



Southern Zone South Sectional Championships

6/29/2023 to 7/2/2023

Plantation Aquatic Complex - FL



Sunday Pre-Scratch Prelims

Event	Heats	Start
36 Women 200 Butterfly	3	9:00 AM
37 Men 200 Butterfly	4	9:09 AM
38 Women 100 Freestyle	8	9:20 AM
39 Men 100 Freestyle	8	9:31 AM
41 Women 200 Breaststroke	8	9:41 AM
42 Men 200 Breaststroke	7	10:08 AM
43 Women 200 Backstroke	5	10:29 AM
44 Men 200 Backstroke	6	10:44 AM
3 Women 50 Butterfly	5	11:04 AM
4 Men 50 Butterfly	5	11:10 AM
21 Women 400 Freestyle Relay	2	11:15 AM
22 Men 400 Freestyle Relay	3	11:25 AM
Time Break - 5 min		11:38 AM
40 Men 1500 Freestyle - Heat 1	1	11:43 AM
35 Women 1500 Freestyle - Heat 1	1	12:01 PM
Men 1500 Freestyle - Heat 2	1	12:20 PM
Women 1500 Freestyle - Heat 2	1	12:37 PM
Men 1500 Freestyle - Heat 3	1	12:56 PM
End of Session		1:14 PM



Positive check-in is required for 1500 FR events.
Events #40 and #35 will swim alternating, and slowest to fastest

For scratch to Finals and/or Prelims events, please text to
(954) 406-7720

Scratch and Positive Check-In deadlines:
Sunday Events by **Saturday @ 6:30PM**

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Sunday Finals

Event	Start
National Anthem	4:55 PM
36 Women 200 Butterfly	Championship 5:00 PM
	Consolation 5:03 PM
	Bonus C 5:07 PM
37 Men 200 Butterfly	Championship 5:10 PM
	Consolation 5:14 PM
	Bonus C & D (18&U) 5:17 PM
38 Women 100 Freestyle	Championship 5:24 PM
	Consolation 5:26 PM
	Bonus C & D (18&U) 5:28 PM
39 Men 100 Freestyle	Championship 5:32 PM
	Consolation 5:35 PM
	Bonus C & D (18&U) 5:37 PM
41 Women 200 Breaststroke	Championship 5:41 PM
	Consolation 5:45 PM
	Bonus C & D (18&U) 5:49 PM
42 Men 200 Breaststroke	Championship 5:57 PM
	Consolation 6:01 PM
	Bonus C & D (18&U) 6:04 PM
43 Women 200 Backstroke	Championship 6:11 PM
	Consolation 6:16 PM
	Bonus C & D (18&U) 6:19 PM
44 Men 200 Backstroke	Championship 6:27 PM
	Consolation 6:31 PM
	Bonus C & D (18&U) 6:34 PM
9 Women 800 Freestyle Relay	Heat 1 6:41 PM
10 Men 800 Freestyle Relay	Heat 1 6:50 PM
	Heat 2 6:58 PM
Awards Individuals High Points	Women and Men 7:06 PM
Awards Team High Points	Women, Men & Combined 7:09 PM
End of Session	7:11 PM

Thank You

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