

# WORLD'S GREATEST SWIM CLINIC

Presented by The American Swim Coaches Association and Speedo®. Hosted by



## GARY HALL JR.

10-TIME OLYMPIC MEDALIST



## KARA LYNN JOYCE

4-TIME OLYMPIC MEDALIST



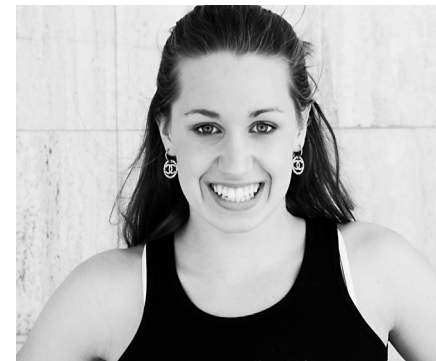
## GARRET WEBER-GALE

2-TIME OLYMPIC GOLD MEDALIST



## KATIE HOFF

3-TIME OLYMPIC MEDALIST



**DATE:** Saturday, September 12th

**TIME:** 9am-2pm

**LOCATION:** MARRIOTT HARBOR BEACH RESORT & SPA, 3030 HOLIDAY DR. FORT LAUDERDALE, FL 33316

**TEL:** 954.525.4000

### REGISTRATION IS ONLY 3 CLICKS AWAY!

To pre-register go online to: [www.swimmingcoach.org](http://www.swimmingcoach.org), click on the 2009 World Clinic Logo then click on Swimmers Clinic Registration button. Please complete the form and include credit card payment for the \$10 clinic fee (per swimmer). Registrations will be taken on a first come first served basis. You will receive a confirmation via e-mail. **REGISTRATION IS ONLY 3 CLICKS AWAY.** Please bring a lunch. This clinic is NOT an inwater clinic. No need to bring swim gear. Lori Klatt, e-mail: [lklatt@swimmingcoach.org](mailto:lklatt@swimmingcoach.org)

### THIS UNIQUE SWIMMERS CLINIC WILL INCLUDE:

- Stroke Technique Instruction
- Motivation
- In Water Demonstrations
- Mental Preparation
- Dryland Training
- Strength & Conditioning
- Secrets to Success
- Nutrition
- Olympic Training Center Tips
- Plus free admission to the ASCA World Clinic Aquatic Supershow and Fan Fest featuring the hottest new products for the competitive swimmer and tri-athlete

**YOU GET ALL THIS FOR \$10!** Clinic, Admittance to the World Clinic Aquatic Supershow and Fan Fest including over 110 exhibits in one location with the newest aquatics products for swimmers and triathletes, Free autographs from the superstars of swimming, Photo opportunities, Goodie Bag with SPEEDO surprises and other cool stuff! Pre-register between now and September 1, 2009 and the cost is only \$10. Limited space is available so register today. There will be a \$25 registration fee for any athletes registering on site (if space is available).

**TEAM BONUS!!!** Teams of 50+ swimmers attending will receive an exclusive autograph signing session with an Olympian! You must e-mail Lori Klatt at [lklatt@swimmingcoach.org](mailto:lklatt@swimmingcoach.org) to schedule your session by September 1, 2009.