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February 2013



PINE CREST SWIMMING

Pine Crest Lane Lines

February Lane Lines Newsletter

Panther Invitational: 64 Swimmer's attended from Pine Crest
153 Personal Best Times

8 & Sizzler at Sunrise: 6 Swimmer's attended from Pine Crest
11 Personal Best Times

Warm Weather in Florida Brings down Visitors!

Both our 25 yard and 50 meter pools are super busy between our Club Team practices in Fort Lauderdale during the winter months as we have several National Teams from Hungary and many from Canada as they enjoy the warmer weather and swimming outdoors.

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February Birthday Month

Aitor Arrese-Igor, Christine Baker, Max Dudak, Casey Francis, Mallory Hovart, Meredith Hovart, Jake Lieberfarb, Denzel Louis, Andreas Neumann, Tatiana Radulovic, Francesca Smith

Novice & Age Groups

Panther Invite at Pine Crest, Fort Lauderdale, February 9-10

Our first hosted meet of the year went off without a hitch. An extremely successful weekend with wonderful parent volunteers and officials that helped everything go so smoothly and fast, finishing it up before lunchtime.

Pine Crest Swimming had 64 swimmers attend with some great results.

Christine Baker had 3 best times with a 2.80 second drop in the 200IM and 1.43 second drop in the 50 free. She also finished in 5th place overall for her 50 back.

Seth Berke also had 3 best times with drops in the 50 fly, 100 free, and 100 back. All 7 of his swimming events placed him in the top 9 places overall.

Brooke Bernstein swam on Saturday only before she headed off for some skiing. She had 100% best times with a new JO cut in 50 fly.

Marissa Brannan swam 8 events with a best time in the 400IM and placed 1st place overall in the 100 fly, and 2nd place in the 500 free, 200 free, and 400IM.

Tiana Brannan had 5 best times with drops in the 50 fly, 100 back, 500 free, 50 free, and 100IM. Three of her 7 events, placed her in 9th place overall.

Carter Carlson had 2 best times with a huge 11.97 second drop in the 200IM and 0.10 second drop in the 50 fly. He finished in 2nd place overall in the 100 breast.

Christian Carlson also had 2 best times with drops in the 50 breast and 50 back. He finished in the top 6 places for all 7 of his events.

Marta Ciesla was busy as she swam 6 events at this meet finishing in 1st place for 5 of her events and 2nd for the other event. She also travelled to Orlando for the Grand Prix the following weekend and will be a top seed at this year's Junior Olympics.

Sophia Clemmensen had 3 best times with some big drops of 8.69 seconds in the 50 fly, 6.39 seconds in the 50 back, and 4.23 seconds in the 50 free. Great

job.

Taylor Collins had 5 best times with drops in the 50 fly, 100 back, 50 breast, 50 free, and 100IM. Her best place finish was the 50 back where she went home with a 7th place ribbon.

Jake Contich had 2 best times with a 3.03 second drop in the 50 fly, and 4.11 second drop in the 50 free. He also swam the 100 free, 50 breast, and 100 breast for the first time.

Jillian Contich had 2 best times with drops in the 50 back and a huge 17.05 second drop in the 100IM. She finished in the top 8 places for all 8 of her events, and the 50 breast was a 1st place finish.

Rachel Contich had a great meet with 7 out of 8 best times. She dropped over 6 seconds in the 200IM, 500 free, and 100 fly. Rachel also earned a JO cut in the 500 free. Awesome.

Clarice DeMayo swam in her first non-Sizzler, trying out those 50 yard events for the first time. She hopes to try adding the flip turn next time. Good job.

Lina Faberge had 2 best times dropping 2.71 seconds in the 50 fly and 1.22 seconds in the 50 free. She also swam the 100 free, 100 fly, 100 breast, and 100IM for the first time.

Brian Farias swam on Sunday only with 2 best times dropping 4.60 seconds in the 50 back where he placed 5th place overall and 0.33 seconds in the 100IM.

Noemi Fekete had 3 best times with over a second drop in each of the 200 free and 100IM events. She works hard in practice and is learning the English language quickly.

Cecily Fine swam in 3 events getting close to her best times and placed in 10th place overall in the 50 breast.

Isabella Fine had 100% best times with drops of 2.76 seconds in the 50 fly, 3.17 seconds in the 100 free, 4.09 seconds in the 100 back and a whisker off in the 50 breast.

Jake Gang swam in 4 events in the 10 & Under's and hopes to improve a the next meet without any equipment problems.

Gabriella Garlicki swam in 3 events, edging closer and closer to those top 10 places. Keep it up Gabby, and thanks to her Mom for running around and making sure we had change at the front gate.

Sabrina Gornisiewicz had 2 best times with a 3.36 second drop in the 200IM and 8.88 second drop in the 100IM. She also earned herself another JO cut in that 100IM event.

Bella Guzzetta had 2 best times with a 1.70 second drop in the 50 free and 2.74 second drop in the 100IM. She enjoys both Sizzlers and these meets as she is still 8 years old for a few more months.

Sasha Hediger had 4 best times with a huge 8.50 second drop in the 50 fly, 5.82 seconds in the 100 free, 4.12 seconds in the 50 breast and 2.92 seconds in the 50 back.

Jourdan Henry swam on Saturday only where she challenges herself at the 50 fly, 100 free, and 50 breast events.

Jack Hovart had a best time in the 50 back and also swam the 50 fly, 100 free, 100 back, 100 breast and 100IM for the first time.

Rak Hovart had 3 best times with drops in the 50 fly, 100 fly, and 100 breast events. He also placed in the top 5 places for all 8 of his events.

Maddie Hurt swam on Saturday only with 2 best times, dropping in the 50 back and 100IM events. She also placed 9th overall in the 50 back.

Kyle Jones had a full plate of events, swimming both days with 4 events each day. He had 3 best times with drops in the 50 back, 50 free, and 100IM.

Sam Kassel swam 3 events with a best time in the 50 breast, dropping 2.54 seconds and swam the 100 free for the first time.

Victor Lago had a best time in the 100 breast dropping a huge 10.45 seconds and finished 5th place overall. He also swam the 100 free and 100 back for the first time.

Novice & Age Groups

Sophia Lieuw-Kie-Song swam on Saturday only with 2 best times. She dropped a huge 6.17 seconds in the 50 fly and 1.10 seconds in the 50 breast.

Amber Lubie had a best time in the 50 breast dropping 0.47 seconds and looks forward to swimming in her last Junior Olympics, her birthday weekend actually.

Anna Mandziak had 4 best times with a huge 22.80 second drop in the 100 free, 3.43 seconds in the 50 fly, and a whisker off her 50 breast and 50 free times.

Michael Mandziak just moved up to the White Group and is enjoying those 50 yard events. He dropped 1.74 seconds in the 50 back and looks forward to the next meet.

Christopher Martinez had a full weekend of events with a best time in the 50 fly and placed in the top 8 places for the 50 breast, 50 back, and 100 breast. He certainly got warmer once he received a new parka during the weekend.

Marin Mullen had a best time in the 100 back, dropping 1.06 seconds and earning a another JO cut. This will be Marin's last Junior Olympics as well, as she turns 15 soon. Wow.

Daniela Munoz continues to improve with 5 best times in the 200IM, 50 breast, 200 free, 50 free, and 100 breast which was a new JO cut. She also placed in 1st place overall in 5 of her events.

Julian Munoz had 3 best times, dropping in the 50 fly, 100 free, and 50 free, and swam the 50 back and 100 IM for the first time.

Halie Murphy had 4 best times with drops in the 200IM, 200 free, 100 fly, and 400IM. She placed in the top 5 places for 7 of her events. Great job.

Lejla Najarro had 5 best times with a huge 15.14 second drop in the 200IM, and 15.54 second drop in the 100 fly. Lejla is so close to many JO cuts, keep it up.

Jessica Nava dominated the 11-12 age group with seven 1st place finishes. She will be a top contender at this year's Junior Olympics.

Crystal Navellier had 3 best times with drops in the 50 fly, 100 free, and 200 free events. Crystal also placed in the top 5 places for 5 of her events, the 50 fly was a 2nd place finish.

Joao Vitor Pereira had a great weekend with 100% best times dropping in all 8 of his events. He also earned two JO cuts in the 50 fly and 100IM events. Great job.

Tiago Pereira almost matched his brother with 7 out of 8 best times and earned new JO cuts in the 50 fly, 100 free, and 100 fly. He finished in the top 4 places for all 8 of his events.

Matthew Petreski had 3 best times with drops in the 200IM, and 50 fly, but the 500 free he dropped a massive 37.77 seconds and finished in 2nd place overall. He also had six 1st place finishes.

Julia Podkoscielny swam two events on Sunday for the first time, 50 back and 50 free where she just missed the JO cuts. Awesome job, Julia—you will get it next time. Julia is still 8 years old.

Tesla Radulovic had 2 best times with a huge 18.16 second drop in the 100 back and 3.36 second drop in the 200 free. He also finished with three 4th place and one 2nd place finish.

Josefine Richter had a great meet with best times, dropping over 2 seconds in the 50 fly, 50 back, and 100 breast events. She also earned 3 new JO cuts in the 50 back, 50 free, and 100 breast.

Alexa Rivera swam 6 events over the two days with three 1st place, two 2nd place, and one 4th place finishes. Alexa will be a top 13-14 age group contender at this year's Junior Olympics.

Emilyn Root had a best time in the 50 fly, dropping 2.38 seconds and added the 100 free and 100 back for the first time events. Great job.

Julianna Russell swam on Saturday only with 4 events, swimming close to her best times. She finished in 5th place for the 100 free and 6th place for the 500 free.

Felipe Sauce swam on Saturday only with 3 brand new events—50 fly, 100 free, and 50 breast. Great job.

Kaden Shover had a great meet with 5 best times. He dropped a huge 7.94 seconds in the 500 free where he finished in 1st place and 4.44 seconds in the 100IM. He also earned 2 new JO cuts in the 100 free and 50 breast.

Alexandra Slusarenko had a best time in the 200IM and placed in the top 10 finishes for all 4 of her events.

Francesca Smith had a full plate with 8 events over two days. She dropped 3.00 seconds in the 100 back and placed in the top 7 finishes for 7 of her events.

Hanna Elks Smith had 2 best times with drops in the 200IM and 100 back. She finished in 1st place for both the 50 fly and 100 back, still at 9 years old.

Nicholas Sterling is a true team player as he showed up on Saturday to cheer and volunteer, while Sunday were his races. He swam the 50 back and 50 free for the first time. Great job.

Emily Visconti had a great 500 free with a 14.59 second drop and will work hard to get those 100IM and 200IM events on the board.

John Visconti had 3 best times with drops in the 50 back, 50 free, and 100 breast events. He finished in the top 10 places for all his events in the 10 & under age group.

Melody Yates had 2 best times with drops in the 50 fly and 50 free events. She also swam the 100 free and 100 back events for the first time, still as an 8 year old.

Savanna Yates had 7 out of 8 best times dropping in the 50 fly, 100 free, 50 breast, 50 free, 100 breast, 100IM and a 10.77 second drop in the 200 free. She finished in 2nd place for her 50 breast and 100IM events.

Noah Zylberberg works hard in practice and it shows with 7 best times in the 50 fly, 100 free, 50 breast, 50 back, 100 fly, 50 free, and 100IM. He also earned two new JO cuts in the 50 fly and 100IM. This will be Noah's last Junior Olympics.

Good luck to everyone.

Novice Group

8 & Under Sizzler at Sunrise, February 16

This Sizzler was on a Saturday morning, which is unusual since most times they are held on a Friday evening. Since Pine Crest School was on their Winter Break, the numbers were small, but we were proud to have 6 girls represent Pine Crest and this fast dropping temperature weekend.

Bella Egizi ended up deck entering this meet and had a best time in the 25 fly and finished in the top 8 places for all her events.

Bella Guzzetta had 3 best times with a 2.44 second drop in the 25 fly, 0.07 seconds in the 25 breast, and 0.75 seconds in the 25 free. She was also part of the relay team.

Samantha Omslaer likes to race and swam all four of the 25 yard events in the 6 & Under age group. Samantha was also part of the relay team.

Amelia Lipscomb looks to improve and get faster all the time. She had 3 best times and is one of the top 6 & under girls. We look forward to when she becomes attached to the Pine Crest Swimming team and join our relays.

Chloe Pezaris had a best time in the 25 fly where she dropped 3.17 seconds. Chloe was part of the relay team and is another one of our 6 year olds.

Ava Tarzian did great with 3 best times dropping 2.25 seconds in the 25 fly, 0.21 seconds in the 25 back, and 0.87 seconds in the 25 free. Ava was also part of the relay team.

New Coach

Starting March 14, will be a new Swim Lesson Coach at the Fort Lauderdale campus taking care of our small group lessons. Please welcome Alicia Stevens to the program. She swam at FAU and graduated with a degree in Administration in Management and Marketing.

Pine Crest Swimming News

Swim Store Supplies:

Silicone Cap	\$15.00
Male Nike Brief	\$32.00
Male Turbo Brief	\$50.00
Female Nike Suit	\$60-\$69
Female Turbo Suit	\$67.00
Team S/S Tshirt	\$12.00
Team L/S Tshirt	\$16.00
Team Towel	\$35.00
Team Sweatshirts	\$30.00
Mesh Training Bag	\$30.00

Competitive Swim Camp:

Our Competitive Overnight & Day Swim Camp in Fort Lauderdale has opened registration.

Check out the website at
www.pinecrestswimcamp.com

Mini Swim Camps at Boca Raton campus:

Spring Break
March 25-29

Please contact our Boca swim office at 561-852-2825 for any questions.



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Aquatics Director:
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2013

FGC Junior Olympic Team

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Jillian Contich, Rachel Contich, Brian Farias, Noemi
Fekete, Isabella Fine, Ethan Flores, Hannah Fowler,
Sabrina Gornisiewicz, Anton Gueneralov, Jourdan
Henry, Rak Hovart, Kyle Jones, Jackie Kaskel, Victor
Lago, Amber Lubie, Corrina Mullen, Marin Mullen,
Daniela Munoz, Julian Munoz, Halie Murphy, Lejla
Najarro, Jessica Nava, Crystal Navellier, Joao Vitor
Pereira, Tiago Pereira, Matthew Petreski, Julia
Podkoscielny, Tesla Radulovic, Josefina Richter,
Alexa Rivera, Kaden Shover, Alexandra Slusarenko,
Hanna Elks Smith, Christian Soderberg, John
Visconti, Bailey Warren, Savannah Yates, Giancarlo
Zaniolo, Noah Zylberberg**

March

March 2-3

Developmental Championships,
Sunrise

March 8-10

14 & Under Short Course Junior
Olympics, Coral Springs

March 14-17

Southern Zone Sectional
Championships, Fort Lauderdale

April

April 6

Swim Miami Open Water, Miami

April 6-7

FGC—FS All Star Dual Meet

April 19

8 & Under Sizzler, Sunrise

April 19-21

Jupiter Invitational, Jupiter

April 26

8 & Under Sizzler, Pompano Beach

May

May 4-5

Florida Keys Invitational, Islamorada

May 11

Annual Mini Meet and Team BBQ