

Issue 66

November 2013



PINE CREST SWIMMING

Pine Crest Lane Lines

November Lane Lines Newsletter

Mike Horgan 24 Swimmer's attended from Pine Crest
Memorial Invite: 89 Personal Best Times
10 New Junior Olympic Times
2 New Club Records

8 & Under 14 Swimmer's attended from Pine Crest
Sizzer at Comets: 31 Personal Best Times

Gulliver Fall Open 35 Swimmer's attended from Pine Crest
Invite at Miami: 92 Personal Best Times
6 New Junior Olympic cuts

High School Swimming & Diving Ends!

Our High School High School Swimming & Diving season started on September 13 and ended at States on November 8, with the results in Class 1A as such;

PC Girls Finish Season: 10 wins, 2 losses in Dual Meets

PC Boys Finish Season: 7 wins, 5 losses in Dual Meets

PC Girls were District Champions, Regional Champions, 3rd place at States

PC Boys were District Runner-Ups, Regional Champions, 3rd place at States

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November Birthday Month

Sara Pearl Adler, Samantha Blackwood, Carter Carlson, Cecily Fine, Luca Georgescu, Lucas Green, Jimmy Hart, Anna Meretei, Halie Murphy, Adrian Najarro, Alexa Rivera, Lior Silberman, Emily Smith, Christian Urbanek, Vin Virga, John Visconti

Novice & Age Groups

Mike Horgan Memorial Invite at Lake Lytal, October 18-20

We had 24 swimmers attend this meet up north with some great results.

Seth Berke swam on Saturday only with 3 best times in the 200 free, 50 breast, 100IM and added a new JO cut in the 50 free.

Marissa Brannan had 2 best times as she juggles both the High School season and Club season. She dropped in the 100 breast and 100 fly.

Tiana Brannan had 4 best times with drops in the 100IM, 100 free, 200IM, and dropped 3.01 seconds in the 200 back which earned a new JO cut.

Carter Carlson had 3 best times with drops in the 200 free, 200 breast, and a new JO cut in the 50 free.

Christian Carlson had loads of best times in 6 events; 200 free, 50 free, 100 back, 100 free, 200 back, and also earned a new JO cut in the 200 breast.

Taylor Collins had 3 best times with drops in the 200 free, 100 free, and 200 back.

Victor Lago also had 3 best times with drops in the 50 free, 100 breast, and a huge 5.33 seconds in the 100 free, edging ever so close to those JO cuts.

Christopher Martinez had a best time in the 100 free and stayed very close to his best times in the other events.

Corrina Mullen swam a best time in the 50 free and is working towards those 13-14 JO cuts.

Halie Murphy had 100% best times with 8 events, placing in the top 8 for all her events. She dropped a whopping 10.05 seconds in her 200 breast to place 1st overall.

Lejla Najarro swam in her last meet as a 10 year old and earned a JO cut in the 100IM and dropped time in the 200 free and 100 free.

Crystal Navellier is another High School and Club swimmer juggling the meets and had a best time in the 200IM.

Tiago Pereira had a great meet with 6 best times dropping a huge 8.19 sec-

onds in the 100IM which earned a new JO cut and dropped in the 50 free where he finished 2nd overall.

Matthew Petreski never seems to slow down as he had 100% best times and dropped a huge 14.59 seconds in the 200 free and again broke 2 club records in the 100 breast and 1650 free which was a new swim for him.

Julia Podkoscielny added another event to her JO cuts in the 100 free where she dropped 3.26 seconds, and also swam the 200IM for the first time.

Tesla Radulovic had 3 best times with drops in the 50 breast, 50 free and 200 free which was a new JO cut.

Alexandra Slusarenko swam on Saturday only with 3 events very close to her best times.

Hanna Elks Smith had 100% best times as she races along to be one of the top 10 & under's at the upcoming Winter Champs. Hanna placed in the top 5 for most of her events and earned a new JO cut in the 100 breast.

Christian Urbanek also had 100% best times with drops in the 100 breast, 50 back, 200IM, and swam the 100 fly for the first time.

Chelaine van der Westhuizen hasn't missed a meet since she started and is still dropping time with 6 best times. She continues to be in the top 10 for all her breaststroke events.

Emily Visconti had 5 best times with drops in the 200 free, 50 breast, 100 breast, 200IM, and 100 fly. Thank you Emily who was a timer at our last High School Dual Meet on Friday night.

John Visconti had a best time in the 200 free dropping 3.50 seconds and very close to his best in the other 6 events.

Melody Yates really stepped up to the plate, now that she is no longer in the 8 & under's, with huge drops in all her events. She dropped over 18 seconds in the 100 free and 100 breast, and over 13 seconds in the 100IM.

Savannah Yates had 5 best times with drops in the 50 free, 100 free, 100 breast, 200IM, 200 breast, and a new JO cut in the 100 fly.

Comets Sizzler at Pembroke Pines, November 1

Our younger swimmers headed south west to Pembroke Pines for this last Sizzler this year. Congratulations to our new member Kian Saffari who swam in his first meet with Pine Crest.

Sara Pearl Adler had 100% best times with drops of 1.26 seconds in the 25 fly, 2.55 seconds in the 25 back, 2.77 seconds in the 25 breast, and 1.56 seconds in the 25 free.

Aitor Arrese-Igor swam in his four events doing a great job and placing 6th overall in the 25 fly and was part of the relay team.

Mark King with his 100% perfect attendance in the month of October has seen the results with 100% best times, dropping over 3 and 4 seconds in the 25 fly, 25 breast, and 25 free, and a huge 6.49 seconds in the 25 back.

Lauren Larned also had 100% best times in her second meet ever. She dropped 6.29 seconds in the 25 fly, 1.97 seconds in the 25 back, 4.29 seconds in the 25 breast, and 3.53 seconds in the 25 free.

Amelia Lipscomb dropped 0.38 seconds in the 25 fly and placed 10th overall in the 25 free, swimming very close to her best times.

Athan Riesz had 2 best times with a 0.96 seconds drop in the 25 fly and 3.72 seconds drop in the 25 breast which was a 5th place finish overall.

Liam Riesz did great with his four events close to his best times and has another 9 months to enjoy the 8 & under age group.

Champ Smith had 2 best times dropping 4.96 seconds in the 25 back and 0.94 seconds in the 25 free. He also swam the 25 fly and 25 breast for the first time.

Jake Soldani was a little nervous in his second meet ever and did great competing in the 25 breast, his favorite.

Lily Soldani had 3 best times in her second meet ever dropping time in the 25 fly, 25 back, and 25 free.

Novice & Age Groups

Comets Sizzler at Pembroke Pines, November 1

Mario Suarez had a great meet with 100% best times dropping a huge 10.51 seconds in the 25 fly, 5.26 seconds in the 25 back, 2.27 seconds in the 25 breast, and 7.10 seconds in the 25 free.

Jake Venezia also had a great meet with 3 best times, dropping 11.17 seconds in the 25 fly, 3.10 seconds in the 25 breast, and 1.24 seconds in the 25 free.

Sophia Wang is loving this competition thing and had 100% best times in her seconds meet ever. Dropping 6.05 seconds in the 25 fly, 24.31 seconds in the 25 breast and 3.65 seconds in the 25 free.

Gulliver Fall Invite at Miami, November 2-3

Our team headed south for the first time to the Gulliver School in Miami to compete in the last meet before Winter Championships.

Sophia Alvarado had 3 best times with a huge 15.01 second drop in the 200 free, 7.00 seconds in the 100 breast and 2.65 seconds in the 50 free.

Christine Baker had a best time in the 100 fly and did it with gusto as she earned another Junior Olympic cut.

Seth Berke had 3 best times dropping in the 200 free, 100 back and 50 breast which was another new JO cut.

Tiana Brannan swam 4 events close to her best time and added the 100 breast for the first time. Tiana has been busy volunteering at the high school meets as a timer and watching her sister, awesome.

Karina Charanjiva had 3 best times with drops in the 200 free, 100 breast and 50 free.

Brian Farias had a best time in the 100IM, dropping 3.21 seconds and placed first overall in the 100 free for 10 & under boys.

Sydney Friedman swam in her first swim meet with Pine Crest and did a

great job in the 50 free.

Bella Guzzetta had an awesome meet with 7 best times and swam the 200 free for the first time. She dropped a whopping 17.40 seconds in the 100 back and 19.12 seconds in the 50 breast.

Abby Hart had 2 best times with a 2.41 second drop in the 100IM and huge 10.62 second drop in the 100 free.

Jimmy Hart had 100% best times with drops in the 100 free where he placed first overall, 200 breast, 100 breast, and 50 back.

Juliana Hilderbrand had 2 best times with drops in the 50 breast and 50 free.

Kaitlin Hilderbrand had 3 best times with drops in the 50 breast and 50 free and also a huge 9.61 second drop in the 200 free, earning a first time JO cut.

Victor Lago had 4 best times with a huge 17.77 second drop in the 100 back and 13.07 second drop in the 100IM. He only just turned 10, so he has time to get those JO cuts for his age group.

Sophia Lieu-Kie-Song had 2 best times with a huge 10.84 second drop in the 100IM and 3.73 second drop in the 100 free. She also swam the 100 breast for the first time.

Daniel Lilley swam on Saturday only with 3 events doing a great job in the 200 free, 100 back, and 50 free.

Denzel Louis swam for the first time in non-Sizzler events doing great in the 50 breast, 50 free, and 100 breast.

Christopher Martinez had 4 best times with a huge 9.58 second drop in the 200 free and also dropped time in the 100 breast, 50 free, and 100 free.

Corrina Mullen had 2 best times with drops in the 200 free and 100 free and close to her best times in the other events.

Halie Murphy is improving again with 4 best times with drops in the 200 back, 100IM, 50 fly, and 100 back. She placed first and second overall in 7 of her events.

Brian Nudelman had 3 best times with

huge drops of 15.65 seconds in the 200 free, 16.36 seconds in the 100 breast and 3.78 seconds in the 50 free which is first time JO cut, congrats.

Tiago Pereira had 2 best times with drops in the 200IM and 100 back. He also swam the 100 breast and 500 free for the first time.

Owen Seiner swam in his first Pine Crest meet with 8 events doing a great job and placing in the top 3 for the free-style events.

Jacob Silberman swam in his first meet with Pine Crest in a long time, therefore dropping 17.51 seconds in the 200IM, 7.78 seconds in the 100 free, and 27.99 seconds in the 200 breast. Welcome back.

Emily Smith had 2 best times with drops in the 100 breast and 50 free. She also swam the 200 free for the first time.

Francesca Smith has been with us since PreK in lessons and all that time in the water has paid off with great swims in the 200 free earning her second JO cut, and dropping time in the 100 back, 100 free, and 50 fly.

Hanna Elks Smith had 5 best times with drops in the 200 free, 100 back, 50 breast which is another new JO cut, 100IM, and 50 fly. She placed first overall in 6 events for the 10 & under's.

Akanksha Surve had a best time in the 50 free dropping 2.92 seconds and swam the 200 free and 100 breast for the first time.

Isabella Tuoto had 6 best times with drops in the 50 breast, 50 free, 200IM, 100 free, 50 fly, and 50 back. She also swam the 100 back for the first time.

Christian Urbanek has moved up to the Green I group and the extra practices are paying off with 5 best times in the 100 back, 100 fly, 50 free, 100 free, and 100 breast.

John Visconti headed a long way south to challenge that 50 free and did a great job finishing third overall for the 10 & under age group.

Novice & Age Groups

College Signing

Junior National Team

Gulliver Fall Invite at Miami, November 2-3

Sheldon Win had 2 best times with drops in the 200 free and 50 free. He also swam the 200 back for the first time.

Sydney Win also had 2 best times with drops in the 50 breast and 50 free. She swam the 100 fly for the first time.

Nadya Yanova swam on Saturday only with 2 best times in the 50 breast and 50 free. She also swam the 200 free and 100 back for the first time.

Melody Yates is another new Green I swimmer with 5 best times dropping a huge 11.57 seconds in the 100 back, and other best times in the 50 breast, 50 free, 100IM, and 50 fly.

Savannah Yates had 5 best times dropping in the 200 free, 100 fly, 50 free, 100 free, and 50 fly. She also placed first overall in three of her events for the 11-12 age group.

Congratulations to our Senior's who have verbally committed to their college of choice. The official Signing Day will happen on Thursday, November 20.

Hannah Veale (Captain)
Queens University of
Charlotte



William "Kent" Haeffner
(Captain)
Harvard University



Congratulations to our Junior National Team who will travel to Greensboro, North Carolina for the "Speedo Short Course Winter Junior National Championships, December 12-14.

Marta Ciesla
Kent Haeffner
Caroline Nava
Jessica Nava
Lindsey Swartz.



High School Swimming & Diving (Pine Crest & Club Swimmers)

Pine Crest Varsity Swimming & Diving Team had several outstanding swims during the State Series:

Individual District Champions: 200 freestyle (Kent Haeffner), 200IM (Alex Evenson), 50 freestyle (Marta Ciesla), 1m Diving (Carolyn Chaney, Austin Fields), 100 butterfly (Tyla Martin), 100 freestyle (Marta Ciesla), 500 freestyle (Kent Haeffner), 100 backstroke (Joao Vitor Pereira),

Relay District Champions: 200 Medley (Miriyaam Ghali, Lindsey Swartz, Tyla Martin, Marta Ciesla), 200 Medley (Joao Vitor Pereira, Ryan Graff, Alex Evenson, Kent Haeffner), 200 Freestyle (Marta Ciesla, Julia Chui, Brooke Bernstein, Hannah Veale), 400 Freestyle (Miriyaam Ghali, Julia Chui, Tyla Martin, Hannah Veale)

Individual Regional Champions: 200 freestyle (Kent Haeffner), 50 freestyle (Marta Ciesla), 1m Diving (Carolyn Chaney, Austin Fields), 100 freestyle (Marta Ciesla), 500 freestyle (Kent Haeffner),

Relay Regional Champions: 200 Medley (Miriyaam Ghali, Lindsey Swartz, Tyla Martin, Marta Ciesla), 200 Medley (Joao Vitor Pereira, Ryan Graff, Alex Evenson, Kent Haeffner), 200 Freestyle (Marta Ciesla, Julia Chui, Brooke Bernstein, Hannah Veale),

Individual State Champions: 50 freestyle (Marta Ciesla), 1m Diving (Carolyn Chaney, Austin Fields), 500 freestyle (Kent Haeffner)

Individual State Silver & Bronze Medalist: 200 freestyle (Kent Haeffner, Bronze), 100 freestyle (Marta Ciesla, Silver)



Relay State Bronze Medalist: 200 Freestyle (Marta Ciesla, Julia Chui, Brooke Bernstein, Hannah Veale)

Congratulations to all those that made it to the State Team for Pine Crest School: Brooke Bernstein, Carolyn Chaney, Julia Chui, Marta Ciesla, Alex Evenson, Austin Fields, Hunter Fields, Anton Generalov, Connor Gerrits, Miriyam Ghali, Sabrina Gornisiewicz, John Graner, Ryan Graff, Lyle Hayes-Macaluso, Matt Kronengold, Kent Haeffner, Tyla Martin, Joao Vitor Pereira, Juliette Pozzuoli, Christian Soderberg, Lindsey Swartz, Hannah Veale

Pine Crest Club Swimmers also had success with their High School Teams:



Individual Silver Medalist: 100 butterfly (Jessica Nava)

Congratulations to all those that made it to the State Team for their High School:

Calvary Christian: Hank Contich

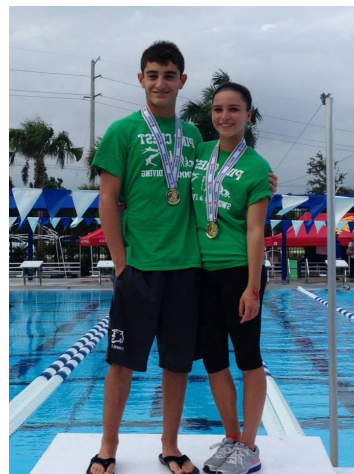
Pompano Beach High School: Carly Ehrlich

Ransom Everglades: Alexandra Meszaros

Spanish River High School: Noah Zylberberg

South Florida Heat: Marissa Brannan

Westminster Academy: Alexa Rivera, Caroline Nava, Jessica Nava



Austin & Carolyn—1m Diving GOLD



Marta—100 freestyle GOLD



Kent—500 freestyle GOLD



SWIM-A-THON FUNDRAISER

Saturday, December 14, 2013

Who For: Head Chef, Osnel Augustin

Chef Osnel has been the Head Chef at Pine Crest School, Boca Raton for 10 years and has received multiple awards for his leadership and culinary expertise through the parent company – SAGE which stands for “Setting A Good Example.” Chef Osnel has been a great support to the Pine Crest Swim Team by the year-round work in the cafeteria during the school year and summer swim camps. He also donates his time as the Head Chef for our popular Pine Crest Swimming End-of-year Family BBQ. Unfortunately Chef Osnel has been fighting kidney failure and Pine Crest Swimming would like to help with the medical bills during this medical crisis. Chef Osnel was born and raised in Haiti, currently living in Lake Worth with his wife and four boys.

Our Swim4Life Program is a perfect fit, as we invite our swimmers to participate in this Swim-4-Life-A-Thon on Saturday, December 14, 2013 at the Boca Raton campus.

Look on the website www.pinecrestswimming.com for the sponsorship forms, and hard copies are also available in the swim offices at both Boca Raton & Fort Lauderdale.

We invite everyone to participate from Lessons to our Senior Group.



OctoberFest Contest Congratulation Winners!



PINE CREST SWIMMING

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954-492-4173
Email: swimming@pinecrest.edu

We're on the web:
www.pinecrestswimming.com

Boca Raton Campus:

Novice: Mario Suarez, Kian Saffari, Alexis Volkodav, Andrea Volkodav, Lauren Volkodav (5 x Champions)

White/Green I Group: Francesca Smith (Champion),
Sydney Win (Runner-Up)

Fort Lauderdale Campus:

Novice: Mark King (Champion),
Juliette Auslander (Runner-Up)

White Group: Gabby Pearl (Champion),
Michael Mandziak (Runner-Up)
Green I Group: Melody Yates (Champion),
Christopher Martinez (Runner-Up)

December

December 7

Santa Claus & Holiday Sprint,
Lake Lytal

December 12-14

Speedo Winter Junior National Cham-
pionships, Greensboro, NC

January

January 24-26

8th Scotty Invitational, Saint Andrews,
Boca Raton

February

February 1

8 & Under Sizzler, Sunrise

February 8-9

Panther Invite, Fort Lauderdale

February 28—March 2

Area 2 Developmental Championships,
Sunrise