

PINE CREST SWIMMING CONTRACT

Terms and Conditions for Enrollment and Participation

Team Guidelines and Policies

1. Financial Obligations

A) MONTHLY DUES:

- 1) When first joining or rejoining the program, you must pay your first FULL month's dues (if you start more than 2 weeks into a month, then you pay the dues for the following month).
- 2) Dues are paid on a monthly basis.
 - a. All families' dues will be submitted at the beginning of each month.
- 3) All fees and dues are paid through our Team Unify website. We accept the following method of payment:
 - a. All Families: Payment will be made through your account on the Team Unify website ONLY with a credit card. We will NOT accept cash or checks.

B) INVOICE:

- 1) At the beginning of each month all families will receive a statement via email from Team Unify and you can review and pay online through your Team Unify account online at: <https://www.teamunify.com/team/fgcspcst/page/home>

C) LATE PAYMENTS:

- 1) A payment is considered late if it is not submitted by the 15th of that month.
- 2) If no payment is made by the end of the month, the student may be subject to disciplinary actions such as suspension from the program until the balance has been settled.
- 3) Any accounts overdue beyond 45 days will result in swimmer(s) being suspended until payment is made.

D) INACTIVE STATUS:

- 1) Inactive status can be used for one or more months (for up to two months) if you will not be participating in the program. In order to set your account as inactive, contact the Pine Crest Swimming office at swimming@pinecrest.edu, no later than the last business day before the start of the month you plan to begin your inactive status. If you plan on taking off more than two months you will have to pay new member/registration fee upon re-joining and spots will not be guaranteed as we have a limit of how many swimmers we can accommodate.

E) USA SWIMMING RESITRATION AND ANNUAL TEAM FEE:

- 1) All club members are required to be USA Swimming registered through annual USA Swimming membership (fee regulated by USA Swimming). All current members will be assets annual club fee in the amount of \$100 every January 1st of each year.

2. Swim Team Policies and Procedures

A) BEHAVIORAL EXPECTATIONS

- 1) Swimmers are to be respectful towards themselves and other teammates, coaches, and opposing team members.
- 2) Any form of bullying or harassment will not be tolerated, and will result in an investigation and disciplinary action. Bullying includes, but is not limited to, physical or verbal aggression, relational aggression, and emotional aggression.
- 3) Any form of cyber bullying will not be tolerated.
- 4) All forms of hazing are prohibited.
- 5) Swimmers are required to be respectful towards their coaches, open to constructive criticism, and receptive to the training philosophy of Pine Crest Swimming
- 6) All behavioral expectations are in compliance with the Pine Crest Athletes, Middle School, and Upper School handbook.

B) PRACTICE EXPECTATIONS

- 1) Each swimmer is required to attend the minimum number of weekly practices as set forth by their group coach.
- 2) Swimmers are expected to be on time for all workouts.
- 3) Each swimmer is expected to communicate directly with the group coach if there is a conflict or issue with any of the above requirements.
- 4) Each swimmer will be expected to wear Pine Crest and Arena gear during practices.

C) GROUP ADVANCEMENTS

- 1) Each group has its own requirements that each swimmer must meet before being eligible to move up to the next group.
- 2) Each group has a minimum age requirement. If a swimmer has met all of the technical requirements for moving up, but has not reached the minimum age requirement for the next group they are moving into, the swimmer must remain in the current group.
- 3) All advancement decisions are made at the discretion of the group coaches.
- 4) There is no skipping groups while moving up through the program. No exceptions.

D) SWIM MEET EXPECTATIONS

- 1) All swimmers are expected to arrive 15 minutes prior to the start of team warm ups.
- 2) Be a part of the team! This includes:
 - a. Wear the designated team attire.
 - b. Cheer for your teammates! Everyone likes to feel supported.

- c. Act appropriately, and with respect towards others. When representing Pine Crest Swimming, all athletes, coaches, and parents must be in compliance with our Athletics, Upper School, and Middle School handbook.
- 3) All swimmers are required to attend a minimum number of meets throughout the season. While the number and type of meets varies, no swimmer is exempt from this requirement.
- 4) All families are required to have at least one family member volunteer at any home swim meet that their child(ren) attend.

E) FACILITY

- 1) After practice, all swimmers are to help clear the pool deck. This includes equipment, water bottles, etc.
- 2) Locker rooms need to be kept tidy. Towels should be placed in the appropriate receptacle after use, empty bottles should be put in the trash, and all other personal items should be placed INSIDE the lockers.
- 3) When leaving the pool deck, swimmers MUST be fully clothed and wearing shoes. Pine Crest School does not permit anyone to wear only a swim suit outside of the gates to the pool.
- 4) When traveling to another facility for competitions, swimmers and parents are to treat the facility as if it were our own. After the meet is over, everyone is to clear the Pine Crest area of any trash or personal belongings.

F) WEATHER

- 1) Executive decisions regarding practice changes or cancellations due to weather, holiday, or school closings will be made by the group coaches and sent to you by email.
- 2) Call the Pine Crest Swimming office at 954-492-4173, NO EARLIER THAN 30 MINUTES prior to the start of your scheduled practice/lesson for the status. Remember, our weather changes rapidly. We make the best decision we can with the information we have available at the time.
- 3) If swimmers are pulled out of practice due to weather, they must first check with their coach before leaving. Often we are able to resume practice shortly or continue training indoors.

3. Team Requirements

- A) Before you may begin practicing, we must have all of the required applications and forms returned to the swim office.
- B) All swimmers will be required to have Pine Crest or Arena gear for all swim meets and practices.
- C) Each training group has an equipment requirement. Your group coach will inform you of these requirements during your first week, and you will be expected to have all of the necessary equipment by the start of your second week.

- D) All swimmers are required to attend a minimum number of meets throughout the season. While the number and type of meets varies, no swimmer is exempt from this requirement.
- E) All families are required to have at least one family member volunteer at any home swim meets that their child(ren) attend.

Parent Code of Conduct

Pine Crest Swimming (PCS) seeks to instill positive character-building traits through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring and good citizenship. We ask that parents and their guests attending PCS sponsored events help us by reflecting these character traits.

When attending PCS sponsored events, I therefore agree:

- I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all swimmers, coaches, officials and spectators at every meet, practice, or other PCS event.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent such as booing, taunting or using profane language or gestures, etc.
- I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
- I will teach my child to abide by the spirit of the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other swimmers, coaches, officials and spectators with respect regardless of race, sex, or ability.
- I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
- I will respect the officials and their authority during meets and will never question, discuss, or confront coaches or officials at meets, and will take time to speak with coaches at an agreed upon time and place.
- I will refrain from coaching my child or other swimmers during meets and practices, unless I am one of the official coaches of the team.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by team official, head coach, and/or member of PCS leadership
- Written warning
- Parental practice and/or meet suspension with written documentation of incident
- Parental season suspension

Athlete Code of Conduct

The purpose of PCS's code of conduct for athletes is to establish a consistent expectation for our athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches.

Photography Policy

PURPOSE:

There has been much talk about whether it is safe to have images taken of children participating in sports. While the great majority of images are appropriate and are taken in good faith, it is a fact that images can be misused and children can be put at risk if common-sense procedures are not observed.

POLICIES:

1. The publishing of a photograph of swimmer under 18 either on a notice board or in a published article or video recording (including video streaming) of swimming competitions ("publication") should only be done with parents' consent per the attached form.
2. A parent or guardian has a right of refusal to have children photographed. The exercise of this right of refusal cannot be used as grounds for refusing entry into a swimming competition. Therefore, any photo that may go to press or on a notice board, be it through a member of Pine Crest Swimming or official photographer, should receive parental consent before publishing/displaying the photo, preferably in writing. A suggested form allowing parents to indicate refusal of consent is to follow.

In the case of open meets and other competitions where the host club has an official photographer present, all parents attending should be made aware of this in your meet information. If photos are to be published anywhere, the individual parent should be given the opportunity to withhold their consent. Their right to do so should be specifically drawn to their attention.

All photographs must observe generally accepted standards of decency in particular:

- Action shots should be a celebration of the sporting activity and not a sexualized image in a sporting context.
- Action shots should not be taken or retained where the photograph reveals a torn or displaced swimsuit.
- Photographs should not be taken from behind swimming blocks at the start of a race or exhibit a child climbing out of the swimming pool.
- Photographs should not be taken in locker-rooms or bathrooms.

PINE CREST SWIMMING

Photography Consent Form

Pine Crest Swimming may wish to take photographs (individual and/or in groups) of swimmers under the age of 18 years old that may include your child during their membership in the Club. All photos will be taken and published in line with the club policy. The club requires parental consent to take and use photographs.

Parents have a right to refuse agreement to their child being photographed.

As the parent/caregiver of _____ I allow the following:

Take photographs to use on the club's secure website – www.pinecrestswimming.com

☐

Consent Given

☐

Consent Refused

Take photographs to include with newspaper articles or magazines

☐

Consent Given

☐

Consent Refused

Take photographs to use with social media, such as; Instagram and Facebook

☐

Consent Given

☐

Consent Refused

Take photographs and/or video for training purposes only

☐

Consent Given

☐

Consent Refused

Signed: _____

Print Name: _____

Dated: _____

Please return this form to the Swim Office at Fort Lauderdale or Boca Raton

FOR YOUR IMMEDIATE ATTENTION
 TO ALL PREST CREST PARENTS & ATHLETES
“MAAPP 2.0”-Minor Athlete Abuse Prevention Policy (As of January 1, 2025)

WHAT IS “MAAPP 2.0”?

USA-Swimming sent out a communication to all Members (Clubs) regarding the “Minor Athlete Abuse Prevention Policy” (MAAPP). The U.S. Center for Safe Sport, via The United States Olympic Committee has required the national governing bodies of all sports to implement “MAAPP”. “MAAPP” applies to all adults who interact with and have direct and frequent contact with minor athletes, including adult athletes.

*The “MAAPP 2.0” Policy is located under the “Safe Sport” tab on the PCS website-
 PineCrestSwimming.com

WHAT DOES THIS MEAN FOR OUR MEMBERS?

Teams/Clubs hosting meets and competitions are expected to ABIDE BY AND UPHOLD the “MAAPP” rules while conducting those competitions.

Meet Volunteers- Individuals such as Marshals, Timers, Hospitality Workers, or Computer Operators, etc. who are not USA Swimming members, ARE STILL HELD RESPONSIBLE to these Standards and new Rules. Any Related TEAM Function - This would also be in effect for those helping with any other related TEAM function for the swimmers.

*WHAT DO YOU NEED TO DO?

- * To abide by this USA Swimming regulation, Pine Crest Swimming is requiring EACH and EVERY parent to read the “MAAPP 2.0” Policy and acknowledge that you have read the policy by signing and returning this form BEFORE October 1, 2025.
- * Reading and your written acknowledgement of these rules is required annually.
- * Each parent NEEDS to sign.
- * Swimmers 11 years and older ONLY need to sign the form with their parents. (NO 10 & Unders)

Thank you!

Pine Crest Coaching Staff

As a current Pine Crest Parent OR Swimmer, aged 11 years and older, I acknowledge that I have read, understand, and will abide by the “MAAPP 2.0.” (Policies as set forth by USA Swimming.)

 (Signature-Parent #1)

 (Printed Name-Parent #1)

 (Date)

 (Signature-Parent #2)

 (Printed Name-Parent #2)

 (Date)

 (Swimmer #1-Aged 11 or Older)

 (Swimmer #2-Aged 11 or Older)

 (Date)

PINE CREST SWIMMING

Terms and Conditions for Enrollment and Participation

By joining Pine Crest Swimming, I agree to abide by all of the following policies and guidelines included in the *Team Guidelines and Policies: Parent Code of Conduct, Swimmer Code of Conduct, Photography Policy, & MAAPP*. I understand that failure to meet the policies laid out in these documents may result in disciplinary actions such as temporary suspension, or being released from the program. I understand that Pine Crest Swimming is here to make my experience the best it can be, and these rules and regulations are in place in order to do so.

Swimmer Name

Swimmer Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date