Volume 61, Issue 61

April 2013



ine Crest Lane Lines

April Lane Lines Newsletter

Jupiter 47 Swimmer's attended from Pine Crest

Invite: 108 Personal Best Times

44 New Junior Olympic Cuts

1 New Club Record

Sunrise 20 Swimmer's attended from Pine Crest

Sizzler: 48 Personal Best Times

Pompano 18 Swimmer's attended from Pine Crest

Sizzler: 25 Personal Best Times

More Seniors Commit to College!

Congratulations to our Pine Crest Seniors who have recently committed to their college of choice:

Christiaan Bijlsma—University of Florida

Kaelah Chaney—(Girls Co-Captain High School) - U. of Florida

Thomas Doolittle (Boys Co-Captain High School) - Lafayette

Monica Pradel—Davidson College

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April Birthday Month

Sophia Alvarado, Juan Catoni, Noemi Fekete, Miriyam Ghali, Ryan Graff, Kyra Jovanovski, Chase Medrano, Katherine Minielly, Jeremy Morris, Marin Mullen, Annabelle Musa, Sajani Panchal, Tiago Pereira, Josefine Richter, Kaden Shover, Akanksha Surve, Max Tabin, Ava Tarzian, Giancarlo Zaniolo

Novice & Age Groups

8 & Under Sizzler at Sunrise, April 19

While the season has switched to Long Course (50m), our 8 & Under's still get to enjoy the 25 yard events.

Congratulations to our first time Sizzler swimmers; Mark King, and Champ Smith.

Sara Pearl Adler swam 100% best times with drops of 3.44 seconds in the 25 fly, 0.16 seconds in the 25 back, 2.04 seconds in the 25 breast, and 1.41 seconds in the 25 free. She was also part of the 100 free relay team.

Aitor Arrese-Igor also had 100% best times with drops of 1.07 seconds in the 25 fly, 1.06 seconds in the 25 back, and almost a second off the 25 breast and 25 fly. He was also part of the 100 free relay team.

Carys Edwards was very close to her best times and did a great job on the 100 free relay team.

Hadley Edwards had 100% best times with a huge 5.42 second drop in the 25 fly, over 2 seconds in the 25 breast and 25 fly and 0.39 seconds in the 25 back.

Bella Egizi had 2 best times with drops in the 25 fly and 25 breast. Bella was also part of the 100 free relay team and is a great supporter in the ballpen with the girls.

Amelia Lipscomb loves to race and it shows placing in the top 5 for all her races in the 6 & under girls. She was also part of the 100 free relay team.

Kyra Meyer had 2 best times with a 2.60 second drop in the 25 fly and 1.04 second drop in the 25 back. Kyra was also part of the relay team.

Andreas Neumann had 2 best times with a 0.88 second drop in the 25 fly and a huge 5.04 second drop in the 25 breast. Good job.

Mathias Neumann had 3 best times with drops of 2.30 seconds in the 25 fly, 1.56 seconds in the 25 breast and a huge 5.13 second drop in the 25 free.

Athan Riesz also had 3 best times with drops of 4.45 seconds in the 25 fly, 2.59 seconds in the 25 back, and 2.42 se-

conds in the 25 free. Awesome.

Liam Riesz swam 100% best times with over 2 seconds in both the 25 fly and 25 back, and a huge 3.25 seconds in the 25 breast. Liam was also part of the 100 free relay team.

Lior Silberman had a great drop of 3.36 seconds in the 25 fly and so close to her best times in the other 3 events. Lior is a great leader for our 8 & under girls.

Jake Venezia had 3 best times and did it in a big way with a 9.01 second drop in the 25 fly, 1.32 second drop in the 25 breast and 3.10 second drop in the 25 free.

Vin Virga had a best time in the 25 fly dropping 2.15 seconds and was within a second of his best times for the 3 other events. He was also part of the 100 free relay team.

Alexis Volkodav swam 100% best times in a big way, dropping 9.91 seconds in the 25 fly, 5.87 seconds in the 25 back, 4.33 seconds in the 25 breast and 5.41 seconds in the 25 free.

Andrea Volkodav joined her twin sister with 100% best times dropping 6.06 seconds in the 25 fly, 4.39 seconds in the 25 back, 2.15 seconds in the 25 breast and 3.97 seconds in the 25 free.

Lauren Volkodav jumped on board with her sisters and also swam 100% best times, dropping over a second in the 25 fly, 25 breast, and 25 free. Lauren is another one of our 8 year old leaders.

Anna Zaniolo swam 100% best times with drops of 2.25 seconds in the 25 fly, 2.18 seconds in the 25 breast and 1.34 seconds in the 25 free. Anna was also part of our 100 free relay team.

FGC Invitational at Jupiter, April 19-21

A very hot weekend was waiting for us as we attended the first long course meet for our Age Groupers. Even early in the season, our swimmers were swimming fast.

Christine Baker swam on Saturday only with 2 best times, dropping time in the 50 free and 200 free.

Seth Berke had 4 best times dropping a whopping 7.11 seconds in the 100 fly and 6.82 seconds in the 200lM. He placed 7th overall in 3 of his events.

Samantha Blackwood had 2 best times with a 6.23 second drop in the 50 back and a huge 28.06 second drop in the 100 free. She also swam the 50 fly for the first time.

Lauren Briggs also had 2 best times with a 2.25 second drop in the 50 breast and 3.25 seconds in the 50 free. She also swam the 200 free for the first time.

Both of the Carlson brothers, Carter and Christian swam 4 events each on Saturday and great times. This was the first long course meet they have swam with Pine Crest Swimming. Great job.

Marta Ciesla had 3 best times with drops in the 200 free, 200IM, and 200 back. She also placed 1st overall in 3 of her events and considered one of the best sprinters in her age group.

Taylor Collins was on fire with 6 best times dropping in the 50 free, 100 back, 50 back, and 100 free. She also dropped over 13 seconds in both the 200 free and 50 fly, wow.

Jake Contich swam his first long course events on Saturday in the 50 breast, 50 free, and 10 back. Jake finished 9th overall in the 50 free.

Rachel Contich had 100% best times with drops in the 200 free, 100 fly, and 50 free and dropped over 14 seconds in the 200IM. She earned new JO cuts in the 200 free and 50 free, great job.

Lina Faberge also swam in her first long course meet with Pine Crest doing a great job in the 100 fly, 50 breast, 50 free, 50 back, and 50 fly.

Brian Farias had an awesome meet with 4 best times and swam 3 new events. He dropped in the 50 breast, 50 free, and 50 fly but dropped an astonishing 20.31 seconds in the 100 free.

Isabella Fine had 100% best times dropping over 7 seconds in the 200 free and over 11 seconds in the 200 breast.

Novice & Age Groups

FGC Invitational at Jupiter, April 19-21

Bella Guzzetta swam a load of new events and dropped 8.03 seconds off her 50 fly event.

Abby Hart had 2 best times, dropping 9.11 seconds in the 50 breast and 11.82 seconds in the 50 free. She also swam the 200 free and 100 back for the first time.

Jimmy Hart had 7 best times with huge drops of 12.78 seconds in the 200IM and over 16 seconds in both the 200 free and 50 back. He also dropped in the 50 breast and 100 breast, earning new JO cuts.

Jourdan Henry swam all new events for the first time in long course, 200 free, 50 breast, 50 free, 100 back, 100 free, and 50 fly.

Maddie Hurt swam in 3 events on Sunday for the first time, 50 back, 100 free, and 50 fly.

Chloe Jones was another newbie in the long course events, doing great in the 200 free, 50 breast, 50 free, 50 back, 100 free, and 100 breast.

Kyle Jones also swam all new events and did great by earning JO cuts in the 50 breast, 50 free, 200 breast and 100 breast. Awesome.

Kyra Jovanovski swam 8 new events in the long course pool with great results. She placed 7th overall in the 100 breast.

Sophia Kabbej swam on Saturday only in the 200 free, 50 breast, 50 free, and 100 back, very close to her best times.

Christos Kokinakos swam on Saturday only with first time swims in the 50 breast, 50 free, and 100 back.

Victor Lago swam in 7 events over the two days for the first time in the long course pool. Great job.

Christopher Martinez swam in 8 events for the first time in long course. Trying all the strokes, he placed 7th overall in the 200 breast.

Alexander Molchanov was also another newbie in the long course events, doing a great job for the 11-12 boys age group.

Corrina Mullen had 3 best times, dropping time in the 50 back, 100 free, and 200 back. She also swam the 800 free for the first time where she earned a new JO cut.

Marin Mullen swam in 8 events with best times in the 50 back and 200 back. She also placed in the top 4 places for 6 of her events.

Halie Murphy was on fire with 7 new JO cuts in the 400IM, 200 free, 200IM, 100 back, 50 back, 100 free, and 200 back. She also placed in the top 4 places for all of her events.

Lejla Najarro had 6 best times with drops in the 50 breast, 50 free, 50 back, and 100 fly. She also had big drops in the 50 fly with 7.01 seconds and 100 free with 10.73 seconds.

Joao Vitor Pereira continues to improve with his love of racing, having 7 best times, 2 new swims, and 7 new JO cuts; 400 free, 100 fly, 50 free, 50 back, 100 free, 200 back, and 800 free.

Tiago Pereira had a great weekend with 2 best times, 6 new events, and 4 new JO cuts; 200 free, 50 free, 100 free, and 50 fly.

Matthew Petreski is another athlete who likes to race with 100% best times and 4 new JO cuts. The highlight was the 100 breaststroke which broke a 19 year old club record by 2 seconds, going 1:22.20 for the 11-12 age group.

Josefine Richter also had 100% best times with drops in the 50 breast, 50 free, 50 back, 100 free, and 100 breast. She also earned JO cuts in the 50 breast. 50 free, and 100 breast.

Julianna Russell showed up on Friday night to swim the 400 free.

Kaden Shover had 4 best times dropping a huge 25.28 seconds in the 400 free, and other best events with 200 free, 50 breast, and 50 free. He made a new JO cut in the 50 free.

Alexandra Slusarenko had 4 best times with drops in the 400 free, 100 back,, 50 back and a massive 36.54 second drop in the 200IM. Awesome.

Hanna Elks Smith had 6 best times with huge drops in the 200 free of 15.61 seconds and 100 breast of 22.63 seconds. She also earned new JO cuts in the 200 free and 50 fly.

Akanksha Surve swam 3 new events for long course doing a great job in the 50 back, 100 free, and 50 fly.

Isabella Tuoto swam 8 new events debuting in the 200 free, 50 breast, 50 free, 100 back, 50 back, 100 free, 50 fly, and 100 breast.

Christian Urbanek was excited to swim in his first long course meet with great results in the 50 breast, 50 free, 100 back, 50 back, 100 free, and 100 breast.

Emily Visconti had 3 best times with a huge drop of 18.13 seconds in the 200IM, and over a second drop in the 100 free and 100 breast. She also swam the 200 breast and 800 free for the first time.

John Visconti had 2 best times with a 2.20 second drop in the 50 breast and 4.61 second drop in the 100 breast. John also swam the 50 fly for the first time.

Bailey Warren had 3 best times with drops in the 100 fly, 200 fly, and 100 free where she also earned a new JO cut. Bailey was placed 1st overall in the 800 free, her specialty.

Giancarlo Zaniolo was excited to swim in his first long course meet with great results in the 200 free, 50 breast, 50 free, and 100 back.

Noah Zylberberg had an awesome meet again with 9 best times and 4 new JO cuts; 100 fly, 200 fly, 100 free, and 10 breast. He had huge drops of 22.90 seconds in the 400IM, 40.37 seconds in the 200 fly and 54.66 seconds in the 800 free.

Novice & Age Groups

Spring Sizzler at Pompano Beach, April 26

This was our last Sizzler before schools ends and we are super proud of our 8 & Under swimmers. Pine Crest had 18 swimmers attend the Spring Sizzler.

Aitor Arrese-Igor swam 4 events plus the relay and did a great job finishing in the top 8 for three of his events.

Josephine Barry competed in her first Sizzler and did a great job, stepping up and ready to race. She was also part of the girls relay team.

Carys Edwards competed in her last Sizzler before she turns 9 in June doing a great job and also swam on the relay.

Hadley Edwards had a best time in the 25 free and always has a happy face in the ballpen.

Bella Egizi loves to race and again did a great job on the girls relay team. Bella always makes everyone feel good in the ballpen.

Phillip Gurfel came to the meet ready to race in his first Sizzler, but an incident during warmup caused him to visit the first aid tent instead of the blocks. We hope he is feeling better.

Bella Guzzetta also raced in her last Sizzler before she turns 9 in July. She dropped time in the 25 fly, 25 back, and 25 breast. Great job.

Mark King is always excited to get started and it showed with a 3.04 second drop in the 25 fly and he always loves to participate in the relays.

Amelia Lipscomb is a hard worker and she stood out as one of the top 6 & under's. She dropped time in the 25 back, 25 breast and 25 free and placed in the top 5 for all her events.

Kyra Meyer always has a smile on her face did a great job, dropping 2.46 seconds in the 25 fly and was also part of the girls relay team.

Sophia Montague is another summer birthday, so again this was her last Sizzler. She had best times in the 25 fly and 25 free and was also part of the girls relay team.

Andreas Neumann has really improved

and it showed with 3 best times. Dropping over 3 seconds in the 25 fly and 25 breast and over 2 seconds in the 25 back.

Mathias Neumann also loves to race and is happy to see a 2.81 second drop in the 25 back and new best time in the 25 free.

Chloe Pezaris loves making new friends in the ballpen and was ready to race with a best time in the 25 fly and will enjoy another year in the 8 & under events.

Julia Podkoscielny enjoyed her last Sizzler as she turns 9 in August. She had 2 best times and was one of the top 8 & under's at the meet placing 1st overall in the 25 free and 2nd overall in her other 3 events.

Athan Riesz was one of our 6 & under boys doing a great job with 2 best times in the 25 back and 25 breast. Athan also stepped up and replaced Phillips on our relay team.

Liam Riesz loves to race and had a drop in the 25 fly and was also part of the boys relay team. Good job.

Champ Smith is our other 6 & under swimmer and did a great job in both his events, he also participated in his first relay team.

Mario Suarez had a great meet with 3 best times dropping over 2 seconds in the 25 fly and 25 breast and a huge 4.69 seconds in the 25 free.

Swimming News

Congratulations to our own Hannah Fowler (9 years old) who came in first girl and first overall in the Kids Extreme Aquathon hosted by the City of Deerfield Beach on Saturday, April 20. It included a run, obstacles and 50 meter swim!



New Club Record

Matthew Petreski broke a 19 year old Club Record in the 100 Breast-stroke at the Jupiter Invitational on April 21. Matthew now holds the record at 1:22:20 for the 11-12 Age Group.

Putt Putt Golf

On Saturday, April 13 our Age Groups (White / Green I / Green II) started the day with a combined practice at the Boca Raton campus making plenty of white water with some awesome kick sets.

Followed by a pool side brunch of juice and bagels, then headed to Put'nAround Golf Course in Delray Beach for a round of putt putt.

Twenty six golfers along with six coaches enjoyed the 2nd Annual Putt Putt Golf Tournament. The rain stopped the event at the 17th hole, but didn't stop the fun with pizza and the Golden Putter Award which followed.

Congratulations to our Golden Putter winners; Hanna Elks Smith who finished 1st with a score of 29 and Christian Soderberg who finished runner-up with a score of 31.

Thanks to Coach Mariusz who drove the bus.

Pine Crest Swimming News

Swim Store Supplies:		Competitive Swim Camp:	Rising Star Swim & Dive	
Silicone Cap	\$15.00	Our Competitive Overnight & Day	Camp:	
Male Nike Brief	\$32.00	Swim Camp in Fort Lauderdale has opened registration.		
Male Turbo Brief	\$50.00	Check out the website at	Starts June 10	
Female Nike Suit	\$60-\$69	www.pinecrestswimcamp.com		
Female Turbo Suit	\$67.00		Boca Raton Campus—	
Team S/S Tshirt	\$12.00	Summer Swim Lessons:	www.pinecrest.edu under Summer / Boca Raton	
Team L/S Tshirt	\$16.00	www.pinecrestswimming.com	Book Naton	
Team Towel	\$35.00	Under Swim Lessons tab	Fort Lauderdale Campus—	
Team Sweatshirts	\$30.00		www.pinecrestswimcamp.com	
Mesh Training Bag	\$30.00	www.pinedigetewinedinp.eem	pes.estemodifip.estii	

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PINE CREST SWIMMING

BBQ & Fun Day

Appreciation BBQ For:



Lessons/ Novice/ Age Group/ Senior







SATURDAY May 11th 2013 11am—2:00 pm Pine Crest Boca Campus



PINE CREST SWIMMING

On behalf of Pine Crest Swimming, we are pleased to announce our sixth "Annual Mini-Meet" for <u>all</u> swimmers in the Lessons Program and Novice Groups from both the Boca Raton and Fort Lauderdale campuses. This Mini-Meet is designed to introduce the swimmers to a real swim meet, with heat sheets, start-timing system, snack shop, and ribbons for all participants. Even our youngest lesson swimmer's (3-4 years old) can participate with fun events like teddy bear kicking, catch-up with the kickboard and freestyle kicking with a kickboard. Our Novice swimmers will compete in 25 yard events of each stroke.

Parents are welcome and encouraged to come and watch how far your child has progressed through the year. Don't forget the camera! Following the Mini Meet will be the Team BBQ.



When: Saturday, May 11, 2013

Arrive By: 9:00am

Meet Starts: 9:30am

Where: Pine Crest School

2700 Saint Andrews Boulevard

Boca Raton, FL 33434

Sign-Ups: Lesson children should use this form.

Novice children should use the website to login and sign-up, just like a normal swim meet (www.pinecrestswimming.com)

	(cut and return to the Swim Office by Monday, May 6)	
Swimmer's Name:		
Age as of May 11:		



May Madness Contest

PINE CREST SWIMMING

2700 St. Andrews Boulevard Boca Raton, FL 33434 561-852-2825

Email: boca.swim@pinecrest.edu

1501 Northeast 62nd Street Fort Lauderdale, FL 33334 954-492-4173 Email: swimming@pinecrest.edu

We're on the web: www.pinecrestswimming.com

May 1-31

For the following groups:
Novice I & II, White—Boca Raton
Novice, White, Green I—Fort Lauderdale



May	June	July
<u>May 4-5</u>	<u>June 8-9</u>	July 6-7
Florida Keys Invitational, Islamorada	NPB Summer Kickoff Classic at Plantation	Developmental Champs at FLA Boca Raton
<u>May 11</u>		
Annual Mini Meet and Team BBQ	<u>June 20-23</u>	<u>July 12-14</u>
	International Classic, Hall of Fame at	14 & Under Long Course Junior
	Fort Lauderdale	Olympics, Plantation
		<u>July 26-28</u>
		Senior Championships , Coral Springs