

Southern Zone South Sectional Championships

2/13/2025 to 2/16/2025

Estimated Pre-Scratch Timelines at a glance

Thursday Distance

Event		Heats	Start
1	W 800 Free	8	2:00 PM
2	M 800 Free	7	Alt W/M
End of Session			4:53 PM

Thursday Timed Finals

Event		Heats	Start
3	W 50 Fly	7	6:00 PM
4	M 50 Fly	4	6:06 PM
5	W 50 Back	5	6:10 PM
6	M 50 Back	5	6:18 PM
7	W 50 Breast	9	6:22 PM
8	M 50 Breast	9	6:30 PM
9	W 800 F-R	2	6:40 PM
10	M 800 F-R	2	7:00 PM
End of Session			7:20 PM

Friday Prelims

Event		Heats	Start
11	W 200 Free	15	9:00 AM
12	M 200 Free	13	9:39 AM
13	W 100 Breast	13	10:10 AM
14	M 100 Breast	12	10:33 AM
15	W 100 Fly	11	10:52 AM
16	M 100 Fly	10	11:09 AM
17	W 400 IM	6	11:23 AM
18	M 400 IM	6	11:57 AM
19	W 200 M-R	4	12:28 PM
20	M 200 M-R	4	12:42 PM
End of Session			12:57 PM

Friday Finals

Event		Heats	Start
11	W 200 Free	4	5:00 PM
12	M 200 Free	4	5:15 PM
13	W 100 Breast	4	5:28 PM
14	M 100 Breast	4	5:39 PM
15	W 100 Fly	4	5:48 PM
16	M 100 Fly	4	5:58 PM
17	W 400 IM	4	6:07 PM
18	M 400 IM	4	6:32 PM
21	W 400 F-R	4	6:57 PM
22	M 400 F-R	4	7:18 PM
End of Session			7:39 PM

Positive Check-in and Scratch Deadline

Friday events 5:30 PM Thursday

Saturday events 5:30 PM Friday

Sunday events 5:30 PM Saturday

800 Free & 1500 Free requires positive check-in. Swimming slowest to fastest, alternating heats of women and men, with the fastest eight women in the second last heat and the fastest eight men in the last heat

Time Trials

Offered Friday, Saturday and Sunday - Distance Friday Only

Separate OME Sign-Ups for each day OPENS at 8pm the night before/CLOSES at 11:30am

Time Trials start 15 minutes after the conclusion of prelims

Saturday Prelims

Event		Heats	Start
23	W 100 Back	10	9:00 AM
24	M 100 Back	11	9:18 AM
25	W 200 IM	11	9:37 AM
26	M 200 IM	13	10:09 AM
27	W 50 Free	15	10:44 AM
28	M 50 Free	14	10:57 AM
29	W 400 Free	11	11:09 AM
30	M 400 Free	8	12:04 PM
31	W 200 F-R	4	12:43 PM
32	M 200 F-R	4	12:53 PM
End of Session			1:02 PM

Saturday Finals

Event		Heats	Start
23	W 100 Back	4	5:00 PM
24	M 100 Back	4	5:11 PM
25	W 200 IM	4	5:20 PM
26	M 200 IM	4	5:35 PM
27	W 50 Free	4	5:49 PM
28	M 50 Free	4	5:55 PM
29	W 400 Free	4	6:02 PM
30	M 400 Free	4	6:25 PM
33	W 400 M-R	3	6:46 PM
34	M 400 M-R	4	7:11 PM
End of Session			7:39 PM

Sunday Prelims

Event		Heats	Start
36	W 200 Fly	6	9:00 AM
37	M 200 Fly	8	9:18 AM
38	W 100 Free	16	9:39 AM
39	M 100 Free	14	10:02 AM
41	W 200 Breast	12	10:20 AM
42	M 200 Breast	12	11:00 AM
43	W 200 Back	11	11:37 AM
44	M 200 Back	10	12:13 PM
End of Session			12:42 PM

Sunday Distance

Event		Heats	Start
35	W 1500 Free	4	1:50 PM
40	M 1500 Free	3	Alt W/M
End of Session			3:56 PM

Sunday Finals

Event		Heats	Start
35	W 1500 Free	1	5:00 PM
36	W 200 Fly	4	5:19 PM
37	M 200 Fly	4	5:34 PM
38	W 100 Free	4	5:48 PM
39	M 100 Free	4	5:58 PM
40	M 1500 Free	1	6:06 PM
41	W 200 Breast	4	6:24 PM
42	M 200 Breast	4	6:40 PM
43	W 200 Back	4	6:57 PM
44	M 200 Back	4	7:12 PM
End of Session			7:23 PM

SECTIONALS

