



April Lane Lines Newsletter

April Sizzler: 24 Swimmer's attended from Pine Crest
Canceled after the first event due to a thunderstorm.

Invitational at Jupiter: 28 Swimmer's attended from Pine Crest
66 Personal Best Times

Wellington Spring Invitational: 24 Swimmer's attended from Pine Crest
37 Personal Best Times
21 New Junior Olympic cuts

Follow Pine Crest Swimming!

With camp just around the corner, we are very active in our Social Networking sites to stay contacted with everyone. Click below:



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April Birthday Month

Brian Anderson, Anna & Mia Blavatnik, Cecilie Brattli, Miriyam Ghali, Brooke Gilbert, Ryan Graff, John Herin, Kyra Jovanovski, Todd Levan, Katherine Minielly, Marin Mullen, Caroline Nava, Sajani, Panchal, Tiago Pereira, Josefine Richter, Jillian Rochelle, Kaden Shover, Max Tabin, Giancarlo Zaniolo

Novice, White and Green Groups

FGC LC Invitational at Jupiter, April 13-15

Pine Crest Swimming took 28 swimmers to this first Long Course meet of the season.

Seth Berke swam on Saturday only in 4 events. Seth had 2 best times, dropping 4.16 seconds in the 50 breast, and 2.27 seconds in the 50 free. He also swam the 100 fly and 200IM for the first time.

Taylor Collins attended her first Long Course meet with Pine Crest, swimming on Sunday only with 4 events. Great job.

Brian Farias just aged up from the Sizzlers and swam the 50 breast, 50 free and 100 back for the first time. Brian finished the 100 back in 8th place.

Cecily Fine swam 4 events and had an incredible 25.27 second drop in the 200 free and a 3.83 second drop in the 50 free.

Isabella Fine also swam 4 events and had the same incredible drop as her sister, with a 25.68 second drop in the 200 free and a 3.56 second drop in the 50 free.

Stephanie Grau had 100% best times with a 13.47 second drop in the 200 back and 6.07 second drop in the 200 free. She also swam the 100 fly for the first time.

Abby Hart swam 2 events for the first time in Long Course doing a great job in the 50 breast and 50 free.

Jimmy Hart swam 4 events with a 7.28 second drop in the 50 breast and a 5.43 second drop in the 50 free. He also swam the 200 free and 100 back for the first time.

David Isenberg swam 3 out of 4 best times with a 3.86 second drop in the 100 breast which placed him 6th overall.

Ronnie Isenberg swam 3 out of 4 best times with a 5.51 second drop in the 50 back and 5.56 second drop in the 100 free.

Sophia Kabbej swam 3 best times with a huge 14.61 second drop in the 200

free and 2.00 second drop in the 50 free. Sophia also swam the 200IM for the first time.

Alexander Molchanov swam in his first meet with Pine Crest, doing a great job in the 50 free.

Corrina Mullen swam on Sunday only with 3 events, swimming close to her best times in the 50 back, 100 free, and swimming the 200 back for the first time.

Marin Mullen swam 9 events and just celebrated her birthday. Marin finished in the top 5 places for the 400IM, 50 breast, 200IM, 200 breast, 50 back, 100 breast and 200 back.

Lejla Najarro swam 4 best times with a 14.37 second drop in the 50 breast, and 21.10 second drop in the 50 fly. Lejla also swam the 200 free and 100 free for the first time.

Crystal Navellier swam 3 best times with a huge 8.18 second drop in 200 free and finished in the top 8 places for the 100 fly, 50 free, and 100 back.

Joao Vitor Pereira swam in his first Long Course meet for Pine Crest doing a great job in 8 events over the two days. Joao finished in 2nd place overall in the 50 back. Great job.

Tatiana Radulovic swam 5 out of 6 best times with a 6.47 second drop in the 200 free, and 5.67 second drop in the 200 fly which also placed her 3rd overall for that event.

Tesla Radulovic swam 100% best times with a huge 12.66 second drop in the 50 free and 28.34 second drop in the 100 free. Tesla also swam the 200 free, 100 back, 50 fly and 100 breast for the first time.

Kaden Shover swam 100% best times with a huge 11.27 second drop in the 100 breast. He also had 2 first place finishes in the 200 breast and 50 breast. Kaden finished in the top 4 for all his events.

Francesca Smith had 5 best times with a massive 44.08 second drop in the 200 free, 13.43 second drop in the 100 breast and 12.19 second drop in the 100 free. She also swam the 50 fly for the first time.

Hanna Elks Smith swam 8 events for the first time for Pine Crest in the long course events. Hanna is still 8 years old and swam in the 10 & under division with a great 4th place finish in the 100 back.

Christian Soderberg swam 3 events for the first time with Pine Crest and finished 9th in the 200 free and 6th in the 50 free.

Emily Visconti had 100% best times with a 11.20 second drop in the 50 back and 13.32 second drop in the 100 free. Emily also swam the 200 free, 50 free, 100 back, 50 fly and 100 breast for the first time.

Lauren Volkodav who is only 7 years old, swam the 50 back and 100 breast for the first time in a long course meet. Great job.

Bailey Warren had 4 best times along with six 1st place finishes in the 200 free, 50 breast, 200 breast, 50 fly, 100 breast, and 800 free.

Noah Zylberberg had 7 best times with a 8.54 second drop in the 400IM and placed 1st in the 200 breast. Noah also finished in the top 6 places for all his events.

8 & Under Sizzler at Sunrise, April 20

Pine Crest Swimming had 24 swimmers signed up for the meet, unfortunately the weather did not cooperate. We were able to get in the 25 yard butterfly before the weather turned and forced everyone off the deck. We were hoping to return to finish the meet, but that did not happen. Sunrise Swimming was unable to find a date to reschedule, so we will have to look forward to the next Sizzler, right here at our own Fort Lauderdale campus on Friday, May 18.

Novice, White and Green Groups

Wellington Spring into Summer Invitational at Wellington, April 27-28

Pine Crest Swimming had 24 swimmers participate in this Long Course meet in Wellington.

Seth Berke is enjoying being at the top of his age group as a 10 year old. Seth had 100% best times with huge drops across the board. He dropped 24.15 seconds in the 200 free and 32.32 seconds in the 100 breast.

Marta Ciesla swam four events long course for the first time with PC. Marta finished 1st overall in the 50 free which is a JO cut, and two 6th place finishes in the 100 breast and 100 back.

Hank Contich swam three events for the first time since rejoining the team and swam the 200IM and 200 breast with JO cuts. Hank also finished 1st overall in the 200 breast.

Jillian Contich swam four events with huge drops since swimming these long course events. Jillian had a 24.42 second drop in the 200 free and 23.27 second drop in the 100 fly.

Rachel Contich swam four events with three new JO cuts in the 200 free, 200IM, and 50 free where she finished 1st overall for the 10 & Under age group.

Brian Farias swam three events with a 6.84 second drop in the 100 back and swimming the 100 free for the first time.

Cecily Fine swam four events with a huge 14.43 second drop in the 100 breast and 15.74 second drop in the 100 free. Cecily also swam the 100 back for the first time.

Isabella Fine also swam four events as her sister along with a new event of the 200IM for the first time. Isabella dropped 9.33 seconds in the 100 breast and 11.33 seconds in the 100 free.

Pablo Forero was excited about this meet swimming long course events for the first time. Pablo finished in the top 9 places for all three of his events, 100 back, 50 free, and 100 free.

Abby Hart swam three events with the 100 breast and 100 free for the first

time. Abby dropped 5.11 seconds in the 50 free.

Jimmy Hart had 100% best times with huge drops of 11.80 seconds in the 200 free, 42.64 seconds in the 100 breast and 45.54 seconds in the 100 free. Jimmy finished in the top 5 places for all four of his events.

Sophia Kabbej swam three events with two best times dropping in both the 100 breast and 50 free. Sophia swam the 100 back for the first time.

Ryan Karp swam two events for the first time doing well in the 50 free and 100 free in the 10 & Under age group.

Lejla Najarro swam four events with two of them for the first time, 100 breast and 100 back. Lejla swam close to her best times in the 50 and 100 free.

Caroline Nava swam four events with a 7.74 second drop in the 200IM and adding the 200 breast for the first time.

Jackie Nava swam three events for the first time, 100 back, 50 free, and 100 free. Jackie finished in 5th place overall in the 100 free in the 10 & Under age group.

Jessica Nava swam four events with a 1.99 second drop in the 200IM finishing 1st overall and swam the 200 breast for the first time.

Alexa Rivera swam four events for the time with PC in a long course meet. Alexa had two JO cuts in the 100 breast and 200IM and finished 2nd overall in the 100 and 200 breast.

Julianna Russell had 100% best times with a 7.51 second drop in the 200 free and 3.88 second drop in the 100 free. Julianna also achieved four new JO cuts, congratulations.

Kaden Shover swam four events with two best times in his specialty—the 100 and 200 breast where he placed 7th and 4th overall in those events.

Jacob Silberman had 100% best times with a 7.86 second drop in the 100 breast, 4.73 second drop in the 50 free and 8.41 second drop in the 100 free. Jacob also swam the 200 breast for the first time.

Alexandra Slusarenko aka—A-train had 100% best times with huge drops across all four events. A-train dropped 19.23 seconds in the 200 free, 20.09 seconds in the 100 breast, 2.32 seconds in the 50 free and 7.81 seconds in the 100 free. She also achieved three new JO cuts—50, 100, and 200 free.

Francesca Smith swam four events with a best time in the 200 free. Smitty also finished in the top 10 places for all her events. Great job.

Emily Visconti swam four events with three best times. Emily dropped 3.75 seconds in the 100 breast, and whisker improvement in both the 50 free and 100 free.

Open Water Events in April

The month of April had several Open Water events. The first was the Swim Miami Open Water held on April 21 in Miami, our lone swimmer from the Boca Raton campus had Hanna Elks Smith finish 3rd place overall in the 10 & Under age Group.

Our next Open Water event was the FGC versus FL All Star team that traveled to Fort Myers to compete on April 28 at the Miromar Lakes Beach & Golf Club. Congratulations to Casey Francis, Kent Haeffner Hannah Veale, Bailey Warren, and Noah Zylberberg for representing FGC and doing so well. Casey finished 1st overall in the 15-18 age group for the 5K.

Our last Open Water was the USA National Open Water also held at the Miromar Lakes Beach & Golf Club at Fort Myers on Friday, April 27 for the 10K and Sunday, April 29 for the 5K. We had three swimmers participate in the 5K event—Austin Evenson, Casey Francis, and Kent Haeffner. Casey had a great day as she again swam the 5K and finished in 8th place overall with a time of 1:04:17.14.



Coach Jay with Noah, Bailey, Hannah, Casey, and Kent

Mini Meet for the Lessons & Novice Groups

Internal Mini Meet at Boca Raton

We are gearing up for our 5th Annual Mini Meet on Saturday, May 12. This is offered for all the children in our Lesson Program and Novice Program from both campuses. Every child who participates will receive a ribbon for each race.

Sign-Up Now! Call the swim office for more information or look for the emails.

Such events are:

25 yard Teddy Bear Kicking with a Kickboard for our little ones, 25 yard Catch-up with a Kickboard for our lessons children, and 25 yard Butterfly, 25 yard Backstroke, 25 yard Breaststroke, 25 yard Freestyle.

A traditional heat sheet will be made available for the day to help parents see what events and lane their child will be swimming. Parents sit and enjoy cheering and watching the events, cameras in hand.



Pine Crest Diving Club welcomes new Coach!

Mid way through April, our Pine Crest Diving Club Team welcomed another new coach to the team to assist our Head Diving Coach, Janet Gabriel.

Steven LoBue has a wonderful resume of experience as a diver, graduating from Purdue University where he was a three time NCAA Division I All American. Steven was also an Undergraduate Assistant Diving Coach and Diving Camp Counselor during his years at Purdue. He graduated with a BA for Physical Education Training and Health & Safety Teaching. Currently he travels around the world as a High Diver/Cliff Diver for the Royal Caribbean Cruise Lines. We welcome Steven to our team.

We also welcome everyone to check out the new Diving Club website at www.pinecrestdiving.com



Pine Crest Swimming News

NEW Swim Shop Items:

Male Turbo Jammer	\$55.00
Male Turbo Brief	\$48.00
Female Turbo Suit	\$67,00
Dry Zone Baseball Cap	\$18.00
Safari Hat w/Green PC Band	\$25.00
PC Mesh Training Bag	\$30.00
(available in green or black)	



**Special Edition Female Turbo Suit:
Pine Crest Design \$67.00**



**Special Edition Male Turbo Suit
Pine Crest Design: \$48.00**

PINE CREST SWIMMING

BBQ & FUN DAY

Appreciation BBQ For:

Lessons/Novice/Age Group/Senior Group

**Swim Families in
the Pine Crest
Swimming Program**



**Waterslide. Games. Fun!
Food. Drinks. Snacks.**



**Saturday
May 12, 2012
12 noon-3:00 pm
Pine Crest Boca Campus**

**RSVP to boca.swim@pinecrest.edu or call 561-852-2825
swimming@pinecrest.edu Fax: 954-492-4169**



Please Return form to the Swim Office Boca Raton or Ft. Lauderdale

SWIMMER NAME: _____

NUMBER ATTENDING: (Family included) _____

PINE CREST SWIM CAMPS

Rising Star Swim Camp

Boca Raton and Fort Lauderdale, Starts June 4

Competitive Swim Day Camp

Fort Lauderdale, Starts June 11

Competitive Swim Overnight Camp

Fort Lauderdale, Starts June 10

PINE CREST SWIMMING

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We're on the web:
www.pinecrestswimming.com

Countries being represented this summer so far: Bahamas, Brazil, Canada, China, Colombia, England, France, Germany, Hong Kong, Italy, Norway, Russia, South Africa, Spain, Trinidad, Tunisia, Turkey, and Venezuela.

Come swim in our International waters!

www.pinecrestswimcamp.com

May

May 11-13

GCST Trials Qualifier, Fort Myers

May 12

Team BBQ & Mini Meet

May 12

Fran Crippen Memorial—Open Water,
Fort Lauderdale (Optional)

May 18

8 & Under Sizzler, PC Fort Lauderdale

May 18-20

FG Invitational, Coral Springs

June

June 8-10

FG Invitational, NPB at Plantation

June 8-10

Mutual of Omaha SwimVitational, NE

June 21-24

Swim Fort Lauderdale International
Classic, Fort Lauderdale

June 25—July 2

US Olympic Trials, Nebraska

July

July 6-8

Area 1 Developmental Championships,
FLA Boca Raton

July 12-15

Southern Zone South Sectional Cham-
pionships, Fort Lauderdale

July 20-22

FGC Long Course Junior Olympics,
Plantation

July 31-August 5

FGC All Star Zone Championships,
Rockwall, TX