

# **Plantation Swim Team Membership Agreement**

**Monthly Training Fees:** Training Fees are assessed on the first of every month. Your bill will be sent to the address provided to the swim team during the first week of every month. If the swimmer is moved to a different group or has aged up in the middle of a month, the new amount will be assessed for the following month. Training fees are not prorated for partial month's participation.

**USA Swimming Membership Fee:** This USA Swimming Membership is mandatory for team participation and insurance. This USA membership fee is asked of all our families before swimmers participate with swim team practice and meets. Every year the swimmer is enrolled in the swim team. We add the \$80 dollar fee per child beginning in September and are asked to be paid before January of the New Year. Swimmers **will not** be allowed to participate until USA membership is up-to-date.

**Team Competition Escrow:** Each swimmer has a team escrow account for meet fees, website fees, etc. Families will be billed to replenish the Escrow account as needed. If families fill out a Swim Team Withdrawal Form, with no intent to return to the swim team, the Escrow will be refunded to the family once their City training fees balance is in good standing.

**Annual Non-Resident Fee:** When swimmers begin a Non-Resident Fee will be added to the household upon joining. Then, annually families who do not live in the City of Plantation will be assessed a \$100 dollar non-resident fee added to their household in May.

**Extended Absence Form:** Family members who decide to take a break from our swim team will need to fill out an Extended Absence Form for our office administration. These forms will need to be filled out before the 20<sup>th</sup> of the month in order to not be charged. Monthly training fees will not be removed after an Extended Absence form is completed. Please return to the swim team box in the office or emailed to your child's coach.

**Swim Team Withdrawal Form:** If a family wishes to take an extended break (more than 3 calendar months) Team Withdrawal Form must be completed. This form must be completed before the 20<sup>th</sup> of the month for the monthly training fees to not be added to the household.

## **City of Plantation Parks & Recreation Waiver**

Please read this form carefully and be aware that in registering your child/ward for participation in programs conducted at Plantation Aquatic Complex you will be waiving and releasing all claims for injuries your child/ward might sustain arising out of these programs.

As a parent/guardian of a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries (including death) damages or loss of which I or my minor child/ward may sustain with or associated with such programs.

I agree to waive and relinquish all claims my minor child/ward may have as a result of participation in these programs against the city of Plantation and its officers, agents, servants and employees.

I do hereby fully release and discharge the City of Plantation and its officers, agents, servants and employees from any and all claims resulting from injuries (including death) damages and losses sustained by me or my child arising out of connected with, or in any way associated with the activities of these programs.

In the event of any emergency I authorize the City of Plantation officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my minor child's immediate care and agree that I will be responsible for payment of any and all medical services rendered including transportation charges.

I have read and fully understand the above program details, waiver and release of all claims and permission to secure treatment.

Child/Ward's First and Last Name:

---

Parent/Guardian First and Last Name:

---

Parent/Guardian Signature:

---

Date: \_\_\_\_\_

## **Plantation Swim Team Contact Information**

### **Coaching Staff:**

Head Coach: Terrell Woods

[terrellwpst@aol.com](mailto:terrellwpst@aol.com)

Head AG Coach: Hannah Molden-Mattin

[moldenhannah@gmail.com](mailto:moldenhannah@gmail.com)

Assistant Coach: Erica Wammock

[ericawammock843@gmail.com](mailto:ericawammock843@gmail.com)

Assistant/Business Manager: Dolores Campbell

[travelswim@aol.com](mailto:travelswim@aol.com)

**Swim Team Website:** [swimpst.com](http://swimpst.com)

**Remind App:** text @k227h6 to 81010

### **Aquatics Information:**

Plantation Aquatic Complex

9151 NW 2<sup>nd</sup> St.

Plantation, FL 33324

**Manager:** Chris Cooksey

**Cashier's/Front Desk:** 954-452-2525

## Plantation Swim Team Extended Absence Form

(please fill out by 20th of every month)

Swimmer(s) Name: \_\_\_\_\_

Household Name: \_\_\_\_\_

Acct #: \_\_\_\_\_

Date of Start of Absence: \_\_\_\_\_

Date of Return: \_\_\_\_\_

# Plantation Swim Team Policy and Procedures Manual

## **Team and Facility Guidelines**

- 1) All Swimmers must comply and follow the Plantation Aquatic Complex Rules and Guidelines. These guidelines can be found in the Aquatics Office and on the City of Plantation website. The pool rules are also posted around the pool and on the scoreboard.
- 2) Swimmers and Families who come to the pool outside of swim practice times must check in with the front desk to purchase a wrist band to use the facility. If a swimmer wants to use the facility before or after practice they must purchase a wristband in order to use the pool or diving boards
- 3) During swim practice, if parents would like to watch they will need to sit under tents on the designated bleachers.
  - a) When your swimmers are in the water the coaches need their full attention. Please keep do not communicate with the swimmers while in swim practice unless it is an emergency.
  - b) If a family needs to talk to the coaches please resort to a time before or after practice. When coaches are on the pool deck we want our full attention to be on the swimmer. We have office hours before or after swim practice and if need be, we can schedule a time that works for your schedule.
- 4) The City of Plantation uses a Thor Guard System to detect pool closures due to weather. The facility staff also reserve to the right to close the pool as they see fit. The City strives to keep all patrons safe. More information on the Thor Guard system can be found on the City of Plantation's Website.

## **Team Behavior and Policies**

- 1) The City of Plantation and Plantation swim team strive to have an inclusive and safe environment for all swimmers, coaches and families. As a part of this commitment,

PST has established a procedure to resolve grievances regarding the conduct of swimmers, parents and coaches. This procedure is intended to:

- a. Place primary responsibility with the PST coaches to resolve disputes between swimmers and take necessary disciplinary action regarding inappropriate conduct by swimmers; and
- b. Provide a timely and equitable procedure for the review of the coaches' disciplinary decisions, and for addressing issues regarding coaches', parents and swimmers conduct.

2) PST Coaches and Plantation Aquatic Staff have the initial responsibility to discipline swimmers for inappropriate conduct during practices and meets. It is expected that coaches will use their reasonable discretion in imposing appropriate discipline, and that any disciplinary action will take into account:

- a. Nature and severity of the conduct
- b. Any prior misconduct by swimmer; and
- c. The adverse effect of conduct on other swimmers

3) Coaches disciplinary actions may include, but not limited to the following:

- a. Verbal warning;
- b. Temporary "time out" from practice;
- c. Notification to the swimmer's parents;
- d. Temporary suspension from some or all PST activities

4) The Plantation Swim Team follows the United States Swimming Association and the City of Plantation's policies and default to their rules and regulations, disciplinary actions, and safe sport guidelines as deemed necessary.

- a. Please visit USA Swimming for questions and more information.
- b. Please visit the City of Plantation's website for more information.

6) Anti-Bullying Policy

- a. The USA Swimming code of conduct prohibits bullying. Generally, bullying is the use of aggression, whether intentional or not, which hurts another person. Bullying results in pain and distress.
- b. The reporting procedure for a swimmer who feels they have been bullied is asked to do one or more of the following steps:
  - i. Talk to your parents;
  - ii. Talk to a club coach, board member, or other designated aquatics staff individual;
  - iii. Write a letter or email to the club coach, board member, etc.
- c. The Club coaches and Aquatics Staff witness bullying during team-related activities, we will stop bullying on the spot.
- d. The Plantation Swim Team will work with families to first find out what happened and supporting the kids involved. If the coaches and staff determine if bullying indeed took place we will decide the appropriate disciplinary action deemed necessary.
- e. If families wish to know more about the USA Swimming Anti-Bullying Policy, please visit USA Swimming's website.

### **Meets and Competitions**

- 1) The Plantation Swim Team uses Team Unify as their information forum. Parents can find events, practice schedules and meet information on our website.
- 2) Swimmers and Families wishing to participate in swim meets must sign up online through our Team Unify website. Information on how to sign up for meets can be found online or by speaking with coaches. Swimmers will not be put into meets unless they are signed up online.
- 3) Meets are determined for each group and we suggest swimmers participation. Swim meets are a great way to see the techniques advances that the swimmers have been achieving at swim practice.
- 4) Volunteer Participation is such an important part of our team. We host three large meets a year. The Booster club needs parent and swimmer participation to make the

meets run smoothly. Meets are our team fundraiser, and parents and swimmers from every group are needed.

5) Meets for each group will be posted on the website under the prospective team tab. If parents have any questions about which meets to sign their children up for please contact coach.

### **Booster Club**

1) The Plantation Swim Team's booster club is an important part of our team's development. Booster club meetings are open to all parents of swimmers and a parent from each family is encouraged to attend.

a. Meetings are held every month to discuss topics on upcoming events and what the parents can do to help the swimmers.

### **Electronic Communication Policy**

1) The Plantation Swim Team recognizes the prevalence of electronic communication and social media in today's world. To protect coaches and athletes we use the Remind App.

a. Swimmers must be 13 or older to be added on the remind app

b. If there needs to be communication between coaches and swimmers we suggest that parents are aware of all communication.

c. One-on-one communications with coaches will only be during the hours of 9 am-7pm.

2) Coaches have their emails displayed on the Plantation Swim Team website. If parents want to communicate with parents we strongly suggest this mode of communication or setting up a face to face meeting as needed.

a. Coaches will respond between the hours of 9-5, or as necessary in emergency situations.

b. If a swimmer wishes to email a coach, parent or additional coach must be CC'd on the email.

3) Coaches strive to be Transparent, Accessible and Professional with all communication with swimmers and families.