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December 2012



PINE CREST SWIMMING

Pine Crest Lane Lines

December Lane Lines Newsletter

Winter Championships: 53 Swimmer's attended from Pine Crest
198 Personal Best Times
34 Swimmers made Top 10

Santa Claus Meet at Pompano: 62 Swimmer's attended from Pine Crest
87 Personal Best Times
1 New Junior Olympic cut

Our Pools are in use all during the Holiday's!

Our Fort Lauderdale pools will be busy all during the holiday break, as our Club Team will have practice for both the Age Group and Senior Group—see the website for the schedule, and we welcome many visiting swimmers from around the country as they are in town visiting family for the holidays.

We also have many International, college and high school teams using our pool for their travel training trips, such as: Purdue, Virginia Tech, University of Buffalo, Woodbury High School, Piscine de Parc Olympique Team of Montreal, Canada and Horace Mann School. We welcome all the teams to our beautiful facility.

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December Birthday Month

Marissa Brannan, Christian Carlson, Karina Charanjiva, Chandler DeMayo, James Dudgeon, Heidi, Guntert, Ignacio Hineztrosa, Sophia Kabbej, Kyra Meyer, Drew Paton, Tesla Radulovic, Julianna Russell, Nicholas Sterling, Isabella Tuoto

Novice & Age Groups

Winter Championships at Plantation, November 15-18

After a delicious Spaghetti Dinner, the team was ready for four days of competition with prelims in the morning and finals in the evening.

Christine Baker made the most of her first race dropping time in her 100 Free.

Alex Behnam got all best times dropping over 7 seconds in his 100 Free and over 16 seconds in his 200 Free.

Seth Berke swam both the 50 and 100 Free earning best times in both.

Brooke Bernstein for the 13-14 age group made finals in both the 50 and 100 Free going best times.

Marissa Brannan for the 11-12 girls made finals in all of her races and winning the 1650 placing 2nd in the 400 IM, and earning 3rd in the 200 and 500 Free, and 100 IM.

Carter Carlson had best time in both his races the 50 Free and 100 Breast.

Big Brother Christian Carlson made finals in the 50, 100, and 200 Breast as well as 100 IM earning best times.

Kaelah Chaney got 2nd place in the 50 Free and 100 Breast while dropping over 8 seconds in the 100 IM.

Julia Chui also made finals for all of her races in the 13-14 age group placing 2nd in the 100 Fly and 3rd in the 50 Free, 200 Free, and 200 Fly.

Marta Ciesla won the 50 Free, 50 Fly, 50 back and 100 Free for the 13-14 women.

Hank Contich made finals in the 50, 100, and 200 Breast as well as the 100 IM in the 13-14 age group.

Sister Jillian Contich had a nice meet making finals in the 50 Breast and earning a best time in the 50 Fly.

Rachel Contich had 2 best times in the 50 and 100 Free while just missing finals in both races.

Thomas Doolittle dropped time in the 400 IM and over 5 seconds in his 200 Breast.

Alex Evenson had a great meet getting

all best times while placing 5th in the 400 IM, 8th in the 200 Back and dropping a total of 26 plus seconds of the meet.

Casey Francis had a busy busy week-end swimming the max number of events (9) while winning the 1000 Free, 200 Back, and 100 Fly for the 17-18 women.

Miriyaam Ghali made the most of her races getting a best time in the 50 Fly.

Sabrina Gornisiewicz showed her toughness earning 2nd place in both the 500 and 1000 Free.

Ryan Graff had a 16 second drop in his 100 IM and earning 8th place overall in the 50 Breast.

John Graner in his 1st time swimming the 1000 Free earned 6th place as well as swimming the 1650 Free and placing 7th overall.

Anton Gueneralov earned a best time in the 200 Back while hitting the wall 6th overall and swimming his best time in the 50 Free in the lead off of the 13-14 boys relay.

Kent Haeffner dropped time in both the 1000 and 1650 winning both races and dropping 16 and 27 seconds respectively in the 15-16 men division.

Brittany Hammond was another swimmer swimming all 9 races earning 2nd place in the 400 IM and 100 Free and earning 3rd place in the 100 Breast, 200 Breast and 100 IM for 17-18 women.

Jimmy Hart made his 1st ever championship final swimming the 50 and 100 Breast for 9-10 boys earning 7th and 9th place.

Nicholas Hediger earned best times in the 50 Free, 100 IM, and 100 Free dropping 2, 4, and 3 seconds respectively.

Rak Hovart had a solid meet earning 8th place in the 400 IM, 500 Free, and 100 Back while pacing in 4th overall in the 200 back for 13-14 men.

Sam Korntrner had best times in the 50 Free and 100 Free and big drop in his 50 Breast.

Matthew Kronengold had both best times in both his 50 and 100 Free.

Amber Lubie earned 5th overall in the 200 Back, and 6th in the 50 Back.

Tyla Martin had a great weekend winning the 200 Fly, 2nd in the 400 IM, 500 Free, 50 Fly, 100 Back and earning 3rd overall in the 200 Free for 14-14 girls.

Corrina Mullen had a great meet earning best times in the 50, 200, and 500 Free.

Big Sister Marin Mullen earned top 10 in 400 IM, 200 Back, 200, 100 Breast, 100 IM, 200 IM, 50 Back and 50 Breast.

Daniela Munoz broke 30 seconds in her 50 Free on her way to 8th place overall as well as earning 8th place for the 100 Free and 9th in the 50 Back.

Halie Murphy had a very busy meet also swimming the max amount of events 9 earning top 10 in the 200 Back, 100 Breast, 200 Breast, 100 Back, 50 Back and 50 Breast.

Jessica Nava had a very strong showing winning the 400 IM, 200 Back, 100 Fly, 200 Free, 50 Fly, 200 IM, 200 fly, 2nd 50 Free, 3rd 100 Back, 100 Free for 12 year old girls.

Crystal Navellier had a great meet swimming the 50 Free and 200 Free and 50 and 100 Fly.

Joao Pereira earned all best times in the 200 Free, 50 Fly, 100 Back, 50 Back, 100 Free.

Matthew Petreski was another swimmer who got all best times earning 6th place in the 50 Free, 4th place in the 100 Breast, 6th in the 200 Free, and 2nd in the 200 Breast 5th in both the 100 and 200 IM, and 2nd in the 50 Breast.

Tatiana Radulovic swam her 50 Fly in a best time ever.

Little brother Tesla Radulovic earned 3rd place in the 50 Breast and also placed 6th overall in the 100 Breast.

Novice & Age Groups

Winter Championships at Plantation, November 15-18

Alexa Rivera swam the max 9 races and made finals in all of her races placing 3rd in the 200 IM and 5th in 50 Free.

Julianna Russell earned 3rd place in the 1650 Free and 8th in the 500 Free and 9th in the 200 Back.

Kaden Shover got all best times in the 50, 100, 200 Free and 50 Breast.

Alexandra Slusarenko got best times in both her races 50 Fly and 100 IM.

Francesca Smith also got all best times 50 Free, 100 Free, 200 Free, and 100 IM.

Hanna Elks Smith had a very busy weekend getting all best times and made finals in the 50 Free, 100 Fly, 50 Fly, 100 Back, 200 IM, 50 Back, and 100 Free.

Lindsey Swartz got a best time in the 400 IM earned 2nd place in the 200 Breast 5th in the 200 IM and 3rd in the 50 Breast.

Hannah Veale dropped over 4 seconds in the 50 Back.

Bailey Warren had a huge drop in the 1000 Free and 1650 dropping almost 15 seconds in both.

Savanna Yates got best times in both 50 Breast and 50 Free.

Last but not least Noah Zylberberg was another one of the swimmers with all best times earning 3rd place in the 100 Free, 4th in the 500 Free, and 3rd in the 1650.

Santa Claus Meet at Pompano Beach, December 15

A beautiful day on Saturday morning at Pompano Beach Aquatics Center with 62 swimmers from Pine Crest attending the last meet of 2012.

We had several swimmers that attended their first short-course yard meet with our team, doing a great job. Congratulations to Rachael Alvarado, Sophia Alvarado, Michael Cardei, Kipp

Ciampini, Sophia Clemmensen, Lina Faberge, Jake Gang, Kyle Jones, Sam Kassel, Bryce Katari, Christopher Martinez, Sajani Panchal, Athan Riesz, Emilyn Root, Akanksha Surve, and Christian Urbanek.

Sara Pearl Adler continues to improve with her confidence and had 2 best times, dropping 1.55 seconds in the 25 free and 2.09 seconds in the 25 fly.

Aitor Arrese-Igor had 2 best times with a .99 second drop in the 25 free and 1.19 second drop in the 25 breast. He also finished in 5th place overall in the 25 back. Great job.

Tiana Brannan had 3 best times and swam the 50 fly for the first time with Pine Crest. She dropped over 1.3 seconds in each of the 50 free, 50 breast, and 50 back events.

Taylor Collins had 100% best times with a 4.18 second drop in the 50 fly and 2.70 second drop in the 50 breast. Awesome.

Jake Contich swam in his first non-Sizzler with great results. He finished in 6th place overall in the 50 back.

Rachel Contich had 3 best times with a 2.03 second drop in the 50 breast and also dropped in the 50 back and 50 fly. She finished in 8th place overall in the 50 free.

Nikita Dua had fun swimming the four 25 yard events close to her best times. She earned points in the 25 breast. Great job.

Bella Egizi had 4 fantastic best times with drops of 3.56 seconds in the 25 free, 2.98 seconds in the 25 breast, 3.20 seconds in the 25 back and 3.77 seconds in the 25 fly. Wow.

Brian Farias also had 4 best times with huge drops of 5.68 seconds in the 50 free, 5.60 seconds in the 50 breast, 3.17 seconds in the 50 back, and 1.58 seconds in the 50 fly. Great job.

Isabella Fine had 4 best times and earned herself a new JO cut in the 50 free where she dropped 1.49 seconds. She also dropped time in the 50 breast, 50 back, and 50 fly. Fantastic.

Nina Firic had 3 best times and dropped

a huge 5.47 seconds in the 25 free, 6.06 seconds in the 25 breast and 1.89 seconds in the 25 back.

Ethan Flores had a best time in the 50 free dropping 1.99 seconds and swam close to his best times in the 50 breast, 50 back, and 50 fly.

Gabriella Garlicki had a huge drop in the 50 free, almost reaching that 40 second mark. She almost never misses a practice and is determined to improve.

Scarlett Goldberg dropped 4.03 seconds in the 50 free and swam the 50 breast and 50 fly for the first time.

Bella Guzzetta had a fun time at the meet as she swam close to her best times, but raced her heart out as she was chosen to represent Pine Crest Swimming in the race against Santa Claus.

Jourdan Henry dropped a huge 6.90 seconds in the 50 free and swam the 50 back and 50 fly for the first time.

Jack Hovart had 2 best times with a 5.60 second drop in the 50 free and 4.04 second drop in the 50 back. He also swam the 50 breast for the first time.

Maddie Hurt also had 2 best times with a 3.41 second drop in the 50 free and 2.28 second drop in the 50 fly. She swam the 50 breast for the first time and will be moving up to the White Group, starting in January. Congratulations.

Ryan Karp dropped a huge 6.76 seconds in the 50 free and will be looking to swim more events at the next meet.

Jackie Kaskel had a best time in the 50 free and swam the 50 breast, 50 back, and 50 fly for the first time.

Bryce Katari swam 3 events for the first time and looks forward to swimming those 50 yard events at the next meet.

Victor Lago had 3 best times with a 4.22 second drop in the 50 free, 0.38 second drop in the 50 breast and a whopping 9.35 second drop in the 50 back. He also swam the 50 fly for the first time.

Novice & Age Groups

Santa Claus Meet at Pompano Beach, December 15

Sophia Lieuw-Kie-Song swam in her first non-Sizzler where she challenged those 50 yard events and did a great job. Next time they will be ready for these 9 & over meets.

Denzel Louis had 2 best times with a 2.24 second drop in the 25 free and 0.40 second drop in the 25 breast. Denzel hardly ever misses a practice with our Novice Group.

Anna Mandziak swam in her first meet in quite a long time dropping 7.59 seconds in the 50 free, 1.84 seconds in the 50 back, and 28.20 seconds in the 50 fly. See you at the next meet, sooner that later.

Michael Mandziak got 2 best times in before running to a planned birthday party. He dropped 8.56 seconds in the 50 free and 5.04 seconds in the 50 back.

Kyra Meyer had 2 best times dropping 4.81 seconds in the 25 free and 2.00 seconds in the 25 breast. She is full of smiles and is eager to play in the water between her races.

Alexander Molchanov had 3 best times dropping 9.86 seconds in the 50 free, 8.68 seconds in the 50 breast and 0.65 seconds in the 50 back. He also swam the 50 fly for the first time.

Daniel Morgan had 2 best times with a huge 6.86 second drop in the ever improving 25 breast and 2.43 second drop in the 25 fly, again another fairly new event for Daniel.

Jeremy Morris got lucky as he was deck entered in 2 events that had room and had 2 best times, dropping 2.35 seconds in the 50 breast and 1.32 seconds in the 50 back.

Corrina Mullen had 2 best times with a 0.15 second drop in the 50 free and 6.58 second drop in the 50 breast. Great job.

Halie Murphy swam in 3 events close to her best time and added the 50 fly as a new event with Pine Crest Swimming. She finished in the top 9 places for all her events.

Adrian Najarro is always ready to go for warmup and racing. He dropped a 1.97 seconds in the 25 breast before racing off to another scheduled event.

Lejla Najarro got to swim 3 events where she dropped 1.23 seconds in the 50 free and placed in the top 10 places for all her events.

Andreas Neumann is improving again in the short time he started in the Novice Group. He dropped 6.86 seconds in the 25 free, 2.98 seconds in the 25 back, and 3.35 seconds in the 25 fly. He also swam the 25 breast for the first time.

Big brother, Mathias, also has improved drastically where he had 3 best times, dropping 1.14 seconds in the 25 free, 3.41 seconds in the 25 back, and 4.59 seconds in the 25 fly.

Samantha Omslaer stuck it out to swim in her only event of the day, the 25 free, where she dropped 1.89 seconds before racing off to her best friends birthday party. Super important for our 6 year olds.

Julia Podkoscielny had a best time in the 25 free dropping 0.28 seconds, but her times were fast enough to put Julia in two 1st place finishes, one 2nd place finish and one 5th place finish for the 7-8 year events. Julia went home with her first "High Point" award for the 7-8 year old girls. Congratulations.

Liam Riesz had 2 best times with a 1.79 second drop in the 25 free and 1.29 second drop in the 25 back. He is enjoying the 8 & under events.

Lior Silberman swam 4 events close to her best times and looks forward to swimming in more meets in the year 2013.

Francesca Smith had 2 best times with drops in the 50 free and 50 breast. She placed in 5th place overall for the 50 free. Good job.

Hanna Elks Smith also swam 4 events close to her best time and had two 4th place finishes and one 3rd place finish.

Ava Tarzian can still enjoy the 8 & under events for several more months. She dropped 1.55 seconds in the 25 free and a whisker off her 25 breast

time. She finished in the top 9 places for all her events.

Alina Virga had a huge drop of 6.11 seconds in the 50 free and swam the 50 back close to her best time. Good job.

Vin Virga had 3 best times with a huge 6.48 second drop in the 25 breast and more best times in the 25 free and 25 back.

Ashlee Wenzel had 3 best times with a 5.45 second drop in the 50 free, and more best times in the 50 breast and 50 back. She also swam the 50 fly for the first time.

Look out for the next meets coming up in January and February—Scotty Invitational and Panther Invitational.



High School Swimming & Diving (2012)



Back Row: Ryan Graff, Jack Cawley, Christiaan Bijlsma, Kent Haeffner, Anton Gueneralov, John Graner, John Rudnik.

Middle Row: Juliette Pozzuoli, Connor Gerrits, Amber Lubie, Thomas Doolittle, Brooke Bernstein, Rak Hovart, Anastasia Hediger, Austin Fields, Miriyam Ghali, Sam Korntner, Jamie Flores, Christian Soderberg, Julie Chui, Julian Munoz, Hannah Veale, Alex Evenson.

Front Row: Ishani Singh, Tyla Martin, Hailey Albright-Kelly, Sabrina Gornisiewicz, Lindsey Swartz, Casey Francis, Kaelah Chaney, Brittany Hammond.

Missing: Hunter Fields, Antony Novak, Lyle Hayes-Macaluso



Above: State Champion 200 Freestyle Relay (Kaelah Chaney, Casey Francis, Hannah Veale, Brittany Hammond)

Top Right: Sun Sentinel "Swimmer of the Year" (Brittany Hammond)

Bottom Right: State Champion 1m Diving (Carolyn Chaney), 2nd year as State Champion



Junior National Team



Our Junior National Team travelled to Knoxville, Tennessee for the Championships, December 6-8. Congratulations to all our swimmers and a great experience for our first time participants—Caroline Nava, Marta Ciesla, and Tyla Martin.

Front Row: Caroline Nava, Marta Ciesla, Brittany Hammond, Tyla Martin

Back Row: Kent Haeffner, Casey Francis

Pine Crest Swimming News

Swim Store Supplies:

Silicone Cap	\$15.00
Male Nike Brief	\$32.00
Male Turbo Brief	\$50.00
Female Nike Suit	\$60-\$69
Female Turbo Suit	\$67.00
Team S/S Tshirt	\$12.00
Team L/S Tshirt	\$16.00
Team Towel	\$35.00
Team Sweatshirts	\$30.00
Mesh Training Bag	\$30.00

Competitive Swim Camp:

Our Competitive Overnight & Day Swim Camp in Fort Lauderdale has opened registration.
Check out the website at www.pinecrestswimcamp.com

Club Records Broken:

Congratulations to our swimmers that broke our club records at either the Winter Championships, High School State Championships or Junior National Championships.

Jessica Nava—100 fly (59.07), 200 fly (2:11.11), 400IM (4:47.39) for the 11-12 age group.

Matthew Petreski—200 breast (2:40.91) for the 11-12 age group.

Casey Francis—200IM (2:03.24), 400IM (4:19.52) for the open group.

Tyla Martin—100 fly (55.39) for the open group.

PINE CREST SWIMMING

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(our staff at the PCFL campus)

We're on the web:
www.pinecrestswimming.com

Wishing everyone a very Merry Christmas,
Happy Holidays and Happy New Year.

December

December 6-8

Speedo Winter Junior National Championships, Knoxville TN

December 13

Annual Holiday Party at Fort Lauderdale

December 15

Pompano Santa Claus Meet (12 & Under's Only), Pompano

December 19

Annual Holiday Party at Boca Raton

January

January 25-27

Saint Andrews Invitational, Boca Raton

February

February 9-10

Panther Invitational, Fort Lauderdale

February 16

8 & Under Sizzler, Sunrise