm
Beach

November 17

Winter Champs Spaghetti Dinner

November 18-20

Winter Championships, Plantation

December

December 19-30

Winter Swim Camp at Boca Raton