

Volume 45, Issue 45

May 2011



PINE CREST SWIMMING

Pine Crest Lane Lines

May 2011 Lane Lines Newsletter

Great results from our swim meets in May:

May 1 Invite 38 Swimmer's attended from Pine Crest

Developmental: 73 Personal Best Times
17 New Junior Olympic qualifying times

May 13 FLA Invite: 33 Swimmer's attended from Pine Crest
76 Personal Best Times

May 6 Sizzler: 22 Swimmer's attended from Pine Crest
39 Personal Best Times

May 27 Sizzler: 24 Swimmer's attended from Pine Crest
30 Personal Best Times

Pine Crest Swim Camp—Spots Filling Up FAST!

Did you know that the Pine Crest Swim Camp was established in 1965, that's 46 years of experience. Thousands of children have come through the swim camp from all over the world, some going onto swim in college/university and some even swimming at the Olympics.

Both our Overnight and Day Competitive Swim Camp are filling up fast, so don't wait to sign-up. Go to the website to register NOW!

Of course we also have our Rising Star Swim Camp for our little ones, designed for those who love the water. The day is filled with instructional swim, diving lesson, arts & crafts, movie/rest time and a trip to the Boca campus for the Friday fun day on the water slide. This camp is perfect for those in our Lesson and Novice Program (ages 5—11).

Go to the website to register NOW!

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May Birthday Month

Jack Anderton, Thomas Doolittle, Jacqueline Fogel, Emmy Foltz, Riley Haligman, Brittany Hammond, Sam Korntner, Nate Legum, Peter Lin, Alyssa Moeller, Stephanie Moeller, Nicholas Prigoda, Lisbeth Rubin, Hannah Veale, Bailey Warren.

Novice, White and Green Groups

Long Course Spring Developmental at Saint Andrews, May 1

Pine Crest had 38 swimmer's attend this one day, one-session only meet on Sunday, May 1.

We had two swimmer's from our Novice Program in Fort Lauderdale attend their first long course meet ever and did a fantastic job as 8 year olds in the 10 & under division.

Rebecca Forrester swam 3 events, 50 breast, 50 free, and 50 back, and we can't wait for Rebecca to return to the 50m pool for more time in these long course events.

Josefine Richter was another newcomer to the 50m pool, also swimming 3 events, 50 breast, 50 free, and 50 back. Josefine finished in 9th place for both the breaststroke and backstroke. Great job.

Alyssa Higgins was our lone swimmer from the White Group with 2 events in her first long course meet. Alyssa had a great backstroke race with perfect head position, finishing 11th overall. Alyssa is also 8 years old, swimming in the 10 & under division.

Brian Anderson had a great meet dropping over 3 seconds in the 50 Breast, 2 seconds in the 50 Free and 50 Back, and over 7 seconds in the 100 Back. Most importantly for BA was that the Heat won Game 1 vs the Boston Celtics.

Christine Baker showed why we call her "The Upgrade" winning the 400 and 200 Free in the 1st time swimming those events while dropping over 15 seconds in the 50 Breast as well as swimming the 100 Back for the first time long course, great Job!

Rachel "Meatball" Blieden had a great meet dropping over 8 seconds in the 200 Free, another 5 seconds in the 50 Breast, and best time in the 50 Free. Rachel also

swam a great 50 and 100 Back.

Genevieve Krieger swam in her first meet that wasn't a Sizzler and did a great job in the 50 Back, Breast and Free.

Christopher McCauley got a best time in his 200 Free, placed 3rd in the 200 IM and swam the 400 Free for the first time and also placing 3rd.

Corrina "CooCoo" Mullen had big drops in the 100 Breast of over 5 seconds and dropped 22 seconds in the 200 IM and earning a Junior Olympic Time Standard as well.

Lejla Najarro had a very adventurous 50 Free while getting a best time in the 50 Back and just missing breaking a minute.

Tesla Radulovic the last of the Radulovic clan swam in his first meet that wasn't a Sizzler and did awesome. Like his Dad and sister before him swam a GREAT 50 Breast and 50 Free and he's only 8 years old, awesome Job Big T!

Kaden Shover had a great meet winning all of his races and getting all best times. Kaden also earned his long course Junior Olympic times in the 100 and 200 Free. He also swam the 400 Free, 50 Breast and 200 IM. Kaden had a great advantage knowing the lay of the land.

Jacob Silberman had a great meet dropping over 11 seconds in the 100 Breast and winning the event. Jacob also dropped time in the 50 Free swimming the 100 Free and 50 Breast long course for the first time as well.

Alexandra "A-Train" Slusarenko had a great meet. Dropping over a 11 seconds in the 200 Free, 8 seconds in the 50 Free, and 9 seconds in the 50 Back. A Train also swam the 100 Free and 100 Back for the first

time.

Marielean Stanesco swam in her first meet ever for Pine Crest Swimming doing a great job swimming the 50 Breast, Back, and Free, Way To Go!

Brother and sister John and Emily Visconti both had a great 50 Breast and John enjoyed his first meet that wasn't a Sizzler because John is only 8 years old.

Boca's White Group exploded off the blocks on Sunday at St. Andrew's Developmental Meet.

Sophia Kabbej represented our 11-12 group. She lowered her times in the 50 free and 100 breast. Well done.

Francesca Smith competed in the 10 & Under. She swam the 50 breast, 50 free, 50 back and 100 free. She lowered her time in the 50 back and competed in the 50 breast for the first time. Her composure on the blocks is quite remarkable. Good job.

Matthew Petreski and Seth Berke represented our boys in the 10 & under.

Novice, White and Green Groups

Long Course Spring Developmental at Saint Andrews, May 1

Seth Berke nailed the JO in the 50 free. He dropped 7 seconds in this event. He came to the meet with an agenda to swim fast and achieve a JO! And he certainly did that. He carried on by swimming one event after another by dropping times considerably in the 50 back, 100 back, 50 fly and 100 free. He is one second off the JO for the 50 fly. Just when you think he doesn't have anything left in the tank, he ends the day lowering his time in the 100 free by ten seconds. (Two seconds off that JO time). I'm exhausted writing about it. Didn't we just start the long course season two weeks ago?

Our Matthew Petreski competed in the 50 breast, 50 back, 100 back and 100 free. He flew off the blocks for the 50 breast with fierce determination. He clenched another JO time! He swam his remaining events with exceptional speed. Many people do not realize that Matthew broke his arm in February and was out of the pool for several weeks. He had to start out slowly and work on his technique while having discomfort in his arm after his return. Clearly, it has worked out to his advantage. However, we do not recommend broken limbs to advance in swimming. Matthew has been working hard and it shows. Great work kids.

Our Green Groups from Fort Lauderdale had many great swims at this one day meet.

Ainsley Anderton had 3 out of 4 best times, with a huge 6 second drop in her 100 backstroke.

Jack Anderton had 3 best times, matching his sister's 6 second drop but in the 100 freestyle. Both this event and the 50 free were new JO times.

Windsor Anderton also had 3 best times with a 7 second drop in her 200 free, 9 second drop in her 50 back and almost a 4 second drop in her 100 freestyle.

Brooke Bernstein swam in her first long course meet with two new JO times, 50 and 100 freestyle. Brooke also finished in the top 4 of all her events.

Ashley Crouse had 2 best times with a 5 second drop in her 100 breast, and over a 2 second drop in her 100 backstroke, which earned her a JO time and 1st place overall.

Yani Fabre had 3 best times with over a 3 second drop in his 100 backstroke. His freestyle events earned him 3rd place finishes and a 4th place finish overall.

Camilla Osorio had a best time in her 50 butterfly with over a 2 second drop. Camilla finished her other events with less than a second from her best times.

Rebecca Sadler swam in her first long course meet as a Pine Crest swimmer. Rebecca finished in the top 9 for all her events.

Cara Vota had 2 best times, 50 free and the 200 free which was a 2nd place finish overall.

Novice and White Groups

8 & Under Sizzler at Pine Crest, Ft. Lauderdale, May 6

After a rescheduled Sizzler from April 29 due to bad thunderstorms, we were able to get in a very successful Sizzler on Friday, May 6.

Friday started off with some questionable weather, but by the afternoon we were bathing in sunshine. Lucky for our little swimmer's, they were protected in the Bullpen with a covered tent.

Pine Crest hosted the meet with 22 of our own swimmer's attending from both campuses.

Congratulations to; Brian Farias, Hannah Fowler, Alan Friedlander, Alyssa Higgins, Elle Nava, and Sloan Shade all competed in their first Sizzler ever and did a wonderful job.

We had several of these first time swimmer's finishing in the top 5 for their events. Hannah finished 5th in the 25 free, Alyssa finished 2nd in the 25 back, and Elle finished 4th in the 25 breast.

Congratulations also to Victor Lago, Kyle Martin, and Drew Paton who are swimming with Pine Crest for their first time after transferring from another team, welcome!

Rebecca Forrester had all best times with over an 8 second drop in her 25 fly, and 3 second drops in both her 25 back and 25 free. Rebecca finished 9th in the 25 back.

Scarlett Goldberg just got back to swimming after being sick and did a best time in the 25 freestyle.

Sasha Hediger had all best times, with over an 8 second drop in the 25 fly, 6 second drops in the 25 back and 25 free and a 4 second drop in the 25 breast.

Jourdan Henry also had all best times, with her best being a 6 second drop in the 25 breaststroke, finishing 8th overall.

Owen Medrano had 3 best times with a huge 17 second drop in the 25 back, and a 12 second drop in the 25 breast.

Judith Murciano had 2 best times, over a second drop in the 25 fly and over a 2

second drop in the 25 free.

Lejla Najarro is swimming in both Sizzler's and Age Group meets now and had 4 best times. Lejla had over a 4 second drop in the 25 fly and 0.42 second drop in the 25 free to finish 6th overall.

Jackie Nava had 2 best times with over a 3 second drop in the 25 breast and finishing 4th overall in the 25 fly.

Lillian Nava swam in the 6 & Under division and finished 3rd overall in 3 events, 25 fly, 25 back and the 25 free.

Julia Podkoscielny had 4 best times and dominated the 6 & Under division with 3 first place finishes, 25 fly, 25 breast, and the 25 free. She finished 2nd in the 25 back.

Nicholas Reeser had 4 best times with over a 4 second drops in both the 25 fly and 25 breast. His best place finish is a favorite of his, the 25 breast with a 5th place finish.

Josefine Richter had 4 best times with a huge 8 second drop in the 25 breast. Josefine finished in two 3rd place finishes with the 25 breast and 25 free.

Melody Yates had 3 best times with double digit drops in all 3 events. Melody swam in the 6 & Under division with a 2nd in the 25 free, 3rd in the 25 breast and two 4th places in the 25 fly and 25 back.

8 & Under Sizzler at Pine Crest, Ft. Lauderdale, May 27

After another weather scare, we were able to get in another great Sizzler here at the Fort Lauderdale campus with 24 swimmer's.

Congratulations to our first time swimmer's; Daniella Donshik, Danielle Forrester, Pete Perri, Chloe Reeves, and John Visconti.

Brian Farias had a big drop of over 4 seconds in the 25 fly was close to his best times in the 25 free and 25 back.

Ethan Flores had all best times with over a 4 second drop in the 25 back and finishing in 7th place for both his backstroke and freestyle events.

Rebecca Forrester had 3 best times in the 25 breast, 25 fly and 25 free and swam the freestyle relay.

Hannah Fowler swam 4 events and was a valuable member on the freestyle relay.

Alana Friedlander had 2 best times with a .55 drop in the 25 free and over a 2 second drop in the 25 breaststroke.

Scarlett Goldberg had a best time in the 25 free and was another member on our relay team.

Abby Hart swam 4 events swimming in the 7-8 year age group for the first time.

Sasha Hediger had a best time in the 25 breast and was also a member of the freestyle relay team.

Jourdan Henry had a best time in the 25 breast finishing 9th overall.

Victor Lago had a best time in the 25 breaststroke and was on the boys freestyle relay team.

Kyle Martin also improved his 25 breast and was a member of the freestyle relay team.

Lejla Najarro had 2 best times in her 25 back and 25 breast, finishing in the top 10 for 3 of her events.

Elizabeth Nava had 3 best times with a huge 5 second drop in her 25 back, 3 second drop in the 25 fly and a 2 second drop in the 25 free.

Jackie Nava had 3 best times with a first place finish in 25 free and was also on the freestyle relay team.

Lillian Nava had 2 best times in her 25 back and 25 breast. She had a first place finish in the 25 free, two second place finishes and a sixth place finish.

Nicholas Reeser had 3 best times with a fifth place finish in the 25 back and a seventh place finish in the 25 breast.

JoJo Richter had 3 best times finishing in the top 6 for all her events. JoJo also swam on the freestyle relay team.

Lily Rivere swam in 4 events and was also on the freestyle relay team.

Sloan Shade had a best time in her 25 backstroke. Great job swimmers!

Novice, White, Green Groups

FLA Invite at Deerfield Beach, May 13-15

Brian Anderson had a great showing getting all best times dropping almost 19 seconds in the 100 Breast and dropping another 12 seconds in the 200 Free. Brian also swam the 50 Breast and 200 IM for the 1st time long course.

Christine Baker had 3 best times in the 200 Free, 100 Back, and 50 Back as well as swimming the 200 IM for the 1st time. Christine is inching closer and closer to her 1st Junior Olympic Time.

Rachel Blieden swam Friday and Saturday swimming right at her best times while swimming a fantastic 100 Fly for the 1st time long course.

Karina Charanjiva swam the 200 Free, 100 Back, 50 Breast, and 50 Free all for the 1st time long course. Keep it up KC.

David and Big Sis Ronni Isenberg swam the 200 Free, 100 Back and 50 Breast all for the 1st time and just missed getting a best time for the 50 Free.

Corrina Mullen had a great meet earning 2 more JO Times for long course in the 50 Back and 100 fly and earning 3rd place in the process. Alejandro Ramirez had a great Saturday earning his JO time long course in the 50 Free and getting best time in the 100 Back and 50 Breast as well.

Kaden Shover swam the 200 Free, 100 Back, and 50 Breast on Saturday just missing his best times in the 50 Free.

Jacob Silberman had some large drops of 34 seconds in the 200 Free and 16 seconds in the 100 Back while earning 5th place overall in the 50 Breast.

Alexandra Slusarenko swam the 100 Back 50 Fly, and 50 Breast all for the 1st time and got all best times. Alexandra dropped over 13 seconds in the 200 IM and is inching closer to her 1st JO Time in the 50 and 100 Free.

Green II in Boca was represented by 6 swimmers at the Deerfield Beach meet. They all swam to multiple best times with a total of 31 best times for the group.

Jamie Flores continues to swim well with best times in the 200 free and 50 free. She placed in the top 10 in 7 out of 9 events.

Peter Lin swam very well with 6 best times and swimming to two 2nd place finishes and 3rd in two events. In his 100 fly he dropped over 12 seconds and nearly 2 seconds in his 50 fly.

Marin Mullen swam to 3 best times with a 47 second drop in her 400 free and a 3 second drop in her 400IM.

Bailey Warren swam very fast on her way to 6 best times. She bettered her times in the 100, 200, and 400 free, 50 breast, 100 fly and 200IM. Her 4:56.02 in the 400 free was a quad "A" time standard.

Lexi Yribarren swam awesome to 5 best times in the 50, 100, and 200 free, 50 breast and her improved 100 back.

Noah Zylberberg swam to 9 out of 10 best times with a brutal double events on Friday night. Noah swam (along with Bailey and Marin) the 400 free and 400IM in one night. Two very tough events to swim in one session but Noah swam to two best times and a 4th and 5th place finishes. Great meet leading into the summer months!!

Boca's White group swam beautifully at Deerfield Aquatics on May 14-15.

Francesca Smith competed in the 100 meter for the first time and improved her times in the 100 free, 50 back. She is quite the competitor. Well done!

Sophia Kabbej represented our 12 and under by swimming the 200 free, 100 back and 50 breast for the first time. Good job!

Seth Berke accomplished another JO time in the 50 back with a 44.80 time. Awesome! He carried on with improved times in the 100 back and 50 breast. A storm ended our Sunday early so he missed swimming the 50 fly which he is close to capturing another JO time.

Brothers Bobby and Jimmy Hart participated, as well. Bobby swam the 200 free and 100 back for the first time with solid times under his belt. Jimmy swam the 100 back and 50 breast for the first time and improved his time in the 50

free. Good job boys!

Finally, Matthew Petreski swam the 200 meter free for the first time and improved his time in the 100 back. He is a fierce competitor, as well. We are thrilled to have these kids swim for us and we love their spirit and dedication.

Ainsley Anderton swam Saturday only with a best time in her 100 backstroke, edging closer and closer to that JO time.

Yani Fabre swam Saturday only with 2 best times. Over a 4 second drop in his 100 back and a slight improvement in his 50 free.

Nicholas Hediger swam 2 out of 3 best times. His 200 breast was over a 5 second drop and his 50 free was a slight improvement.

Rak Hovart had a best time in his 200 freestyle with over a 2 second drop and close to his best times in his 100 back and 100 fly.

Amber Lubie had 2 best times, 100 fly and 50 free, and swam the 50 breast for the first time.

Caroline Nava had 3 best times, 100 fly, 50 free and a new JO time in her 100 back.

Jessica Nava had 2 best times with a big 5 second drop in her 50 breast. Jessica also swam to a 3rd place finish for her 100 butterfly.

Crystal Navellier had 2 best times with over an 8 second drop in her 50 breast and a huge 28 second drop in her 100 backstroke.

May Madness!

Congratulations to all the swimmer's who came to practice in the month of May, which can be a challenge with end of year tests, exams, and of course those concerts, and school parties. Special recognition for the following May Madness Winners:

Boca Raton Campus

Novice Co-Champions: Lejla Najarro and Maxwell Periu

White Group Champion: Lauren Briggs, Co-Runner Up: Cecily Fine and Isabella Fine

Green I Group Champion: Christine Baker, Runner-Up: Corrina Mullen

Green II Group Champions: Jamie Flores, Peter Lin, and Noah Zylberberg with 100% attendance.

Fort Lauderdale Campus

Novice Champion: Gabriel Zambrano with 100% attendance, Runner-Up: Daniel Morgan

White Group Champion: Megan Guido, Runner-Up: Jake Rosenthal

Green I Group Champion: Vivian Spencer, Runner-Up: Camilla Osorio.

Green II Group Champion: Amber Lubie, Runner-Up: Cara Vota.



Gabriel Zambrano



Daniel Morgan

Pine Crest Swimming is ready for the 2011 Summer Swim Camps!

Pine Crest Competitive Swim Camp

7 Weeks Available

Ft. Lauderdale Campus

Day Camp—\$500 / week

Overnight Camp—\$725 / week

Pine Crest Rising Star Swim Camp

8 Weeks Available

Boca Raton and

Ft. Lauderdale

Campuses

Rising Star—\$360 / week

Pine Crest Diving Camp

3 Weeks Available

Ft. Lauderdale Campus

Day Camp—\$500 / week

Overnight Camp—\$725 / week

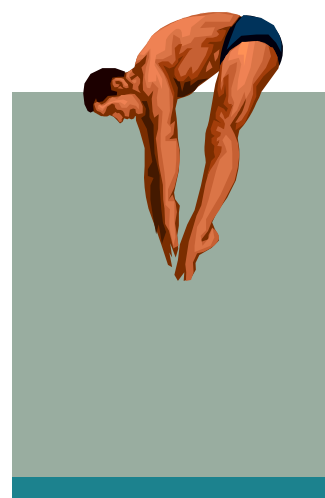
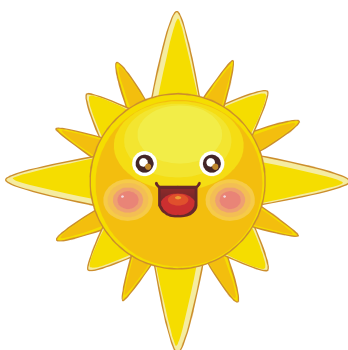
**SPECIAL DISCOUNT FOR
PINE CREST CLUB SWIMMER'S**

**COUPON will discount \$125
FROM THE OVERNIGHT CAMP**

AND/OR \$50 FROM THE

DAY CAMP

**CALL THE SWIM OFFICE FOR THE
COUPON CODE AND DETAILS**



Private and Group Swim Lessons

8 Weeks Available

Ft. Lauderdale Campus

Private and Group Swim Lessons

8 Weeks Available

Boca Raton Campus

Private Lessons are available upon request

Group Lessons are half hour lessons—\$65 / week

(Monday through Thursday)

Choose the number of week(s)

Group Lesson Times:

8:30am, 3:30pm, 4:00pm, 5:30pm

Private Lessons are available upon request

Group Lessons are half hour lessons—\$65 / week

(Monday through Thursday)

Choose the number of week(s)

Group Lesson Times:

8:30am, 9:00am, 3:45pm

Pine Crest Swimming Ends the School Year with a Blast!

Mini Meet, Boca Raton on Thursday, May 19

Over 85 children participated in this year's 5th Annual Mini Meet. All the children swim in either our In-School Lessons, After-School Lessons or our Novice Program.

Our volunteers from our Age Group to parents helped organized the meet with a swim store, gate entry heat sheets, concession stand and of course our important timers.

The deck was packed with parents, friends and family watching a variety of 25 yard races. From our teddy bear kicking to some beautiful freestyle, backstroke, breaststroke, and butterfly events.

All the swimmer's went home with a ribbon and very happy faces, great job swimmer's.

Team BBQ and Fun Day at Boca Raton on Saturday, May 21

Over 250 people attended the Annual Team BBQ and Fun Day on May 21. This year we had help with the great food and service provided by Sage Dining, while the coaches spent the time organizing the games, manning the Giant Water Slide and making sure everyone was having a great time. Besides the Water Slide, the games in the pool were attracting a lot of attention, our money dive for the younger children while our older children later played the greased watermelon game.

Some of our kids even took home their own color-your-own-beach-ball.

Don't miss the next one in May 2012.

Mini Meet, Fort Lauderdale on May 23-24.

Our Novice Group got a taste of racing on Monday and Tuesday. The races were split between the two days with butterfly and backstroke on Monday, and breaststroke and freestyle on Tuesday.

Every swimmer got out of the pool to retrieve a ribbon with their name and time and take back to parents with pride.

Thank you to our high school swimmer's who were happy to time their races and hand out their ribbons.

Next year, we may just combine the two campuses to have a full-Mini Meet together. Watch out for details next year.

Thank You Coaches & Officials!

We would like to recognize our own Pine Crest parents who volunteer their time to work at swim meets as officials.

Jeff Baker (child—Christine), David Hammond (child—Brittany), Ines Kelly (child—Hailey), and Gina Spencer (children—Charlotte and Vivian).

Special thanks to Jeff and David who have even gone beyond by helping at swim meets that our team or their own child is not competing in.

Without these officials and

Volunteers, these swim meets would not happen.

On Wednesday, May 25, Coach Jay Fitzgerald presented a lovely crystal bowl to Susan Beauchamp, one of our Lessons Coaches and a crystal vase to Kim Farrell, our Head Lessons Coach. Susan will be enjoying the summer and helping her daughter Abby get ready for college. Abby graduated from Pine Crest in May. Kim has decided to resign and go into a new adventure.

Congratulations Pine Crest 2011 Graduates



PINE CREST SWIMMING

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Armand Aguirre, Loyola University of Maryland
Jennifer Aguirre, Lake Forest College
Rebecca Aiello, University of Pennsylvania
Abby Beauchamp, University of Miami
Nate Legum, University of Florida
Stephanie Moeller, University of Delaware
Thomas Veale, University of Florida

June

June 4-5

NPB Summer Kickoff, Pompano Beach

June 16-19

Grand Prix Series, Santa Clara, CA

June 18-19

Area 2 Developmental, Plantation

June 23-26

Invitational, Coral Springs

July

July 15-17

FGC Junior Olympics (14 & Under),
Plantation

July 22-25

Senior Circuit, Coral Springs

July 26-31

Southern Zone Champs, Cary, NC

August

August 2-6

National Championships, Palo Alto

August 8-12

Junior National Championships, Palo
Alto